

**ODU DC Internship Program**  
**Office of Government Relations**

**Summer 2026 Congressional Internships in Washington, D.C.**

This application is for students who have already secured a Summer 2026 internship with a Member of the U.S. House of Representatives or U.S. Senate within the **Virginia** Congressional Delegation. Eligible internships must take place in the Member's Washington, D.C. office.

**Purpose**

Selected applicants will receive financial support for summer 2026, including:

- Housing assistance in Washington, D.C.
- A stipend to help cover living expenses.

**Eligibility Requirements**

- Must be an undergraduate or graduate student currently enrolled at Old Dominion University (ODU); and
- Must have secured a qualifying congressional internship in Washington, D.C.

**Application Instructions**

Please submit:

- This completed application; and
- A copy of your internship offer letter or email.

Send materials to: [governmentrelations@odu.edu](mailto:governmentrelations@odu.edu)

Deadline: April 20, 2026

Save your application file: LAST NAME\_DC Summer 2026

Selected applicants will be contacted to schedule an interview.

**Applicant Information**

- Legal Name (First, Last)
- Preferred Name (First, Last)
- UIN
- Major
- ODU Email Address

- Overall GPA
- Anticipated Graduation (Month/Year)
- Is this your first internship? (Yes/No)

**Internship Information**

- Member of Congress (Name)
- District/State
- Internship Supervisor Name
- Supervisor Title
- Supervisor Email
- Supervisor Phone Number
- Internship Start and End Dates

**Short Essay (250–300 words)**

Share how you secured this internship and why you're excited about the opportunity. What do you hope to learn, and how do you think this experience will connect to your classes, skills, and future career plans?