

TURNING THE TIDE

ODU Office of
Counseling
Services

www.odu.edu/counseling-services

HEALING ART PROJECT

🕒 2 PM-4 PM Wednesdays Aug-Dec.

📍 Webb Center-visit Monarch Groups for room locations

Free to attend

OPEN ART STUDIO FOR STUDENTS AND FACULTY/STAFF

*Different dates for students and faculty/staff

VISIT MONARCH GROUPS FOR MORE INFORMATION



Guided by an art therapist, participants will engage in art making to visually express feelings related to community violence. *No prior art experience is necessary.*

Facilitator: Maria Edwards, LPC, ATR-BC

Professional Counselor ODU Office of Counseling Services. Partnered with EVMS Arts for Optimal Health.

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STUDENT OPEN STUDIO DATES

August 19th-Potomac York room
September 2nd-Potomac York room
October 7th-Norfolk room
November 4th-Potomac York room
December 2nd-Potomac York room

FACULTY/STAFF OPEN STUDIO DATES

August 26th-Potomac York room
September 16th-Potomac York room
October 21st-Potomac York room
November 18th-Cape Charles/Isle of Wight room
December 9th-Potomac York room

**REGISTRATION NOT
REQUIRED BUT
ENCOURAGED**



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