

Disclaimer: ODU Office of Counseling Services (OCS) does not endorse or recommend any particular provider or service. Resources included have not been certified or vetted by our office. This document is only for informational purposes to provide you with some idea of resources available in the state of Virginia and online. Contacting, selecting, or using providers/services is your responsibility, as is any cost associated. Please also contact your insurance provider to determine what your benefits include.

Providers noted below may offer more than psychiatry services. Please see the provider's specific website for more details. Also, psychiatric providers may need a referral and other documentation prior to making an initial appointment. Please contact providers for more information.

OUTPATIENT COMMUNITY PSYCHIATRY PROVIDERS

Coastal Counseling Center:
<https://www.coastalcounselingcenter.com>

Hampton Roads Behavioral Health:
<https://www.hrbhgroup.com>

Turning Point Counseling and Consulting:
<https://www.turningpointva.com>

Norfolk Psychiatric Services:
<https://norfolkpsychiatric.com>

Churchland Psychiatric:
<https://www.churchlandpsych.com>

Leva Psychiatry:
<https://levapsych.com>

Meridian Psychotherapy Services LLC:
<https://meridianpsych.net>

EVMS Psychiatry and Behavioral Sciences:
<https://evms.edu/psychiatry/>

Seaside Behavioral Health:
<https://seasidebh.com>

Rawles Psychological Services:
<https://rawlespsych.com>

Tidewater Psychotherapy Services:
<https://tidewaterpsych.com>

Virginia Beach Counseling Services:
<https://vbcounselingservices.com>

North Suffolk Psychiatry:
<https://northsuffolkpsychiatry.com>

Chesapeake Psychological Associates:
<https://chespsych.com>

Dragonfly Counseling and Consulting:
<https://www.dragonflycounselingandconsulting.com>

City of Norfolk Community Services Board (CSB):
[Admissions / Intake | City of Norfolk, Virginia - Official Website](#)

City of Virginia Beach Community Services Board (CSB):
[Behavioral Health | City of Virginia Beach](#)

City of Portsmouth Community Services Board (CSB):
[Behavioral Healthcare | Portsmouth, VA \(portsmouthva.gov\)](#)

Western Tidewater Community Services Board (CSB):
[WTCSB Mental Health Help | Western Tidewater Community Services Board](#)

City of Chesapeake Community Services Board (CSB):
[Chesapeake Integrated Behavioral Healthcare \(CIBH\) | Chesapeake, VA \(cityofchesapeake.net\)](#)

Cities of Hampton-Newport News Community Services Board (CSB):
[Services Overview - Find the Right Service For You - Hampton-Newport News CSB \(hnnscsb.org\)](#)

WEBSITES TO LOCATE ADDITIONAL COMMUNITY PSYCHIATRY PROVIDERS:

Psychology Today:
<https://www.psychologytoday.com/us>

SonderMind:
<https://www.sondermind.com>