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The Darden College of Education & Professional Studies Diversity, Equity, & Inclusion Statement

The Darden College of Education & Professional Studies is dedicated to engaging in intentional and ongoing efforts to create a culturally sustaining climate that is committed to equity, inclusivity, and diversity. We are devoted to fostering a diverse community of faculty, staff, and students in uncovering and addressing systemic barriers, promoting an inclusive and equitable community, and supporting social justice in our programs and in the professional disciplines for which we prepare our students. Such dedication includes aligning our efforts with the university's strategic plan, evaluating our progress and adjusting our efforts to meet our evolving goals.

The Darden College of Education & Professional Studies strives to build a culture of inclusivity which helps our faculty and students thrive in scholarship, knowledge generation and community engagement. We believe these efforts will assist our university in meeting the needs of a rapidly changing world and our success depends upon the robust exchange of ideas across cultures.

HOW WILL YOU EMBODY THIS?



Department Chair Address, Dr. Edward Neukrug

Dear CHS Community,

Almost three years ago, Dean Jane Bray asked me if I would serve as Chair of the Department. I said yes but noted that it would be for a limited term of three years. I have been honored to be Chair during these three years, under the leadership of Dr. Bray and Dean Dice. This job has been exhilarating, challenging, painful, and busy. I'll miss the exhilarating parts, and even many of the challenging aspects, but not so much the painful and busy parts! Mostly, I am honored to work with such a talented faculty and to see our students change and grow as they obtain their degrees. I see the human services students move from the desire to be caring helpers, to becoming skillful, effective, and impactful helpers. I see our master's students become increasingly complex thinkers, knowing how to build strong working alliances, and realizing the breadth and depth of the counseling relationship, and I watch as our doctoral students become researchers and scholars and move on to jobs that help to transform the world. Although I have mixed feelings about stepping down, I look forward to embracing my new role as Batten Endowed Chair of Counseling. In this role, I will focus on the advancement of counseling theory through re-search, the development of resources, understanding the impact of culture on the counseling relationship, dispersing information about counseling from a global perspective, and more (see www.odu.edu/iiact). Thanks for being my colleague, my student, my assistant, my peer, and my friend.



Community Wellbeing & Support Clinic



The Community Wellbeing and Support Clinic (CWSC) is a new addition to the Department of Counseling and Human Services. The clinic serves as a resource for ODU students seeking counseling services and a training clinic for counseling and human service practicum and internship students. This semester, we were thrilled to host three counseling practicum students. Throughout the semester, through the leadership of the Director, Dr. Vanessa Dominguez, and Assistant Director, Erin Swanson, the CWSC team worked diligently to successfully launch the clinic. The teams' accomplishments included the development of the clinic website, the establishment of procedures and forms, and the preparation of our physical space.

We are excited to share that our team was able to provide services to 20 ODU students! The clinic also hosted a campus-wide "Wellbeing Day" in partnership with the Office of Counseling Services to help students prepare for the stress of exams and the holidays. The CWSC team has worked so hard and been incredibly flexible this semester! We are grateful for the continued efforts of our counselors in training as well as the support of the department and DCEPS. The CWSC looks forward to our continued growth in the Spring.



Association for Counselor Education & Supervision 2021 Conference

Former and current PhD students & faculty with the CHS department attended the 2021 ACES conference in Atlanta, GA.



Tau Upsilon Alpha | TUA

By Jeffrey Martin,
TUA President

The trials caused by COVID-19 continued through its second year and it appears to be continuing into a third. Our operations were slowed to a close hibernation when the lockdowns began. Carly Marcus, my predecessor, did a very excellent job in keeping community involvement active during the last semester. However, we experienced new challenges following the graduation of many local members of the group. A sizeable amount of new members were distance students, while I was given the task of running the show from my home in Strasburg. This was not ideal, and it gave a whole new meaning to the phrase "social distancing", but it didn't seem like this year was a year for progress in the first place. This is a year to slow down and prepare for something more. During our meetings, we discussed helping to provide networking opportunities among our members. We discussed disseminating information to professionals in the field in the hopes of getting our members noticed. We ended our discussion creating a roadmap in the hopes that when the lockdowns do end and our members feel comfortable being in public spaces, then we can hit that ground running.

I do want to give a special thanks to Professor Frank Scaringello and the rest of the members of the Human Services Association, as they kindly offered to allow us to co-sponsor events with them. I personally hope that I can make more time to assist you all with the events for next semester. One of the events that TUA assisted with was the Here For The Girls fundraiser, which raised over \$250 in donations for the continuing help given to young women experiencing breast cancer. I'm sure the HSA is writing at length about this event, so I won't repeat information, but I can only hope that my thanks being given here has the same value as the thank-you card I received with Prof. Scaringello's autograph in it. He is very popular on campus and I was always too shy to ask him for one.

This year, we had a virtual ceremony honoring those that graduated and those that were inducted. The new inductees are as follows (Christy Brown, Heather Disbrow, Maria Sandra Jackson, Marcus Nelson, Nikeijah Payne, and Kaelyn Wagner):



Tau Upsilon Alpha | TUA



Marissa Carroll is a member of TAU Sigma, TAU Upsilon, and the Human Services Association. Marissa is also a full-time 911 dispatcher for the city of Norfolk, full-time, with a prior history of human services work with individuals diagnosed with developmental disabilities. All of these commitments have required the use of problem-solving, multitasking, and communication skills that she felt have helped her achieve her professional goals. Anyone here should be able to attest to her progression, and we will stand by her reported accomplishments in the areas of strategic task management and administrative support. Marissa expressed that she cannot express how thankful she was for her support system. Her successes are to be attributed to her hard work, dedication and determination, but she also wished to attribute her successes to her husband, parents, grandparents, siblings, and friends. She is quoted as saying "I could not have gotten where I am today without my supports".



Christy Brown has been in the human services field since her graduation from nursing school in 2002. Since then, she's been working as a nurse in the mental health and substance abuse field with the long term goal of opening a substance abuse facility and a transition home. Christy finished her time at ODU strongly by completing the Addiction Prevention and Treatment track, completing the ODU Leader's Program with the Silver Medal under her belt, and by finishing her internship at Faith Recovery, where she will continue to volunteer. One of her favorite quotes is as follows, "In order to change your life, you have to change your life" (author unknown). Christy wishes to thank God, her friends, and her family because she felt their support to be necessary for her success.



Currently working for Eggleston Services as a new hire following her internship, Kaylee Kaznosky served numerous organizations on the campus of ODU as the president of both Delta Zeta and the Order of Omega. Kaylee's professional contributions to the human services field to this date includes a published paper for the Journal of Human Services titled Virtual School Counseling During the COVID-19 Pandemic: Supporting Students and Trailblazing Future Trends. As a trailblazer in COVID needs research, Kaylee also spoke on behalf of the ODU Virtual Undergraduate Research Symposium about the mental health concerns of our students. Topping off her accomplishments is her summa cum laude graduation with a cumulative GPA of 3.97.

(Kaylee's article can be found here:

<https://digitalcommons.odu.edu/cgi/viewcontent.cgi?article=1613&context=undergradsymposium>)

Human Services



HERE FOR
the girls

"The Human Services Association (HSA) raised \$488 along with volunteering at the Run for the Hills 5K. All money and volunteer hours went to support *Here for the Girls*, a local non-profit organization which assists women diagnosed with breast cancer" - Frank Scaringello

Intern Highlight

"I am interning this semester with Big Brothers Big Sisters in Richmond. Big Brothers Big Sisters is a one-to-one youth mentoring program supported by volunteers. My day-to-day duties have been focused around program delivery. I have helped recruit volunteers and manage the intake process for potential clients. Making a difference in the lives of local youth by being a part of the match making process from start to finish has been a very rewarding experience. This internship has given me invaluable insight and allowed me to apply all I have learned through my course studies about the helping profession in real time. After graduation I plan to explore the nonprofit world further and work with other community-based programs." - Jennifer Savage

5 Ways to Prevent Therapist Burnout

By Crista Glover, PhD, LPC, ACS

Ask just about anybody how they are doing right now and most will indicate some degree of burnout. This is especially true of healthcare workers and therapists. Not only are therapists navigating the same uncertain waters of the time as everyone else—they are doing it while trying to offer others a sense of safety and peace. To continue this important work, therapists must implement these nourishing strategies to sustain them.

Nourish with protein

The first strategy lies in what you eat and chances are you could eat more protein. Dr. Judith Orloff, psychiatrist and empath, offers this practical nutrition strategy in her book, "The Empath's Survival Guide: Life Strategies for Sensitive People." She says that a whole foods diet can mitigate adrenal fatigue and protein specifically can stabilize the nervous system. For those reasons, adequate protein intake is extra important for therapists. Protein supports the nervous, stabilizes blood sugar, creates a satisfying feeling for longer, and offers a sense of emotional grounding. So, therapists, be sure to get your fill of humanely raised meat sources or plant-based proteins to lend support during clinical days.

Nourish with movement

A second strategy to support therapists at the body level is movement. In the book, "Burnout: The Secret to Unlocking the Stress Cycle," Drs. Emily and Amelia Nagoski assert that physical activity is the single most efficient strategy for completing the stress response cycle. According to their research, burnout happens when years of cumulative stress goes unprocessed in the body. Even when a threat resolves, there still must be a body-based action to physiologically move through the stress reaction. For therapists, that means not only a lifestyle of regular physical activity before or after work. It also means physically moving the body throughout the workday, through walking, stretching, or simply shaking off the energy between sessions. This literally keeps the stress from sticking to you and following you home.

5 Ways to Prevent Therapist Burnout

Nourish with variety

Another strategy offered in “Burnout” is simply switching up the work you do. Dr. Nagoski says rest includes when you shift from one type of activity to another. “You stop using a part of you that’s used up, worn out, damaged, or inflamed so that it has a chance to renew itself.” For therapists, perhaps you break from clients and case notes to write an article or create social media content. Maybe you attend a training or facilitate one of your own. It is still work in the field, but it could afford a necessary break when you are reaching your clinical capacity.

Nourish with limits

A fourth strategy to prevent burnout is honoring your energetic limits within your daily schedule. That means scheduling ample downtime between sessions, so you get a moment to breathe. It could also mean carefully selecting which challenging cases you take on and what time of day you schedule them. No one benefits when therapists cram all their trauma and high-risk cases back to back in a single day. Honor your clients by honestly assessing what you can do without sacrificing quality.

Nourish with community

A final strategy for therapists to nourish themselves is finding community. Individual care is valuable but does not replace the need for community care. Therapists might find social support professionally through peer consultation groups or professional organizations. They might also find it personally through faith communities or service organizations with missions that matter to them. Wherever it is found, therapists must find their own sources of hope to affirm their work and grant courage to continue it.

Final thought:

While nourishing practices are good for all of us, they are especially vital for helpers and healers. The good news is that they are as simple as supporting the body, supporting the workday, and supporting therapists outside of work. These strategies can not only help therapists prevent burnout but hopefully recapture the joy of helping others.

Provost Spotlight



Dr. Nina Brown

The Provost's Spotlight series is a forum to highlight the accomplishments of Old Dominion University faculty by offering the opportunity to speak with them about their scholarship, motivation, challenges, backgrounds, and personal interests. The Spotlight series uses a question and answer format to give the audience insight into our marvelous ODU colleagues. For the spring semester, Dr. Nina Brown has been honored to be the invited spotlight for this prestigious event. Her scholarship is primarily focused on group psychotherapy and narcissism. To date she has published 28 books and nine of those were translated into Dutch, Czech, Turkish, Korean, Chinese, German and Polish. She has also published over 40 articles in nationally refereed journals. Dr. Brown recently made a zoom presentation to the German Group Psychotherapy and Group Analysis Association ("D3G") in Berlin, Germany and is scheduled to make a presentation to an international conference on narcissism in April 2022. Current scholarship endeavors are revisions to *Creative Activities in Group Therapy*, an invited chapter on virtual psychoeducational groups and developing a book on teaching group therapy.

Batten Endowed Chair of Counseling



Dr. Edward Neukrug

Dr. Ed Neukrug was recently appointed, by the ODU Board of Visitors, the Batten Endowed Chair of Counseling in the Darden College of Education and Professional Studies. This “Named Chair” allows him to focus on a research area of his choice, and he will be zeroing in on one of his main interest areas: counseling theory. Dr. Neukrug will be developing the International Institute for the Advancement of Counseling Theory (IIACT), which will do the following:

- Further research to advance the understanding of counseling theory.
- Provide access to major sites that discuss a wide variety of counseling theory.
- Examine cross-cultural issues related to the use, and abuse, of counseling theory.
- Provide theoretical surveys and open-access websites to increase the understanding of theory.
- Offer mini grants for research that supports the understanding and advancement of counseling theory.
- Provide resources, such as books, videos, and artifacts that highlight classic theories, emerging theories, and lesser-known international theories.

If you'd like to know more about his institute, see www.odu.edu/iiact, and if you want to assist him in this project, contact him directly (eneukrug@odu.edu).

Accolades: Presentations

Betters-Bubon, J., **Goodman-Scott, E.** Bamgbose, O., (2021, October). School counselor educators as leaders: Identity in school counselor education. Association for Counselor Education and Supervision, Atlanta, GA [invited pre-conference session sponsored by the School Counseling Interest Network].

Brookover, D.L., Cannedy, M., **Robins, L.B.**, Jones, J., Duyile, B., (2021, October). Accessible, innovative, and ethical: Publicly available online data for sampling and analysis in counselor education. Education Session presented at the Association for Counselor Education and Supervision (ACES) Annual Conference.

Cannedy, M., Kerrigan, R., **Suggs, B.G., & Robins, L.B.** (2021, June). Acknowledge and Empower: A Prevention Initiative for Countering Generational Racial Injustice and Vicarious Trauma. Presented at the Association for Humanistic Counseling (AHC) Annual Conference.

Carlisle, K. Tarver, S., Sawyer, J., & Lancaster, J. (2021). How to publish in the Journal of Human Services: A workshop for authors. Education session conducted at the annual convention of the National Organization for Human Services (NOHS), (virtual)

Gantt, A., Sunal, Z., & Pope, A. L. (October 2021). A qualitative examination of bi/multilingual counselor training & experiences. Poster presentation at the bi-annual conference of the Association of Counselor Education & Supervision. Atlanta, GA.

Johnson, K.F., **Robins, L.B.**, White, A. (2022, February). Advancing college student well-being addressing the social determinants of health. Educational session presented at the American College Counseling Association (ACCA) Annual Conference. Las Vegas, NV.

Kemer, G. A comparison of beginning and expert supervisors' supervision cognitions. Roundtable presented at the Association for Counselor Education and Supervision Conference, Atlanta, GA, October 5-10, 2021.

Accolades: Presentations

Kemer, G., Attia, M., Chung, M., Neuer Colburn, A., & Ramaswamy, A. Multicultural supervision in counseling: A content analysis of peer-reviewed literature. Education session presented at the Association for Counselor Education and Supervision Conference, Atlanta, GA, October 5-10, 2021.

Miller, C., Moore, R., Pope, A. L. (November 2021). These Avatars Aren't Blue: How VR Simulations Help Behavioral Health Providers Help Others. Presentation accepted at the annual conference of the Association for Educational Communications & Technology. Chicago, IL.

Moe, J. Southern Association for Counselor Education & Supervision. Presentation: Webinar for the Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE) in Counseling titled = Reclaiming Evidence-Based Practice for LGBTQ+ Liberation, May 9th

Robins, L.B., Jones, J., Gantt, A., Cannedy, M., & Duyile, B. (2021, October). Social Determinants of Health Integration in Counselor Education. Presented at the Association for Counselor Education and Supervision (ACES) Annual Conference.

Suggs, B.G., Robins, L.B., Kerrigan, R., Cannedy, M., & Buquo, M. (2021, June). Barriers Unearthed: Thematic Views of African American Emerging Adults. Presented at the Association for Humanistic Counseling (AHC) Annual Conference.

Dr. Brown gave a presentation on October 29, 2021 to The German Society for Group Analysis and Group Psychotherapy in Berlin, Germany (virtual).

Dr. Emily Goodman-Scott had six presentations at the National Evidence-Based School Counseling Conference and Research Day.

Accolades: Publications

Berger, C., Blalock, S., **Goodman-Scott, E.**, Brown-E. (2022). Driving forces in elementary school counseling advocacy. *Professional School Counseling*, 26(1a), 1-11, 137-155. <https://doi.org/10.1177/2156759X221086741>

Betters-Bubon, J., **Goodman-Scott, E.**, Bamgbose, O. (2021). School counselor educators' reactions to changes in the profession: Implications for policy, evaluation, and preparation. *Journal of School-Based Counseling Policy and Evaluation*, 3(2), 40-50. <https://doi.org/10.25774/gkr1-j228>

Betters- Bubon, J., Sweeney, D., Pianta, R., & **Goodman-Scott, E.** (2022). Antiracism starts with us: School counselor critical reflection within an MTSS framework. *Professional School Counseling*, 26(1a), 34-56, <https://doi.org/10.1177/2156759X221086747>

Eckhoff, A., & **Goodman-Scott, E.** (2021). School counselors' perceptions and understandings of lockdown drills: Navigating the paradox of safety and fear. *Educational Policy*. <https://doi.org/10.1177/08959048211032667>

Goodman-Scott, E., Brown-E., Berger, C., & Blalock, S., (2022). Experiences with elementary school counseling advocacy. *Professional School Counseling*, 26 (1). 1-12. <https://doi.org/10.1177/2156759X211067958>

Goodman-Scott, E., Taylor, J. V., & Walsh, R. (2022). Applying for RAMP using a cohort model: Results of a multi-level case study. *Professional School Counseling*, 26 (1). 1-12. <https://doi.org/10.1177/2156759X221076846>

Goodman-Scott, E., & Ziomek-Daigle, J. (2021). School counselors' leadership experiences in Multi-tiered Systems of Support: Prioritizing relationships and shaping school climate. *Journal of Counseling and Development*. <https://doi.org/10.1002/jcad.12426>

Horton-Parker, R. J., & Preston, J. W. (2021). Dual pandemics: Helping Black doctoral students thrive amid COVID-19 and racism. Populations in the moment: Human services needs and responses [Special issue]. *Journal of Human Services*, 40(2), 147-160.

Johnson, K. F. & **Robins, L. B.** (2021). Counselor Educators Experiences and Techniques Teaching about Social-Health Inequities. *Journal of Counselor Preparation and Supervision*.

Johnson, K.F., **Robins, L.B.**, Williams, C.D., & Townsend, T.G. (2021). Interrogating Systems that Cause Disparities: Testing the Social Ecological Model in Low versus High Density African American Communities. *Journal of Social, Behavioral & Health Sciences*, 15. <https://doi.org/10.5590/JSBHS.2021.15.1.2x>

Kalkbrenner, M., **Neukrug, E.**, & Esquivel, L. E. (2022). Mental health literacy screening on students in Hispanic serving institutions. *Journal of Counseling and Development*.

Kazosky, K., Jaile, I., **Worth, A.**, & **Carlisle, K.** (2021). Virtual school counseling during the COVID-19 pandemic: Supporting students and trailblazing future trends. Populations in the Moment: A Special Topics Issue of the Journal of Human Services, 40(2), 93-104. <https://www.nationalhumanservices.org/journal-of-human-services---specialinterdisciplinary-issue>

Accolades: Publications

Kemer, G., Attia, M., Chan, C., Chung, M., Neuer Colburn, A., Peters, H., Ramaswamy, A., & Sunal, Z. (2022). Multicultural supervision in counseling: A content analysis of peer-reviewed literature. *Counselor Education and Supervision*, 61(1) 2-14.

Kyser, N., Carlisle, K., & Thomas, K. (2021). Ethical violations of counselors in Virginia: A 10-year review. *Virginia Counselors Journal*, 38, 67-73.

Moe, J., Pope, A., Dominguez, V., & Kemer, G. (2021) Factors predicting instruction of LGBTQ counseling competence, *Journal of LGBTQ Issues in Counseling*, 15:4, 389-405.

Moe, J., & Perera, D. (2022). Building Mindful Community. *Southern Association for Counselor Education and Supervision Newsletter*, 18 (1)

Neukrug, E. (2022). A brief orientation to counseling: Professional identity, history, and standards (3rd ed.). Cognella Academic Press.

Neukrug, E. (2022). The world of the counselor (6th ed.). Cognella Academic Press.

Neukrug, E. (2022). Humor, storytelling, and related techniques to improve focus, build rapport, and increase learning. In K. Vaidya (Ed.). *Teach counseling with a sense of humor* [Vol. 1]: Why (and how to) be a funnier and more effective counseling educator and laugh all the way to your institution. Curious Academic Publishing.

Pope, A., Sunal, Z., Gantt, A. C., Zimmerman, B., Corey, A. K., Nuosce, M., & Araujo. (2021). A qualitative examination of bi/multilingual counselor training and experiences. *Journal of Counseling & Development*, 1-12.

Robins, L. B. (2021). Social Determinants of Health: An Investigation on Adolescent Mental Health (Doctoral dissertation, Regent University). Proquest.

Robins, L.B., Cannedy, M. Kerrigan, R. & Suggs, B.G. (2021). Empowerment pathways: A prevention approach to child and adolescent racial stress. *Journal of Human Services*, 40(2).

Robins, L.B. Johnson, K.F., Gant, A.C., Brookover, D. L., Jones, J., Suggs, B. G., & Cannedy, M. (2021). The role of human services providers in addressing social determinants of health. *The Journal of Human Services*, 40. <https://doi.org/10.52678/2021.6>.

Rocha, J. & Kemer, G. (2022). Best practices in clinical supervision: What must supervisees do? *The Clinical Supervisor*, 41, 70-87.

Suggs, B., Robins, L.B. Cannedy, M., Gant, A., Brookover, D.L., & Johnson, K.F. (2021). Helper, healer, and mitigator: The essential role of the human services provider in current and post-pandemic climates. *Journal of Human Services*, 40 (2)

Suggs, B.G., Robins, L.B., Jones, J., & Brookover, D.L. (2022). "Breaking strongholds: Equity centering in helping approaches." In *Developing anti-racist practices within helping professions*

Suggs, B. G., Robins, L. B., Kerrigan, R., Cannedy, M., Buquo, M., & Savinsky, D. (2021). Barriers unearthed: Thematic views of help-seeking and services utilization among African American emerging adults. *Journal of Human Services*.

Sunal, Z., & Kemer, G. (2022). Counselor education doctoral students' research self-efficacy: A holistic perspective. *Teaching and Supervision in Counseling*, 4(1), 1-13.

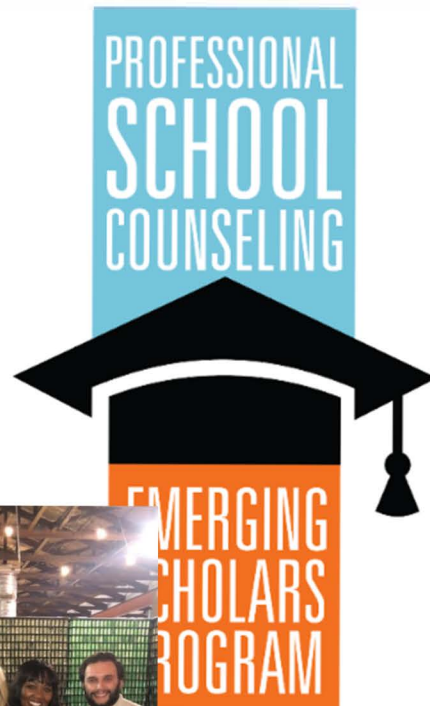
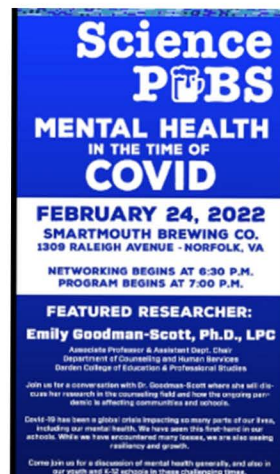
Taylor, J.V., Goodman-Scott, E., & Walsh, R. (2022). Applying for RAMP using a cohort model: Overcoming challenges. *Professional School Counseling*, 26 (1). 1-12.

Noteworthy Accomplishments

Dr. Emily Goodman-Scott was awarded the ODU Darden College of Education Tonelson Award- recognized for excellence in research, teaching, and service/leadership! She was also awarded the Outstanding Service Award for completing three year presidential term and board member for the Association for Child and Adolescent Counseling (ACA Division). She was also elected to the Governing Council for the American Counseling Association. In 2022, she was selected for the 2022 ODU Provost's Leadership Series.

In Spring 2022, she gave invited workshops to school counselors in: (a) Texas, (b) South Carolina, (c) Alabama, & (d) Virginia- including preconferences and headlining speaker. She also gave podcasts for three organizations serving school counselors and educators. Along with these amazing accomplishments, she also gave an ODU Science Pub presentation at a local Norfolk brewery on the topic of mental health.

Dr. Emily Goodman-Scott became the Associate Editor for the Professional School Counseling Journal. In collaboration with Dr. Kaprea Johnson, they started the Emerging Scholars program for the journal.



Noteworthy Accomplishments

Dr. Jeffry Moe received the 2021 Southern Association for Counselor Education & Supervision (SACES) Locke-Paisley Outstanding Mentor Award! According to SACES, 'the Locke-Paisley Outstanding Mentoring Award is to acknowledge individual educators from the SACES region whose mentorship impacts students and colleagues in extensive ways. Such efforts often go unnoticed – but not unappreciated. The award is based on the experiences and successes of the nominee's mentees, not the mentor's personal career achievements. As such, the nomination should focus on the positive influence the mentor has had on a series of students and/or colleagues as they are developing their careers. For the purpose of this award, men-toring is defined as the process of guiding, supporting, and promoting the education and career development of others.



Dr. Gulsah Kemer was named as the recipient of 2021 SACES L. DiAnne Borders Clinical Supervision Award! Dr. Kemer is a devoted clinical supervision researcher and practitioner, collaborating with a wide variety of supervision scholars from all over the world.



Dr. Narketta Sparkman-Key was named as one of the Top 100 People to Meet in Virginia in 2022 by Virginia Business Magazine



Noteworthy Accomplishments



Dr. Edward Neukrug received the CSI-Omega Delta Chapter Spring 2022 Award for Outstanding Faculty Member. He also received the ACA Tom Hohenshil Publications Award.

Dr. Amber Pope received the ODU Teaching with Technology Award!



Dr. Radha Horton-Parker was honored for her 30 years of service at ODU at the University's Faculty and Administrative Service Recognition Luncheon on April 19, 2022.



Dr. Kristy Carlisle has been a part of the School-University Partnership between Norfolk Public Schools and ODU, presenting on Trauma-Informed Pedagogy alongside a Norfolk Public School's principal.'

Dr. Carlisle was awarded promotion and tenure! She also received the Darden College of Education and Professional Studies Professional Service Award.

Dr. Carlisle produced the Journal of Human Services, which can be found at: <https://www.nationalhumanservices.org/journal-of-human-services>



Professor Simmons received the Miriam Clubok Award at the 2021 NOHS conference! "The Miriam Clubok Award is presented to a member of NOHS who has demonstrated outstanding leadership and service in support of NOHS's mission, goals, and objectives. Her Department Chair described her as "a leader in human services," and stated that he has been constantly impressed with her clear thinking and ability to achieve tasks. One of her tasks has involved working with her colleagues to manage two grants totaling 2.5 million dollars to fund the training of human services students in the field.

She has also actively provided service to NOHS, which has included being the Vice President since 2019, and previously being the Treasurer for two years. Jenn's accomplishments include: helping to develop the first NOHS strategic plan; spearheading the effort to improve TUA processes and procedures by eliminating barriers to chapter and student membership; providing support to the regional presidents; and streamlining four years of NOHS' financial records. She has been described by a colleague on the Executive Committee as someone who has "demonstrated the highest level of commitment, loyalty, and professionalism" and that her "grit and flexibility" are "vital to NOHS's mission and progress."

Jenn has also been a self-study reader for the Council of Standards in Human Service Education, and a member of the American Public Human Services Association.



Noteworthy Accomplishments



DCEPS Student of the Year Award

JUDITH WAMBUI PRESTON

*Jane S. Bray
Award*

PhD in Counselor Education & Supervision



2022 STUDENT AWARDEES

Counseling and Human Services

MARAM AIZAZ

Outstanding Master's Student - School Counseling

EMILY STUART

Outstanding Master's Student - Mental Health Counseling

MIKAYLA CYPRESS

Outstanding Master's Student - School Counseling

STEPHANIE SMITH-DURKIN

Outstanding Doctoral Student - Counseling

KATHERINA NAKO

Outstanding Master's Student - Mental Health Counseling

BRIELLE KITTRELL

Outstanding Human Services Student

STEPHANIE DOBBELAERE

Jill C. Dustin Excellence in Service and Leadership Award



Mikayla Cypress Outstanding Masters Student School Counseling

Mikayla Cypress is a Master's student in the School Counseling program. She attended her internships through the Virginia Partnership for School Mental Health in Hampton, VA where she interned at Machen Elementary and George P. Phenix K-8 School. Throughout her internship semesters, she also participated in the Integrative Behavioral Health Grant Program where she attended Interprofessional Care Clinics at Sentara Ambulatory Care Center. Before the graduate program, Mikayla worked as a Therapeutic Day Treatment Clinician in Stafford City Schools and provided intensive in-home services to children in the Fredericksburg area. After graduation in May, Mikayla plans to secure a position in the Hampton Roads area as an elementary school counselor.

Noteworthy Accomplishments



Emily Stuart Outstanding Masters Student Mental Health Counseling

Emily Stuart (she/they), a Virginia native, attended Christopher Newport University for their undergraduate degree in molecular biology. After wandering the wilds of Utah for several years post-grad, they found themselves drawn to the mental health counseling field. Their interests in therapy include religious & relational trauma, as well as LGBTQ+ mental health concerns. For the past year, Emily has been working as a counseling intern at the LGBT Life Center in Norfolk, walking with clients as they learn to become & accept their full selves. After graduation, Emily is moving to Alexandria, VA, with their spouse and puppy, in hopes to pursue private practice and non-profit work.



Dr. Stephanie Smith-Durkin Outstanding Doctoral Student

Stephanie Smith-Durkin is a wife, mother of two, high school counselor, and adjunct professor. In April 2022, she successfully defended her dissertation to earn her PhD in Counselor Education and Supervision, with a special focus on school counseling practices. She recently accepted a lecturer position for next academic year in the ODU Counseling and Human Services department. She looks forward to continuing to effectively prepare future school counselors for multiculturally competent professional practice and ethical behavior.



Katherina Nako Outstanding Masters Student Mental Health Counseling

Katherina Nako is a Master's student in the Clinical Mental Health Counseling program and will graduate Spring 2022. She has worked as a graduate research assistant for the Dean's office in the College of Education and Professional Studies, ODU's Research Foundation, and the Tidewater Writing Project throughout her time in this program. Katherina is also working on various faculty research projects focused on counselor educators, integrated behavioral health, and historical empathy. She has completed her internship as a Mental Health Intern at Chesapeake Regional Primary Care and will begin her Doctorate in Counselor Education and Supervision at ODU beginning Fall 2022.

Noteworthy Accomplishments



Stephanie Dobbelaere Jill C. Dustin Excellence in Service and Leadership Award

A native of Bryan, Ohio, Stephanie Dobbelaere spent 8 years serving her nation in the United States Navy as an Aviation Ordnaceman. She has also completed two extended deployments worldwide.

Upon leaving the service, she traveled for one year in both Asia and Europe before returning to the United States to begin her University education.

Stephanie will graduate in May 2022 and has been selected to the Old Dominion University's Master's in Counseling Program.



Brielle Kittrell Outstanding Human Services Student

Brielle, A senior majoring in Human Services with a minor in Psychology from Chester, VA, has been an active member of the Honors College, L.E.A.D.E.R.S., The National Society of Leadership and Success, and the Civics Scholars Program.

As she prepares to graduate from Old Dominion University, she appreciates the opportunities for growth, networking, professionalism, and the team of support that the Human Services program has provided to her throughout her undergraduate experience.

Upon graduation, her goal is to continue her education and obtain a master's degree in the Human Services field, so she can continue to provide leadership and service to the community and those in need.



Kaylee Kaznosky Kaufman Award

We would like to congratulate our student Kaylee Kaznosky for receiving the Kaufman award at the ODU Student Honors and Awards Dinner.

We would also like to acknowledge Dr. Kristy Carlisle as she was selected and honored by Kaylee as an inspirational faculty member.

Noteworthy Accomplishments



Tom Seguin

Grant: 2022 VACES Student Development Grant for presentation "Evidence-Based Wellness Counseling for Active Duty Military"

Virginia Association for Counselor Education and Supervision Presentation: "Evidence-Based Wellness Counseling for Active Duty Military" 50min session presented at 2022 VACES Student Conference

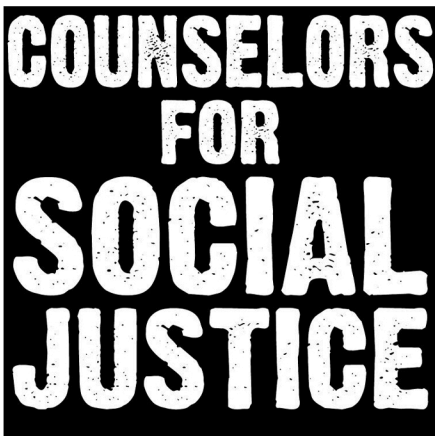


Amanda Taylor

Amanda Taylor was hired by the agency she interned for this Spring: ForKids- The Landmark Center.

She worked with client's who were facing homelessness. By getting to know them, a relationship was formed and she was able to assist with basic needs while also working as a team to secure housing. She also had the opportunity to work our beyond the bell program, which is an after-school program for children in the program. They receive art, homework help, and fun lesson plans that allow them to work together with their peers.

She accepted a position as a Supportive Housing Specialist. She works with clients in the permanent supportive housing program and assist in securing housing for my client's, while also meeting monthly to discuss housekeeping, and goals. Collaboration with landlords also takes place to discuss our program and requests pertaining to maintenance within the home.



Betsy Perez

Betsy was accepted to the National Counselors for Social Justice doctoral internship!

Welcome New Faculty



Dr. Lauren Robins



Dr. Brittany Suggs



Dr. Judith Preston



**Dr. Stephanie
Smith-Durkin**



ODU

Darden College of Education
and Professional Studies



Reflections

