

Old Dominion University  
Psychology Department

Fall 2019







# *Greetings from the Psychology Department*

*Dr. Michelle Kelley, Chair*

Welcome to the fall 2019 edition of our newsletter which gives you a quick glance at some of the many of activities going on in our department and highlights some of our previous graduates. As you can see, we are committed to exceptional education and preparing students for a wide range of career opportunities.

At the undergraduate we provide a strong educational background including traditional psychology courses as well as timely and important new courses: Approaches to Suicide Prevention, Psychology of the Zombie Apocalypse, and Complementary and Alternative Medicine. Moreover, in the spring, Suzanne Morrow will be teaching a Health Psychology Study Abroad course. As part of this course, students will be taking a 10-day trip to Italy. The first stop will be Sardinia. Sardinia is home to the oldest people in the world. Why do people live so long in Sardinia? Sign up for Suzanne's course and find out!

Another emphasis in our department is our commitment to scientific discovery. Our faculty and students have a wide range of interests including trust in semi-autonomous vehicles, cybersecurity, simulation in healthcare, organizational leadership and culture as related to employee motivation and health, STEM career selection, etiology and treatment of mental health and substance use disorders, suicide prevention, cultural stressors and adaptation, and faculty well-being and motivation. Toward this end we invite our students to be part of our many research labs. That's where we need your help. March 19th is ODU's Day of Giving. We have a goal of raising \$5,000 to send undergraduate students to present research at national, regional, or state conferences. Please help us give our undergraduate psychology students this important opportunity by clicking on the link below.

<https://secure.acceptiva.com/?cst=1c0e01&allocation=College%20of%20Sciences&other1=Psychology>


We appreciate your support of our students and our department. As always, we would *love* to hear what our alumni are doing.

Sincerely,  
Michelle

MILLS  
GODWIN  
LIFE  
SCIENCES

# *Old Dominion University Annual Day of Giving*

## Your Help Can Support Monarch Undergraduates at Conferences in 2020!



"As an undergraduate, going to a conference allowed me to strengthen my skills in communicating my research experiences/interests with other professionals. Attending helpful seminars and workshops allowed me to build my network with faculty and other students with similar research and career interests."

**Kelsey Ellis '16**



Your contribution will support the continued initiative to fund undergraduate students for state, regional and national conferences.

Please give generously at:

<https://secure.acceptiva.com/?cst=1c0e01&allocation=College%20of%20Sciences&other1=Psychology>



# Undergraduate News

## Kenacia Goings

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**Kenacia Goings** is an undergraduate student majoring in Psychology and minoring in Human Services and Criminal Justice at Old Dominion University. She is an undergraduate research assistant in Dr. Lau-Barraco's lab and is also an M-MARC trainee. The M-MARC program supports underrepresented students' academic and research activities while they train to enter Ph.D. programs. This summer, as part of the M-MARC program, Kenacia had a wonderful opportunity to carry out research at Washington University in St. Louis, Missouri. She was a part of Dr. Barch's Cognitive Control & Psychopathology Lab where she learned about the impairments of motivation and pleasure in everyday life for individuals with schizophrenia. The summer program at Washington University prepared Kenacia with new research skills and gave her more exposure to what life as a graduate student would be like. She was able to present her research about amotivation in social and occupational settings in individuals with schizophrenia, bipolar disorder and depression at the university's *Summer Research Symposium* and again at the *Annual Biomedical Research Conference for Minority Students* this November. Kenacia plans to graduate from ODU in spring 2020. Her future career goals are to pursue a Ph.D. in Clinical Psychology. She is specifically interested in examining and assessing psychopathy and related behaviors, as well as substance use in the forensic setting.



# *Undergraduate Alumni: Philip C. Kendall, Ph.D., ABPP*



“I met my wife of 45 years in Dr. Fred Freeman’s class on physiological psychology.”

When I was a student at ODU “Dr. Pete Mikulka was a new professor (straight from Rutgers) when I met him and had him for statistics. He was my "connection" to the department and to research in psychology...and my first publication.”

Philip C. Kendall, Ph.D., ABPP '72

Distinguished University Professor of Psychology  
received a **LIFETIME ACHIEVEMENT** Award from  
*the Association For Behavioral And Cognitive Therapies* on November 22, 2019.



Photos courtesy of ABCT 2019



## Brianna Haislip '17



## Alumni News:

My name is Bri Haislip and I am an ODU alumni with a bachelor's degree in Psychology and Human Services. I am now working as a social worker at Eastern State Hospital in Williamsburg, which provides inpatient psychiatric treatment to adults in the Hampton Roads area. Eastern State was built in 1773 and was the first public psychiatric hospital in the United States. Inpatient psychiatric treatment at Eastern State can include civil commitment, criminal emergency treatment, restoration to competency treatment, NGRI gradual release program, and outpatient evaluations.

My job title is TDO Specialist Social Worker - I work with civil patients who have been "temporarily detained" from the community due to likeliness to harm themselves or others, or inability to care for themselves due to a mental illness. When someone is detained from the community, an assessment is completed by a local Community Services Board representative who will make a recommendation if they believe the individual meets criteria for inpatient psychiatric treatment. They will then seek out a bed at a local or state facility and the patient will be transferred there to be seen in court. When a patient goes to court, the two possible outcomes are commitment for up to 30 days or dismissal of the petition for involuntary treatment. Part of my job is to plan any discharges from court to help patients transition back to community safely and to hopefully prevent any further crises by setting up supports (like appointments with psychiatrists and therapists), sending them with medications, and linking them with other needed community resources.

The other part of my job is to attempt to transfer patients who are committed civilly at our hospital to other, smaller, private hospitals in an attempt to move them back to their communities and allow them to be treated in a "less restrictive" environment. These patients are in what's called a "safety net bed" or a "bed of last resort." The state hospital is always working to get patients back into their communities so that they are closer with their families and providers, and so they can create space for another patient in need of a "bed of last resort" at the state facility. In addition to these larger responsibilities, some of my daily tasks include, completing notes on patient discharge plans and progress, attending court, and coordinating with community and private providers, families, patients, and hospital staff.

Working for the state hospital as a social worker has been an extremely rewarding, challenging, and eye-opening experience. There are many wonderful people working to make the lives of our patients better, but there is still a lot of work to be done in the world of mental health. My experience has allowed me to better understand the need for advocacy and I am excited to contribute to the changing paradigm of mental health.



*Meet your Professor*  
**Suzanne Morrow, MS**  
*Senior Lecturer and Undergraduate Advisor*



My endeavor into the athletic world began as a sort of “gift” to a close friend who was an avid triathlete.

Teresa had always wanted me to run with her. Every time she asked me to run, I politely responded with “Are you crazy?” After she was diagnosed with ovarian cancer, I decided to run one half marathon as if to say, “If you can fight cancer, I can run.” That half marathon was five years ago this month. By then the bug had bit. I absolutely loved running and the thrill of racing.

Next, she urged me to do a triathlon with her. Unbeknownst to her, I couldn’t swim very well. I certainly couldn’t swim the near mile distance that most triathlons cover. I swallowed my fear, hired a coach, and learned to swim. Again, if she could fight cancer, I could swim.

We made a promise to each other that we would do a half Ironman (1.2-mile swim, 56-mile bike, and 13.2-mile run). Unfortunately, she wouldn’t live long enough to fulfill her end of the promise. Before she died, she challenged me to not only do the half Ironman, but also do a full Ironman (2.4-mile swim, 112-mile bike, and 26.2-mile run). This past May I completed my first half Ironman in Chattanooga, TN with a finish time of just over six hours. It was an awesome feeling to cross the finish line for her. I’m fairly certain I cried for at least the last mile of the race. Next October I’ll fulfill her final wish for me, and complete Ironman Louisville with goal time of 13 hours.

Teresa’s spirit and determination lives on in me. When the hours get long and my legs get tired, she pushes me to finish. When I want to give up on the swim, I hear her say, “Just keep swimming” as she said so many times before. I’m happy to be able to be out there doing the things that others can’t do and to be able to do it for them. Teresa forever changed my life. I’ll run in her memory till I physically can’t run anymore.







# THE HUMAN FACTORS PROGRAM



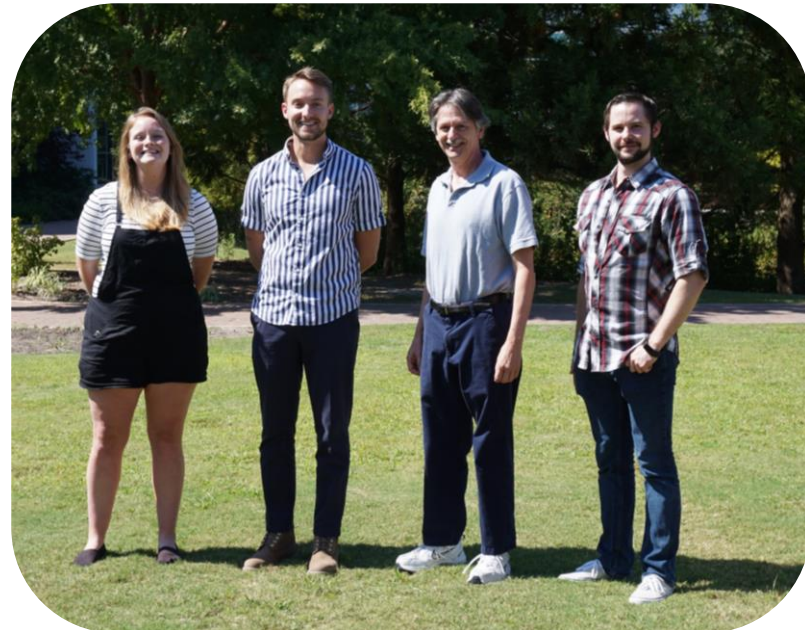
# HUMAN FACTORS LABS



Dr. Jeremiah Still  
**Psychology of Design (PoD) Lab**  
Stephen Vera, Lauren Tiller, Paige Duplantis, Janine Mator

Dr. Yusuke Yamani  
**Applied Cognitive Performance Lab**  
Tetsuya Sato, Sarah Yahoodik, Shelby Long,  
Nick Millner, James Unverricht

Dr. Mark Scerbo  
**SURF Lab**  
Kimberly Perry, Brandon Fluegel, Matthew Pacailler



Dr. Jing Chen  
**Human Automation Collaboration (HAC) Lab**  
Cody Jeffcoat, Scott Mishler



Dr. Michelle Kelley and Captain Jeremy Jinkerson

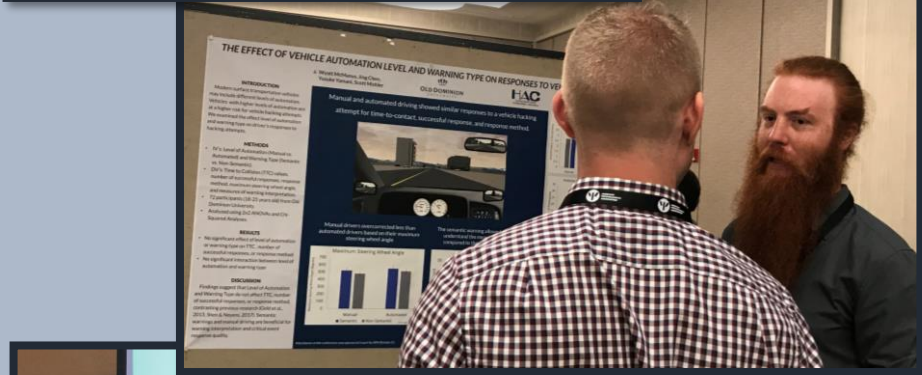


# POSTER PRESENTATIONS

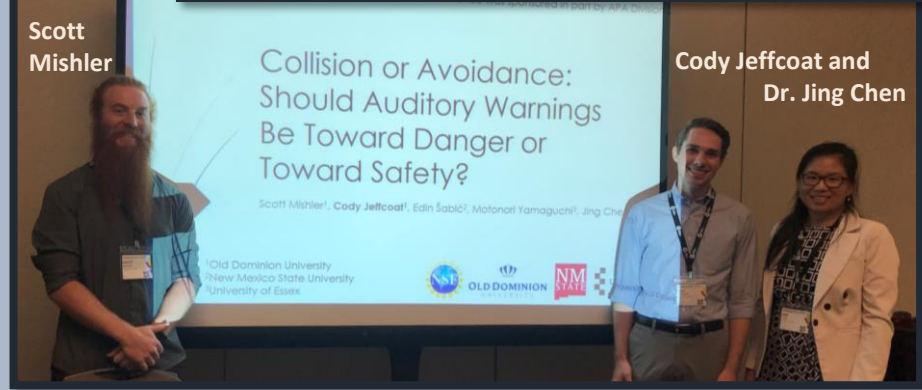
APA Technology, Mind, and Society Conference  
October 2019 in Washington, D.C.



Cody Jeffcoat



Scott Mishler



Scott Mishler

Cody Jeffcoat and Dr. Jing Chen

Southern Management Association  
Annual Conference 2019 Norfolk, VA

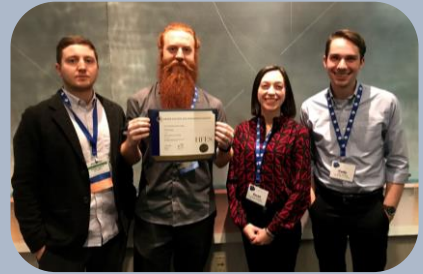
SMA Spotlight Session:  
**Veteran Onboarding and Inclusion:  
Developing Theory and Practice to Respond  
to Transition Challenges**

Adelle Bish  
North Carolina Agricultural & Technical State  
University

**Phillip Dillulio**  
Old Dominion University



## HUMAN FACTORS AND ERGONOMICS SOCIETY CONFERENCE (OCTOBER 2019)



Wyatt McManus, Scott Mishler,  
Sarah Leibner, Cody Jeffcoat

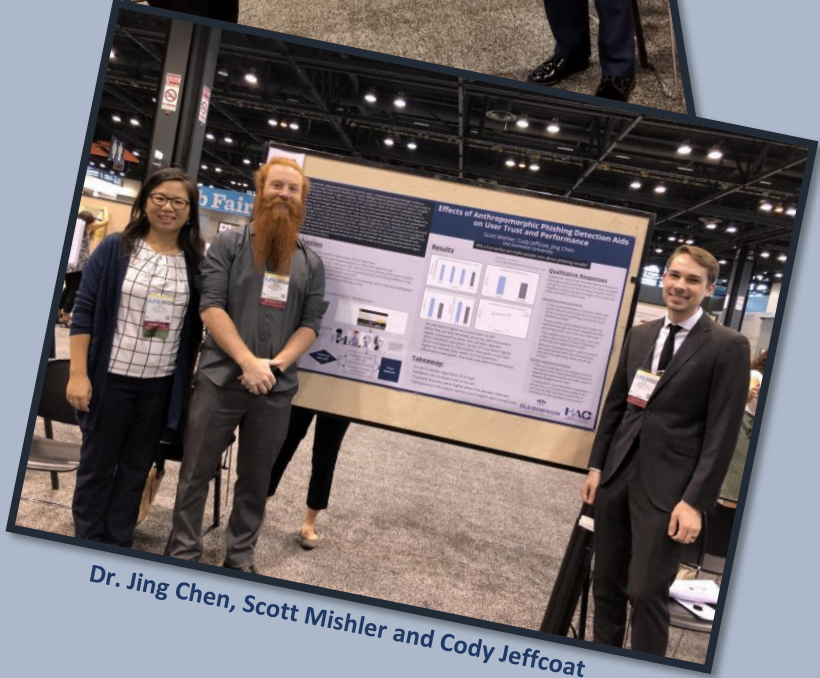


The award being accepted by  
Scott as president of the  
ODU HFES student chapter.

The ODU HFES student chapter won the  
**"Gold Award"**, once again demonstrating  
their continued research and activities in  
promoting Human Factors.

Dr. Jing Chen, Scott Mishler and Cody Jeffcoat

Applied Psychological Association  
August 2019 in Chicago.





# Department Photos and Alumni News:

Andrew Collmus, I/O Ph.D. Program,  
welcomes a new addition, baby Quynn.



## August and December Graduates



PH.D.



## Master's Degrees Awarded August and December

Clinical Ph.D. Program  
Nathan Hager

Health Psychology Ph.D. Program  
John Delos Reyes

Human Factors Ph.D. Program  
Kimberly Perry, James Unverricht, Sarah Powers

Master's Program  
Caitlin Turner, Wyatt McManus



Adrian Bravo, Ph.D. began a tenure track Assistant Professor position in the Department of Psychology at the College of William and Mary in Williamsburg.



Clinical Ph.D. students sharing dinner with their mentors.

Email your news to [pkinard@odu.edu](mailto:pkinard@odu.edu) for the next newsletter; and please write Newsletter in the subject line and include your name and graduation date.