

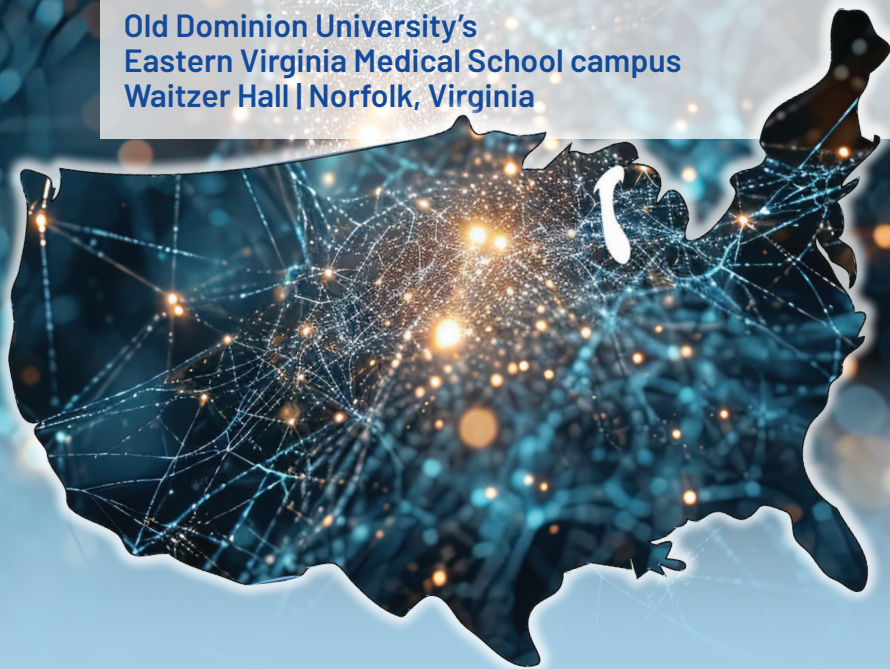
Movement METHOD

ACROSS SERVICE LINES,
ACROSS AMERICA

FRIDAY, SEPTEMBER 11, 2026
7:30AM – 4:45PM

Virtual and In-Person Options

Old Dominion University's
Eastern Virginia Medical School campus
Waitzer Hall | Norfolk, Virginia



PRESENTED BY



MACON & JOAN BROCK VIRGINIA HEALTH SCIENCES

Eastern Virginia Medical School

AT OLD DOMINION UNIVERSITY

IN ASSOCIATION WITH



Faculty

KEYNOTE SPEAKER

STEPHEN PETERS, PsyD, ABN Neuroscientist
Board Certified Clinical Neuropsychologist
Mancos, CO

COURSE DIRECTOR

MEGAN B. MCGAVERN, DO, MS, FACP
Riverside Medical Group
Executive Director/Founder
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GUEST FACULTY

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NeuroMovement Practitioner
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Method (RPM) Provider
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Author of *The Horse Boy*
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Seattle, WA

LEANA TANK, MSOTR
Constellations Training and Consulting
Grand Rapids, MI

MARK URANGA, MD
Pediatrician
St. Luke's Children's Pediatrics
Boise, ID



Information

CONFERENCE OVERVIEW

1 in 36 children have autism, with some estimates reporting an even higher prevalence. Over the years, the routine recommendations made by the physician have been Speech Therapy (ST), Occupational Therapy (OT), Applied Behavioral Analysis (ABA) and special education. Unfortunately, not all children respond/improve with these therapies. Previously, we presented a validated method called "Movement Method" which has helped 100s of thousands of autistic children worldwide academically, socially, physically and more. Our conference will demonstrate Movement Method across service lines, across America, showcasing practitioners in various states and service lines throughout the country. Our continued goal is to have "Movement Method" incorporated into daily practice recommendations made by pediatricians, developmentalists, neurologists and the like as an effective treatment modality for autism.

TARGET AUDIENCE

This conference is designed for pediatricians, family medicine physicians, neurologists, psychiatrists, psychologists, nurses, occupational therapists, speech therapists, art therapists, special education teachers, social workers, other interested allied health professionals, and anyone who wishes to improve care to patients and families diagnosed with Autism Spectrum Disorder (ASD).

CONTINUING MEDICAL EDUCATION CREDIT ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Macon & Joan Brock Virginia Health Sciences at Old Dominion University and Cole's Horse Autism Therapy Station and New Trails Learning System. Macon & Joan Brock Virginia Health Sciences at Old Dominion University is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Macon & Joan Brock Virginia Health Sciences at Old Dominion University designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



MACON & JOAN BROCK VIRGINIA HEALTH SCIENCES
EVMS

Continuing Medical Education
AT OLD DOMINION UNIVERSITY



Schedule

- 7:30am Registration/Light Breakfast/Visit Exhibitors
- 8:00am WELCOME/INTRODUCTION
Megan McGavern, DO, MS, FACP and Rupert Isaacson
- 8:15am **MOVEMENT METHOD: THROUGH THE LIFESPAN**
Joell Dunlap
- 9:30am **MOVING ABA FORWARD WITH COMPASSIONATE BEHAVIORAL STRATEGIES**
Stephen Forth, MEd, BCBA
- 10:15am **THE ADAPTIVE BRAIN: HARNESSING NEUROPLASTICITY IN CLINICAL CARE**
Keynote Speaker: Stephen Peters, PsyD, ABN
- 11:00am BREAK
- 11:15am **WHERE MOUNTAINS MEET MOMENTUM: TEN YEARS OF MOVEMENT METHOD**
Sheryl Barto
- 12:00pm Lunch
- 12:45pm **BASAL GANGLIA IRREGULARITIES IN AUTISM: ON MOVEMENT, COGNITION AND MORE**
Chantel Prat, PhD
- 1:30pm **UNDERSTANDING AUTISM – THROUGH LETTER BOARDS**
Helena Hjalmarsson, MA, LCSW, LP
- 2:15pm Break
- 2:30pm **MOVEMENT AND SAFETY: LOVING LITTLE MAMMALS**
Mark Uranga, MD
- 3:45pm **APPLICATIONS WITH ADULTS WITH SERIOUS MENTAL ILLNESS IN RESIDENTIAL BEHAVIORAL HEALTH**
Leana Tank, MSOTR
- 4:30pm CLOSING REMARKS
Megan McGavern, DO, MS, FACP
- 4:45pm ADJOURN
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Learning OBJECTIVES

- Identify ways in which current neuroscience findings can be translated into practical strategies to enhance clinical care and patient outcomes.
- Differentiate the Movement Method's approach from traditional patient education or therapeutic models.
- Assess opportunities to integrate Movement Method techniques into multidisciplinary care or community health initiatives.
- Relate cognitive and motor symptoms in autism spectrum disorder to basal ganglia functioning.
- Recognize that compassionate, movement- and beauty-based interventions are not just more durable, they are more cost effective.
- Implement letter board spelling as a tool to help individuals on the spectrum integrate their sensory systems, slow down impulses and express learning, reasoning, understanding and thoughts.

REGISTRATION

REGISTRATION FEES *(Please check one)*

In-person registration includes continental breakfast and lunch.

- ☐ Physicians: \$185.00 (in-person or virtual)
- ☐ Other Professionals: \$95.00 (in-person or virtual)
- ☐ Medical Students: \$35.00 (in-person or virtual)
- ☐ Parent/Caregiver of child(ren) with Autism: \$25 (in-person)
- ☐ Parent/Caregiver of child(ren) with Autism: \$FREE (virtual)
- ☐ Persons with Autism: \$25 (in-person)
- ☐ Persons with Autism: \$FREE (virtual)

CANCELLATION POLICY

Cancellations must be received by 5pm Eastern on Friday, August 28, 2026, to receive a refund; however, a 25% administrative fee will be retained on all cancellations. Refunds will not be given for cancellations received after this date or for no shows. Cancellations must be submitted in writing and may be emailed to CME@odu.edu.

REGISTER ONLINE:

Register online at [Movement Method Conference](#) or use the QR code

