

2024-2025

DEPARTMENT OF COUNSELING  
& HUMAN SERVICES NEWSLETTER

*Reflections*



Welcome

2024-2025

CHS NEWSLETTER

# DEPARTMENT CHAIR ADDRESS

## Welcome to a new academic year in the Department of Counseling and Human Services!

Our department continues to grow in exciting ways. The online Clinical Mental Health Counseling program is thriving, and our fully accelerated Human Services program is now almost completely implemented—offering students greater flexibility and access to their education. We also continue to expand opportunities for research, service, and innovation through new partnerships and experiential learning initiatives that make a difference in our communities.



As we begin this new year, our commitment to excellence and connection remains steadfast. Whether you are a current student, alumnus, faculty member, or staff colleague, you are an important part of a vibrant community dedicated to helping others and shaping the future of the helping professions.

Here's to another great year of learning, collaboration, and impact!

### **Dr. Mark Reh fuss**

*Chair, Department of Counseling  
and Human Services*

### **New Faculty**

- Pe'Atra Wilson, Lecturer (Human Services)
- Nicole Campbell, Assistant Professor (Human Services)
- Aaron Shames (Counseling)



# PROGRAM ACCOLADES

The master's program was  
awarded the **2025 SACES**  
**Outstanding Master's**  
**Counselor Education**  
**Program Award!!!**

**CONGRATS!**

**On-Campus  
& Online**



**SACES**

SOUTHERN ASSOCIATION FOR COUNSELOR  
EDUCATION AND SUPERVISION

# PROGRAM ACCOLADES

At the  
**2025 ACES**  
**Conference**,  
four members  
of our ODU  
community  
received  
awards and  
recognitions!





# MAY 2025 GRAD RECAP



“What lies behind  
us and what lies  
before us are tiny  
matters compared  
to what lies  
within us.”

— Ralph Waldo Emerson



# DCEPS 2025 OUTSTANDING STUDENT AWARDS

## DEPARTMENT OF COUNSELING & HUMAN SERVICES

Presented by Dr. Mark Rehfuss

**BRIANNA WISE**

Outstanding Master's Student - School Counseling

**CRYSTAL LBRECQUE**

Outstanding Human Services Online Student

**ABBIE E. JOHNSON**

Outstanding Master's Student - Mental Health Counseling

**ALLISON O'DELL**

Outstanding Human Services Student

**KATHERINA NAKO**

Outstanding Doctoral Student - Counseling

**OLIVIA CONLEY**

Jill C. Dustin Excellence in Service and Leadership Award

**DANIELLE RODGERS**

Outstanding Doctoral Student - Counseling

**SONIA LOPEZ**

Outstanding Human Services Intern

## KATHERINA NAKO

### Outstanding Doctoral Student - Counseling

Katherina Nako, Ph.D., is an incoming Assistant Professor at the Philadelphia College of Osteopathic Medicine. She recently earned her Ph.D. in Counselor Education and Supervision from Old Dominion University, where she also completed her MS.Ed. in Mental Health Counseling.

At Chesapeake Regional Healthcare, she served as Director of Practicum and Internship, Resident in Counseling, and clinical site supervisor. Her areas of focus include cognitive complexity, integrated care, clinical supervision, and joint sessions with medical providers.

**Fun Fact:**

*"Katherina grew up speaking Albanian as her first language - she's a proud first generation college grad with strong Albanian roots!"*

***Ph.D. in Counselor Education and Supervision***





# DCEPS 2025 OUTSTANDING STUDENT AWARDS

## DANIELLE RODGERS

### Outstanding Doctoral Student - Counseling

Danielle is a doctoral candidate in Counselor Education and Supervision at ODU. An avid leader, she serves as Chairperson of Counselors for Social Justice-ODU and Mentorship Chair for Chi Sigma Iota. Her work on antiracist counseling and teaching has earned her recognition, including the Virginia Counseling Association Pete Warren Leadership Fellowship, DCEPS Dissertation Fellowship, CSI Outstanding Doctoral Student award, and SACES Diversity Scholarship.

Outside of academia, Danielle can be found baking or crocheting for friends.

#### Fun Fact:

As a tinkerer, Danielle enjoys crafting LEGO sets. Her latest builds include a bonsai garden, Piranha Plant, Pikachu, and varying succulents.

*Ph.D. in Counselor Education and Supervision*



## BRIANNA WISE

### Outstanding Master's Student - School Counseling

Brianna completed her undergraduate career at Old Dominion University where she received her Bachelor's in Psychology with a minor in Sociology.

Upon graduation, she began her graduate career in School Counseling and Clinical Mental Health Counseling here at ODU.

She is set to graduate May 2025, and is excited to begin her journey as a professional school counselor.

#### Fun Fact:

*"I love running and just ran my first half marathon this past March!"*

*School Counseling and Clinical Mental Health Counseling*



# DCEPS 2025 OUTSTANDING STUDENT AWARDS

## ABBHEY E. JOHNSON

### Outstanding Master's Student - Mental Health Counseling

I hold a B.S. in Criminal Justice from ODU and a Master's in Early Childhood Education from Northcentral University. I am currently completing my Master's in Clinical Mental Health Counseling and working toward licensure as a Licensed Professional Counselor (LPC). I have been in the mental health field for nearly seven years, beginning my career as a QMHP-C/A, providing Intensive In-Home Counseling and Mental Health Skill Building services. I later worked as a Restorative Counselor at a Title I school and currently serve as a CSAC supervisee at a residential substance abuse facility.

Outside of my professional life, I am a proud mother of two daughters—one in her third year at the University of Kentucky and the other a tenth-grade student-athlete. I am passionate about helping others and am excited to continue building my career in grief counseling, with the goal of becoming certified in EMDR therapy.

#### Fun Fact:

*"I have a daughter also in college."*

**Clinical mental health**



## CRYSTAL LABRECQUE

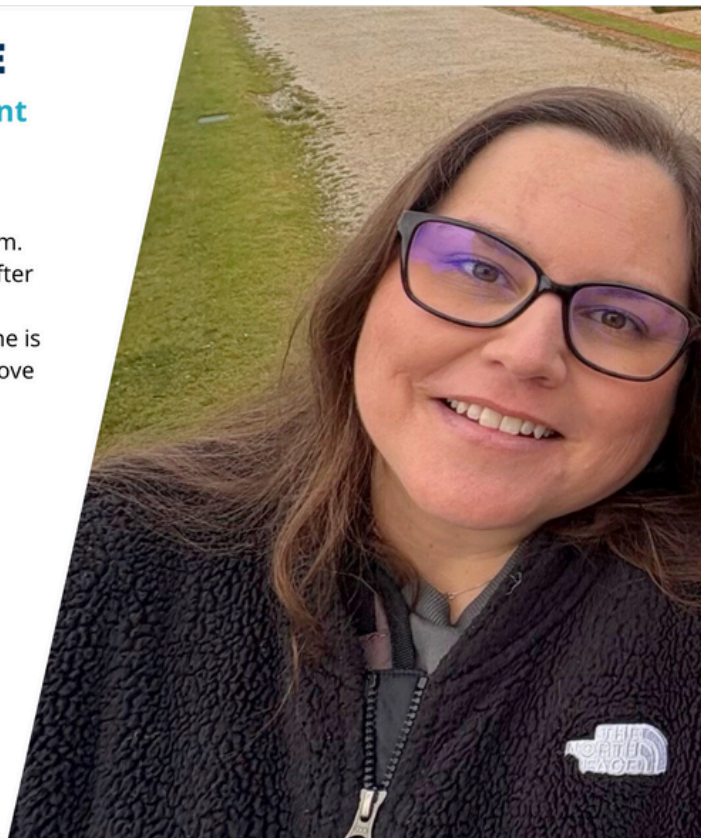
### Outstanding Human Services Online Student

Crystal LaBrecque is a senior in the Human Services Program. She plans to go on to work in social services or non-profit after graduation. She has spent most of her life volunteering throughout her community for causes close to her heart. She is grateful to have been able to study at ODU and renew her love of learning.

#### Fun Fact:

*"I love Mario Kart!"*

**Human Services**





# DCEPS 2025 OUTSTANDING STUDENT AWARDS

## SONIA LOPEZ

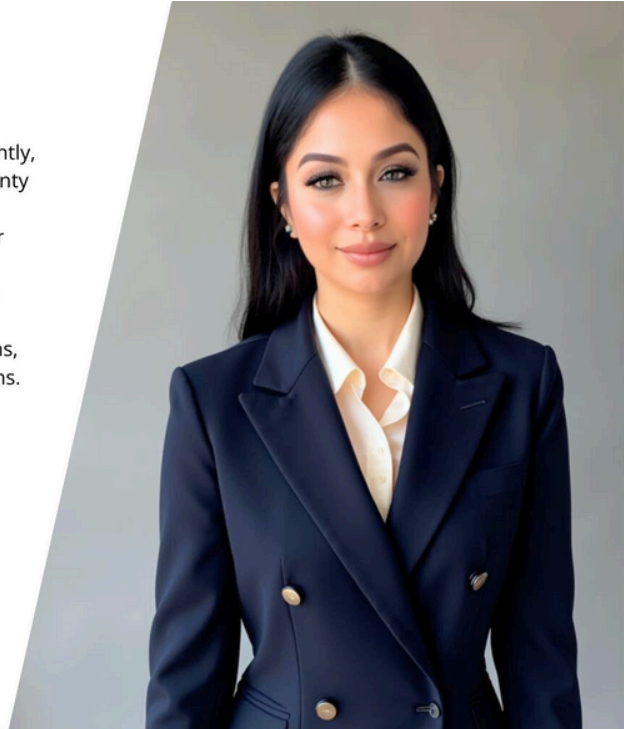
### Outstanding Human Services Intern

Sonia Lopez is a graduate student in Human Services. Recently, Sonia completed an internship with the Westmoreland County Victim Witness Program, where she gained invaluable experience in victim advocacy and legal support. During her internship, she had the opportunity to actively engage in outreach initiatives to educate the community about victim rights. With a dedication to trauma-informed care, Sonia integrates culturally responsive practices into all interactions, fostering trust and understanding within diverse populations.

#### Fun Fact:

Sonia has a passion for traveling. She loves exploring new cultures, sceneries, and the different cuisines.

#### Human Services



## OLIVIA CONLEY

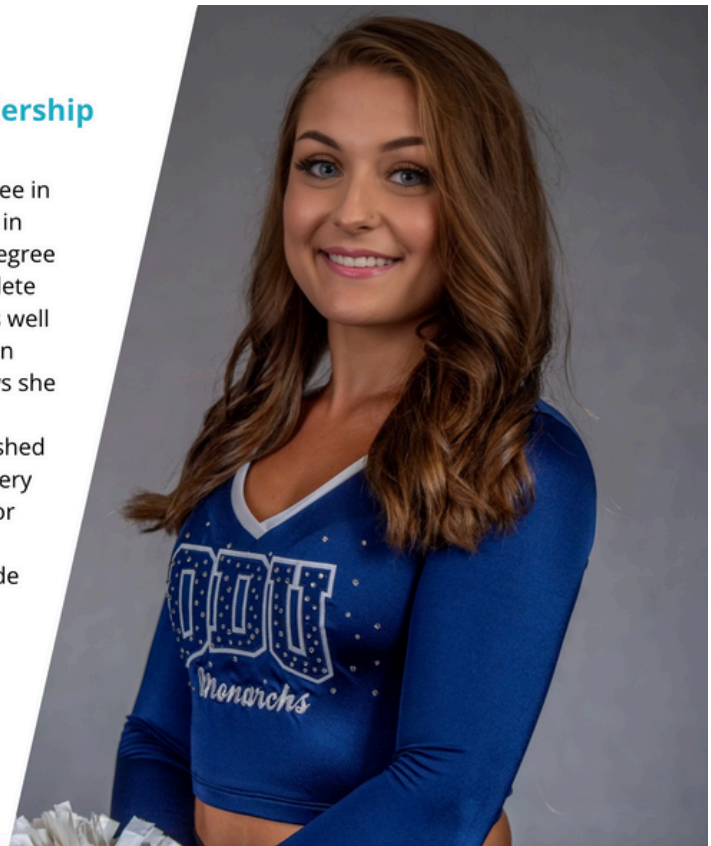
### Jill C. Dustin Excellence in Service and Leadership Award

Olivia is a graduating Senior completing her bachelors degree in Human Services, with a minor in Sociology and a certificate in Substance and Alcohol abuse. She plans to get a masters degree in Behavioral Health following her internship she will complete in the fall. She would love to work in the social work field as well as continuing her desire of teaching dance to young children and teens. Olivia's dream is to help and teach others in ways she is extremely passionate about and the Human Services department and it's wonderful faculty here at ODU, has pushed her to closer to making those goals become reality. She is very appreciative and forever thankful of every professor, advisor and classmate she has collaborated with during her time completing her bachelors degree. The memories Olivia made here at ODU will always be cherished and remembered.

#### Fun Fact:

*"I have been an athlete on the ODU Dynasty Dance team and I have been dancing for 17 years! I also teach kids dance at my studio located in Chesapeake, Virginia."*

#### Human Services



# NOTEWORTHY STUDENT ACCOMPLISHMENTS



## Büşra Vurkun

At the 2025 ACA Conference, Büşra was awarded the **Courtland C. Lee Multicultural Excellence Scholarship**.

This prestigious national award is given each year to a graduate student demonstrating exemplary commitment to multicultural counseling.

## Courtland C. Lee Multicultural Excellence Scholarship





# NOTEWORTHY STUDENT ACCOMPLISHMENTS

Congratulations to CHS 2nd-year doctoral learner, Chukwuebuka Onyia, who has been awarded the **ACES-IVS 2025 Sponsored Scholarship Grant** for his project, “**Enhancing Multicultural Competence Through Virtual Reality: A Quasi-Experimental Study in Counselor Education.**”

This award totals \$4,500 and comes from the most competitive grant cycle ACES has ever had, with record-breaking submissions.

Well done, Chukwuebuka!



Chukwuebuka  
“Frank”  
Onyia



ACES-IVS 2025  
Sponsored  
Scholarship Grant



# NOTEWORTHY STUDENT ACCOMPLISHMENTS



Catalina's selection reflects her dedication to equitable, strengths-based care and her growing influence as a practitioner-scholar. Congratulations, Catalina, your leadership represents our program and profession with distinction.

## Catalina Craft

Catalina has been selected as a 2025 Emerging Leader by the Association for Humanistic Counseling (AHC), a national recognition of her outstanding promise, service, and commitment to humanistic values in counseling. As part of this honor, Catalina joins a select cohort focused on advancing compassionate, person-centered practice through leadership, advocacy, and community impact.

What this recognition means

- Participation in AHC leadership development and mentorship with national leaders
- Active service on AHC initiatives (e.g., committees, projects, and member resources)
- Opportunities to contribute to humanistic scholarship, training, and advocacy efforts
- Expanded professional network that elevates Catalina's impact across the counseling field

## 2025 Association for Humanistic Counseling Emerging Leader



# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## 2024-2025 Chi Sigma Iota Leadership Fellow



Jill was selected for the competitive, international Chi Sigma Iota (CSI) Leadership Fellowship, recognizing her record of service, scholarship, and commitment to the counseling profession. As part of a select cohort of emerging leaders, she engaged in high-impact governance and strategy work that advanced CSI's mission and the counseling field.

**Jill**

**Kivikoski**



Fellowship Impact (May 1, 2024 – April 30, 2025):

- Delivered 50+ hours of service across CSI committees, task forces, and review panels, contributing to organizational priorities and member resources.
- Participated in quarterly leadership trainings and ongoing virtual meetings, expanding her national/international professional network.
- Supported evidence-informed decision-making by assisting with the analysis of CSI Annual Reports from the prior year.
- Submitted quarterly progress updates and a formal project outcome summary, documenting measurable contributions to CSI initiatives.

This prestigious fellowship positioned Jill as a visible leader and trusted voice in counselor education and professional practice.

# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## 2024-2025 Emerging Leader

### Association for Child and Adolescent Counseling

Melanie Agustin was selected as a 2024-2025 ACAC Emerging Leader, a national honor recognizing her promise and advocacy in child and adolescent mental health. Over the yearlong fellowship, she engaged in leadership mentorship, served on ACAC committees and projects (practice resources, programming, and advocacy), and contributed evidence-informed materials for clinicians and educators supporting youth and families. This recognition underscored Melanie's commitment to developmentally responsive, culturally attuned care and broadened her impact through professional service, scholarship, and

# Melanie Agustin

## 2024 Doctoral Student Professional Development Award, Darden College of Education and Professional Studies

Melanie was honored by ODU's Darden College of Education & Professional Studies for her outstanding commitment to scholarly growth, leadership, and service in the doctoral community.



Association for  
Child and Adolescent  
Counseling



# NOTEWORTHY STUDENT ACCOMPLISHMENTS

Katie was elected to serve on the first Evidence-Based School Counseling Conference (ESBCC) Practitioner Advisory Board with 12 other practicing school counselors across the U.S.

## **Presentations**



Becker, K.A. (2024, October 10).

Implementing calm down corners in elementary school classrooms [Conference presentation]. VSCA Annual Conference, Hampton Roads Convention Center, Hampton, VA, United States.

Turner, C.M.Q., Lewis, E.M., & Becker, K.A. (2025, March 15). School counselor collaboration through a social justice lens [Conference presentation]. Evidence-Based School Counseling Conference, Ohio State University, Columbus, OH, United States.

Becker, K.A. (2025, April 4). Developing our emotional superpowers [Conference presentation]. VASGW Group-A-Rama, ASCE Bechtel Conference Center, Reston, VA, United States.

# Katie Becker



# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## Publications

Albright, A., Bumpas, C.K., & Moe, J. (2025). The application of 4E cognition to counseling and the intersectional experiences of Black individuals with disabilities. *Journal of Multicultural Counseling and Development*.

<https://doi.org/10.1002/jmcd.12326>

Bumpas, C.K., Robins, L.B., Albright, A. (2025). Sacred Spaces: Advancing Culturally Sustainable Healing in the Mental Health Landscape. *Journal of Human Services*.

Holin, M., Lens, S., Albright, A., Balkin, R., Counselor in Training Perceptions of Existentially Oriented Supervision. (Under Review)

Albright, A., Goodman-Scott, E., Boulden, R., Alvarez, J., Broaching neurodiversity and race in counseling. (Under Review)

Smith-Durkin, S., Vurkun, B., Albright, A., Sheltered by love: rebuilding childhood through psychological rehabilitation camps for war-affected Ukrainian children. (Under Review)

Goodman-Scott, E., Boulden, R., Albright, A., Alvarez, J. Neurodiversity in counseling: a call to action. (Under Review)

Pribesh, S., Smith-Durkin, S., Goodman-Scott, E., Dice, T., Vurkun, B., Albright, A., Evaluating the Impact of the Gen.Ukrainian Camps on Trauma Symptoms in Children. (Under Review)

Albright, A., Bumpas, C.K., Sawyer-Mays, D., Gilmore, D., Carlisle, K., Moe, J., Phenomenological analysis of the intersectional experiences of college students with disabilities. (In Prep)

## Webinar Presentation

Albright, A., Goodman-Scott, E. (2025, February). Neurodiversity and Neuro-Affirming Counseling for Youth: Strategies for Counselors. Webinar presentation for the 2025 Child and School Counseling Summit by the Mental Health Academy.

# Aaron Albright





# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## Conferences

Accepted to present 2x at AARC- Fall 2025  
Accepted to present (first presenter) at ACES  
Fall 2025



**Aaron  
Albright**

## Personal Achievements

- Ran 50 50-kilometer ultramarathon in Asheville, NC
- Ran 50 50-mile ultramarathon in Abingdon, VA
- Ran 50-kilometer ultramarathon in Newport News, VA
- Will run a 100-mile ultramarathon in Triangle, VA Dec 9, 2025

## Michele Dowdy Emerging Leader, Virginia Counseling Association

Aaron was named the Michele Dowdy Emerging Leader by the Virginia Counseling Association, recognizing his promise in professional leadership and service to the counseling community.



## Equity Trailblazer, Chi Sigma Iota (Omega Delta) & ODU Counselors for Social Justice

Aaron also received the Equity Trailblazer award for advancing equity-centered initiatives and advocacy within CSI Omega Delta and ODU's Counselors for Social Justice.



Counselors for  
תיקון עולם  
justicia social  
العدالة الاجتماعية  
social justice.

# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## Awards/Fellowships:

- Pete Warren Fellow, Virginia Counselors Association, 2025-2026
- Human Google Drive Award, Chi Sigma Iota Omega Delta, June 2025



**Christine  
Marie Q.  
Turner**

## Leadership:

- CSI Mentorship Chair, 2025-2026
- Mentorship Support, Kasmahan Filipinx American Mental Health Professionals Community, 2025-present
- Co-Chair, ACES School Counselor Interest Network Doctoral Student Affinity Group, 2025-2026
- AACTE Holmes Scholar Research Council, 2025-2026
- AACTE Holmes Scholar Multimedia Council, 2025-2026





# NOTEWORTHY STUDENT ACCOMPLISHMENTS



**Christine  
Marie Q.  
Turner**



## Speaking Engagements and Presentations:

- Turner, C.M. & Cunningham Abbott, A. (Accepted for 2025, December). Neurodiversity and the Multicultural and Social Justice Counseling Competencies: Lessons from school and mental health counselor collaborations. Advancing School Mental Health 2025 Annual Conference. On-Demand Session. Orlando, FL.
- Turner, C.M. (Accepted for 2025, November). Counseling Filipino/a/x Americans: Contemporary issues in equitable practice. Virginia Counselors Association (VCA) 2025 Annual Convention. Education Session. Norfolk, VA.
- Albright, A., Bumpas, C. K., Burleson, Z., Chappell, C., Gilmore, D., Kemer, G., Lewis, E., Mangual, J., Onyia, C., Ruffin, T., Sawyer-Mays, D., & Turner, C.M. (alpha order) (2025, September). Using a mixed methods design for my graduate research: What was I thinking?! Association for Assessment and Research in Counseling (AARC) 2025 Annual Conference. Panel. Daytona Beach, FL.
- Albright, A., Bumpas, C.K., Onyia, C., & Turner, C.M. (alpha order) (2025, September). The tools for success: Factors that contribute to degree completion in doctoral CES programs. Association for Assessment and Research in Counseling (AARC) 2025 Annual Conference. Poster Presentation. Daytona Beach, FL.
- Bumpas, C.K., Turner, C.M., Johnson, D., Adu Gyamfi, & Goodman-Scott, E. (2025, April). Examining cultural wealth of BIPOC doctoral students in education disciplines at PWIs. 2025 Graduate Students Government Association (GSGA) Conference. Oral Presentation. Old Dominion University, Norfolk, VA.
- Goodman-Scott, E., Smith-Durkin, S., Turner, C.M., & Bumpas, C.K. (2025, March). Every Brilliant Thing. Mental Health Expert Panel. Old Dominion University.

# NOTEWORTHY STUDENT ACCOMPLISHMENTS



≡ NEW ≡  
BLOG POST

Christine  
Marie Q.  
Turner



## Speaking Engagements and Presentations (Cont'd):

- Turner, C.M., Lewis, E., & Becker, K. (2025, March). School counselor collaboration with other school-based mental health professionals through a social justice lens. 2025 Annual Evidence-Based School Counseling Conference (EBSCC). Education Session. The Ohio State University, Columbus, OH.
- Turner, C.M. (2025, March). Supporting school counseling site supervisors: Lessons from school psychologists, school social workers, and the Social Justice Model of Supervision. Virginia Association for Counselor Education and Supervision (VACES) 2025 Annual Graduate Student Conference. Education Session. Norfolk State University, Norfolk, VA.
- Bumpas, C.K., Turner, C.M., Johnson, D., Adu Gyamfi, H., Harper, N., & Goodman-Scott, E. (2025, February). Utilizing strengths and assets: The lived experiences of BIPOC education doctoral students at PWIs. American Association of Colleges for Teacher Education (AACTE) 2025 Annual Holmes Scholars Preconference. Roundtable. Long Beach, CA.
- Lewis, E. & Turner, C.M. (2024, October). School counselor collaborations within schools: Working with social workers, psychologists, and nurses. Virginia School Counselor Association (VSCA) 2024 Annual Conference. VSCA Flash Education Session. Hampton, VA.

## Professional Blog Contributions

- Brown, E., Grgurovic, A.P., Turner, C.M., & Yapias, J. (alpha order). (2025, August 25). The impact of Filipina/x counselors within American school systems. Kasamahan. <https://www.kasamahan.org/filipinaxschoolcounseling2025>
- Turner, C.M. (2025, June). Need for school-based mental health professionals of Filipino descent. Kasamahan. <https://www.kasamahan.org/research>
- Turner, C.M. (2025, May 28). Mental health and AANHPI advocacy: A call to hope. AACTE EdPrep Matters. <https://edprepmatters.aacte.org/mental-health-and-aanhpi-advocacy-a-call-to-hope/>



# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## Leadership & Service

- President, Chi Sigma Iota (CSI), Omega Delta Chapter (ODU)
- Vice President, Counselors for Social Justice (CSJ), ODU

## Fellowships & Honors

- SREB Doctoral Fellow, 2025
- AACTE Holmes Scholar/Fellow, 2024-present
- Recipient, 2025 Excellence in Human Services Research Award

## Peer-Reviewed Publications

- Bumpas, C.K., Robins, L.B., & Albright, A. (2025). Sacred spaces: Advancing culturally sustainable healing in the mental health landscape. *Journal of Human Services*
- Albright, A., Bumpas, C. K., & Moe, J. (2025). The application of 4E cognition to counseling and the intersectional experiences of Black individuals with disabilities. *Journal of Multicultural Counseling and Development*, 53, 143-151.
- Moe, J. L., Robins, L.B., Corley, P., Bumpas, C. K., Augustine, B., & Sparkman, N. M. (2025). Hope, multiple minority stress, and suicidal behavior in diverse LGBTQ populations: A longitudinal study. *Counseling Outcome Research and Evaluation* (advance online).
- Robins, L. B., Bumpas, C. K., Arnold, C., Stinson, D., Ewing, S., & Williams, B. (2025). Counselor educators' experiences teaching about integrated behavioral healthcare. *Journal of Integrated Primary Care*, 2(2), 1-16.

# Clarence Bumpas

## Current Research (in progress)

- Bumpas, C.K., Shannon, J., Cofield, D., Folkes, M., & Craig, C. Exploring the experiences and community cultural wealth of Black male international PhD counseling-in-training students.
- Bumpas, C.K., Turner, C.M., Johnson, D., Ayu Ghamfi, H., Harper, N., & Goodman-Scott, E. Examining community cultural wealth utilized by BIPOC individuals during doctoral programs at PWIs.
- Bumpas, C.K., Kemer, G., & Wambui Preston, J. Exploring lived experiences of Black males' representation, recruitment, retention, and matriculation into CES faculty and leadership roles



# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## Invited Talks, Panels & Conference Presentations 2025

- Presenter & Invited Panelist, Surviving Through Mental Health (Project ORF, City of Norfolk), Chrysler Hall, Norfolk, VA (July 2025)
- Presenter & Invited Panelist, DCEPS Grad School: "Grad School & Imposter Syndrome: Thriving, not just surviving!" (April 2025)
- Presenter, Black & Gold, Norfolk, VA
- Presenter, King In You, Norfolk, VA
- Presenter, VACES, Norfolk, VA
- Presenter, AACTE HOLMES Pre-Conference, Long Beach, CA
- Presenter, NBCC Foundation (NBCCF) Bridging the Gap Symposium, Atlanta, GA
- Accepted Poster (Sept 2025): Albright, A., Bumpas, C.K., Onyia, C., & Turner, C. M. The tools for success: Factors that contribute to degree completion in doctoral CES programs. Association for Assessment and Research in Counseling (AARC), Daytona Beach, FL

## 2024

- Presenter, SACES International Conference, Dallas, TX
- Panelist, "Malian Community Panel," Center for Immigrants, Denver, CO
- Presenter, "Combat Survivors," Center for Immigrants, Denver, CO
- Presenter, NBCCF Bridging the Gap Symposium, Washington, DC



Clarence  
Bumpas



# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## Awards:

Dissertation Fellow - Darden  
College of Education & Professional  
Studies

Dr. Jane S. Bray "Student of the  
Year" Award

Chi Sigma Iota "Outstanding  
Doctoral Student" Award



# Richie Kubilus





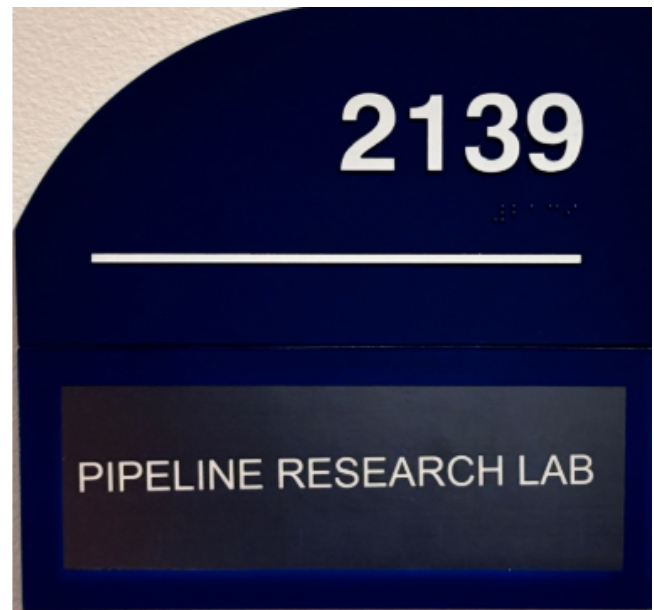
# NOTEWORTHY STUDENT ACCOMPLISHMENTS

**Founder & Director:**  
PIPELINE  
Research Lab

**Promoting**  
**Inclusive**  
**Participation**  
**Empowerment**  
**Learning**  
**Innovation &**  
**Networking in**  
**Educational Counseling Research**



**Richie**  
**Kubilus**



PIPELINE is a research lab with a mentorship model designed to teach undergraduates about research; prepare graduate students for academic careers; expedite tenure requirements for assistant professors; and increase research learning, collaboration, and output for the entire department.

# NOTEWORTHY STUDENT ACCOMPLISHMENTS

## PUBLIC SPEAKING ENGAGEMENTS

- WTKR News Channel 3
- Coast Live Morning Segment
- <https://www.wtkr.com/coast-live/suicide-prevention-and-mental-health-services-for-veterans-with-panacea-on-coast-live>

Richie  
Kubilus

## Professional Positions

- Vice President of Marketing, Edge Publishing Online, LLC.

## Editorial Positions

- Ad Hoc Assistant Editor, Journal of Human Services Scholarship and Interprofessional Collaboration (JHSSIC)
- Editorial Board Member, Journal of LGBTQ Issues in Counseling
- Ad Hoc Reviewer, Journal of Human Services Scholarship and Interprofessional Collaboration (JHSSIC)

## Online Professional

- Carlisle, K., Kubilus, R. (2025). PIPELINE Research Lab website.  
<https://www.odu.edu/counseling-human-services/pipeline-research-lab>

## Newsletters

- Kubilus, R. & Carlisle, K. (April 5, 2025). PIPELINE research lab: Spring newsletter 2025. PIPELINE Research Lab, 1(1).



# NOTEWORTHY STUDENT ACCOMPLISHMENTS



## **PESI, Inc.**

Intimate Partner Violence:  
Trauma-Informed  
Interventions for  
Survivors

**Richie  
Kubilus**

### **Publications**

- Carlisle, K., Schmoyer, N., Rodgers, D., Nako, K., Kubilus, R., & Akpakir, Z. (2024). Human services students' perceived self-efficacy with integrated behavioral health. *The Journal of Human Services*, 43(1).
- Neukrug, E., Kalkbrenner, M., Sink, C., & Kubilus, R. (under review). Ed Neukrug theoretical orientation scale (ENTOS). *Measurement and Evaluation of Counseling and Development*.
- Carlisle, K., Kubilus, R., Albright, A., & Roberts, L. (in prep). A conceptual review of counseling theories and interventions within the 12 steps.
- Carlisle, K., Kubilus, R., Albright, A., & Roberts, L. (in prep). A conceptual review of spiritual inclusivity in the 12 steps.
- Kubilus, R. & Carlisle, K. (in prep). 12-step group members who have experienced a moment of surrender: An interpretative phenomenology.
- Bunting, K., Lee, C., Herlihy, B., & Kubilus, R. (in prep). Counseling and healing processes in South American countries.

### **Clinical Workshops & CEU Courses**

- Mental Health Documentation & Medical Necessity: Simple, Clear Guidelines that Maintain Quality of Care and Protect Your Practice
- Intimate Partner Violence: Trauma-Informed Interventions for Survivors



# NOTEWORTHY STUDENT ACCOMPLISHMENTS



**Ajayla  
Evins**

## **Fellowship:**

Pete Warren Fellow,  
Virginia Counselor  
Association 2025

**Award:** Jet Setting  
Scholar, Chi Sigma Iota,  
Omega Delta Chapter

**Award:** 2025 ACES  
Conference Diversity  
Scholarship



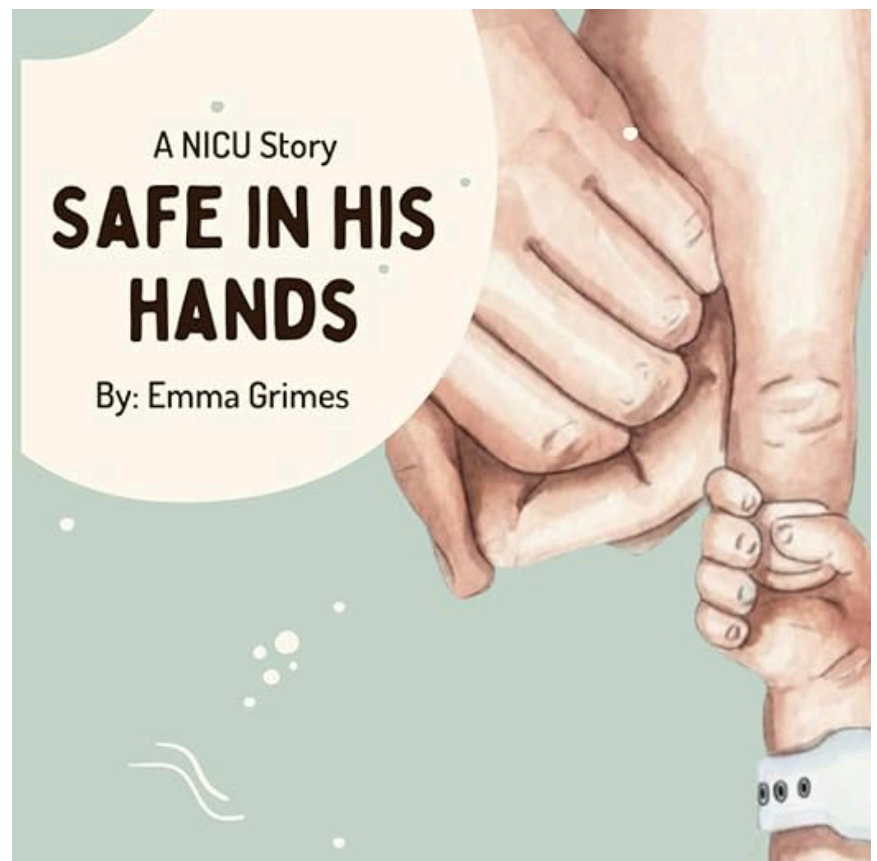
# NOTEWORTHY STUDENT ACCOMPLISHMENTS



Emma  
Grimes

"Sometimes the tiniest fighters have the biggest stories." This heartfelt children's book gently introduces little ones to the NICU world through tender words and comforting illustrations. Created especially for NICU families, it's a story of love, bravery, and hope, perfect for reading to babies during their hospital stay and cherishing as a keepsake for years to come.

Written by a NICU mom, it offers reassurance for parents and an age-appropriate way to explain a hospital journey to siblings. With soothing language and warm imagery, this book reminds every family that even in the smallest or hardest moments, The Lord will carry them through."



# NOTEWORTHY STUDENT & FACULTY COLLABORATION

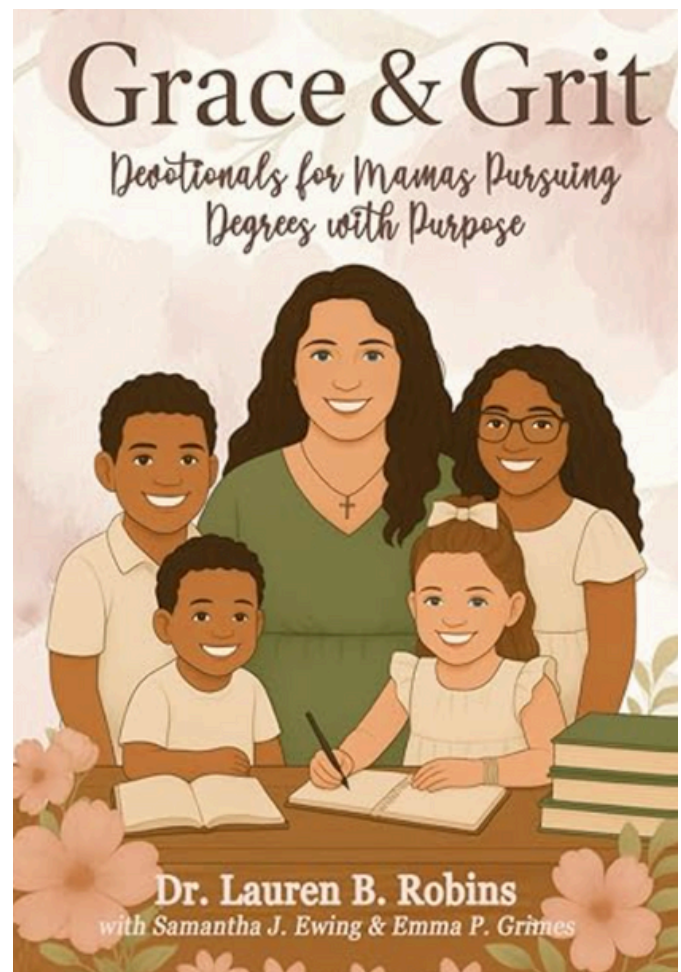


Dr. Lauren Robins partnered with two students from the Online Master's in Counseling program, Samantha Ewing and Emma Grimes, to co-author *Grace & Grit: Devotionals for Mamas Pursuing Degrees*, a reflective book created for mothers balancing the demands of graduate study, family life, and personal purpose.

## Dr. Lauren Robins | Samantha Ewing | Emma Grimes

Dr. Robins invited her students to join as co-authors to elevate multiple voices and lived experiences within academic motherhood. Samantha Ewing, a mother of older children, offers the perspective of returning to higher education while navigating evolving family roles. Emma Grimes, a new mother whose daughter spent her first weeks in the NICU, writes with depth about resilience, healing, & perseverance during graduate school.

Grounded in mentorship, compassion, and shared connection, this collaboration reflects our program's commitment to community-centered scholarship. The book serves as an affirmation to scholar-mothers everywhere: you belong in academia, your voice matters, and your journey is worth honoring.



**amazon**



# DISTINGUISHED FACULTY ACHIEVEMENTS DR. JEFF MOE



American  
Counseling  
Association



The American Counseling Association Fellows Award acknowledges ACA members of professional distinction for significant and unique contributions to the counseling profession on a national level. ACA Fellows have a record of demonstrated success, and their work has an enduring impact. This award recognizes those who have gone beyond quantity and provided quality work that has influenced, changed, and significantly advanced the counseling profession and/or counselor practices through their professional practice; scholarly achievement; leadership and governance; and/or teaching, training, supervision and mentoring.

Throughout his career, Dr. Moe's main scholarship focus has been LGBTQ issues in Counseling. His scholarship has appeared in numerous journals. He has served as president of the Virginia Association for LGBT Issues in Counseling, and in 2022, Dr. Moe began serving as the Editor in Chief of the Journal of LGBTQ Issues in Counseling, an international peer-reviewed journal. In the Spring of 2017, Dr. Moe received the Old Dominion University President's Diversity Award for advocacy with and on behalf of LGBTQ communities.

## 2024 ACA FELLOWS AWARD

# DISTINGUISHED FACULTY ACHIEVEMENTS DR. GÜLŞAH KEMER

We are proud to celebrate Dr. Gülşah Kemer, recipient of the SACES Outstanding Tenured Counselor Educator Award. This prestigious award recognizes tenured faculty who demonstrate excellence in teaching, research, and service and a sustained commitment to counselor education. Dr. Kemer is known for her impactful scholarship, leadership in professional service, and dedication to mentoring and student success. This honor reflects her outstanding contributions to the counseling field and her ongoing commitment to advancing our profession.

I'M  
Proud  
OF  
YOU



## 2025 Outstanding Tenured Counselor Educator Award

# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. KRISTY CARLISLE

### Awards

Most Influential Faculty to First-Generation Student Award. (2025). Old Dominion University, Norfolk, VA

Most Inspiring Faculty Award. (2024). President's Awards Ceremony. Old Dominion University, Norfolk, VA.



### Publications

Moran, D., Rocca, J., & Carlisle, K. (2025). Understanding Hispanic cultural strengths through parents' voices: Insights for interdisciplinary school personnel. *Journal of Human Services Scholarship & Interprofessional Collaboration* 2(2), 31-65. <https://doi.org/10.25779/4fx2-d622>

Carlisle, K., Schmoyer, N., Rodgers, D., Nako, K., Kubilus, R., & Akpakir, Z. (2024). Human services students' perceived self-efficacy with integrated behavioral health. *The Journal of Human Services*, 43(1), 121-132. <https://doi.org/10.52678/001c.124438>

Moran, D., Carlisle, K., Yaghoobi, S., Snider, C., & Acree, J. (2024). A call for school counselors to rethink strengths-based assessments for Hispanic students. *Journal of Latinos and Education*, 23(5), 1700-1712. <https://doi.org/10.1080/15348431.2024.2318333>

Brown, E., Burgess, M., & Carlisle, K., Welch, M., & Davenport, F. (2024). Adverse and positive childhood experiences of professional school counselors as predictors of compassion satisfaction and fatigue. *The Professional Counselor*, 14(2), 150-163. <https://doi.org/10.15241/emb.14.2.150>

Carlisle, K. (2025). *Out of f\*cks: A non-fiction account of addiction, codependency, and a path to recovery*. Edge Publishing

Carlisle, K. (Ed.). (2025). *The Journal of Human Services Scholarship and Interprofessional Collaboration*, 2(2), 1-30. <https://digitalcommons.odu.edu/jhssic/>

Carlisle, K. (Ed.). (2024). *The Journal of Human Services Scholarship and Interprofessional Collaboration*, 2(1), 1-16. <https://digitalcommons.odu.edu/jhssic/>



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. KRISTY CARLISLE

### Partnership & Grant

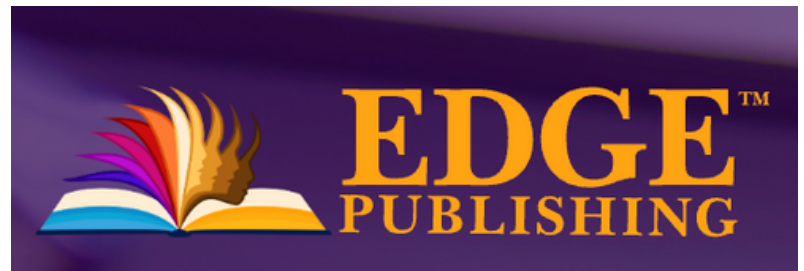
Carlisle, K., & White, K. (2024, January). Trauma-informed pedagogy. School-University Partnership, Norfolk Public Schools, Norfolk, VA

Carlisle, K. (2025). Faculty Development Grant: PIPELINE Research Lab. Grant submitted to the Faculty Senate, Old Dominion University (\$3,000).



### Co-Founder

PIPELINE Research Lab  
Old Dominion University



### Chief Liaison

Believe & Inspire Scholarships:  
Providing accessible scholarships to students  
conducting research and completing  
internships.  
Norfolk, VA



### Co-Founder/CEO

Edge Publishing, LLC  
Publishing accessible, affordable, high-quality books in counseling and  
human services.

# DISTINGUISHED FACULTY ACHIEVEMENTS

## FRANK SCARINGELLO

- Attended National Wellness Alliance Conference – “Learning new ways to conceptualize ‘whole person’ wellness”
- Elected to the Faculty Senate
- Served on two Title IX hearings
- Ran a whole bunch of races, six age group awards so far
- Coached Tidewater Striders New Energy Summer Camp in July (over 72 children between the ages of 5-13)
- Awarded the first Annual Frank Scaringello Scholarship in July
- Wrangled two grandchildren for a couple of weeks



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. LAUREN B. ROBINS

**2025 Darden College of Education  
& Professional Studies Publication Award**

**2025 Hampton Roads  
Top Forty Under 40**

**2024 & 2025 Excellence in Human  
Services Research Award**



**2025 Old Dominion  
University's Alumni  
Association 40 Under 40**



**2025 Association  
for Adult  
Development and  
Aging Distinguished  
Service Award**





# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. LAUREN B. ROBINS

### Publications

Bumpas, C.K., **Robins, L.B.**, & Albright, A. (2025). Sacred spaces: Advancing culturally sustainable healing in the mental health landscape. *Journal of Human Services*

Moe, J., **Robins, L.B.**, Corley, P., Bumpas, C., Augustine, B., & Sparkman-Key, N. (2025). Hope, multiple minority stress, and suicidal behavior in diverse LGBTQ populations: A longitudinal study. *Counseling Outcome Research and Evaluation*, 1-16.

**Robins, L.B.**, Arnold, C.L., Stinson, D., Ewing, S., & Williams, B. (2025). Counselor educators' experiences teaching about integrated behavioral healthcare. *The Journal of Integrated Primary Care*.

**Robins, L.B.**, Chester, C., & Arnold, C. (2025). From awareness to action: Teaching ethical and structural competence in human services education. *Journal of Human Services*.

Brookover, D.L., Gantt-Howrey, A., Luna, J., **Robins, L.B.**, & Cabell, A.L. (2025). Social determinants and postsecondary readiness counseling: Mixed methods outcomes of a professional development training program. *Journal of Counseling & Development*.



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. LAUREN B. ROBINS



### Publications Cont'd

Schmoyer-Edmiston, N., Kemer, G., Ogbeide, S., Pittman, M., Kraft, K., **Robins, L.B.**, & Preston, J. (2025). Supervision needs of novice behavioral health clinicians in integrated primary care settings. *Families, Systems, & Health Journal*.

Gantt-Howrey, A., Johnson, K. F., Dockery, N., Brookover, D. L., & **Robins, L.B.** (2025). Training outcomes of a social determinants of mental health-focused fieldwork course. *Counselor Education and Supervision*, 64(1), 64-80.

Gantt-Howrey, A., Brookover, D. L., & **Robins, L.B.** (2025). Addressing social determinants of mental health through cognitive behavioral therapy. *Journal of Counseling & Development*, 103(1), 86-96.

Johnson, K. F., **Robins, L. B.**, & Suggs, B. G. (2025). Social justice in action: Mental health counselors addressing social determinants of mental health. *Journal of Mental Health Counseling*, 47(1), 17-37.

**Robins, L.B.**, Rodgers, D. Barburoglu, Y., Griffith, J.A., & Arnold, C. (2024). Unlocking adolescent mental health: Exploring social determinants and depression with the social ecological model. *Journal of Human Services*, (43), 1.

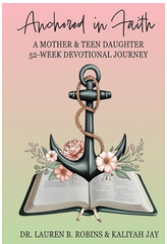
**Robins, L.B.**, Schmoyer, N., Clemons, K., Smith, A., & Kivikoski, J. (2024). The hidden impact of social determinants of health in adolescence. *The Journal of Human Services Scholarship and Interprofessional Collaboration*, 1(1), 52-68.

# DISTINGUISHED FACULTY ACHIEVEMENTS

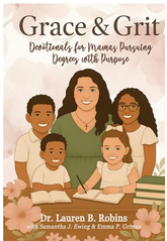
## DR. LAUREN B. ROBINS



### Grace & Wisdom: Devotionals for Mothers in Academia



### Anchored in Faith: A Mother & Teen Daughter 52-Week Devotional Journey



### Grace & Grit: Devotionals for Mamas Pursuing Degrees With Purpose



### Discovering Our Purpose: One Step at a Time



### Little Me, Big Purpose: Growing Into God's Great Plans



### Little Me, Big Purpose: Discovering All God Made Me to Be



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. EMILY GOODMAN-SCOTT

### Awards

2025 Exemplary Mentorship Award, Association for Assessment and Research in Counseling (AARC, a national division of the American Counseling Association); a national award for mentoring in the context of research and assessment.

2025 Service Award, Darden College of Education and Professional Studies (Old Dominion University); given to a faculty member annually in recognition of outstanding service.

2025 Old Dominion University Nominee for the SCHEV Virginia Outstanding Faculty Awards Program, SCHEV (The State Council of Higher Education for Virginia) recognizes and rewards excellence in teaching, research, and scholarship, and public service among VA institutions, and is the highest honor presented to college and university faculty in the state of Virginia.



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. EMILY GOODMAN-SCOTT

### National Journal Articles

Leigh-Osroosh, K. T., & Goodman-Scott, E. (2025). Critical social justice qualitative research: A tool for evidence-based school counseling. *Professional School Counseling*.

Goodman-Scott, E., Sampson, D., Johnson, K., \*Sawyer-Mays, D. (2025). School counseling district leaders' experiences with anti-DEI laws and policies: A phenomenological investigation. *Journal of Counseling & Development*, 103(2), 185-200.  
<https://doi.org/10.1002/jcad.12551>

### Pubs: Other

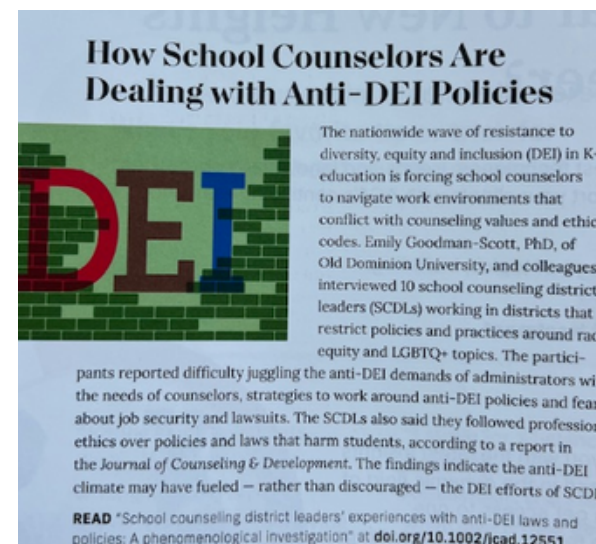
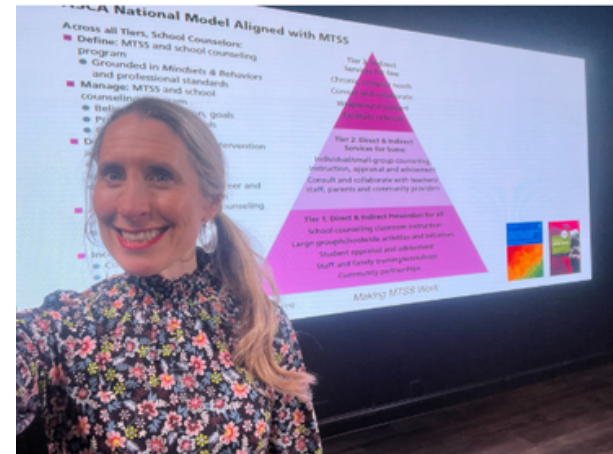
Goodman-Scott, E., Sampson, D. (2024, September). Navigating Anti-DEI policies in schools. *Counseling Today*, p. 14. [invited publication in the national ACA magazine]

### National Journal Editorial Work

*Journal of Counseling & Development*: joined editorial review board

*Counseling Scholarship & Practice In Educational Communities*: Inaugural Journal Associate Editor; We published the first edition

Process of: Guest Journal Editor for *Professional School Counseling*- Special Issue, 2024-2025: titled *Emerging Scholars: Promoting School Counseling through Research and Practice*



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. EMILY GOODMAN-SCOTT

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### **National Conference Presentations**

Sharp, S., Goodman-Scott, E., Pianta, R., & Ham, N. (2025, July). Suicide prevention for Black youth. American School Counselor Association Conference, Long Beach, CA.

Evans, A., Goodman-Scott, E., Hiatt, K. Oberweiser, C. (2025, March). The dismantling of DEI and increased health disparities: A call to allies. American Counseling Association Annual Conference, Orlando, FL [poster presentation].

Evans, A., Goodman-Scott, E., Hiatt, K. Oberweiser, C. (2025, March). Neurodiversity: Applying universal designs to learning in counseling spaces. American Counseling Association Annual Conference, Orlando, FL [poster presentation].

Goodman-Scott, E., Alvarez, J., & Boulden, R. (2025, March). Neurodiversity and neuro-affirming school counseling: Implications for your evidence-based MTSS framework. Evidence-based School Counseling Conference, Columbus, OH.

### **Invited Professional Speaking/Presentations**

Leigh-Osroosh, K & Goodman-Scott, E. (2025, March). How to conduct critical qualitative research: Strategies for school counseling practitioners and academics. Evidence-based School Counseling Conference: Research Day, Columbus, OH. [invited national research presentation].

Goodman-Scott, E. (2025, March). Making MTSS Work for Spotsylvania County. Spotsylvania County Schools, VA. [invited district-wide professional development].

Goodman-Scott, E. [panel member] (2025, February). Launching and sustaining a Holmes Program at your university: Building pathways for diverse educational leaders. American Association of Colleges for Teacher Education, Long Beach, CA.

Goodman-Scott, E. & Albright, A. (2025, February). Neurodiversity and neuro-affirming counseling for youth: Strategies for counselors. Mental Health Academy: 2025 Child and School Counseling Summit. [invited session for global pro bono mental health summit].

Goodman-Scott, E. (2025, January). Aligning School Counseling and MTSS for Chico Unified Schools. Chico, CA. [invited district-wide professional development].

Goodman-Scott, E. (2025, January). Making MTSS Work for Wayne County. Wayne County Schools, NC. [invited district-wide professional development].



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. EMILY GOODMAN-SCOTT

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### Invited Professional Speaking/Presentations (Cont'd)

Goodman-Scott E., and others (2024, November). Perspectives from school psychologists on the impact of active shooter drills and other school security measures: A listening session series. The National Academies: Sciences, Engineering, Medicine. [invited panel member for this congressionally mandated session, funded through the U.S. Department of Education).

Goodman-Scott E., and others (2024, November). The Biden Administration: White House Committee on the impact of active shooter drills on student health and wellbeing. [invited to represent the American School Counselor Association on a panel, to share expertise, along with a small group of representatives from other national educational associations].

Goodman-Scott, E. & Evans, A. (2024, fall). Addressing neurodiversity with neuroaffirming approaches. American Counseling Association [invited to develop and provide the first webinar in the series developed by ACA President Chris Bhat: ACA Certificate in Counseling Interventions and Evidence-Based Treatment for Children and Youth]. <https://www.counseling.org/events-education/continuing-education/certificate-in-counseling-youth-series>

Goodman-Scott, E. (2024, November). School counseling and MTSS: How do they fit together? New York State School Counselor Association [invited preconference session].

Goodman-Scott, E. (2024, November). What you need to know about universal mental health screening. New York School Counselor Association [invited conference session].

Bettters-Bubon, J. & Goodman-Scott, E. (2024, October). Leadership is CSCP and MTSS Implementation: Strategies for School Counselors. Los Angeles County Office of Education, CA [invited professional development].

Goodman-Scott, E. & Bettters-Bubon, J. (2024, October). Aligning CSCP and MTSS: Tips for new school counselors. Los Angeles County Office of Education, CA [invited professional development].

Goodman-Scott, E. (2024, September). Making MTSS Work: Building Stronger Data Systems. Durango School District, CO [invited full-day professional development].

Goodman-Scott, E. & Bettters-Bubon, J. (2024, August). Trauma-informed practices for Educators. Texas Region One Education Service Center workshop [invited four-part professional development].

Goodman-Scott, E. & Boulden, R. (2024, August). Systems Level Screening. Center for School Counseling Outcome Research Summer Summit, MD [invited talk].

# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. EMILY GOODMAN-SCOTT

### Service/Leadership

Gen.Ukrainian.Camp NGO (Gen. Ukrainian): Invited to join the Expert Council Member, 2025 (international panel)

American Counseling Association: Re-Elected to Three-Year Term on Governing Council; appointed to co-lead the Governing Council DEIJ Task-Force

Board Member: Association for Child and Adolescent Counseling

DCEPS Holmes Scholars Director, 2024-present: Director of the inaugural cohort for the DCEPS Holmes Scholars program, the ODU implementation of the national AACTE Holmes Scholars program, which provides mentoring, resources, community, opportunities, and removes barriers for doctoral students from historically marginalized identities in education disciplines.



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. BRITTANY G. SUGGS

### Publication

Johnson, K. F., Robins, L. B., & **Suggs, B. G.** (2025). Social justice in action: Mental health counselors addressing social determinants of mental health. *Journal of Mental Health Counseling*, 47(1), 17-37.

### Conference Presentations

**Suggs, B. G.**, & Sanderfer Stull, M. (2025, November 13-15). The algorithmic gatekeeper? Navigating benefits, complexities, and ethical imperatives of AI in counselor education gatekeeping [Conference educational session]. 2025 Virginia Counselors Association (VCA) Convention, Norfolk, VA, United States.

Sanderfer Stull, M., **Suggs, B. G.**, & Arusi, I. (2025, November 13-15). Balancing counselor identity with interdisciplinary expertise [Conference educational session]. 2025 Virginia Counselors Association (VCA) Convention, Norfolk, VA, United States.

Kivikoski, J., **Suggs, B.G.**, Evins, A., & Crofford, H. R. (2025, October 9-12). From frazzled to pleasantly surprised: Grappling technology integration in counselor training [Conference educational session]. Association for Counselor Education and Supervision (ACES) 2025 Conference, Philadelphia, PA, United States.

Kivikoski, J., Evins, A., Crofford, H. R., & **Suggs, B.G.** (2024, November 14 - November 16). Downloading updates: Preliminary findings based on counselors-in-training first experiences using mental health technology [Conference educational session]. 2024 Virginia Counselors Association (VCA) Convention, Hampton, VA, United States.

### Invited Talks and Lectures

Suggs, B. G. (2025, June 26). New narratives of work: Gen Z, well-being, and workplace communication. Guest speaker for the Summer 2025 Monarch Humanities Internship Academy, Old Dominion University, Norfolk, VA, United States.

Suggs, B. G. (2025, June 9). Brittany Suggs. Guest speaker for Pedagogy in Practice: A Higher Education Podcast [Virtual podcast episode]. Center for Faculty Development and University Libraries, Old Dominion University, Norfolk, VA, United States. <https://podcasts.apple.com/us/podcast/brittany-suggs/id1814953386?i=1000712096063>

Suggs, B. G. (2025, April 16). Decoding Gen Z: Mental health, communication and the evolving workplace. Guest speaker for the Excellent in Internship meeting, Monarch Internship and Co-op Office, Old Dominion University, Norfolk, VA, United States.

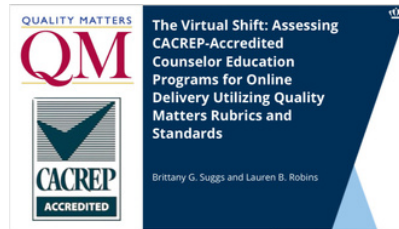
Suggs, B. G. (2025, April 2). Decoding Gen Z: Mental health, communication and the evolving workplace. Guest speaker for the 2025 Gen Z Summit ("Hiring Gen Z: Attracting, Engaging, and Retaining the Future"), Hampton Roads Workforce Development; Old Dominion University Virginia Modeling, Analysis, and Simulation Center; Suffolk, VA, United States.



# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. BRITTANY G. SUGGS

### Trainings and Workshops



Suggs, B. G. (2025, November 6). Faculty mental health and well-being. Invited workshop presenter for the 2025-2026 Faculty Well-Being Series, Office of Faculty Recruitment and Retention, Old Dominion University, Norfolk, VA, United States.

Suggs, B. G. (2025, February 25). Tech-Savvy supervision: Leveraging technology for counselor development [NBCC qualifiable supervision training session]. Counseling Program, Department of Counseling and Human Services, Old Dominion University, Norfolk, VA, United States.

Suggs B. G. (2024, September 24). Beyond pen and paper: Strategies for unique student engagement and assessment. Invited workshop presenter for the 2024 Day of Teaching, Center for Faculty Development, Old Dominion University, Norfolk, VA, United States.

### Webinars

Suggs, B. G. (2025, September 24). The empathy bridge: A new playbook for recruiting, hiring, and empowering Gen Z talent [Webinar]. ODU Employer Academy; Center for Career and Leadership Development; Student Enrollment, Engagement and Services; Old Dominion University.

+ Robins, L. B., & **Suggs, B. G.** (2025, April 11). The virtual shift: Assessing CACREP-accredited counselor education programs for online delivery utilizing Quality Matters rubrics and standards [Webinar: 271 people registered]. Association for Counselor Education and Supervision.

### Grants Applied For

Rehfuss, M. C. J. (33%; PI), Moe, J. (33%; Co-PI), Robins, L. (30%), Suggs, B. G. (20%), Kemer, G. (20%), Smith-Durkin, S. (20%), Goodman-Scott, E. (20%) (2025, January) (2025, January). Experiential training with child, adolescent, and young adult mental health for counselors and clinical supervisors. Health Resources and Services Administration (HRSA). Requested (Not Funded): \$2,400,000.00.

Moe, J. (22%; co-PI), Goodman-Scott, E. (20%; co-PI), Winfield, C. (15%), Suggs, B. G. (15%), Robins, L. (14%), Sawyer, J. (14%) (2023, July). Child, adolescent, and young adult behavioral health providers program in underserved and rural areas. Health Resources and Services Administration (HRSA). Requested (Not Funded): \$1,019,502.00.

# DISTINGUISHED FACULTY ACHIEVEMENTS

## DR. BRITTANY G. SUGGS

### Awards

Honoree, Outstanding Faculty Member Award  
Omega Delta Chapter of Chi Sigma Iota (CSI)  
ODU Chapter of Counselors for Social Justice

Honoree, WACES 2022 Publication Award  
A Tide of Technical Trends: Technology Competence Among Licensed  
Counselors  
Journal: Journal of Technology in Counselor Education (JTCE)  
Organization: Western Association for Counselor Education and Supervision  
(WACES)

Honoree, Inside Business 2024 Top Forty Under 40  
Organization: Inside Business, Virginia Media



### Department, College, & University Service

Dr. Brittany Suggs has been actively engaged in service across Old Dominion University and professional organizations. Since August 2024, she has served as a mentor in the DCEPS Holmes Scholars Program. Within the Darden College of Education and Professional Studies, she contributed to the Strategic Plan Steering Committee (July 2024 – May 2025) and the Strategic Plan Consulting Firm Selection Committee (March – June 2024). At the international level, she continues her service as an Advisory Member of the Global Issues Subdivision for the International Institute for the Advancement of Counseling Theory.

### Professional Service

Dr. Suggs' professional service demonstrates strong leadership at state, national, and international levels. She currently serves as Chair of the Continuing Education Committee for the Association for Counselor Education and Supervision (ACES) and as Chair of the VCA Division Council for the Virginia Counselors Association (VCA). She also served as a member of the 2024 VCA Convention Technology Committee. Within the Coalition for Technology in Behavioral Science (CTiBS), Dr. Suggs has contributed in several capacities: she has been a Board Member since March 2024, a member of the Telehealth Implementation Committee since January 2024, and Newsletter Editor since August 2022. She previously served on the CTiBS Steering Committee (2022–2024) and contributed as a reviewer for the Early Career Telehealth and Technology Grant.

### Leadership Roles

Additionally, Dr. Suggs has held multiple leadership roles with the Virginia Association for Counselor Education and Supervision (VACES). She served as President (2024–2025), President-Elect (2023–2024), and President-Elect-Elect (2022–2023), and now continues her leadership as Past President (2025–present).

# DISTINGUISHED FACULTY ACHIEVEMENTS

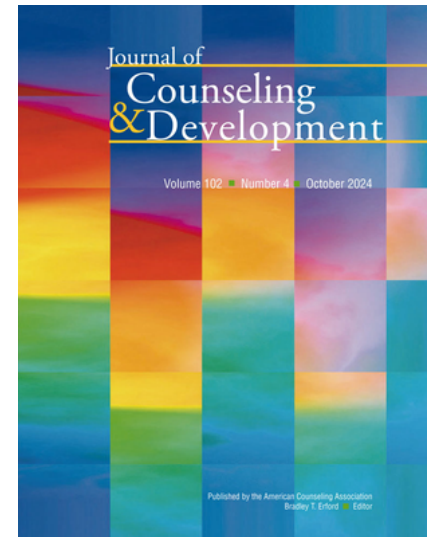
## DR. EDWARD NEUKRUG

**cognella®**ACADEMIC  
PUBLISHING

### Awards & Honors

Neukrug, E. (2025). Most published books of all time for Cognella Academic Press.

Neukrug, E. (2024). Top ten most cited article in Journal of Counseling and Development (1/22-12/23): Kalkbrenner, M., Neukrug, E., & Esquivel, L. E. (2022). Mental health literacy screening of students in Hispanic-serving institutions. Journal of Counseling and Development, 100(3), 319-329. <https://doi.org/10.1002/jcad.12428>



Neukrug, E. (2024). Faculty Research, Scholarship, and Creative Achievement Award. Old Dominion University. Given to a tenured faculty member for national prominence for high-quality research and scholarship

Received: 11 May 2021 | Revised: 6 November 2021 | Accepted: 14 November 2021  
DOI: 10.1002/jcad.12428

#### ASSESSMENT AND DIAGNOSIS

### Mental health literacy screening of students in Hispanic Serving Institutions

Michael T. Kalkbrenner<sup>1</sup> | Edward S. Neukrug<sup>2</sup> | Luis E. Esquivel<sup>1</sup>

<sup>1</sup> Department of Counseling and Educational Psychology, New Mexico State University, Las Cruces, New Mexico, USA

<sup>2</sup> Department of Counseling and Human Services, Old Dominion University, Norfolk, Virginia, USA

**Correspondence**  
Michael T. Kalkbrenner, Department of Counseling and Educational Psychology, New Mexico State University, Las Cruces, NM 88003, USA.  
Email: [mkalk001@nmsu.edu](mailto:mkalk001@nmsu.edu)

#### Abstract

Students attending Hispanic Serving Institutions (HSIs) have unique mental health needs. Despite the efficacy of mental health literacy (MHL) for supporting college student mental health, MHL research at HSIs is lacking. In a series of three studies, we found support for the psychometric properties of two MHL-based screening tools with a large sample ( $N = 846$ ) of HSI students: The Revised Fit, Stigma, and Value (FSV) Scale, which appraises barriers to counseling, and the Mental Distress Response Scale (MDRS), which measures responses to encountering a peer in mental distress. Results also supported a structural model that revealed Fit and Value as significant predictors of HSI students' positive responses to a peer in mental distress. Finally, we identified demographic subpopulations of HSI students that were especially vulnerable to barriers to counseling. The potential usefulness of the Revised FSV Scale and MDRS for enhancing MHL screening at HSIs is discussed.





# DISTINGUISHED FACULTY ACHIEVEMENTS DR. EDWARD NEUKRUG



## Books

Neukrug, E. & Britton, B. (2026). Psychopharmacology and brain transforming interventions for mental health professionals. Cognella Academic Press.

Neukrug, E. S. (2025). Theory, practice, and trends in human services: An introduction (7th ed.). Cengage Learning.

## Book Chapters

Neukrug, E. (2026). The International Institute for the Advancement of Counseling Theory. In G. Corey, Voices from the field. Cognella Academic Press.

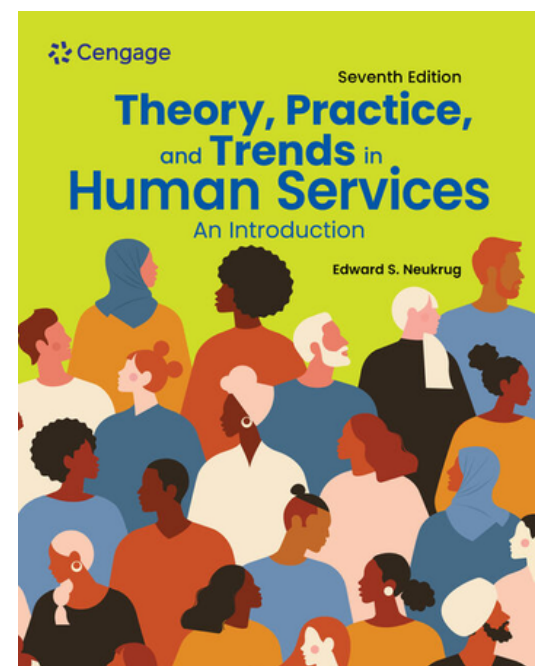
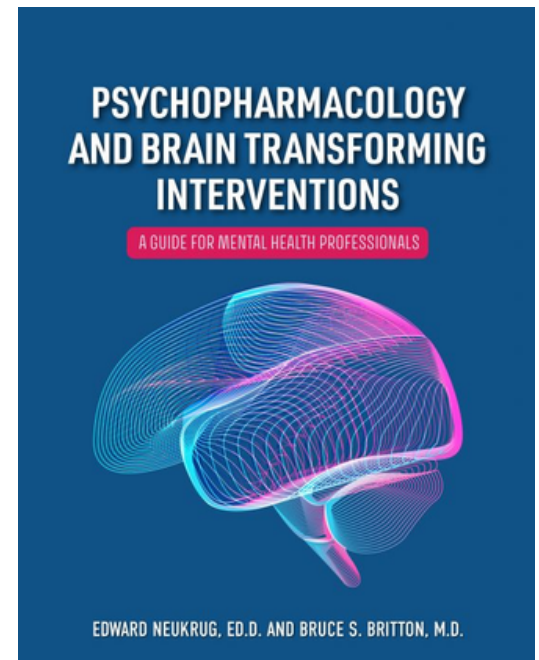
Neukrug, E. (2026). Writing your first book. In G. Corey, Voices from the field. Cognella Academic Press.

Franklin, J. L., Snow, K. C., Neukrug, E. (2025). Mental health counselors' perceptions of professional identity of correctional counselors in an integrative behavioral healthcare setting. Journal of Human Services Scholarship and Interprofessional Collaboration, 2(2), 1-30.  
<https://doi.org/10.25779/hey6-g515>

## Newsletters

Neukrug, E. (Ed; 2025, Spring). International Institute for the Advancement of Counseling Theory.  
<https://www.odu.edu/international-institute-advancement-counseling-theory/newsletters>

Neukrug, E. (Ed.). (Summer, 2025). International Institute for the Advancement of Counseling Theory.  
<https://www.odu.edu/international-institute-advancement-counseling-theory/newsletters>



# DISTINGUISHED FACULTY ACHIEVEMENTS DR. TOM SEGUIN



## **Dr. Tom Seguin & ODU Community Care: Empowering Families Through Health Access**

Dr. Seguin and the ODU Community Care team are once again leading a powerful community initiative by offering free K-12 school and sports physicals, along with supplies and wellness resources, during ODU's fourth annual Back-to-School event. Held July 22 at the ODU Virginia Beach Higher Ed Center, the event requires no insurance or ID, though appointments are highly encouraged.

This effort is especially meaningful in helping children gain timely access to required physical exams to enroll in school and participate in athletics, needs that can fall out of reach for families facing financial or access barriers.

In addition to physical exams, the event offered free dental and mental health screenings, non-perishable food items and snack bags, educational material on nutrition, teen health, and emergency preparedness, plus school supplies via raffles.

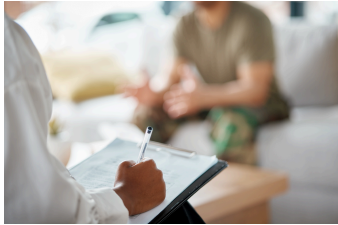
An important component of the event is its educational mission: over 80 ODU students from disciplines including nursing, physical and occupational therapy, athletic training, dental care, and counseling participated under faculty supervision. This provides hands-on experience while directly impacting community health.

Dr. Seguin's leadership, in partnership with ODU Community Care, the Ellmer School of Nursing, and local organizations, continues to demonstrate ODU's commitment to wellness, equity, and service.

Check out the details: <https://www.odu.edu/article/odu-to-offer-free-k-12-health-exams-supplies-during-back-to-school-event>

# COMMUNITY PARTNERSHIP

## DR. MOE, DR. SUGGS, & MS. JAMIE HARTSFIELD



### Navy FFSC Clinical Partnership

Thanks to the leadership of Dr. Brittany G. Suggs, Dr. Jeffry Moe, and Jamie Hartsfield, ODU's Department of Counseling & Human Services completed the first full year of a groundbreaking clinical partnership with the Norfolk Navy Fleet and Family Support Center (FFSC), embedding Monarchs in one of the region's most vital military support hubs to expand access to culturally attuned mental health services.

- **Building the Model:** Suggs, Moe, and Hartsfield teamed up with the FFSC to design community-embedded training fieldwork experiences specifically for military families' needs. The pilot launched in Fall 2024 with two graduate counseling students and two human services interns, and expanded in Spring 2025 with two additional counseling practicum students, all embedded on the FFSC team for crisis response, group work, treatment planning, and community events.
- **Scaling the Pipeline:** Ms. Hartsfield, Dr. Moe, and Dr. Suggs outlined that pathway to include 400-hour undergraduate human services internships and 100-hour graduate counseling practica now, to expand to add 600-hour graduate counseling internships and eventually allow learners to complete the full 700-hour graduate counseling clinical training within FFSC sites.
- **Faculty Leadership:** Dr. Moe (Graduate Program Director) and Ms. Hartsfield (the Human Services Internship Coordinator), along with Dr. Suggs (Graduate Clinical Coordinator for Counseling Programs), collaborate with the FFSC Team to stand up the structure, supervision, and community coordination that make the placement work at scale.
- **Early Impact:** FFSC leadership reported that students "were part of our team" and received "amazing compliments" on their work. Students described the fieldwork experiences as "fantastic," citing mentorship and comprehensive programming. FFSC clinicians highlighted the unparalleled learning environment at the world's largest Naval base.
- **Why It Matters:** This fieldwork model advances workforce readiness in counseling and human services while improving access to care for military service members and their families—showcasing ODU's capacity to bridge education and practice through innovative university-military partnerships.



**“ALONE WE  
CAN DO SO  
LITTLE;  
TOGETHER  
WE CAN DO  
SO MUCH.”  
— HELEN KELLER**



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