

2020-2021 Old Dominion University Catalog
Bachelor of Science in Exercise Science - Preventive/Rehabilitative w/ VCCS Equivalencies

Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed.

** indicates not automatically waived with transferrable associates degree, C or better required for transfer. Courses in green are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees).*

| YEAR 1 - FRESHMAN (36 CREDITS) | | | | |
|---|---------------------------------|--|--------------------------------|-----------------------------|
| FALL SEMESTER (16 credits) | | SPRING SEMESTER (16 credits) | | SUMMER SEMESTER |
| General Education Courses: | VCCS Equivalencies: | General Education Courses: | VCCS Equivalencies: | |
| ENGL 110C | ENG 111* | Literature | Transfer Guide | BIOL 240 or 250 (4 credits) |
| MATH 102M, 103M or 162M | Transfer Guide* | Nature of Science: Biol 123N/124N (4 credits) | BIO 102* | BIO 141 or 231* at VCCS |
| Oral Communication | Transfer Guide | Interpreting the Past | Transfer Guide | |
| Human Behavior | Transfer Guide | Information Literacy & Research | Transfer Guide | |
| Nature of Science: Biol 121N/122N (4 credits) | BIO 101* | Major Course: | | |
| | | EXSC 225 | | |
| YEAR 2 - SOPHOMORE (30 CREDITS) | | | | |
| FALL SEMESTER (13 credits) | | SPRING SEMESTER (13 credits) | | SUMMER SEMESTER |
| General Education Courses: | VCCS Equivalencies: | General Education Courses: | VCCS Equivalencies: | |
| ENGL 211C, 221C or 231C | ENG 112, 210, 115, or 131* | CHEM 123N/124N (4 credits) | CHM 112* | BIOL 241 or 251 (4 credits) |
| CHEM 121N/122N (4 credits) | CHM 111* | Philosophy & Ethics | Transfer Guide | BIO 142 or 232* at VCCS |
| Minor or Elective or Language & Culture (May be waived; see catalog for details) | Transfer Guide | Language & Culture (May be waived; see catalog for details) | Transfer Guide | |
| Major Courses: | | Major Courses: | | |
| EXSC 250 | | EXSC 240 | | |
| | | Minor/Elective** | | |
| YEAR 3 - JUNIOR (27 CREDITS) | | | | |
| FALL SEMESTER (12 credits) | | SPRING SEMESTER (15 credits) | | SUMMER SEMESTER |
| <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> | <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> | |
| Human Creativity | Transfer Guide | PHYS 111N (4 credits) | PHY 111, 121 or 201* | |
| EXSC 322 | | EXSC 327 | | |
| EXSC 326 | | EXSC 415 | | |
| Minor or Upper Division General Education** | | EXSC 366 (1 credit) | | |
| | | Minor or Upper Division General Education** | | |
| YEAR 4 - SENIOR (27 CREDITS) | | | | |
| FALL SEMESTER (15 credits) | | SPRING SEMESTER (12 credits) | | SUMMER SEMESTER |
| <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> | <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> | |
| EXSC 428 | | EXSC 368 (12 credits) | | |
| EXSC 431W | | | | |
| EXSC 408 | | | | |
| EXSC 417 (4 credits-Satisfies Impact of Technology) | | | | |

**Consult catalog and advisor.

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C (2.0) or better, and completion of Senior Assessment.