

REACH Diabetes Tween Camp 2021

August 16 & 17,
2021

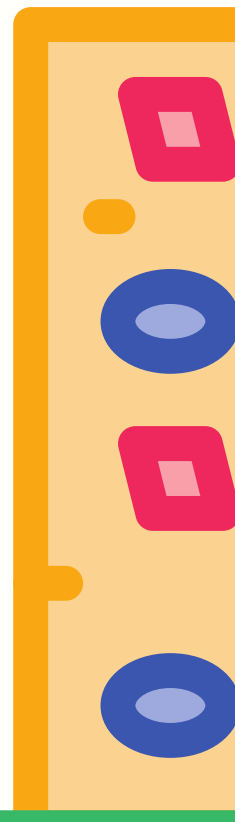
This year, campers from across the Hampton Roads joined us August 16th and 17th at Old Dominion University for the first annual REACH Tween Diabetes Day Camp program.

For two fun-filled days, youth ages 11-14 participated in a variety of physical and educational activities for adolescence living with type 1 diabetes. After providing an overview of the day and camp expectations, everyone had the opportunity to participate in an array of activities including:

- Tours of campus via bike ride or walk
- Educational diabetes games
- Arts and Crafts (Tie-Dye & bracelet making)
- Climbing
- & Swimming

Throughout both days, campers and staff engaged in informal and formal conversations about diabetes management. These conversations included personal experiences with diabetes management, strategies used by campers for diabetes management, and the importance of building strong support networks.





See you this Fall 2021!



Registration opens for REACH Fall 2021 on September 6th, 2021. Please contact Dr. Hill or Rowan if you would like to be added to the email list to receive updates of upcoming programs and events!



at Old Dominion University
Norfolk, VA

REACH Fall Dates 2021*

September 18, 10am-1pm
October 2, 10am-1pm
October 23, 10am-1pm
November 6, 10am-1pm
November 20, 10am-1pm
December 4, 10am-1pm

*Campers must be 12 years old or older & fully vaccinated



Please contact Dr. Eddie Hill or Mrs. Rowan Williams for more information:

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