

Bloodborne Pathogen Exposure Instruction Card

1. Treat exposure site: wash wound or skin sites with soap and water and/or flush mucous membranes with water as soon as possible.
2. Contact EVMS Occupational Health at 446-7105/5870 or pager 533-2595/584-0550 Mon-Fri, 8:30am-4:30pm. Evenings, nights, weekends, and holidays, phone the EVMS Exposure Pager at 669-1157 and contact EVMS Occupational Health the next business day. (If at VA Hospital/Naval Hospital, follow the facility's exposure protocol and call EVMS Occ. Health the next business day.)
3. Evaluate type of exposure:
 - a. If blood/ body fluid exposure is percutaneous (i.e. needlestick), mucous membrane, or to skin with rash or breakdown, obtain history of source patient including diagnosis, previous HIV test results, age, transfusions, drug use, sexual history, etc.

***If non-human primate exposure, call Occupational Health or Exposure Pager after hours immediately for instructions.**

- b. Contact charge nurse to have source patient tested per exposure protocol. If at Sentara hospital, ask for the EVMS Exposure Packet (Blue), not the Sentara Exposure Packet (Red). If at Sentara, Bon Secours, or C.H.K.D., order the Rapid Exposure HIV on the patient source immediately (results are usually available within 2 –3 hours). Other labs to order on patient source include: HBsAB, HBsAG, HBcoreAB, and Hep C AB.
 - c. Report to Occupational Health office in Fairfax Hall-Suite 506 to receive baseline lab work, counseling, and to document exposure. If evenings, nights, weekends, at Sentara Norfolk General and PEP medications are indicated (i.e. patient is HIV+), go to Emergency Dept. If PEP medications are not indicated (i.e. HIV-), call the Raleigh 2nd Floor Lab at 668-1995 before reporting there for baseline lab work or go to EVMS Occupational Health the next business day. If at another hospital and PEP medications are indicated, go to the facility's Emergency Department.
- 5/18/06