

STUDY ON HYDRATION AND BODY COMPOSITION

**THIS STUDY IS EXAMINING THE RELATIONSHIPS
BETWEEN MEASURES OF URINE AND SALIVA
HYDRATION AND BODY COMPOSITION**

Participation Involves:

- One visit with the researchers
- Undergoing two body composition tests
- Providing one saliva sample and one urine sample
- ~45-60 minutes total

To be eligible, you must:

- Be 18 years or older
- Be under 330 lbs.
- Not have any implanted electrical devices
- Not be currently pregnant

Contact

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WHERE

**The Human
Performance Lab
in the Student
Recreation
Center (Room
2003)**