

Health Promotion Graduate Assistantship Student Engagement & Enrollment Services Recreation & Wellness

Job Summary: The Recreation & Wellness Health Promotion Graduate Assistant (GA) assists the Assistant Director of Health Promotion with planning and administrative responsibilities for Health Promotion programs.

Office Website: https://www.odu.edu/recwell

Contact: <u>healthpromotion@odu.edu</u>

Duties & Responsibilities:

- Facilitate and evaluate health education programs including sexual health, alcohol and other substance abuse prevention, smoking cessation, stress management, nutrition and wellness, and other health education topics
- Plan programs for special events such as Health & Wellness Fairs, American Heart Association Month, Alcohol Awareness Month, Relay for Life, National STD Awareness Month, National Eating Disorders Awareness Week, National Nutrition Month, and National Collegiate Alcohol Awareness Week
- Assist in program marketing and promotion
- Assist in Health Education Grant Implementation
- Assist in the recruitment, training, and supervision of Peer Health Educators
- Other health education duties as assigned

Required Skills/Abilities:

- Currently enrolled in a graduate level program at Old Dominion University with experience in a health-related field or equivalent knowledge and experience
- Excellent oral and written communication skills
- Computer competency and organization skills are essential
- Knowledge of health promotion theories, research, and program assessment (preferred)
- General knowledge of, or the ability to learn quickly, current, and emerging college age student health problems and existing methods of prevention/early intervention (preferred)

Knowledge and Skills Derived from Experience

- GA will gain direct experience planning, implementing, and evaluating health education programs
- GA will gain experience collaborating with other campus departments as well as other public and private organizations, health clinics, and universities
- GA will enhance interpersonal, oral, and written communication skills
- GA will gain experience coordinating and speaking at planning meetings
- GA will gain experience designing and marketing programs and service
- GA will gain experience planning large, campus-wide events
- GA will gain experience advising students

Compensation: A stipend of \$15,000 will be paid over the fall and spring semesters. Out-of-state students will receive a tuition waiver equivalent to in-state tuition.

Length of Assistantship: 10 months



