

LMDC TRACKING LOG

Leadership and Management Development Certificate

CORE REQUIREMENTS

DATE COMPLETED

CORE 1

Coaching for Growth and
Success: Using the GROW Model

CORE 2

Emotional Intelligence I:
Manage Self

CORE 3

Exploring Leadership Archetypes

CORE 4

Effective Communication

CORE 5

Team Up for Success

ELECTIVE 1

ELECTIVE 2

FOR ELECTIVE CHOICES CHECK OUT OUR WEBSITE AT:
<https://www.odu.edu/humanresources/training/lmdc>



OLD DOMINION UNIVERSITY
Division of Talent
Management and Culture