

Department of Counseling & Human Services

Reflections

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**Dr. Shuntay Z. McCoy** is a native Wisconsinite who earned her undergraduate degree in social work from the University of Wisconsin Milwaukee and Masters of Social Work from the University of Wisconsin Madison. Dr. McCoy earned her PhD., from the University of North Carolina at Greensboro in Human Development and Family Studies with an emphasis in educational equity. Her research interests explore African American families, socialization processes within various contexts, culturally competent practices, and identity development.



Dr. McCoy has practice expertise working with children, youth and families. She has worked within crisis shelters and transitional living group homes for adolescents. Post Masters Dr. McCoy was licensed as a school social worker within the state of Wisconsin and served as a Cultural Liaison within a High School in Verona Wisconsin. Dr. McCoy is extremely passionate about student learning, and thoroughly enjoys teaching.

She has also taught at the university level for six years. This includes instructing undergraduate and graduate courses within various disciplines such as social work, family studies, child development and education.

**Newsletter Staff:**

**Faculty Advisor:**  
 Dr. Tim Grothaus

**Student Editor:**  
 Madeline Clark, Doctoral Candidate  
 Vanessa O'Hare, Doctoral Student



A native of New Jersey, Frank Scaringello attended Montclair State College, receiving his Bachelor's of Arts in History. He served 22 years in the Navy on several ships and in different parts of the world as a Surface Warfare Officer. Upon his retirement from the Navy, he was a School Counselor for 14 years in Portsmouth, VA.

Additionally, he has been an Adjunct Instructor at Old Dominion University since 2001. His interests are in Physical Activity-Positive Youth Development programs and Substance abuse treatment. He holds a National Certification in Counseling, along with a School Counselor's license. He recently received the Darden Fellow Award in recognition of his work in the School Counseling field.

## Welcome New Batten Endowed Chair, Dr. Chris Sink!



Christopher Sink, Ph.D., NCC, LMHC (WA), professor of Counseling and Human Services (since July 2015). Earlier, I spent 21 years as a professor of counselor education at Seattle Pacific University and five years at Northwest Missouri State University. Prior to serving in the professoriate, I worked as a secondary and post-secondary counselor. I have many years of chief editorial experience in counseling-related journals (ASCA's *Professional School Counseling* and ACA's *Counseling and Values*). I currently serve on the editorial board of multiple peer-refereed journals, including *The Professional Counselor* (the National Board of Certified Counselors), *Professional School Counseling* (American School Counselor Association), *Counselling and Spirituality* (Canadian), *Counseling and Values* (American Counseling Association and Association for Spiritual, Ethical, and Religious Values in Counseling), and *Journal of Research on Christian Education*.

I enjoy consulting (e.g., conducting program evaluations) for school systems and organizations as well as presenting at scholarly and professional conferences on a regular basis including those held in the U.S. and internationally. I have also served as a keynote speaker on multiple occasions. I publish extensively in various areas related to school counseling, social-emotional learning (SEL), educational psychology, positive psychology, and research methods. I am a strong advocate for systemic and strengths-based school-based counseling.

Currently, my research agenda includes topics examining [social-emotional learning](#) [click link for description of multinational project], program evaluation, outcomes of comprehensive school counseling programs, research methods in counselor education, positive psychology, and spirituality as an important feature of adolescent resiliency. I also have a three-year appointment as visiting scholar at York St John University, Faculty of Education and Theology, York England.

## Welcome New Counseling Faculty, Dr. Gulsah Kemer!

Dr. Gulsah Kemer joins the Department of Counseling and Human Services faculty as a tenure-track Assistant Professor. Dr. Kemer received her Ph.D. from The University of North Carolina Greensboro in Counseling and Counselor Education in 2012. Dr. Kemer received her M.S. degree in Educational Sciences from Middle East Technical University in Turkey, her home country. Before joining ODU, Dr. Kemer was a faculty member at Arizona State University. She is a National Certified Counselor (NCC) and Approved Clinical Supervisor (ACS). Dr. Kemer has a variety of counseling experience working with college students and adults on intrapersonal and interpersonal struggles, such as self-esteem, anxiety, substance abuse, and relationships.

Dr. Kemer has worked on various research projects on different subjects. Her current research line focuses on clinical supervision; counselor and supervisor development/training. She specifically studies beginning and expert clinical supervisors. Dr. Kemer's first publication from her doctoral dissertation, "Cognitions of Expert Supervisors in Academe: A Concept Mapping Approach," was published in *Counselor Education and Supervision* and nominated for the 2015 Association for Counselor Education and Supervision (ACES) Outstanding Publication in Counselor Education and Supervision Award.

In her spare time, Gulsah enjoys spending time with family and friends, exploring new parts of the city and new restaurants, and binge-watching TV shows from Netflix and Amazon Prime Video.



## Welcome New Counseling Faculty, Dr. Jenn DelCorso!



Dr. Jennifer Del Corso, PhD, LPC joins Old Dominion University as a Lecturer in the Counseling department this Fall 2015. Dr. D has taught a wide variety graduate level counseling courses for the past five years at ODU & Walden University. Her area of expertise lies in the field of career counseling & transition, anxiety, grief, depression, and religious/spiritual integration into psychotherapy. Dr. D holds two masters degrees one in community counseling from the College of William and Mary and the other in pastoral studies from Loyola University. She received her doctorate in Counseling Education Supervision from Regent University, Virginia in May 2010 and currently works part-time at Peninsula Pastoral Counseling Center in Newport News, VA. In 2014, Dr. D received the National Outstanding Practitioner Award

from Chi Sigma Iota after having been nominated and awarded by the university chapter. Her awards include: the National Career Development Association (NCDA) Leadership Academy (2012-2013), the National Employment Counseling Association's (NECA) scholarship recipient to present on career adaptability at ACA, and the Mentor's Grant Awardee from NCDA for research on Sivickas' Career Construction Interview in 2010. She has published in the American Psychological Association's Handbook for Career Interventions, Journal of Individual Psychology, Journal of Career Assessment, Italian Journal Counseling Research/Application, Career Development Quarterly, and the Journal of Vocational Behavior. Dr. D currently serves on the Global Journal of Counselling and Guidance Editorial board and is an examiner for dissertations for the University of Pretoria in South Africa. She has authored study guides and book chapters in the fields of career counseling, work traumas, narrative therapy, and faculty-student ethical boundaries.

Dr. D has previously served as a pastoral counselor at Our Lady of Mt. Carmel church and has conducted numerous pre-marital workshops, parenting classes, and marriage retreats over the past 15 years. She served as a school counselor for children ages Pre-K through 8<sup>th</sup> grade and completed her doctoral internship with the Department of Juvenile Justice working with teenagers on probation. She has been married to her husband Joe for the past 15 years and has two children Kristin (age 13) and Alex (age 11). In her spare time, she teaches total body conditioning, runs, loves writing/reading, and playing Candy Crush.

## Counseling Program Shines at VSCA

By: Melanie Burgess, Masters Student

This year, the Virginia School Counselor Association Annual Conference was held in ODU's own backyard – Hampton, Virginia. I had the pleasure of attending and presenting, along with several graduate students and faculty members. I presented on Positive Behavioral Interventions and Supports with Dr. Emily Goodman-Scott and on anxiety disorders in children and adolescents in K-12 settings with Master's student, Emily Sims. In our anxiety disorder presentation, we were only expecting 30-40 attendees; however, over 110 school counselors attended, with many individuals sitting on the floor and standing in the back, since we ran out of chairs! I was flattered and excited that so many school counselors were eager to learn more about practical solutions and evidence-based practices to alleviate anxiety in their students.

VSCA also provided opportunities to network with professional school counselors, gain practical and useful knowledge from sessions, and listen to two engaging and empowering keynote speakers. Tara Brown provided a surprisingly comical and entertaining keynote on neurobiological research, in relation to stress, motivation, and gender differences. She gave school counselors practical applications of this research to the school environment. John Hodge gave a heartfelt and powerful talk on poverty, the achievement gap, barriers to success, and how school counselors can be the one positive influence that changes a child's life. I was fortunate that the VSCA Conference was held in such a convenient location, so I could attend and gain such relevant and influential knowledge.

Next fall, the VSCA Annual Conference will be held in Hampton again and I hope to have a strong ODU presence at this important event!



## Doctoral Student Experiences at ACES

By: Marina Kuzmina, Doctoral Student

In October 2015, I was honored to attend and present at the ACES biannual national conference in Philadelphia, PA. In addition to this being my first experience attending a national level professional conference, I believe it was also a significant and important step in my professional education and development. There are several highlights of my experience at ACES that I would like to share.

First, I enjoyed several networking opportunities during the conference and met other individuals passionate about cross-cultural and international counselor education. It has been highly rewarding for me to educate counselors in other parts of the world, and having an opportunity to share this experience to inspire other professionals was a great joy for me. As a result, I made professional connections with another Russian-speaking PhD student pursuing similar goals in my field, and we have been in communication in regard to future cross-cultural work since the conference.

Second, I gained a valuable insight into the reality of my profession. Majority of counselor education involves academic research, publication, presentation opportunities at conferences like ACES. Therefore, observing interactions of other individuals, having to be ready to present myself, and the intensity of having so many people in one place was an eye-opening experience for me. I am now more aware of the expectations and demands of the field that I am entering. As a result, I believe that attending and presenting at the ACES conference greatly contributed to my professional development.

Third, I released my passion of expanding the profession of counseling to other parts of the world. The presentation Davide Mariotti, Dr. McAuliffe, and I gave was entitled: Broaching International Boundaries: Italian, Russian and American Counselor Educators' Insights from their International Teaching Experiences. During the presentation, we explored our personal and professional experience with cross-cultural counselor education. In speaking with presentation participants later, I learned that they gained insights into specific strategies to use when engaging in counselor education overseas and were thankful for the insights we provided. Therefore, this presentation was a small, but at the same time, a significant step toward expanding the profession of counseling around the world.

**ODU was well represented at ACES, with over 49 students, faculty, and alumni making 60 presentations!**



Davide, Marina, and Dr. McAuliffe at ACES

## Faculty Accolades

### Publications

**Goodman-Scott, E., & Carlisle, R.** (2015). School counselors' roles in creating and implementing social stories to serve students with autism spectrum disorder. *Professional School Counseling*, 18(1), 158-168. doi: 10.5330/2156-759X-18.1.158

**Goodman-Scott, E., & Neukrug, E.** (2015). School counseling. In E. Neukrug (Ed.). *The world of the counselor* (5th ed., Chapter 16). Boston, MA: Cengage.

**Johnson, K.F., Haney, T., & Rutledge, C.** (2015). Educating counselors to practice interprofessionally through creative classroom experiences. *The Journal of Creativity in Mental Health*. <http://dx.doi.org/10.1080/15401383.2015.1044683>

**Moe, J., & Sparkman, N.** (2015). Assessing providers at LGBTQ-affirming agencies on their perceptions of training needs & barriers to service. *Journal of Gay & Lesbian Social Services*, 27(3), 350-370. DOI: 10.1080/10538720.2015.1051687

**Moe, J., Bacon, K., & Leggett, E.** (2015). School counselors as allies: The relationship between sexual orientation competence and LGBTQ responsive school counseling. *The Journal of Lesbian, Gay, Bisexual, & Transgender Issues in Counseling*, 9(2), 74-91. DOI: 10.1080/15538605.2015.1029206

**Neukrug, E.** (2016). *The word of the counselor* (5th ed.). Belmont, CA: Cengage Learning.

**Schwitzer, A., & Choate, L.** (2015). College women eating disorder diagnostic profile and *DSM-5*. *Journal of American College Health*, 63, 73-78.

**Schwitzer, A.M.** (2015, March/April). From zombies to frontal lobes: A reading list on and about your brain. *About Campus Magazine*, 20, (1), 25-31.

**Sparkman, N., Morgan-Gardner, I.** (Fall 2015). Examination of parenting dimensions and family conflict in Hispanic families: Implications for human service practice. *Journal of Human Service*, 35(1).

### Presentations

Upton, A., **Goodman-Scott, E., & Grothaus, T.** (2015, July). Culturally competent S.M.A.R.T. goals. American School Counselor Association Annual Conference, Phoenix, AZ.

**Krahwinkel, J.** (2015, October). *Implementing experiential activities in master's-level addictions courses: Face-to-face and online*. Association for Counselor Education and Supervision Conference (ACES), Philadelphia, PA.

**Krahwinkel, J.** (2015, October). *At the intersection of female and everything else: Perspectives for counselor educators*. Association for Counselor Education and Supervision Conference (ACES), Philadelphia, PA.

**Hoquee Johnson, K.F., Freeman, K., Rutledge, C., Fowler, C., Haney, T., Lemaster, M., and Kott, K.** (2015). Training counselors to work interprofessionally using creative classroom approaches. Association for Creativity in Counseling Conference, San Antonio, TX.

**Kemer, G.** Expert site supervisors' supervision thoughts. Poster presentation accepted to be presented at the Association for Counselor Education and Supervision Conference, Philadelphia, Pennsylvania, October 7-11, 2015.

**Winfield, C.** (October 2015). *Professional Certification as a Substance Abuse or Alcohol and Drug Counselor in Virginia*. Poster Session at the 2015 Annual Conference of the National Association for Addiction Professionals. Washington, D.C.

### Awards

**Dr. Dustin**, Recipient of the Darden College of Education's Service Award

**Dr. Kemer**, Selected as one of the 2015 Association for Counselor Education and Supervision (ACES) Emerging Scholars.

**Dr. Kemer**, Nominated for 2015 Association for Counselor Education and Supervision (ACES) Outstanding Publication in Counselor Education and Supervision Award for the manuscript titled as "Cognitions of Expert Supervisors in Academe: A Concept Mapping Approach."

**Neukrug, E.** Publications award. College of Education. Old Dominion University

**Dr. Sparkman-Key**, NOHS Lenora McNeer Award for Scholarship and Research

**Dr. Alan M. "Woody" Schwitzer** received the 2015 Research Award of the American College Counseling Association.

### Appointments

**Dr. Milliken**, Elected NOHS VP for Regional Development

**Dr. Moe**, President Elect of Virginia ALGBTIC

**Dr. Reh fuss**, Elected NOHS treasurer

(\*Due to the productivity of our faculty, this is a selection of this semester's accomplishments)



## Welcome New Doctoral Students!



**Jill Choudhury**, proud mother of two sons (6th grade & 4th grade), moved to Virginia from Atlanta, GA in 2009. Rec'd M.S.Ed in counseling, specializing in clinical mental health in May 2015 from ODU. Research interests include: improving intercultural dialogue and communication, increasing multicultural awareness, and developing/implementing intervention(s) to increase counselor competence and to improve clinical practice w/ diverse clients. In the future, would like to host international workshops, contribute to current literature and write books, and become a leader in the field of counseling.

**Cory Gerwe** was born and raised in Virginia Beach, VA. Cory graduated from Old Dominion University with a Bachelor's in psychology and his MEd in Mental health counseling. Upon graduation, he earned his National Counselor Certification. Cory immediately began his Counselor residency at Compass Youth and Family Service where he provided services to families and children as an intensive in-home therapist. Recently, Cory began his doctoral journey as a Graduate teaching assistant of which he teaches in the human service department and assist with the admissions coordination process. He is continuing his residency by offering his Counseling services at the Hampton roads Lesbian, Gay, Bisexual and Transgender (LGBT) center of Hampton Roads. Also, Cory is the vice president of Omega Delta, ODU's chapter of Chi Sigma Iota. Cory's research interest include queer theory based research focusing on intersectional aspects of diversity. He also, is interested in the infusion of diversity in counselor education, specifically in regard to the LGBT micro aggression's within the counseling relationship. Cory enjoys many different activities on his free time, including bicycling, dining adventures, live music, and volunteering. Most of all, he values the time he has to spend with his closest friends.





**Kriston Nixon.** I received my M.Ed. in Marriage and Family Counseling from The College of William and Mary in 2012. I graduated in 2009 from Virginia Commonwealth University with a B.S. in Psychology. I have worked in various mental health settings, including schools and camps for children with autism spectrum disorders, group homes, a correctional facility, and a crisis stabilization unit for children and teens. Currently, I work as a mental health counselor for a nonprofit agency that serves homeless families (ForKids). I am nearly finished with my residency for my LPC and excited to see what the future holds, employment-wise! My research interests include perinatal mental health, lgbt and women's issues and social justice issues.



**Vanessa N. O'Hare** is a first year Ph.D. student and Human Services Instructor in the Department of Counseling and Human Services at Old Dominion University. Vanessa received her Master of Arts in Counselor Education with an emphasis in couples, marriage, and family therapy and mental health counseling from the University of Central Florida (UCF). Vanessa's past work experience includes serving as a Clinical Counselor at Children's Home Society of Central Florida, providing in-home clinical and supportive counseling services to children and their families as well as a Family Services Counselor and Relationship Educator on a federally funded research grant, Project T.O.G.E.T.H.E.R., at the UCF Marriage and Family Research Institute. She is a Registered Marriage and Family Therapy Intern in the State of Florida and certified facilitator in PREP (Prevention Relationship Enhancement Program). Vanessa's research interests include relationship and family adjustment, particularly in parents of children diagnosed with special needs and has co-developed and validated the Family Adjustment Measure (FAM), an assessment for clinicians to assist in treatment planning with parents of children with special needs. Furthermore, she has presented her research at several international, national, and local conferences and published in nationally peer-reviewed journals.

## Welcome New Doctoral Students! (continued)

### Kendall Sparks, M.A., LPC, NCC

Kendall Sparks is a first year doctoral student in the Ph.D in Counseling Education and Supervision Program. She is a Licensed Professional Counselor and a National Certified Counselor. Kendall is specifically interested in couples and family research. Past research includes: Pre-Marital Cohabitation and its Effect on the Success of Marriage, and the Hope Focused Marriage Project, Regent University. Current research includes: Social Media and its influence on Women's Self-Concept Postpartum, Old Dominion University. She currently works at a local private practice where she sees a diverse population of individuals. Kendall resides in Chesapeake Virginia where she enjoys spending time with her husband and daughter.

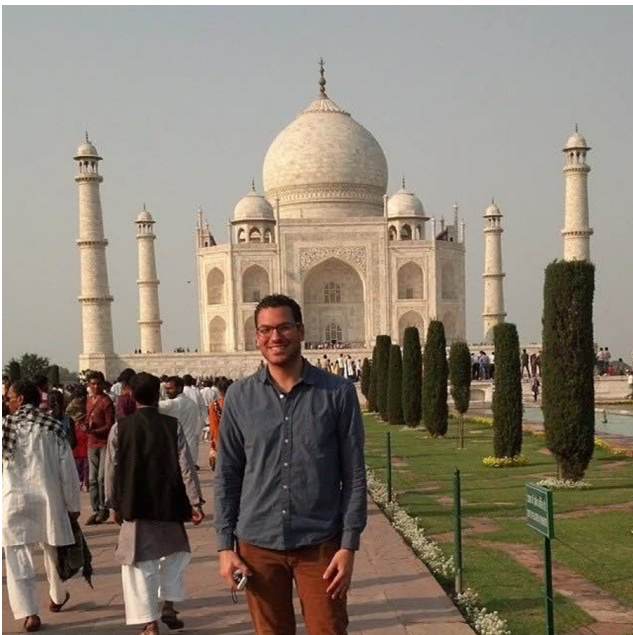


**Anthony Vajda** was born and raised in Allentown, Pennsylvania. He received his BA in Psychology at the University of Delaware where he also developed a love of international education by working for several years in the Institute for Global Studies. He had the opportunity to study abroad in Tunisia and twice in Brazil. After completing his BA, he moved to Philadelphia to pursue his master's degree in Clinical-Counseling Psychology at La Salle University. While a master's student, Anthony worked in the study abroad office as he did during his undergraduate career to continue to fulfill his love of travel and international education. For his clinical experiences, he worked in both a

community mental health system and a college counseling center. In the community mental health setting, Anthony provided outpatient, residential, and inpatient treatment focusing on mental health and addiction/substance-abuse issues. Anthony also co-facilitated a men's group and worked with Spanish-speaking clients. At Temple University, he provided individual counseling to undergraduate, graduate, and professional students, co-facilitated a group for students with ADHD, and piloted a group focusing on multicultural issues. In his last semester of the program, he traveled to India as a peer leader to facilitate process groups and to engage in a service-learning component at a mental health hospital in Delhi.

After completing his master's degree, Anthony worked in community mental health providing individual and family outpatient services in both English and Spanish to adults and children with chronic mental health issues. He also spent a short time in Brazil teaching at an American high school. His

research interests include intersectionality and identity, mental health of international students, and sociocultural issues in counseling. Anthony is an avid foodie, concert-goer, and traveler. Anywhere there's music and dancing, you'll find him there!



## A Message from the Graduate Program Director

By: Dr. Krahwinkel

Hi Counseling Students,

As some of you might know, I am currently serving the counseling department as the Graduate Program Director for the 2015-2016 academic year. Two main parts of my job are advocating for students and ensuring that all policies and procedures are followed. A few things you would consult with me about as GPD include: getting approval to take a course that has a prerequisite; any issues or concerns you have about the program; and to obtain signatures for required forms (mostly doctoral students). Any students who receive a C+ or lower are also required to meet with me to create a success plan. Also, I wanted to remind all students that they should only use their ODU email for all school related communications. I look forward to working with each and every one of you over the next year!

Sincerely,  
Dr. K

## A Game Plan for Off the Field: Dr. Del Corso blends Counseling and Sports

Dr. Del Corso

Three years ago Professor Jennifer Del Corso (Dr. D) began a pilot program for the full scholarship student athletes at ODU to address life skills and career development needs, particularly freshmen as they transfer into Conference USA Division 1 Athletics. Today, the program has grown in size with plans to expand it to all student athletes at targeted times throughout their college career. The program consists of summer workshops and courses in life skills (Fall) and career development (Spring) for freshmen athletes. Currently, there is one section exclusively for football; and one section for international athletes and full scholarship basketball players. The courses cover an array of topics: Orientation to services on campus, Study Skills, Life Skills for Life Success, Anger Management, Communication Skills, Time Management, Stress Management, Decision Making, Cultural Sensitivity and Diversity, Personal Branding, Social Media, Financial Literacy; Academic Integrity, Adjustment to College Life/College Sports, Drug & Alcohol Literacy, Self-Care/ Adaptive Coping Strategies; Choosing a Major and Life After Sports. Dr. D has utilized masters in counseling students for the past three years to provide interactive experiential group activities to the players. With the support of the NFL Players Association and the Hampton Roads Youth Foundation (which sponsors the Mike Tomlin Steelers Coach Football Camp), Dr. D brings in a variety of former collegiate and professional players, as well as professionals such as President Broderick, Lt. General Neller, Ted Alexander (“Voice of the Monarchs”) to encourage and speak to the student athletes. She’s appeared on several radio shows and was most recently featured on “Inside Monarch Nation” on ESPN Radio Sportscenter. Her desire is to continue to grow the program, seek out NCAA grant funding, and continue integrating counseling students (that are passionate about sports counseling) into her program.

Dr. Del Corso facilitates her course



## Clinical Coordinator's Updates

By: Dr. Krahwinkel

Students who are preparing for their practicum and internships should consult the newest Site Directory. Dr. K is continuously working to build relationships with new sites. If you are interested in a site that is not listed, you can seek approval by submitting required documentation; please contact Dr. K for more information. Please remember that practicum and internship requires background checks to be on file with ODU; this takes a minimum of 8 weeks and students will not be permitted to continue with placements if the results are not in by the first day of the semester. Please visit the TES website for step by step instructions: <https://www.odu.edu/success/academic/teacher-education/placement/background-checks#tab231=0>. Last but not least, all practicum and internship forms should be on the website soon! Happy Fall!  
Dr. K

## ODU's International Counseling Presence

Dr. McAuliffe

There was great craic (Irish word for fun) on Saturday October 17 in Dun Laoghaire ("Dun Leary") Ireland at the first annual national conference of the Irish Association for Counseling and Psychotherapy (IACP) where Garrett McAuliffe and doctoral student Davide Marriotti presented a session on Positive Counseling to an audience of Irish counselors. McAuliffe is working on a book on positive counseling and will present again on the topic at the ACA convention in Montreal in March. The audience was treated to positive strategies from reframing to strength-generating to gratitude exercises. Thus the positive energy of this approach crossed the Atlantic. Irish counselors were enthused about the possibility of incorporating these ideas into their practice.



**IACP Annual Conference 2015**  
Irish Association for Counselling and Psychotherapy

**STRENGTHENING THERAPEUTIC RELATIONSHIPS**  
Friday 16th and Saturday 17th October 2015  
Royal Marine Hotel, Dun Laoghaire, Co. Dublin

**Highlights**  
High Calibre Speakers - Multiple Breakout Sessions  
Gala Dinner & Entertainment - Awards Ceremony

Friday 16th October	Saturday 17th October
Prof Howard Kirschenbaum Dr Marcella Finnerty Dr John Sharry, Christine Louis De Cannonville, Heather Moore, Prof Mary Creaner, Harriet Parsons, Christine May, Maeve Lewis, Eoin Stephens, John Foster	Dr Cirecie West-Olatunji Prof Tim Bond Dr Eoin Galavan, Jamesina Rooney, Padraig O'Morain, Karen Ward, Anne Brennan, Margaret O'Reilly Carroll, Bernadette Ryan, Dr Dione Misfud, Prof Garrett J. McAuliffe & Davide Marriotti

**Information & Booking**  
[www.iacp.ie/conference](http://www.iacp.ie/conference)

**EDUCATION, INSPIRATION, NETWORKING & FUN!**  
\* Programme may be subject to change

## Student Accomplishments

### Publications

**Carlisle, K. L. & Carrington, C. (2015).** The social experience of Internet gamers: A pilot study. *VIS-TAS 2015*. Retrieved from <http://www.counseling.org/knowledge-center/vistas>

**Clark, M. (2015).** Considering intersectionality in multiculturalism. *School Psychology Forum*, 9(2), 96-100.

**Kalkbrenner, M.T. (2016).** Recognizing and supporting student with mental disorders: The RED FLAGS Model. *The Journal of Education and Training*, 3 (1), 1-13. doi:10.5296/jet.v3i1.8141

**Polychronopoulos, G. B. (2015).** Counselor Educator Round Table Series (C.E.R.T.S.) An infusion of the Socratic Method and Grand Rounds into continuing education for counseling professionals. *Virginia Counselors Journal*, 34, 54-58.

**Polychronopoulos, G. B. (2015).** Writing therapy. In E. Neukrug (Ed.), *The Sage Encyclopedia of Theory in Counseling and Psychotherapy* (pp. 1054-1056). Thousand Oaks, CA: Sage Publications, Inc.

### Presentations

**Clark, M. (October 2015).** *Using visual methods in qualitative research*. Association for Counselor Education and Supervision (ACES) INFORM Conference, Philadelphia, Pennsylvania.

**Griffith, S. M., & O'Hare, V. N. (2015, October).** Does race really matter? Examining pre and post relationship satisfaction between low-income Black and White couples following a relationship education intervention. *Presented at the 2015*

*Association for Counselor Education and Supervision national conference*. Philadelphia, PA.

**Kalkbrenner, M.T., McAuliffe, G., Carlisle, K., & Richards, T. (October, 2015).** *Using Dewey's theory of education to incorporate experiential learning activities in the social and cultural issues course*. Poster session at the Association for Counselor Education and Supervision (ACES) Annual Conference, Philadelphia, Pennsylvania.

Moe, J. & Sparkman, N., **Clark, M., & Gerwe, C. (October 2015).** *Queering research and scholarship*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, Pennsylvania.

**O'Hare, V & Griffith, S. M. (2015).** *The Family Adjustment Measure: A treatment planning tool for counselors and educators*. Presented at the 2015 Association for Counselor Education and Supervision conference in Philadelphia, PA

Shiflett, C., **Roberts, M.**, Rosal, M., Bardot, H., Alter-Muri, S., Mackey, L. (2015, July). Assessing Student Performance: Evaluation, Remediation, and Dismissal Policies in Art Therapy Education Panel Proposal accepted for the American Art Therapy Conference in Minneapolis, MN.

### Awards

**Madeline Clark**, AARC Donald Hood Doctoral Student Research Award.

**Madeline Clark**, ACES Emerging Leader.

**Grants and Funded Research**  
**Sandy-Ann Griffith and Mike**

**Kalkbrenner** were awarded the 2015 SACES research grant.

Deaver, S., Gitlin, S. & **Roberts, M. (2015).** *Women's Health: An Art Therapy and Infertility Research Study*. Graduate Art Therapy and Counseling Program, Eastern Virginia Medical School, Norfolk, Virginia. IRB Approval June 2015 Women's and Infant Health Grant Peer-reviewed. Awarded September 17, 2015 in the amount of \$9,397.33, Eastern Virginia Medical School, Norfolk, Virginia.

### Program Accomplishments:

**Passed Comps:** Caroline Bertolet, Jamie Bower, Chuck Carrington, Madeline Clark, & Davide Mariotti

**Proposal Defenses:** Jamie Bower, Madeline Clark, Gina Polychronopoulos, & Danny Holland

**Dissertation Defenses:** Amanda Brookshear, Brett Gleason, & Kee Pau

### Employment

Amanda Brookshear, Assistant Professor, Tarleton State University ; Rob Carlisle, Assistant Clinical Professor, Lamar University; Heather Dahl, Assistant Professor, University of Alaska-Fairbanks; Andrea Kirk-Jenkins, Assistant Professor, Western Kentucky University; Danny Holland, Assistant Professor Regent University; Gina Polychronopoulos, Research Associate, The Center for Educational Partnerships at Old Dominion University; & Kevin Snow, Assistant Professor Texas A&M Commerce.

## Human Services Program Creates Substance Abuse Track for Credentialing

By: Dr. Winfield

Beginning the 2015-2016 year, the Department of Counseling and Human Services has officially launched its substance abuse track which will allow eligible students to pursue Certified Substance Abuse Counselor (CSAC) or Certified Alcohol and Drug Counselor (CADC) credentialing. The implementation of this track is a great opportunity for human service majors and/or minors who will enter the helping field with an advantage over graduates from other institutions.

With the passing of the Affordable Care Act in 2010, substance abuse concerns will now become a Medicaid reimbursable diagnosis which means that credentialing in this area is a must for human service graduates who aim to work with this population.

In meeting the change of the helping field, Old Dominion University's human service program has aligned five courses in addition to internship with the Virginia Board of Counseling and Psychology's didactic requirements for CSAC credentialing. These courses include:

HMSV 341: Introduction to Human Services

HMSV 444: Psychoeducational Groups

HMSV 447: Introduction to Substance Abuse

HMSV 368: Field Observation

HMSV 452: Substance Abuse Treatment and Research.

For the CADC, the substance abuse track has been approved by the Virginia Certification Board with HMSV 491 Family Guidance added to the lineup.

A major highlight of this track is the addition of two new human service courses, HMSV 447 Introduction to Substance Abuse and HMSV 452: Substance Abuse Treatment and Research which are both required for the CSAC and CADC. Interested Human Service students have already begun to take the first of these new courses, HMSV 447 and had the following to say:

*"I am very glad that I took this course. I took it because I wanted to increase my knowledge of alcohol and drug addiction. Not only have I learned a great deal about the substance abuse field, but I also feel more equipped in practical knowledge of the human services profession. This class goes over documentation, supervision and assessment in a way that is relevant to all areas of human services. This combined with the experiential learning outside of the classroom has made this one of the classes that has most prepared me to go into human services."* –Bethany W.

*"I originally signed up for HMSV 447 because the subject interested me, but upon attending classes I have really come to enjoy the course as a whole. One of the main reasons I enjoyed this course is because it is the first course I have taken in the Human Services department that goes into depth about creating treatment plans. In-class discussions are geared toward possible goals and referrals for clients, which helped me feel more comfortable with treatment plans and a Human Services career in general. What initially started as another 3-credit course I needed to take to graduate, turned into a possible career direction I have begun considering."* – Jessica K. (continued on page 15)

(continued from page 14)

*“Participating in the 21 days of abstinence and community based support group projects was the perfect hands-on experience that you do not get in most regular classes. I found out what it is actually like to go through withdrawals from my chosen substance and got to experience the unbelievable joy that comes with making it the whole 21 days. Also, I had the opportunity to meet some wonderful people that completely changed the way I view individuals that struggle with addiction. The members of these NA and AA meetings were some of the most inspirational people I have met in my entire life and I will carry their stories with me for as long as I live.” –Aubrey H.*

*“I think anyone who takes this class will benefit. We learned about different drugs and what they do to your body physically and mentally. There is a wide range of knowledge a future practitioner in substance abuse treatment needs to learn. This class is a general introduction to substance abuse. It allows the student to realize if this is a field they would be interested in pursuing for a career.” –Sarah P.*

The Substance Abuse track is available both land based and online for human service majors or minors. The track will continue its launch throughout the 2015-2016 school year with HMSV 452 being offered both land based and online beginning the Spring 2016 semester.

Questions and inquiries regarding the track should be directed to the Human Service program’s, Substance Abuse Coordinator, Dr. Chaniece Winfield at [cwinfiel@odu.edu](mailto:cwinfiel@odu.edu).

## Human Services Association Update

By: Alex Early, HSA President

The Human Services Association (HSA) is one of the leading community service organizations on campus. Our motto is, “Be the change you wish to see in the world.” This semester we have volunteered with Ronald McDonald House and have co-sponsored Fear 2 Freedom with the Women’s Center, and The Power of PINK with SGA. Those are only a few highlights of the exciting semester we have had. As well, we had the opportunity to walk in the homecoming parade. Next semester we are planning to do fundraisers, a clothing sale, food drives, our annual Purple Passion Dinner, and of course Relay For Life. We still have a few more events left this semester, so come out and volunteer with us! If you would like to join or just want to volunteer and do community service with us please feel free to contact the President, Alex Early, at [aearl009@odu.edu](mailto:aearl009@odu.edu).



## Congratulations December 2015 HMSV Grads!

Amber Akers  
 Darunda Alexander  
 Ayanna Allen  
 Jonathon Armstrong  
 Samantha Bannorra  
 Grace Barnhill  
 Shannon Barry  
 Stacy Bierbauer  
 Sabrina Bigham  
 Janie Blankenship  
 Binta Boiro  
 Colin Brady  
 Kiersten Byerly  
 Britney Brandon  
 Jeanette Branham  
 Amanda Brown  
 Elisabeth Brumfield  
 Shanika Burton  
 Jessica Campbell  
 Brendan Cardaci  
 Gesina Charles  
 Betinnamarie Corpew  
 Stephanie Crook  
 Riley Curran  
 Catherine Dorchak  
 Michael Ellyson  
 Crystal Faison  
 Kimberly Ferley  
 Allyson Fulwider  
 Mary Garlock  
 Katrina Gray  
 Natasha Greely  
 Malaysia Griffin  
 Linda Guill  
 Elihu Hall  
 Melissa Hall  
 Kathy-Jo Hansen  
 Nancy Harper  
 Catherine Harris  
 Andrea Hegwood  
 Saria Holmes  
 Jennifer Hughes

Sherry Jeans  
 Jessica Jimenez  
 Ashley Johnson  
 Ebony Jones  
 Ezra Jones  
 Shaquontae Kellam  
 Selena Kurtz  
 Rachel Lane  
 Victoria Lemmon  
 Romey Lyles  
 Elizabeth Magee  
 Morgan Mahan  
 Shawn McAllister  
 Denise Merritt  
 Jobelle Messina  
 Monique Miles  
 Rosemary Murphy  
 Olivia Musselman  
 Rajesh Naoroji  
 Kristina Nelson  
 Roshonda Poole  
 Morgan Pribble

Jennifer Pyles  
 Ashley Rembold  
 Katherine Rogan  
 Chelsea Rowlands  
 Mary Saulman  
 Junae Saunders  
 Tracie Sawyer  
 Caitlyn Smith  
 Cori Smith  
 Tarran Steele  
 Heather Stephenson  
 Jeana Stockton  
 Kathryn Swan  
 Ashley Stuart  
 Marisol Villafranca-Smith  
 Candice Watson  
 Brigid White  
 Sara Wiley  
 Sarah Woodward  
 Billy Word Jr.  
 Nigel Tuft-Williams





## Congratulations December 2015 Counseling Grads!

### MSEd:

Heather Addison  
Robert Alexander  
Jamal Brown  
April Burrows  
Taylor Coghill  
Jasmine Dhillon  
Stacey Fernandes  
Kali Gaskill  
Taryn Grasty  
Caitlin Hardin

### Heather Lally

Rissan Major  
Krystin McAdams  
Tiffany McAndrews  
Mia Moore  
Kiah Mutter  
Kathryn Ramsey  
Natalia Rivera  
Catherine Williams  
Kari Young

### PhD:

Susan Lester



## “Bridges” Crisis Intervention Team opens in Chesapeake

By: Kurt Hooks, Doctoral Student

The “Bridges” Crisis Intervention Team (CIT) assessment center opened its doors to the community on October 1, 2015. Located at Chesapeake Regional Medical Center (CRMC), the center is open 24/7 and staffed by CIT certified law enforcement officers (LEOs) and crisis mental health clinicians. CIT programs are found in abundance throughout the U.S. and more recently in other countries. The CIT model typically involves a partnership between local law enforcement, community mental health, advocacy groups and an assessment center facility. CIT certification training for LEOs consists of a 40 hour curriculum that increases knowledge, skills and awareness related to encounters with community members experiencing various types of mental health challenges. It is a voluntary training but typically well attended. The overarching goal of the CIT program is to promote access, dignity and justice for individuals who are in danger of being criminalized due to a primary mental health problem. The assessment center serves as a safe harbor access point for evaluation for such individuals.

The Bridges CIT staffing costs are funded by a state CIT grant. As the Director of Behavioral Health Services for CRMC, I serve as the Bridges CIT project manager. I was challenged by a wide range of unfamiliar tasks including oversight of design and construction, developing the MOU between partners, ensuring legal compliance and working with the media. I was thrilled that the hospital leadership embraced the program from the get go as the CIT goals are well aligned with the mission and values of our unique medical facility.

CIT programs are strongly rooted in advocacy. As a counselor, advocacy is fundamental to my professional (and personal) identity. The ODU counseling Ph.D. program is effectively steeped in advocacy throughout many domains: Course content, mentorship, practical experience, supervision, and dissertation. I am thankful that the program nurtured this spirit of advocacy within me, and am privileged to be in a position to advocate alongside those whose struggles require more courage that I can comprehend. For those interested in gaining practical experience during your graduate internship, I encourage you to consider CRMC as a dynamic, inter-professional venue to work with a wide variety of clients.

One of the Bridges CIT Media Links: <http://hamptonroads.com/2015/10/new-chesapeake-crisis-center-give-responders-better-option-when-dealing-mentally-ill>

Chesapeake Regional Medical Center: <http://www.chesapeakeregional.com/>

## CSI Omega Delta Chapter Fall Update

By: Madeline Clark, CSI President

This fall has been an exciting and busy time for CSI Omega Delta. As chapter president I have had the pleasure of working with a dedicated board and attending multiple events sponsored by our chapter!

Our chapter has been active in our community. In September Omega Delta participated in the Out of the Darkness Suicide Awareness Walk at Mount Trashmore in Virginia Beach. This annual walk raises awareness of suicide and depression in our community and supports families who have been touched by this loss. Our chapter raised over \$200 for this cause.

Omega Delta has also been very active inside our program. This fall our professional development team helped prepare students for comps and the NCE with exam preparation materials. We also have given back to our chapter through professional development and academic excellence scholarships for masters and doctoral students. These scholarships have been made possible through fundraising efforts we have undertaken this semester, which have included Yankee Candle Sales, a Fun Team event through ODU Dining Services, and our on-going T-shirt sale.

CSI Omega Delta has also been having fun and promoting wellness throughout the fall semester. Early in the semester we hosted a department-wide fall meet and greet to get back into the swing of the semester. As is tradition, the chapter also participated in homecoming by tailgating before the football game; this event was well attended by chapter members (and quite a few dogs too). As the semester concludes we are also planning two events including an off-campus CSI sponsored happy hour and an end of semester potluck with our open board meeting. Please keep your eyes on your email for information about these events!

Our fall semester will conclude with the CSI Omega Delta biannual Evening of Achievement, honoring departmental fall graduates and fall chapter award winners. RSVPs for this event are due soon; please contact Cory Gerwe at [cgerw001@odu.edu](mailto:cgerw001@odu.edu) for more information or to RSVP.

None of the great work CSI Omega Delta does could be accomplished without the service of our amazing board and faculty advisors; I have been very fortunate to work with and be supported by so many hardworking and passionate counselors and counselors in training. If you are interested in additional leadership opportunities or joining a committee, please contact me or one of our board members,



listed below.

The CSI Omega Delta board for 2015-16:

President: Maddie Clark

President-elect: Cory Gerwe

Secretary/Treasurer: Jamie Bower

Membership chair: Sonia Ramrakhiani

Events co-chairs: Blair Owens & Harrison Davis

Awards co-chairs: Kiah Mutter & Vanity Lane

Fundraising chair: Karen Brown

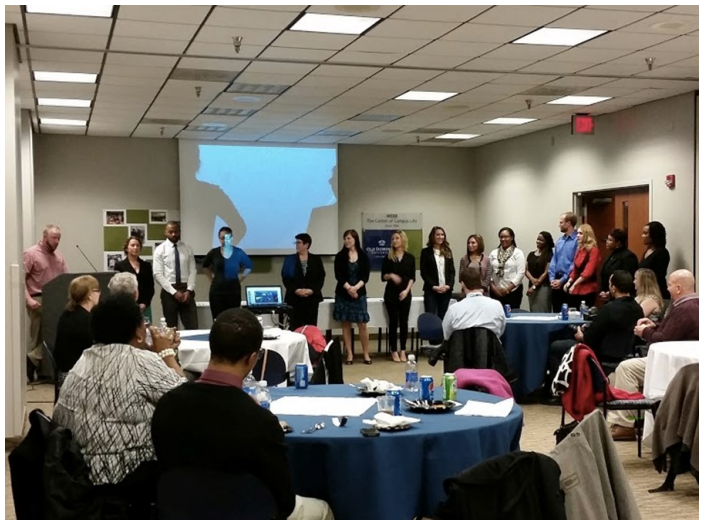
Professional development co-chairs: Amber Jolley & Melanie Burgess

Community engagement chair: Ashley Thompson

University Liaison: Kriston Nixon

Faculty co-advisors: Drs. Emily Goodman-Scott & Jeff Moe

I hope you will consider further engagement with CSI Omega Delta, either through membership, committee membership, or considering chapter leadership for 2016-17. We look forward to seeing you at our numerous spring events!



## Program Information and Upcoming Events

**December Graduation** Application due to the Office of the Registrar by **June 30th, 2015**.

<http://www.odu.edu/content/dam/odu/offices/university-registrar1/docs/gradappl.pdf>

Admissions applications deadline for the **Fall 2017** is **November 1st, 2015** for the PhD program and **March 1st, 2016** for **Summer and Fall** master's applicants.

For information on supervision, practicum, and internship contact the **clinical coordinator** at [clinicalcoord@odu.edu](mailto:clinicalcoord@odu.edu).

If you would like to contribute to the Spring Newsletter, please contact newsletter editors.

**Vanessa—[vohar001@odu.edu](mailto:vohar001@odu.edu)**  
for more information.

## Upcoming Conferences & Calls for Proposals

### Upcoming Conferences:

VACES, February 27th, Arlington, Virginia

ACA, March 31st-April 3rd, Montreal, Quebec, Canada.

ASCA, July 9th-12th, New Orleans, Louisiana.

NCDA, June 30th– July 2nd, Chicago, Illinois.

SACES, October 6th-8th, New Orleans, Louisiana.

IAMFC, 10th-12th March, New Orleans, Louisiana.

### Upcoming Proposal Due Dates:

ACA: March 2016

VCA: Summer 2016

SACES: Spring 2016

AADA: Spring 2016

AARC: Spring 2016



### Department of Counseling & Human Services

Department Chair: Dr. Tim Grothaus

Administrative Assistant: Saysha Lewis

Fiscal Technician: John Hickerson

**Visit our website!**

<https://www.odu.edu/chs>