

SPECIAL POINTS OF INTEREST:

- CARE Now
- Counseling in Italy
- New Faculty

INSIDE THIS ISSUE:

Spotlight	2
Human Services Association	2
Counseling in Italy	3
International Institutes	3
New Doctoral Students	4
Extraordinary School Counselor	7
Faculty Accolades	8
Student Accomplishments	9
Program Information and Announcement	10
NOHS Outstanding Human Services Student	11
Upcoming Conferences	12
Ireland 2013	12
CARE Now	13
New Faculty	17
Grants and Scholarships	19
Calendar	20

Darden Fellow

Rev. Kevin G. Swann, D. Min

On November 19, 2013, Dr. Rev. Kevin G. Swann was honored as a Darden Fellow at a meet and greet in the James Lynn Room at Webb Center. The Darden Fellowship was created to recognize excellence in alumni of the Darden College of Education.

Dr. Rev. Swann received this honor for his extraordinary contributions to the Hampton Roads community. Currently the Senior Pastor of Ivy Baptist Church in Newport News, since his arrival in 2006 the church has grown from a congregation of 350 to 2,000 members.

Dr. Rev. Swann co-founded and co-hosts a weekly radio broadcast that airs on WHOV 88.1FM, in Hampton, Virginia called the "Pastor's Study." He also founded Kevin Swann Ministries, a non-profit faith based organization that provides services to underprivileged youth and adults. Dr.

Rev. Swann is a regular contributor to the religious column in the Daily Press newspaper and also writes a daily inspirational blog called "Moments with our Master," reaching thousands of people across the United States and abroad. In March 2013, he penned his first book, *Survive and*



Advance: Effective Strategies for Christian Leaders.

Dr. Rev. Swann has received numerous community service awards, most recently including the NAACP "Living Legends

Award" (2012) and Newport News Office of Human Affairs Community Service person of the year (2011).

Upon his graduation in 1995, Dr. Rev. Swann had earned both a Bachelor's and Master's Degree in Counseling from Old Dominion University. While attending ODU, Dr. Rev. Swann was co-captain for the men's basketball team. He also worked at the University as an Academic Advisor and Director of Orientation/Preview. Dr. Rev. Swann went on to earn a Doctor of Ministry Degree from South Florida Theological Seminary in 2010 and has also received two honorary Doctorate degrees from St. Thomas Christian College and Canaan Theological Seminary.

Dr. Rev. Swann is married to

Tatrece Dunlap Swann (also an Old Dominion alumnus) and they have two children: daughter, Kameron, and son, Cole.



Spotlight: Hiawatha Clemons, III



...Community volunteers who exemplify the organizational mission.

Hiawatha Clemons, III was chosen as a **2013 Exemplar Honoree** for his community service work with Raphael Lodge-#162. He has taken part in the Raphael Lodge's project to help feed the families residing in Ronald McDonald house while their children receive care at CHKD. Each year he helps to prepare and deliver holiday baskets and participates in a cookout and clothing

giveaway for the residents of The Dwelling Place. Mr. Clemons has also served a 6-month fellowship with The Mission Continues, a non-profit organization that helps veterans transition back into the community by mentoring and counseling at-risk youth. He is on the leadership team for Hampton Roads Community Changers.

He is currently a senior in the

Human Services program.

The Hampton Roads Gazeti conceived the Exemplar Awards as a way to honor and recognize community volunteers who exemplify the organizational mission. The event honored 42 outstanding community volunteers who were nominated by their organizations. This is the awards' third year.

Human Services Student Grant Success

Rawn Boulden's research project focusing on CARE Now and positive character traits has been selected to receive funding during the 2013 fall semester. This two-pronged project consists of Rawn participating in the after-school Care Now program at James Blair Middle School. During this portion, she will interact with sixth grade students and help them

grow academically and instill positive character traits in them. They will play various activities that are designed to allow the students to have fun while learning valuable lessons such as: the importance of communication, teamwork, and following directions. The second part of the project involves data entry and

analysis of a summer school Care Now session at Bethel High a School in Hampton, Virginia. Rawn will also assist in the assessment of the students at the conclusion of the program to learn what they perceive themselves to have gotten out of the program. This project should run until the end of the Semester.

Human Services Association



The **Human Services Association** won the **ODU Community Service Award for 2013** at the Founder's Day Event on October 4, 2013. Congratulations to Dr. Jill Dustin and

Human Services Association

the rest of the team for all their hard work. The Human Services Association was also able to produce fundraisers for the SPCA. The students baked and sold homemade dog biscuits. They donated the leftovers to the SPCA when they dropped off the \$226

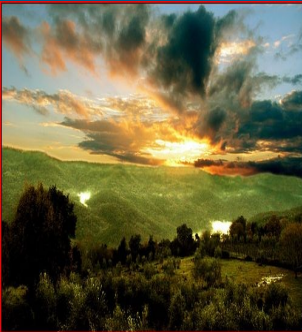
they raised.



Elizabeth Harris, Karen R. Buttler, & Katie Mashek



“...a perfect ending to a dream vacation.....I mean study abroad experience.”



By Hiawatha Clemons III, Human Services Student

As I reflect on Italy, I must say that just being there was a dream come true. Initially, I was a little intimidated by all the other distinguished doctoral and masters students- after reading their bios, I did not know how I would fit in. However, as time went along and we were all gathered in the middle room of the 14th Century villa we lived in, I suddenly realized most of them were just as grateful to meet me as I was to meet them. So that released some of the pressure I was feeling ! When the time came to share how we all felt about studying abroad, I shared how I felt blessed enough to even be there and see such historical sites like the Leaning Tower of Pisa (which was my favorite part of the

Counseling in Italy

trip,) followed by the Vatican, both of which I took pictures of. I also shared how I was happy to shatter the myth that Black guys could not study abroad due to financial reasons or a criminal record. I was even more grateful to build lasting bonds with some of the same Doctors, doctoral, and master students that I was once intimidated by at the beginning of the trip. Yet my favorite memories were when Dr. Remley loaned me some of his clothes while I was waiting for the Italian airlines to recover the luggage that I was forced to go without for 5 days! That moved me. Also, I was moved by some of the master students who took the time to acknowledge me on Memorial Day by leading a standing ovation in the cafeteria! So yes, while I can go on about the breath taking views of the mountains and watching the sunsets, what made my Counselor’s View of Italy so

memorable was the greatest group of people I have been around since my days in Iraq with the Marine Corps. Of course, being able to shop in one of the most exclusive outlets in the world did not hurt either. I mean, I would have been a fool to not save my money until that part of the trip arrived. My father would always say, “Son, you only live once”. I guess it is safe to say that was a perfect ending to a dream vacation.....I mean study abroad experience.



International Institutes

Malawi Counseling Institute in January 22 to February 11, 2014; in Malawi, Africa \$1200

You are invited to apply to participate in an exciting international experience for counselor educators, counseling graduate students, and practicing counselors that will include 19 days in Malawi (3 weekends and 2 full weeks). This institute is intended to introduce participants to the country of Malawi, allow participants to provide counseling services and workshops to citizens of Malawi and give participants an overview of the status of the counseling profession in Malawi. Participants also will have an opportunity to see the major sights within commuting distance of the institute. During the institute, participants will have an opportunity to teach or supervise counselors or provide direct counseling services to the citizens of Malawi. Institute participants will be assigned to a counselor training program to teach, supervise, or counsel in a school or other locations where counseling services are rendered depending on the expertise and interests of the participants. Students and clients will be English-speaking or interpreters will be provided. For more information contact **Dr. Ted Remley** or **Dr. Scott Hinkle**. Visit https://odu.studioabroad.com/index.cfm?FuseAction=Programs.ViewProgram&Program_ID=11420

Play Therapy Italy Institute scheduled for March 5-15, 2014 in Tuscany. \$1995

Join counseling graduate students, mental health professionals, and mental health preparation program faculty members from throughout the United States and the world for an international institute in which play therapy in the United States and Italy will be explored. American and Italian mental health professionals (including counselors, marriage and family therapists, psychiatrists, and social workers) will give presentations to participants. Visit ancient Italian cities on day trips including Florence, Pisa, Assisi, Siena, Greve, Lucca, and San Gimignano. Meet other graduate students and counselors from throughout the United States and Italy. Earn 3 graduate credit hours or 30 continuing education hours. There is limited space, so apply soon! For more information about this institute, please contact **Dr. Ted Remley, Dr. Kathleen Levingston** or visit https://odu.studioabroad.com/index.cfm?on=Programs.ViewProgram&Program_ID=11413

New Doctoral Students

Meet Marla Harrison Newby. She is 48 yrs old and resides in Chesapeake, Virginia. She’s originally from Fort Washington, Maryland and was born and raised in the DC, Maryland, Virginia area (DMV), so that makes her a Hampton Roads transplant. She is the mother of two children. She’s employed at City of Norfolk CSB as a Forensics Program Coordinator. She has been thoroughly enjoying her work and career. She obtained an undergraduate degree in psychology from Norfolk State University and a graduate degree in psychology from Old Dominion University. Some of her current activities include community service with her sorority, Delta Sigma Theta Sorority Incorporated, as well as Restoration of Rights, and church ministries. She is looking forward to a wonderful experience as a student in the ODU PhD in Counselor Education and Supervision program.



“We are what we repeatedly do; excellence, then, is not an act but a habit.”

—Aristotle



Amanda Brookshear was born and raised in Texas, but quickly left after her undergraduate graduation to move to the wild west of Colorado. While in Colorado she taught High School and got her counseling degree from Denver Seminary. After graduating, Texas drew her back and for the past several years, she had the immense pleasure of providing no-cost counseling for children and families in Central Texas. During this time she gained her licenses (LPC and LMFT) and started supervising graduate counseling students. This experience is what motivated her to apply to ODU’s Counselor Education and Supervision program. She started in May and has enjoyed learning lots from her peers and professors. In her ever decreasing spare time, she enjoys eating meatless tacos, taking naps, and writing manuscripts.



New Doctoral Students

Kelley Y. Olds, M.Ed., is a first year doctoral student in the Counseling and Human Services Program at Old Dominion University. She received her M.Ed. in Counseling Psychology from Temple University and her B.A. in Psychology from Hampton University—both Summa Cum Laude. Prior to joining the doctoral program, Kelley worked in the public school setting for 10 years as a middle school math teacher, middle school counselor, high school counselor, and an alternative school counselor (9 years in school counseling).

Kelley has also worked in clinical settings as a child & family therapist. She has experience working with children and families with a variety of presenting issues including anxiety & depression, adjustment issues, ADHD & ADD, special education disabilities, eating disorders, grief & loss, parenting, and PTSD.

Kelley teaches undergraduate courses in Human Services as a Graduate Teaching Assistant. She is also a research assistant with Dr. Nina Brown and serves on the Admissions Committee for the Counseling Program.

In addition to her work in education and counseling, Kelley and her husband owned & operated a state licensed childcare facility in Chesterfield County, Virginia for 9 years prior to joining the doctoral program. Kelley is happily married to a middle school administrator and is the mother to 4 children ages 4 to 12. Outside of ODU, Kelley enjoys reading, watching movies, traveling, and spending time with her family and friends.

Her research interests include: Health Counseling, Sports Psychology, Family Systems; Attachment & Relationship Issues, Marriage & Family Counseling, Parenting & Family Dynamics, Narcissism & Self Absorbency, Spirituality in Psychotherapy and Grief & Loss in Children & Adolescents.

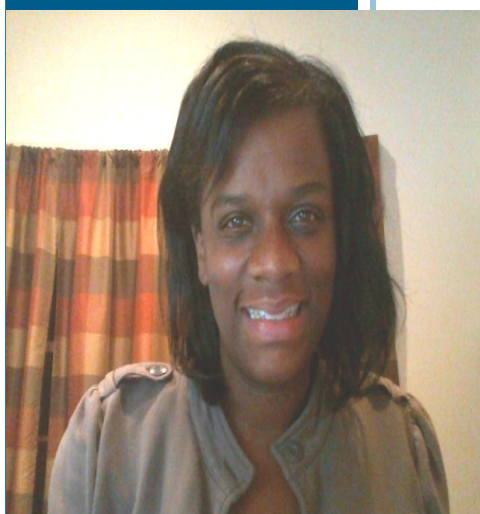
To be profiled in a future issue:

Caroline L. Bertolet

Charles “Chuck” Carrington

Nicole A. Gleeton

Mary M. Ritchie-Roberts



New Doctoral Students

Jamie Bower is from New Tripoli, Pennsylvania. She received a B.A. in Psychology and a B.A. in Philosophy from Cedar Crest College, in 2009. She went on to earn an M.S.Ed in Counseling & Psychological Services (2010) and an M.Phil.Ed in Professional Counseling (2011), both from the University of Pennsylvania. For her undergraduate honors thesis, she conducted research on the effects of animals on psychological and physiological well-being.



During her Master's programs she worked both in the school setting and in a community mental health agency. First, she worked with Upward Bound (UB), a program targeting low income Philadelphia High School juniors and seniors who aspired to be first generation college students. Following her time at UB, she worked at Pinebrook Family Services, where she provided psychotherapy to clients, ages 3-25, with various diagnoses.

Jamie is looking forward to her first year as a counseling doctoral student at ODU. She also looks forward to the experience and knowledge she will gain from her graduate assistantship, which involves being a site director for CARE Now, at PB Young Elementary School. Her main research interests surround animal assisted psychotherapy, sexual identity development and the coming out process for lesbian and gay individuals, and counselor education.

In her free time, Jamie enjoys being with family (dogs included) and friends. She loves working out and going to the beach. She also loves spending time doing activities that require being surrounded by nature, including: camping, hiking, kayaking, and star gazing.

Maddie Clark-Kesler is originally from Northwood, Ohio. She received her BS in Sociology in 2009 and MSED in Mental Health Counseling in 2013, both from ODU. Maddie began the doctoral program this past summer. She is a GTA and is the editorial assistant for *Counselor Education and Supervision*. Maddie worked as a family case manager throughout her masters degree at a local non-profit serving homeless and formerly homeless families. Maddie currently volunteers at the same non-profit where she see conducts play therapy, individual and family counseling, and facilitates a group. Maddie's research interests include career counseling, social justice issues in counseling, and counselor preparation. Maddie is a NCC and currently in residency for her Virginia LPC. She is also the Membership chair of ODU's Chi Sigma Iota chapter. In her spare time Maddie enjoys running, doing crossfit, practicing yoga, and eating vegetarian food. Maddie lives in Colonial Place with her partner Mat, their two rescued pit bulls Ellie and Moses, and two adopted cats Otto and Juno.



Extraordinary School Counseling

By Tracy L. Jackson, Doctoral Student

There is a new sensation sweeping the school counselor nation; and it's called blogging!

Attend any school counseling conference and there are sessions on this latest technological phenomenon. New school counseling blogs are popping up every month. According to *Blogger* (Google's free tool for creating blogs), a blog is *web log* that can serve as a personal diary, a collaborative space, a collection of links or memos to the world and school counselor blogs are popping up all over the place!

While there are a lot of blogs for elementary, middle, high, technology savvy school counselors and high school counseling departments; there was not, however, one strictly for school counseling resources. Enter *The Extraordinary School Counselor!*

I created *The Extraordinary School Counselor* about one year and a little over 20,000 hits and 200 posts ago. As coordinator for school counselors in the third largest school division in the state of Virginia, I am privy to a lot of information and resources. I am fortunate to be able to attend conferences, workshops and participate in webinars where I am able to constantly learn and share

new things and ideas. I believe in sharing information and my goal has always been to make school counselors better. So I combined my two work-related passions and created a source for school counselors not just in my school division, but for school counselors everywhere. I like to think of my blog as information and resources for today's school counselor...with an occasional rant thrown in the mix!

There is a plethora of web resources, books, products and commentary about site supervision, being a doctoral student and promoting professional development. I enjoy finding information to post as well as, the actual writing of the posts for my blog. I have cloud storage filled with pdf files, links, and emails relating to school counseling. I don't think I will ever run out of material to post. If I could do it over, I would not change a thing! I love that I can help make school counselors...*extraordinary!*



Faculty Accolades

Regional and National Presentations

- McAuliffe, G. M.** (2013, October). Study abroad as a vehicle for increasing counselor competence. Association for Counseling Education and Supervision, Denver CO.
- McAuliffe, G. M.** (2013, October). The Use of Art as a Teaching method for encouraging cultural decentering. Association for Counseling Education and Supervision, Denver CO.
- Milliken, T., & **Neukrug, E.** (2010). Perceptions of ethical behaviors of human service practitioners. National Organization of Human Services. Portland, ME: NOHS.
- Peterson, C., Lomas, G., **Neukrug, E.**, & Bonner, M. (2013, October). *The use of assessment instruments by counselors national and the teaching of assessment instruments by counselor educators.* (Poster Session). Association of Counselor Education and Supervision. Denver, CO.
- Neukrug, E.**, Gleason, B., Freeman, K., & Sturm, D. (2013, October). *Great therapists of the twentieth century: The unveiling of an animated website.* Denver, CO.
- Neukrug, E.**, (2013, October). *Creative and novel approaches to empathic responding.* National Organization of Human Services. Baltimore, MD:
- Neukrug, E.**, (2013, October). *Perceptions of ethical dilemmas by human service professionals.* Baltimore, MD: National Organization of Human Services.
- Neukrug, E.**, & Milliken, T. (2013, October). *The Journal of Human Services.* Baltimore, MD: National Organization of Human Services.
- Polychronopoulos, G. B., Kirk, A. J., Carlisle, R. M., & **Horton-Parker, R. J.** (2013, October). *How do overeaters anonymous members who are male experience disordered eating?* Poster presented at the annual meeting of the Association for Counselor Education and Supervision, Denver, CO.

Books and Book Chapters

- Erford, B. T., **Hays, D. G.**, & Crockett, S. (2014). *Mastering the NCE and CPCE* (2nd ed.). Boston, MA: Pearson.
- Hays, D. G.**, Snow, K., & Pusateri, C. (in press). Violence, abuse, and trauma in family therapy. In D. Capuzzi & M. D. Stauffer (Eds.), *Foundations of couples, marriage, and family counseling.* New York, NY: Wiley.
- McAuliffe, G.J.**, & Eriksen, K.P. (Co-authors and editors). *Handbook of counselor preparation: Constructivist, developmental, and experiential approaches.* Co-published by Sage and ACES.
- Neukrug, E. S.**, & Fawcett, R. C. (2015). *Essentials of testing and assessment: A practical guide for counselors, social workers, and psychologists* (3rd ed). Belmont, Ca: Brooks/Cole. In Press.
- Wood, C.**, & **Hays, D. G.** (2013). *A counselor's guide to career assessment instruments* (6th ed). Broken Arrow, OK: National Career Development Association.

Journal Articles

- Hays, D. G.**, Michel, R., Bayne, H., Colburn, A., & Smith, J. (in press). Counseling with HEART: A college student relationship violence prevention program. *Journal of College Counseling.*

McCarty, C. W., VanLunen, B. L., Hankemeier, D. A., Thornton, A. L., Mutchler, J. M., Pitney, & **Hays, D. G.** (in press). Future directions of evidence-based practice in athletic training: perceived strategies to enhance the utilization of EBP. *Journal of Athletic Training.*

McCarty, C. W., VanLunen, B. L., Hankemeier, D. A., Thornton, A. L., Mutchler, J. M., Pitney, & **Hays, D. G.** (in press). Perceived outcomes of online modules designed to enhance athletic trainers' knowledge of evidence-based practice. *Journal of Athletic Training.*

Neukrug, E., Britton, B., & Crews, C. (2013). Common health-related concerns of men and their implications for counselors. *Journal of Counseling and Development, 91,* 390-397.

Neukrug, E., Peterson, C., Bonner, M., & Lomas, G. (2013). A national survey of assessment instruments taught by counselor educators. *Counselor Education and Supervision, 52,* 207-221.

Peterson, C., Lomas, G., **Neukrug, E.**, & Bonner, M. (2014). Assessment use by counselors in the United States: Implications for policy and practice. *Journal of Counseling and Development. 92,* 90-98.

Remley, T. P., Jr., Bacchini, E., & Krieg, P. (2010). Counseling in Italy. *Journal of Counseling an Development, 88,* 28-32.

Schwitzer, A. M., with Rhodes, C. (2013). Assessment, conceptualization, and intervention with young women with EDNOS: A framework for practice. In L. H. Choate (Ed.), *Eating disorders and obesity: A counselor's guide to prevention and treatment.* Alexandria, VA: American Counseling Association, pp. 141-168.

Media

Schwitzer, A. M. (2013). <http://www.counseling.org/docs/practice-briefs/acapbsgeneralized-anxiety-disorder.pdf?sfvrsn=3>. *Generalized Anxiety Disorder.* The Center for Counseling Practice, Policy, and Research – Practice Briefs. Alexandria, VA: American Counseling Association.

New Service Positions

Schwitzer, A.W., Editorial Reviewer, *Journal of College Student Development*

Radha Horton-Parker, (June 2013 - Present). Past-President, Association for Adult Development and Aging, a division of the American Counseling Association.

Grants

Drs. Sparkman, Dustin, & Craigen received a university to grant to improve writing within our human services program.

In October 2013, **Dr. Sparkman** received a mini research grant from National Organization of Human Services to explore pop culture influence on LGBTQ populations.

Student Accomplishments

Due to the vast talent of our Master's and Doctoral students, the student accomplishments showcase **SELECTED WORKS.**

“The real voyage of discovery consists not in seeking new lands but seeing with new eyes.”

—Marcel Proust



Carlisle, R. M., Carlisle, K. L., Hill, T., Kirk-Jenkins, A. J., & Polychronopoulos, G. B. (2013). Distance supervision in human services. *Journal of Human Services*, 33(1), 20-31.

Ford, D.J., Bonner, M., Johnson-Parries, M. M., Tang, H.Y. & Hatton, C. (2013, October). *Microaggressions in the supervisory relationship*, for the 2013 Association for Counselor Education and Supervision (ACES) Conference, Denver, CO.

Heimsch, K. A., & Polychronopoulos, G. B. (in press). Diagnosis in the assessment process. In E. Neukrug and R. C. Fawcett, *Essentials of testing and assessment: A practical guide for counselors, social workers, and psychologists* (3rd ed.). Belmont, CA: Cengage.

Johnson, K., Tang, H., & Snow, K. (2013, October). *Teaching social and cultural issues in counseling to graduate students in counselor education: Must have content, assignments, and technology*. Presentation at the Association for Counselor Education and Supervision Conference, Denver, Colorado.



Matt, David, Miranda, Dr. Cirecie West-Olatunji, Krystal

Johnson-Parries, M. M. & Ford, D. J., (2013, September). *When it won't just blow over: How to work with Resident Assistants to recognize, respond to and refer students who are in need of counseling services*. 7th Annual American College Counseling Association (ACCA) Conference, New Orleans, LA.

Kirk, A. J., & Polychronopoulos, G. B. (2013, July). *Examining Disordered Eating Experiences Across the Lifespan Among Sorority Members*. Poster presented at the annual meeting of the Association

for Adult Development and Aging, New York, NY.

Snow, K. & Mariotti, D. (2013, October). Experiences, Challenges, and Tips of Live International Counseling Supervision Education via Skype . Presentation at the 2013 Association for Counseling Education and Supervision Conference, Denver, Colorado.

Tang, H. (2013, October). *A grounded theory exploration of supervisor competence with ELL supervisees*. Presentation at the Association for Counselor Education and Supervision Conference, Denver, Colorado.

Tang, H., & Pau, K. (2013, July). *International student self-advocacy: Challenges and solutions for overcoming language and cultural barriers*. Poster Presentation at the Association for Adult Development and Aging Conference, New York, New York.



Breanna, David, Miranda, Matt

Tang, H., & Pau, K. (2013, November). *International student self-advocacy: Challenges and solutions for overcoming language and cultural barriers*. Presentation at the Virginia Counselors Association Convention Conference, Hot Springs, Virginia.



Heather, Katey, Hsin-Ya, Brett, Melody

Program Information and Upcoming Events

Messenger Owl

August Graduation Application due to the Office of the Registrar by **February 28, 2014**.

<http://www.odu.edu/content/dam/odu/offices/>

[university-registrar1/docs/gradappl.pdf](http://www.odu.edu/content/dam/odu/offices/university-registrar1/docs/gradappl.pdf)

Admissions applications deadline for the **Fall 2014 is January 10, 2014** for the PhD program and **March 1st** for

the **Summer and Fall 2014** master's program. Interviews of the PhD applicants will take place in October and November.

For information on supervision, practicum, and internship contact the **clinical coordinator** at clinicalcoord@odu.edu.

The **Graduation Brunch** was held in honor of our December 2013 master's and doctoral graduates and CSI award winners on Friday, December 13, 2013 from 6-9pm at The Murray Center on

455 East Brambleton Avenue, Norfolk, VA.

The **NCC** spring exam date is **April 12, 2014**. The deadline to register for the exam is in **January 2014**. Please contact Saysha Malbon for more information.

If you would like to contribute to the **Spring Newsletter**, please contact Editor **Miranda J. Parries** mparries@odu.edu for more information.

Student Announcements

Compiled by Miranda J. Parries, Doctoral Candidate

REMINDER to check your ODU e-mail regularly for program opportunities and announcements.

Doctoral Written and Oral Candidacy:

Matthew Bonner Tracey L. Jackson
David J. Ford, Jr. Miranda J. Parries
Crystal Hatton Hsin-Ya Tang

Proposal Defenses:

Matthew Bonner Tracey L. Jackson
David J. Ford, Jr. Miranda J. Parries

Katherine Heimsch

Dissertation Defenses:

Kate Bender Carol Erbes
Penny Makris

Good Luck to Upcoming Dissertation Defenses!

Matt Bonner

CONGRATULATIONS TO

Heather Dahl was chosen as an ACA representatives to the British Association for Counseling & Psychotherapy research conference peer review panel. The peer

review panel will help to review submissions, make recommendations for abstract improvement, and, "draw together the academic programme for both days".

Kevin Snow is now the Managing Editor for the *Encyclopedia of Theory in Counseling and Psychotherapy* under the guidance of Dr. Ed Neukrug.

Dr. Christina Washington is now a faculty member at the University of Pennsylvania!

Dr. Sherri Todd as accepted an assistant professor position at Regent University.

Dr. Risi Green as accepted a position as Program Coordinator and Director of the Adult Day Support Program for FACES community services.

Miranda J. Parries accepted a full-time counselor position at ODU's Counseling Center

Congratulations to our December 2013 Counseling Graduates

Master's Students

Richard Booker	Wandrea Lawrence	Ione-Ruth Paiva
Elizabeth Burrows	Jennifer Logan	Marissa Pettinelli
Sarah Callahan	Susan Melnyk	Michelle Reaves
Katherine Copty	Christina Meyer	Natalie Taylor
Jennifer Geisel	Melissa Minnick	Sierra Thompson,
Amy Heiby	Lisa Muir	Erin Whitt
Laura James	Cynthia Olson	Mary Williams
La'Shonda Lane	Sharon Ortiz	Steven Young
	David Pagano	

Doctoral Students

Kate Bender
Carol Erbes
Penny Makris



NOHS Outstanding Human Services Student

Robert Dice was honored at the National Organization for Human Services Annual Convention held in Baltimore, MD. He was awarded the **Outstanding Human Services Student** based on his excellence in academics, scholarship, and service. Having bravely served our country as a Navy SEAL, Robert has since chosen to pursue a degree in human services as a means to help those suffering with PTSD, suicide ideation, and substance abuse. One of his faculty stated the following: “Robert is clearly invested in his learning. He takes it seriously. His experiences have clearly shaped his future goals.” Undoubtedly this is true since Robert holds a 4.0 GPA, has published an article in the NOHS Link Newsletter, serves as President of TUA at Old Dominion and has actively volunteered at homeless shelters, substance abuse centers, and mental health facilities throughout Hampton Roads. Another faculty member said about him: “Robert is one of the most impressive students I’ve had the privilege of working with. His commitment to education, his service to others and his interest in the advancement of the field of human services is exemplary.”

“Ireland was one of the best parts of my graduate school experience.”

Ode to Dissertation

By Matthew Bonner, Doctoral Student

I love you, but I hate you at the same time
 I am obsessed with you, but I need to leave you,
 I can't take a break from you, because when I try,
 There you are calling, calling...
 You are the key to my future, I guess the future I want
 You slay me, you love me too, yet you hate me because you are so illusive
 Why do you play these games?
 Another edit here, another one there
 Literature Review, I need more articles, read, write, read, write, think, read, write
 Is this significant? Regression, ANOVA, multilevel modeling
 Quantitative, qualitative, analyze the data
 And finally, my committee will get along and say,
 You made it Doctor, welcome to the upper echelon of academia
 Oh dissertation, you slay me, you are a taskmaster, yet I love you anyway.

Upcoming Conferences

ACA Conference & Expo, March 26-30, 2014, Honolulu, HI.

ALGBTIC Inaugural Conference, September 19-20, 2014, New Orleans, LA; Accepting proposals until January 17, 2014. See http://www.algbtic.org/images/stories/inag_conf_call_for_programs.pdf

AMHCA Annual Conference, July 10-12, 2014, Seattle Washington; Accepting proposals until December 13, 2013. See http://www.amhca.org/member/annual_conference.aspx

ASCA Annual Conference, June 29-July 2, Orlando, FL;

ASGW National Convention, February 6-9, 2014, Orlando, FL

Right Place, Right Time: Ireland 2013

By T'Airra Belcher, Masters Student

Typically, I make quick decisions about rather important things. For example, I saw the announcements about the trip to Ireland and said "I am going to Ireland!" My brother asked me if there was a special reason I picked the Ireland trip. At that time I did not have a special reason. For this trip, like most big decisions I have made in my life, I could not see the significance of the decision until the end. I am happy about these larger impulsive decisions. I trust in these decisions because it's like my body and mind are agreeing that I do not need to get lost in ambiguities because I will be exactly where I need to be in life.

Looking back, I can say Ireland was one of the best parts of my graduate school experience. I am humbled and excited to have been granted the opportunity to attend this trip and learn so much about myself and another culture. I made new friends with the participants, as well as a few while in Dublin. I can't wait to go back and visit Ireland again, as well as other countries. I want to continue to push myself outside of my comfort zone and try new things and interact with different people. There were several people who were on this trip that I had classes with in the fall or spring semester that I had never spoken to; however, this experience pushed me to say "Hello." This push helped me to make amazing new connections with some great people. This experience really opened my eyes; and now, with eyes wide open, I want to continue seeking opportunities to learn, experience, and grow.

It's hard to stop and name just a few favorite aspects of the Ireland trip, but one of the truly breath-taking moments took place in Glendaloch and Loughcrew. Glendaloch is located in County Wicklow; it is

an absolutely beautiful Monastic. Loughcrew is in County Meath. Loughcrew is burial ground that dates back to 3300 B.C. Honestly, my words cannot depict these amazing experiences well enough. So I encourage everyone attend this trip and fully jump in to the culture!



W/ Jonathan Barry & At the River Liffy



Loughcrew & Glendalough

CARE Now's Expansion & Phenomenal Impact

Going to elementary, middle and high school to learn Math, English, Science and improve one's general knowledge is one thing; but what if a program within the classroom further infused the following character and resiliency traits; *commitment, self-discipline, acceptance of differences, scholarship to become diligent/capable learners and ethical actions, insight, independence, relationship skills, initiative, creativity*? What might that look like? What would the impact be on these students, the teachers, the facilitators, the community, and the society?



CARE Now (Character and Resiliency Education: Now) is a comprehensive in-and-after school program designed to promote resiliency and character in students with the primary goal of enhancing academic achievement. The program was established by two Old Dominion University (ODU) faculty, Tammi Milliken, Associate Professor of Counseling and Human Services and Eddie Hill, Assistant Professor of Human Movement Sciences. Milliken expounds on the program's rationale stating that,

A middle school student takes a glance at their collaboratively written rules

"The CARE Now program focuses on the enhancement of character and resiliency because of the established, inextricable link to academic achievement and positive youth development."

Aligned with the Positive Youth Development movement whose focus is for disadvantaged youth, this six-year-old program in Hampton Roads continues to see significant expansion as it meets its program goals of improving social outcomes and academic achievement in students as well as providing a training platform for ODU students.

CARE Now's interventions are three fold; 1) large-group activities for all students; 2) small-group activities for students with greater risk of academic failure; and 3) individual attention to students with the greatest social-emotional disruption. As such, it conforms to the Positive Behavioral Interventions and Supports Model (PBIS). In-and-after school programming is facilitated by advocates, who are ODU students from the Counseling and Human Services and Human Movement Sciences departments. Advocates are paired with a classroom teacher and work both within the classroom and outside of it to assure the academic environment is optimized for learning.

The Counseling and Human Services department advocates facilitate programming in school Monday through Thursday. Individual student's social and emotional issues that interfere with learning are addressed one-on-one. To address character and resilience traits with all of the students, weekly guidance lessons prepared by the advocates are presented to each class. During lunch, Grub groups are offered twice a week where creative games and discussion on resilience and character traits are highlighted with small groups of students.

During the twice per week *after-school* portion of the programming, supervised Human Movement Sciences advocates provide snacks, an hour of math tutoring, small- and large-group intentional recreation activities related to the character and resilience traits noted above, and opportunities for individual attention. The after-school activities include cooperative teambuilding exercises that also include math as part of the experience. The after-school component utilizes a small group problem solving approach by dividing the middle school students into six groups. Specific activities are then selected to promote the trait of the week.

CARE Now - Benefits

Students

The focus of CARE Now has primarily focused on the students served. There has been consistent and improved results from the research collected in the last few years. Regarding improvement on academic performance for the 2012 school year, results indicated that SOL scores improved by 8.12% (High School) and 20% (Middle School). Average final grades increased by 67.13% while pretest to posttest grades improved as follows: Algebra = 25.37%; Geometry = 33.17%. Further, there was an increase of 7% of A's and 7% decrease of E's in math. With CARE Now's recent expansion to an elementary school, Radford, another CARE Now co-director remarks on the advantage of this addi-
good...to reach out to kids at help build their character and [they are in] middle and high students are transitioning to high school, relationships Now from earlier] could con-
I really wish I had a program school when I was growing



Two ODU students (CARE Now advocates) engage students in an outside classroom activity

tion stating, "It is an earlier age to resilience before school. Also, when middle school or [connected to CARE tinue there as well. like this at my up."

CARE Now's Expansion & Phenomenal Impact

Teachers

Whilst the program's focus has been, from its inception, students, the teachers in turn have benefited positively from the program's impact on their students. Teachers' qualitative data indicated a positive response to programming infused in their classrooms as a result of higher levels of student focus on math, fewer disruptions, less redirection and more time-on-task, and less stress on teachers. Further, teachers have been influenced on how they handle difficult student situations because of the long-term presence of the advocates in the classroom. Rodriguez was particularly impressed recently by a teacher's interaction with a student in the hallway after an inappropriate outburst in class. "The teacher sounded like [a CARE Now] advocate. The teacher took time to explore things with the child to help them be more successful in class. I believe this positive interaction is due to CARE Now's influence in the school over the past 6 years," she stated.

Advocates

One of overarching goals for CARE Now is to provide a training platform for ODU students. Radford, now a CARE Now co-director, was once a former advocate. He appreciates the CARE Now program since it gave him hands-on experience as an undergraduate student. "I was able to use the knowledge and skills I learned in Human Services and apply them in a real life setting," he added.

CARE Now continues to work as a platform that offers a training opportunity for ODU undergraduates in the Counseling and Human Services and Human Movement Sciences departments to gain valuable field placement, practicum and internship experience. In the fall 2013 semester, approximately 75 ODU advocates are working in the four CARE Now schools. Recently, CARE Now invited students in related fields from Hampton University, Christopher Newport University, and the College of William and Mary to be part of this rewarding and professional building program.

National Honor Roll

The overall growth and impact of CARE Now in 2012 contributed to ODU being named to the President Obama Higher Education Community Service Honor Roll by the Corporation for national and Community Services (CNCS) and the U.S. Department of Education. The Honor Roll identifies leading colleges and universities in the nation who are committed and are striving to improve their surrounding communities through community service and service learning. ODU's appearance on this Honor Roll was connected to three university programs one of which was CARE Now.

The CARE Now program remains a gem in impacting students, teachers, facilitators, communities and the society!

CARE Now - Expansion and Funding Awards

CARE Now first started in Norfolk's Blair Middle School, six years ago. Since that time, the program has expanded into three other schools. CARE Now has since its inception, consistently been awarded funding from different sources including a total of \$300,000 in grants from the 21st Century Community Learning Centers Virginia Department of Education, \$90,000 from the City of Norfolk, \$65,000 from United Way, as well as smaller amounts from various other funders including Bank of America and the Hampton Roads Community Foundation. Just this school year (2012-2013), the total funding award for CARE Now was over \$140,000. To break this down per school;

- CARE Now Blair Middle School was awarded \$36,042 by the City of Norfolk Bureau of Youth Services
- CARE Now was funded \$40K per year for the Hampton Public Schools (summer school and Phoebus) programming through a GEAR Up grant awarded to Dr. Dana Burnett
- CARE Now PB Young was awarded \$15,000 by United Way for the summer camp and \$42,340 by United Way for the academic year
- CARE Now Lafayette Winona Middle School was awarded \$51,042 through a 21st Century Community Learning Centers Grant

The future of CARE Now looks bright with its leadership committed to the continued improvement of its participants' academic and social performance at schools. Co-directors continue to discuss and execute the program's expansion in multiple ways. Some of these ways include the dissemination of lessons learned both at the regional and national levels and the assistance to other training programs to replicate CARE Now's programming in their communities. In keeping with the program's goals, the evaluation of service learning on ODU and other undergraduate students remains another key priority for the program's future.



Welcome New Faculty!

Dr. Jeff Moe, Assistant Professor of Counseling

"Connecting with students, empowering their own learning process, and sharing the message that counseling can have a powerful impact in society makes me the most excited about teaching."



Dr. Moe joins the Counseling and Human Services faculty team from the University of Houston-Victoria, where he served as the CMHC coordinator, clinical coordinator, CACREP-liaison, and Chi Sigma Iota faculty adviser. The new assistant professor of counseling completed his Ph.D. in Counselor Education & Supervision from University of Toledo in 2007.

His research focuses are on LGBTQ Issues in Counseling, Consultation, Counselor Education Practice, Counseling with Marginalized Groups and Statistics. His expertise on these areas moves beyond the classroom to different professional presentations. This October at the Association for Counselor Education & Supervision conference, Denver, CO., Dr. Moe will present a session entitled, *Counselors as Allies: An Affirming Approach for Counseling & Supervision with LGBTQ Clients*. In the Spring 2014 semester, he will be presenting a poster session on *Foundations of LGBTQ School Counseling* at the American Counseling Association national conference in Honolulu, HI. Dr. Moe has also co-authored several publications including one in the *Journal of Professional Counseling: Practice, Theory, & Research* on Wicca and Neo-Paganism: A primer for counselors. In press, he has another article on a collaborative consultation model for promoting wellness and resiliency in LGBTQ Youth, which will be featured in the *Journal of Homosexuality*; just to list a few.

Dr. Narketta Sparkman, Assistant Professor of HMSV

"I love interacting with my students. I am excited about sharing my experiences in the field of human services and giving them real life examples from the populations I have worked with. I come from a big urban city with lots of diversity and challenges and students get the opportunity to learn from that knowledge base."



Dr. Sparkman comes to ODU's Counseling and Human Service department from a Human Service practice. For 9 years, she served as the Senior Child Development Compliance Assistant/CDCA at the Head Start Division in the City of Detroit Department of Human Services, Detroit, MI. Dr. Sparkman also brings teaching experience having been an adjunct faculty teaching Sociology and Psychology courses. She is also an advisor with Tau Upsilon Alpha Human Service Honors Society.

Dr. Sparksman completed a Ph.D. in Human Services with a Social and Community Services Concentration from Capella University in 2012. Recently, Dr. Sparksman won a grant from the National Organization for Human Service with which she is working on an LGBTQ community project. She is also serving on a joint research effort to improve writing in Human Services through a university grant. The new assistant professor of HMSV has several articles under review on the topic of parenting and family conflict in minority families. Her research focuses are on parenting and family conflict in minority families and LGBTQ cultural issues.

Ms. LaKeisha Jones, Visiting Lecturer of HMSV

Ms. LaKeisha Jones (pictured on next page) is a new visiting lecturer in the Counseling and Human Services department. Outside ODU, she is a Program Chair and Assistant Professor for Phlebotomy courses at Thomas Nelson Community College, both at the Hampton and Williamsburg, VA. campuses. Ms. Jones is also an adjunct professor of Human Services courses at Concordia University and Psychology courses at Mid-Continent University. She was previously an instructor and program manager at Joint Base Langley Eustis.

Ms. Jones completed her masters in Professional Counseling from Liberty University. She is presently pursuing a Ph.D. in Human Services with concentrations in Social and Community Services and Nonprofit Management and Leadership at Capella University. Her research interests include teen toxic relationships and interpersonal violence, struggles faced by parents of children with developmental disabilities youth addictions, foster care children aging out of the foster care system, and family life education. Ms. Jones is currently working on a publication for the National Council on Family Relations. Her previous presentations have included topics on the Church needs assessment tool for pastors and Point of care testing: An annual review.

Welcome New Faculty!

Ms. K.C. Joachim, Lecturer of HMSV

“To look out and see young people learning and growing, to find what motivates them, to see the lights go on, is the most amazing feeling. To know that if they are open to it, I can contribute to their lives professionally and personally in quality of life altering ways.”

Ms. Karen C. Joachim is not new to the ODU community. She has been an adjunct instructor at ODU since 2006 and completed two masters’ degrees here; Early Childhood Education and Counseling. She is currently completing her doctoral work at the University of William & Mary in Williamsburg, VA. Besides these responsibilities, Ms. Joachim one-day week, works as a licensed professional counselor (LPC) in private

practice in Norfolk, VA. Her research and training interests are Parent/Child Relationships, Productive Parenting, the LGBTQ community, and Adolescent Development and Support.

Ms. Joachim’s love of teaching started as a school counselor. “I feel very fortunate to have this opportunity to do this work [teaching]. In the Human Services Profession, it is my ethical responsibility to help these students be the best Human Services Providers they can be.” Her students can expect, “honesty, dedication, a true interest in them and who they are, every attempt to appeal to their learning style and make the learning interesting and relevant to them.”

Shown at right: Top: Ms. K.C. Joachim; Bottom: Ms. LaKeisha Jones



Department of Counseling and Human Services

Primary Business Address

Newsletter Staff and Contributors:

Faculty Advisors: Dr. Danica Hays and Dr. Ed Neukrug
Student Editors: Miranda M.J. Parries, Ph.D. Candidate
 Madeline Clark-Kesler, PhD Student

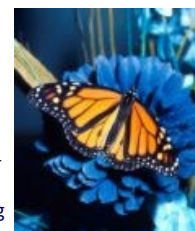
Student Article Contributors: T’Airra Belcher, Matthew Bonner, Hiawatha Clemons, III, Tracy L. Jackson

Most student biographies are written by the students named



OLD DOMINION UNIVERSITY is located in Norfolk, the hub of historic Eastern Virginia. A member of Virginia’s prestigious public college and university systems, Old Dominion is one of the oldest and most rapidly growing institutions on the Atlantic seaboard. The 200-acre campus borders historical, recreational, cultural and military facilities. Nearby are Williamsburg and Yorktown, the Chesapeake Bay and the Atlantic Ocean beaches, the Chrysler Museum, and NASA-Langley, the birthplace of our space program. Old Dominion University has a student body of nearly 19,000, and offers baccalaureate degrees in 65 areas, master’s degrees in 64 areas, two certificates of advanced study, and doctoral degrees in 21 areas. The University is composed of six colleges: Arts and Letters, Business and Public Administration, Education, Engineering and Technology, Health Sciences, and Sciences. Old Dominion’s primary mission is to meet the educational and professional needs of Hampton Roads and the students who come to the University.

The Darden College of Education prepares students for work in the dynamic and challenging fields of professional education and counseling. The college trains general and special education teachers, administrators, librarians and counselors, and prepares students for work in such areas as career management, family life education and clinical speech-language pathology. The Darden College of Education is accredited by the National Council for Accreditation of Teacher Education (NCATE) and the Virginia Department of Education. The master’s program in counseling is also accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). The University has initiated interstate certification contracts with 39 other states so Old Dominion graduates certified to teach in Virginia might gain reciprocal certification in such states as New York, New Jersey, Delaware, Pennsylvania, Connecticut, Maryland and North Carolina.



Available Student Grants and Scholarships

NCDL Leadership Academy

The Leadership Academy was created in 2006 with the ultimate goal of the identifying and nurturing future generations of NCDL Leaders. Up to eight NCDL members will be selected to join this hands-on, highly experiential leadership development opportunity designed specifically for promising national and state career development association leaders. NCDL's Leadership Academy will refine and strengthen the leadership skills of those selected for this dynamic program. For more information please visit http://ncda.org/aws/NCDA/pt/sp/leadership_academy

Vicki E. Bowman Scholarship

The scholarship will honor an out-standing graduate student who is active in the study and practice of group work who also demonstrates leadership and support roles among fellow graduate students. The recipient of the scholarship will receive a stipend of \$250, a plaque, and a year's membership in ASGW. For more information please visit: http://www.asgw.org/vicki_e_bowman_scholarship.htm

Association for Humanistic Counseling Emerging Leaders

The AHC Emerging Leaders was developed to allow student and new professional leaders to participate in AHC activities, receive mentorship, and connect with networking opportunities. Three Emerging Leaders will be selected to serve for the 2014 term (March 2014 to March 2015). Emerging Leaders choose an area of interest within the division and receive mentoring related to that area. Emerging leaders are expected to serve on the Emerging Leaders Committee for the 2014-15 term. Emerging Leaders will also have opportunities to learn the responsibilities associated with serving in elected leadership positions in our Association. Interested applicants should submit the Emerging Leaders application and candidate curriculum vitae electronically to Victoria Kress at vicki-kress@gmail.com no later than December 31, 2013. For more information please visit: <http://afhc.camp9.org/>



Total Price per person: \$20.00

*Graduates are free!

Payment will be taken through the CSI paypal account.

You must RSVP for this event. Money and/or RSVP form must be received before your name will be added to the guest list.

You and Your Family Are Invited to Fall 2013 Evening of Achievement

Come celebrate your accomplishments with administrators, faculty and students as we take time to present awards, and honor our Counseling Program December 2013 graduates. Spend time with the faculty and listen as they take time to acknowledge each graduate's achievements as well as present CSI chapter awards. Event sponsored by the Omega Delta chapter of Chi Sigma Iota.

RSVP by December 6th

DATE: DECEMBER 13

TIME: 6-9 PM

The Murray Center

455 East Brambleton Avenue,

Norfolk, VA 23510

Please join us as we honor our graduates, and award winners!

Open to graduates, students, faculty and staff, CSI membership, CSI Board members and chair holders, friends and families.

Contact Gina Polychronopoulos for more information:
gbond002@odu.edu



Schedule of Events

December 2013 / January 2014

- VCA is **November 11-13, 2010**
- Registration for Spring & Summer classes begins **November, 11**
- Thanksgiving Break is **November 21-December 1**
- CSI Evening of Achievement is **December 13th**
- Graduation: **December 14th**
- Christmas Break is **December 14– January 11**
- **January 11– Classes begin**

SUN	MON	TU	WED	THU	FRI	SAT
1	2	3	4	5 Chanukah ends	6	7
8	9	10	11	12	13 ^{CSI} Awards, Break be-	14 Graduation
15	16	17	18	19	20	21
22	23	24	25 Christmas	26 Kwanza Be-gins	27	28
29	30	31 ^{New} Years Eve	1 New Years Day Graduation	2	3	4 Break
5	6	7	8	9	10 ^{Break} ends	11
12	13					

