

## 2025-2026 Old Dominion University Catalog

### Bachelor of Science in Health Sciences: Recreational Therapy w/VCCS Equivalencies

Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed. \* indicates not automatically waived with transferrable associates degree, C or better required for transfer. Courses in green are met by the completion of an Associate degree (Not eligible for Applied Associate degrees). AS in Health Science or Science recommended for ease of transfer.

#### YEAR 1 - FRESHMAN (29 CREDITS)

##### FALL SEMESTER (16 credits)

<u>General Education Coursework:</u>	<u>VCCS Equivalency:</u>
*ENGL 110C: English Composition	ENG 111
*STAT 130M: Elementary Statistics	MTH 146, 155, 157, 240, 241, 242, or 245
Human Creativity	<a href="#">Transfer Equivalency Guide</a>
The Nature of Science I	<a href="#">Transfer Equivalency Guide</a>
Elective or Language & Culture (May be waived; see catalog for details)	<a href="#">Transfer Equivalency Guide</a>

##### SPRING SEMESTER (16 credits)

<u>General Education Coursework:</u>	<u>VCCS Equivalency:</u>
*ENGL 211C: English Composition II	<a href="#">Transfer Equivalency Guide</a>
Information Literacy and Research	HIM 130 preferred
Interpreting the Past	<a href="#">Transfer Equivalency Guide</a>
The Nature of Science II	<a href="#">Transfer Equivalency Guide</a>
Elective or Language & Culture (May be waived; see catalog for details)	<a href="#">Transfer Equivalency Guide</a>

#### YEAR 2 - SOPHOMORE (26-32 CREDITS)

##### FALL SEMESTER (13-16 credits)

<u>General Education Coursework:</u>	<u>VCCS Equivalency:</u>
*PSYC 201S	PSY 200 or 201*
*BIOL 240 or 250	BIO 141
*Medical Terminology	HLT 143 + 144
Literature	<a href="#">Transfer Equivalency Guide</a>
Language and Culture I (May be waived, see catalog for details) or Elective	<a href="#">Transfer Equivalency Guide</a>

##### SPRING SEMESTER (13-16 credits)

<u>General Education Coursework:</u>	<u>VCCS Equivalency:</u>
*PSYC 203S	PSY 230, 231, 232, 235 or 238, EDU 207*
*BIOL 241 or 251	BIO 142
*Medical Terminology	HLT 143 + 144
Philosophy and Ethics	PHI 220 preferred
Language and Culture I (May be waived, see catalog for details) or Elective	<a href="#">Transfer Equivalency Guide</a>

#### YEAR 3 - JUNIOR (30 CREDITS)

##### FALL SEMESTER (15 credits)

<u>Departmental Requirement:</u>	<u>No VCCS Equivalency:</u>
261: Foundations of Recreational Therapy Practice	**RT 290: Professional Preparation in Recreational Therapy
*HLSC 390 The U.S. Healthcare Delivery System	**RT 210: Leisure, Health, and Wellness
*HLSC 320: Health Equity and Disability Culture	**RT 430: Assessment, Documentatino, and Evaluation in RT
**HMSV 339: Interpersonal Relations	**RT 450: Diagnostic Groups in RT
*PSYC 405: Psychopathology	

##### SPRING SEMESTER (15 credits)

No VCCS Equivalency:

##### SUMMER SEMESTER ( 9 credits)

\*\*RT 368: Junior Internship (Required Major Elective)  
 \*\* PSYC 353 (Required Major Elective)  
 Upper Division/Option D (300/400 level outside COHS)

#### YEAR 4 - SENIOR (28 CREDITS)

##### FALL SEMESTER (14-17 credits)

<u>Departmental Requirement:</u>	<u>No VCCS Equivalency:</u>
**RT 366: Internship Preparation	
0: Intervention Techniques in Recreational Therapy	
3: Recreational Therapy Program Design and Implementation	
4: Evidence-Based Practice and Trends in Recreational Therapy	
**HLSC 485: Health Informatics	
Upper Division/Option D (300/400 level outside COHS)	

##### SPRING SEMESTER (12 credits)

<u>Departmental Requirement:</u>	<u>No VCCS Equivalency:</u>
*RT 468: Internship	

**NOTE:** Option D satisfies the Upper Division General Education requirement by completing six (6) credits at the 300-400 level EXCEPT CSD, CYTO, CHP, DNTH, EXSC, ENVH, MLS, NMED, RT, PUBH.; Impact of Technology met in the major with HLSC 485.

Foreign language may be satisfied with 3 years of 1 or 2 years of 2 languages in high school; graduation from HS prior to 12/31/85, or with AA or AS Degree from VCCS.

**Major Declaration Requirements:** Students must complete ENGL 110C (C or higher), RT 261 (C- or higher), PSYC 201S, PSYC 203S, BIOL 240/250 and 241/251 before officially declaring a major in Recreational Therapy. General Education requirements may be in progress but should be completed before enrolling in 400-level RT major courses. Consult an advisor in the ODU Health Sciences Advising Center <https://www.odu.edu/health-sciences-advising>

**GRADUATION REQUIREMENTS:** Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a minimum of 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program for Old Dominion University, completion of ENGL 110C and ENGL 211C or 231C, and the writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.

\* Grade of C or better required

\*\*Grade of C- or better required