

2025-2026 Old Dominion University Catalog
Bachelor of Science in Physical Education with a Major in PreK-12 Health and Physical Education w/ VCCS Equivalencies

*Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed. * indicates not automatically waived with transferrable associates degree, C or better required for transfer.
Courses in **green** are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees).*

YEAR 1 - FRESHMAN (32-35 CREDITS)				
FALL SEMESTER (16 credits)		SPRING SEMESTER (16 credits)		SUMMER SEMESTER (3 CREDITS)
<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>	
ENGL 110C	Transfer Equivalency Guide*	ENGL 211C or 231C	Transfer Equivalency Guide*	Elective or Language & Culture (may be waived; see catalog for details)
Nature of Science I (BIOL 117N/118N recommended)	Transfer Equivalency Guide	Nature of Science II (BIOL 121N/122N recommended)	Transfer Equivalency Guide	
Information Literacy & Research	Transfer Equivalency Guide	MATH 101M, 102M, 103M or 162M or STAT 130M	Transfer Equivalency Guide*	
Human Creativity	Transfer Equivalency Guide	Intepreting the Past	Transfer Equivalency Guide	
COMM 101R required	Transfer Equivalency Guide*	Literature	Transfer Equivalency Guide	
YEAR 2 - SOPHOMORE (29 CREDITS)				
FALL SEMESTER (15 credits)		SPRING SEMESTER (14 credits)		SUMMER SEMESTER (3 CREDITS)
<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>	Elective or Language & Culture (may be waived; see catalog for details)
Philosophy & Ethics	Transfer Equivalency Guide	PSYC 201S required	Transfer Equivalency Guide	
<u>Major Courses:</u>		<u>Major Courses:</u>		
HPE 200		HPE 222		
HPE 218		HPE 300		
HPE 220		HPE 301W		
BIOL 240 or 250	BIO 141 or 231*	Elective		
YEAR 3 - JUNIOR (31 CREDITS)				
FALL SEMESTER (16 credits)		SPRING SEMESTER (15 credits)		
<u>Major Courses:</u>	<u>VCCS Equivalency:</u>	<u>Major Courses:</u>	<u>VCCS Equivalency:</u>	
EXCS 322		TLED 408		
HPE 317		HPE 318		
HPE 400		HPE 324		
HPE 409		HPE 402		
		TLED 430W		
YEAR 4 - SENIOR (28 CREDITS)				
FALL SEMESTER (16 credits)		SPRING SEMESTER (12 credits)		
<u>Major Courses:</u>	<u>VCCS Equivalency:</u>	<u>Major Courses:</u>	<u>VCCS Equivalency:</u>	
HPE 404		HPE 485 (12 Credits)		
HPE 406				
HPE 430				
HPE 469				
HPE 480				

Upper Division General Education is satisfied by the required minor in health education included in the program (Option A) and completion of professional education courses (Option C).
Teacher candidates seeking a Coaching Education minor will need SMGT/PE 415, SMGT/PE 456, and PE 368 (Coaching Internship). Consult with advisor and University Catalog.
Driver Education Endorsement requires HPE 308 and HPE 309

Requirements for graduation include a minimum cumulative grade point average of 2.75 overall and in the major, a grade of C (2.0) or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment. Assessments prescribed by the Virginia Department of Education are also required for licensure. Please see the catalog for details.