

EVMS Emergency Medicine Quarterly Update

January – February – March 2026

Message from the Chair: Barry J. Knapp, M.D.

It continues to be an exciting time for EVMS @ ODU Emergency Medicine, and I am pleased to share several highlights from across our department.

First, we are thrilled to welcome our newly matched residents to the EVMS @ ODU Emergency Medicine family! Each year, we are fortunate to attract outstanding future emergency physicians, and we look forward to supporting their growth as they begin their training with us this summer.

I would also like to congratulate our residents on their impressive victory at the VACEP Emergency Medicine Jeopardy competition, where they competed against residency programs from across Virginia. Their teamwork, knowledge, and professionalism were on full display, and we are incredibly proud of their achievement.

Finally, please join me in congratulating Dr. Kean Feyzeau, who was recently named the 2026 recipient of the EVMS @ ODU Sir William Osler Award for Outstanding Physician, an honor awarded by graduating medical students in recognition of excellence in teaching. This well-deserved recognition reflects Dr. Feyzeau's unwavering commitment to education and her meaningful impact on learners at every level.

Thank you for your continued dedication to our department and to the communities we serve. I look forward to sharing more of our successes in the months ahead.

Warm regards, Barry

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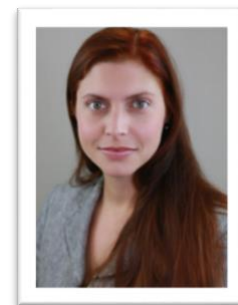
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(From left to right) Nevin Adamski, MD, Christopher Rice, MD, and Jonathan Stansbie, MD got the "W" at this year's annual VACEP Resident Jeopardy! It was the first win since 2020.



Kean Feyzeau, MD



Welcome to our EVMS EM Class of 2029!

Special Achievements

Emmagene Worley, MD, Assistant Professor of Emergency Medicine, was accepted to the **CORD Residency Administration Fellowship!**

Bruce Lo, MD, Professor of Emergency Medicine, was appointed to the **American College of Radiology Committee on Appropriateness criteria for Acute Trauma to the Knee.**

Bruce Lo, MD, was named a [Top 50 Reviewer for Annals of Emergency Medicine for 2025!](#)

Joshua Lesko, MD, Assistant Professor of Emergency Medicine, was selected to join the **Executive Committee of the Admissions Committee** for **Eastern Virginia Medical School.**

Joshua Lesko, MD joined the 25x5 Task Force for the **American Medical Informatics Association.** The **25x5 Task Force** is focused on reducing documentation burden by **25%** within **five years.**

Joshua Lesko, MD, gave testimony in February 2026 before the **Virginia Senate Committee on Commerce and Labor** requesting an exception for healthcare workers from non-compete laws, which passed out of committee unanimously (see below)!



Joshua Lesko, MD, at the Virginia Senate Committee on Commerce and Labor.

The Ultrasound Fellowship Faculty is pleased to announce that **Dr. Matthew Panicker, DO**, EVMS EM Ultrasound Fellow, has successfully completed the **Critical Care Echocardiography Exam (CCEeXAM)**! This accomplishment positions him among a select group of highly specialized point-of-care echocardiography specialists.

Publications

1. **Lo BM, Shoemaker M, Potter K, Schaffer K.** [A Painful Diffuse Rash](#). J Am Coll Emerg Physicians Open. 2025 Dec 4;7(1):100290. PMID: 41446428
2. Hatten BW, Bonney C, Wall SP, **Lo BM**, et al. American College of Emergency Physicians Clinical Policies Subcommittee on Cannabis Consumption; [Clinical Policy: Critical Issues Related to Harms of Cannabis Exposure in Adult Patients Presenting to the Emergency Department, Cardiovascular Considerations](#): Approved by ACEP Board of Directors September 4, 2025. Ann Emerg Med. 2026 Jan;87(1):e1-e9. PMID: 41421829.
3. **Christensen M, Klinkhammer M.** [EBM Review Series: Are they shocky?](#) VACEP Evidence-Based Medicine for General Emergency Physicians Series.
4. **Klinkhammer M, Kaur N**, Wyant J. [Acute Urinary Retention and Guillain-Barré Syndrome: A Zebra or a Horse](#). JACEP Open, Volume 7, Issue 2, 2026.

5. **Pierce E, Cipi A, Dray R.** *May-Thurner Syndrome as a Cause of Phlegmasia Cerulea Dolens.* Eastern Virginia Medical Journal. 2026; 2(1). doi: 10.25884/kqp9-q618.
6. **Knapp B, Knapp J, Lily Kauffman L, Kulbeth H, Feyzeau K.** *Not All Who Stagger Are Drunk: Ocular and Gait Abnormalities in a Young Adult.* JACEP Open, Volume 7, Issue 2, 2026.
7. **Lo BM, Christensen MK, Byrns CE, Chidester B.** *Acute Aortic Dissection Masquerading as Testicular Torsion: A Case Report.* Clin Pract Cases Emerg Med. 2026 Feb;10(1):55-58. PMID: 41666879.
8. Martins JG, Saad A, Saade G, **Jones M**, Pacheco LD. *Point-of-Care Ultrasound in the Evaluation of Systolic Heart Failure During Pregnancy and Postpartum.* Am J Perinatol. 2026 Mar 17. doi: 10.1055/a-2820-3207. Epub ahead of print. PMID: 41760135.



Faculty, residents, and coordinators at the Emergency Medicine Council of Residency Directors (CORD) meeting in Orlando (4/26).

Scholarly Activities and Speaking Engagements

1. In January 2026, **Katherine Schaffer, MD**, lectured during the **Emergency Medicine M3 Clerkship on Trauma-Informed Care** at Eastern Virginia Medical School in Norfolk, VA.
2. On January 8, 2026, **Barry Knapp, MD**, the Chidester Endowed Chair of Emergency Medicine, gave the following didactics as part of the **American Board of Emergency Medicine Residency Visitation Program**, "Too Much Salt... A Root Cause Analysis".

3. On January 8, 2026, **Barry Knapp, MD**, the Chidester Endowed Chair of Emergency Medicine, gave the following didactics as part of the **American Board of Emergency Medicine Residency Visitation Program**, "The New ABEM Certifying Exam" at Allegheny General Hospital, Pittsburgh, PA.
4. In January 2026, **Katherine Schaffer, MD**, Global EM Fellow, **Shirley Prete, MD**, Global EM Fellowship Program Director and Assistant Professor of Emergency Medicine, and **Gavin Rogers, MD**, Assistant Professor in Emergency Medicine gave a lecture to the **Philippines General Hospital Emergency Medicine Residency** on Basics of Ultrasound in Manila, Philippines.
5. In February 2026, **Katherine Schaffer, MD**, lectured during the **Emergency Medicine M3 Clerkship on Trauma-Informed Care** at Eastern Virginia Medical School in Norfolk, VA.
6. From February 4 – 9, 2026, **Barry Knapp, MD**, attended the **ABEM Board of Directors** Winter meeting in Naples, FL.
7. On February 5, 2026, **Bruce Lo, MD**, was interviewed and quoted in the **Medscape** article titled, "[Emergency Rooms are Overflowing, And It's Affecting Care](#)".
8. On February 18, 2026, **Barry Knapp, MD**, presented "Your Pathway to ABEM Board Certification- A Pathway for Residents" to **Brown University Emergency Medicine** in Providence, RI.
9. On February 19, 2026, **Joe Lang, MD**, Associate Professor of Emergency Medicine, gave the lecture "Hi's and Low's - Altitude and Dive Injuries" at the **Virginia Fire Chief Regional Conference**.
10. In February 2026, **Katherine Schaffer, MD**, Global EM Fellow, **Shirley Prete, MD**, Global EM Fellowship Program Director and Assistant Professor of Emergency Medicine, and **Gavin Rogers, MD**, Assistant Professor in Emergency Medicine gave a lecture to the **Philippines General Hospital Emergency Medicine Residency** on Basic Cardiac Ultrasound in Manila, Philippines.
11. On February 21, 2026, the EUS Fellowship organized a point-of-care ultrasound course titled, "[Echo PLAX Master Class](#)" for the **Virginia Conference of Emergency Physicians (VACEP) Annual Conference** in Hot Springs, VA. The curriculum focused on limited echocardiography and was presented by the following faculty and residents:
 - **Matt Jones, MD**, Assistant Professor, Lead
 - **Kean Feyzeau, MD**, Assistant Professor
 - **Kaitlynn Butler, MD**, Instructor
 - **Megyn Christensen, DO**, EVMS EM PGY-3
 - **Jon Stansbie, MD**, EVMS EM PGY-2

- **Chris Rice, MD**, EVMS EM PGY-3
12. During the **VACEP Annual Conference** in February 2026, **Katherine Schaffer, MD**, and **Megan Duggins, MD**, EVMS EM PGY-2 presented, "Human Trafficking in Healthcare" in Hot Springs, VA.
 13. **Emmagene Worley, MD**, presented "Nightmares From the ED: Necrotizing Soft Tissue Infections" in Hot Springs, VA.
 14. During the **VACEP Annual Conference** in February 2026, **Megyn Christensen, DO** presented, "**Are They Shocky?**" in Hot Springs, VA.
 15. During the **VACEP Annual Conference** in February 2026, **Navjot Kaur, DO**, EVMS EM PGY-3, presented "**Pigtail Chest Tubes**" in Hot Springs, VA.
 16. On February 24, 2026, **Bruce Lo, MD**, gave the lecture titled, "Trauma in the Older Adult".
 17. On February 24, 2026, **Bruce Lo, MD**, gave the lecture titled, "Trauma in the Pregnant Patient".
 18. **Martin Klinkhammer, MD**, Associate Professor, and **Megyn Christensen, DO**, served as reviewers for the following article published on Virginia ACEP's website titled, "[EBM Review Series: Ketamine vs Etomidate for rapid sequence intubation \(RSI\)](#)".
 19. In March 2026, **Katherine Schaffer, MD**, and **Shirley Prete, MD**, gave a lecture to the **Philippines General Hospital Emergency Medicine Residency** on Basic Thoracic Ultrasound in Manila, Philippines.
 20. March 8 -12, 2026 **Roland Roberson, MD**, Assistant Professor of Emergency Medicine, participated as a Certifying Exam Examiner for the American Board of Emergency Medicine's first Certifying Exam while **Barry Knapp, MD**, served as the Prioritization Team Leader.
 21. On March 13, 2026, **Joshua Lesko, MD**, represented Emergency Medicine as part of the [AMA's AI Specialty Collaborative](#), where he collaborated in creating a guide on evaluating AI tools.
 22. March 15-18, 2026, **Barry Knapp, MD**, attended the annual Association of Academic Chairs in Emergency Medicine in Maui, HI.
 23. On March 17, 2026, **Bruce Lo, MD**, gave a talk with Newsweek Webinar titled, "[Leveraging Technology to Solve the ED Capacity Crisis](#)".
 24. On March 18, 2026, **JD Landon, MD**, gave a lecture and hands on skills lab "The Surgical Airway" at the **Government Services ACEP (GSACEP) Conference**.
 25. On March 24, 2026, **Katherine Schaffer, MD**, lectured on **Introduction to Third Year Clerkships Trauma-Informed Care** at Eastern Virginia Medical School in Norfolk, VA.

26. On March 25, 2026, **Katherine Schaffer, MD**, lectured on **Introduction to Third Year Clerkships Trauma-Informed Care** at Eastern Virginia Medical School in Norfolk, VA.
27. On March 26, 2026, **Katherine Schaffer, MD**, lectured on **Introduction to Third Year Clerkships Trauma-Informed Care** at Eastern Virginia Medical School in Norfolk, VA.



Team EM during VACEP and CORD 2026

Presentations

1. EVMS M4s **Alex Dornstauder**, and **Joshua Edwards**; **Anya Cipi MD**, and **JD Landon, MD**, Assistant Professor of Emergency Medicine; and EVMS EM PGY-2s **Mitch Vallone, DO** and **Konnar Ansell, MD**, presented their poster on "USMLE Step 2 Clinical Knowledge as a Predictor of Emergency Medicine In-Training Examination Performance: A Single-Institution, Ten-Year Retrospective Cohort Study" at **VACEP** Hot Springs, VA.
2. **Alex Dornstauder**, and **Lily Kauffman**; EVMS EM PGY-2s **Mitchell Vallone, DO**, and **Megan Duggins, MD**; and **Matt Jones, MD**, and **Barry Knapp, MD**, presented "Positive FAST - Not so FAST, A Case Study" at **VACEP** Hot Springs, VA.
3. **Jacob Knapp, MD**, EVMS M2, **Lily Kauffman**, **Hanna Kulbeth, MD**, Education EM Fellow, and **Kean Feyzeau, MD**, Assistant Professor of Emergency Medicine, and **Barry Knapp, MD**, presented "Not All Who Stagger Are Drunk: Ocular and Gait Abnormalities in a Young Adult".
4. EVMS M4 **Mackenzie Peeke**, **JD Landon, MD**, **Don Byars, MD**, Professor of Emergency Medicine, **Joe Lang, MD**, and **Barry Knapp, MD**, presented "Racial, Age, & Gender Disparities in the Prehospital Treatment of Pain".
5. **Alex Dornstauder**, **Kean Feyzeau, MD**, **Kaitlynn Butler, MD**, and **Jonathan Stansbie, MD**, EVMS EM PGY-2 presented, "Correlation Between Optic Disc Elevation on Ocular Ultrasound and Diagnosis of Elevated Intracranial Pressure and Papilledema".

Accepted Abstracts

6. **Ben Blackwood, MD**, Assistant Professor of Emergency Medicine; **Anya Cipi, MD**, Associate Program Director of Emergency Medicine; and **Konnar Ansell, MD**, EVMS EM PGY-2, had their poster accepted on "Difficult Conversations Made Teachable: Building Resident Confidence in Delivering Bad News". They will represent the program at **CORD Academic Assembly 2026** in Orlando, FL.
7. **Bruce Lo, MD**, had his abstract accepted to the **Society of Academic Emergency Medicine (SAEM)** in May 2026 titled, "Associations Between ABEM Exam Pass Rates and Residency Program Characteristics and Hospital/Physician Group Ownership Type (2021-2023)".

Upcoming Events

COMMUNITY FOCUS. WORLD IMPACT

- **SonoGames 2026: January 29, 2026**
- **VACEP 2026: February 20-22, 2026, in Hot Springs, VA**
- **Journal Club: March 30, 2026, at 6:30 pm – Location TBD**
- **Faculty Retreat: April 22, 2026**
- **Resident Retreat: April 23-25, 2026**
- **CORD 2026: March 26-29, 2026, in Orlando, FL**
- **Research Day: May 28, 2026, with guest speaker Dr. Tiffany Murano**
- **10th World Conference on Ultrasound in Medical Education: October 22-25, 2026**



Team EM at VACEP 2026!