

**MACON & JOAN BROCK  
VIRGINIA HEALTH SCIENCES AT OLD DOMINION UNIVERSITY  
BOARD OF DIRECTORS MEETING**

**April 23, 2026**

**Board Room of the Kate and John R. Broderick Dining Commons on the Norfolk Campus**

**BOARD MEMBERS PRESENT**

Bruce Waldholtz, Chair  
Robert Bianchi  
Tim Faulkner  
Mark Fleming  
Hon. Daun Hester  
W. Ashton Lewis, Sr.  
Murry Pitts  
Hon. Blythe Scott  
Brian Hemphill, President, ex officio  
Alfred Abuhamad, Executive Vice President, ex officio

**BOARD MEMBERS ABSENT**

G. Robert Aston  
Bruce Bradley, Vice Chair  
Rob Broermann  
Ted Chambers  
George Faatz  
Hon. S. Chris Jones  
Keith Newby, Sr.

**OTHERS PRESENT**

Sylvia Ameen  
Alonzo Brandon  
Kaitlyn Bryant  
Tammy Chrisman  
Kirk Dewyea  
Ken Fridley  
Annie Gibson  
Adam Henken  
Brandi Hephner LaBanc  
Helen Heselius  
Stephanie Jennelle  
LaToya Jordan  
Mary Jo Karlis

Judette Louis, MD  
Tom Odom  
Kimberly Osborne  
Brian Payne, PhD  
Stacy Purcell, Esq.  
Chad Reed  
Kate Rhodes  
Nina Rodriguez Gonser  
September Sanderlin  
Ashley Schumaker  
Heidi Smith  
Bonnie Van Lunen  
Allen Wilson, Esq.

**CALL TO ORDER**

Dr. Bruce Waldholtz, Chair, called the meeting to order at 10:06 a.m. and noted a quorum was present.

**APPROVAL OF MINUTES**

Upon a motion made and seconded, the Board unanimously approved the Macon & Joan Brock Virginia Health Sciences Board of Directors minutes from the meeting held on December 11, 2025.

### **REPORT OF THE EXECUTIVE VICE PRESIDENT**

Dr. Alfred Abuhamad, Executive Vice President for Health Sciences, updated the Board of Directors on various administrative matters of Macon & Joan Brock Virginia Health Sciences at Old Dominion University, including accreditation updates for the Joint School of Public Health, School of Health Professions, Ellmer School of Nursing, and the School of Medicine. Further, he detailed planned growth and expansion projects for various schools and clinical practices, as well as initiatives funded by the Sentara Transitional Support Agreement.

Match day was successful, with a 96% match rate; 27% of those graduates are staying in Virginia. Dr. Abuhamad highlighted the progress of the Joan P. Brock Institute for Nutrition Science and Health and the recognition the Institute is receiving nationally and within the lifestyle medicine field.

Dr. Abuhamad presented recommendations for salaried, non-salaried, and emeriti faculty appointments for Board approval. Additionally, he nominated Dr. Brooke Hooper for the Charles M. Mansbach, II, MD, Chair of Education in Nutrition Science.

**RESOLVED**, that upon a motion duly made and seconded, the Board unanimously approved the recommended faculty appointments, emeriti appointments, and academic honor, as presented.

### **REPORT OF SENIOR LEADERSHIP**

Dr. Bonnie Van Lunen, Dean of the Ellmer College of Health Sciences, provided an overview of the Schools within the College before detailing the College's accreditation, enrollment, and program updates. The College continues to increase the number of external grant submissions, with Healthy Aging, Clinical Education, and Innovative Practices leading the areas of research with the most proposals. The HEROES Initiative, which is focused on enhancing health for those who protect and serve, also submitted several proposals.

### **REPORT OF THE FINANCE SUBCOMMITTEE**

Rear Admiral Robert Bianchi summarized the meeting of the Finance Subcommittee and our financial performance through December 31, 2025. The E&G net excess compared to budget is a favorable variance of \$1.7 million and is expected to be closer to budget by year's end.

Rear Admiral Bianchi presented the proposed Fiscal Year 2026 Budget Adjustments and proposed Fiscal Year 2027 Tuition and Fee changes.

**RESOLVED**, that upon a motion duly made and seconded, the Board unanimously approved the Fiscal Year 26 Budget Adjustment and Fiscal Year 27 Tuition and Fee Rate increase to be

incorporated into the comprehensive Old Dominion University budget adjustment presented to the Administrative and Finance Committee and Board of Visitors for final approval.

Mr. Po Chou, CEO of Virginia Health Sciences EVMS Medical Group at Old Dominion University, provided a report on the Medical Group and stressed its continuous improvement in operations and billing and collections. They expect to see improved results and be closer to the budget by year-end.

**ADJOURNMENT**

There being no further business, the meeting adjourned at 11:01 a.m.

Heidi Smith  
Recording Secretary  
Board of Directors  
Macon & Joan Brock Virginia Health Sciences at Old Dominion University