



# OLD DOMINION UNIVERSITY

## College of Health Sciences

Engaging Learners • Making Discoveries • Improving Health

Tuesday, February 6, 2024

### ODU College of Health Sciences Establishes a Student Advisory Council

In a concerted effort to strengthen the bridge between student experiences and administrative support, the Old Dominion University (ODU) College of Health Sciences established the Student Advisory Council. Comprised of representatives from each program, the council was formed with the primary goal of providing students with an avenue to express concerns, share information, and foster a deeper understanding of the varied disciplines within the College of Health Sciences.

At the heart of this initiative is the vision of Dean Bonnie Van Lunen, Ph.D., who recognizes the valuable insights that students bring to the table. The goal is to collaboratively set and achieve targets that not only benefit individual programs but also contribute to the overarching mission of the college: Engage learners, make discoveries, improve health.

[Click here to read the full story.](#)

### ODU College of Health Sciences Launches Pre-Clinical Studies Major



Old Dominion University's College of Health Sciences proudly introduces the new Pre-Clinical Studies major, a Bachelor of Science in Health Sciences (B.S.H.S.) degree program. Designed to cater to the aspirations of students with an interest in graduate health professions, this major offers an array of flexible paths tailored to individual interests.

The Pre-Clinical Studies major serves as a foundation for those aspiring to pursue graduate degrees in various health professions. This major will prepare individuals to enter graduate programs which focus on patient care and diagnostics across the lifespan. This program ensures that students can align their coursework with their future career goals, laying the groundwork for success in their chosen field.

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## Wellness Beyond the New Year at ODU's Wellness Institute & Research Center



As we find ourselves a month into the new year, it's not uncommon to reflect on the resolutions we set just weeks ago. For many, a common commitment revolves around health and wellness. Many individuals make wellness-related New Year's resolutions, only to encounter challenges in maintaining these commitments.

There's a beacon of hope for those striving to turn their resolutions into enduring lifestyle changes: Old Dominion University's Wellness Institute and Research Center (WIRC). Dr. Leryn Reynolds, Director of the WIRC, sheds light on how the institute can serve as a catalyst for sustained wellness journeys.

"The Wellness Institute and Research Center really has three branches," explains Dr. Reynolds. The first branch offers community-based, individualized, and supervised small group exercise programs: T.E.M.P.O. and Forever Fit.

[Click here to continue reading.](#)

## College of Health Sciences Dean's List Fall 2023

The Dean's List is announced at the end of each term. We congratulate the students listed below, whose academic performance for Fall Semester 2023 qualified them for recognition on the Dean's List. These students earned a 3.40 or better grade point average while completing twelve or more hours in the semester.

[Click here to see the list of students.](#)

## Bonnie Van Lunen Inducted into the Virginia Athletic Trainers' Association's Hall of Fame



Bonnie Van Lunen, Dean of Old Dominion University's College of Health Sciences, was recently inducted into the Virginia Athletic Trainers' Association's Hall of Fame.

The Virginia Athletic Trainers' Association (VATA) announced the induction of Bonnie Van Lunen, Dean of Old Dominion University's College of Health Sciences, into the VATA Hall of Fame. The ceremony took place during VATA's annual meeting held in Hampton, VA.

ODU Provost and Vice President for Academic Affairs, Austin Agho said, "Dean Van Lunen's recognition is a source of pride for the ODU community. We congratulate her on this distinguished award, acknowledging her outstanding leadership in athletic training and her enduring commitment to excellence in higher education."

Van Lunen's career, spanning over three decades, has set her apart as a true leader in the field of athletic training. Her continuous contributions to the advancement of the practice in the Commonwealth of Virginia have earned her the admiration and respect of her peers. VATA President Michael Kotelnicki commended Van Lunen, stating, "She is a strong mentor for both students and colleagues, a fierce advocate for the athletic training profession and an overall high-quality human being."

[Click here to continue reading.](#)

## Dr. Julie Cavallario named VATA 2024 Researcher Athletic Trainer of the Year



Dr. Julie Cavallario, Associate Professor in the ODU College of Health Sciences and Graduate Program Director for the Athletic Training Program, has been honored with the 2024 Researcher Athletic Trainer of the Year award by the Virginia Athletic Trainers' Association (VATA). Selected from a competitive pool of athletic trainers across Virginia, Dr. Cavallario's excellence in practice and her significant contributions to the field of athletic training were recognized during VATA's annual meeting in Hampton, VA.

VATA President, Michael Kotelnicki, praised Dr. Cavallario's research endeavors, stating, "Dr. Cavallario is a leading researcher and advocate in athletic training clinical education and professional advancement." Dr. Cavallario's extensive body of scholarly work, including numerous published research articles and successful grant-funded projects, underscores her commitment to advancing the standards of athletic training research. Her dedication to elevating the profession is applauded by colleagues.

In celebrating Dr. Cavallario's achievement, the College of Health Sciences proudly acknowledges her invaluable contributions to the continued growth and development of athletic training and health sciences.

## Angela Wilson is a CURE Grant Winner

Angela Wilson, Clinical Assistant Professor, in the School of Medical Diagnostic & Translational Sciences receives CURE grant for her project titled, "Investigating Bacteria isolated in Dental Caries of Siblings.

[Click here to read the full story.](#)

## Recreational Therapy Month

Every February the American Therapeutic Recreation Association (ATRA) celebrates Recreational Therapy (RT) month to celebrate and advocate for the profession, as well as to educate their communities about the power of recreational therapy. This year's theme is "Together We Thrive, Together We Rise!" Please take some time this month to recognize recreational therapy faculty this month.



**Registration for Dental Hygiene's Winter Weekend, a Continuing Education Program, is open until Feb. 16**



Dental Hygiene's Winter Weekend Continuing Education Program returns on February 23-24, 2024, offering dental hygiene professionals a valuable opportunity to expand their expertise. Designed for an immersive learning experience, the program presents a curated lineup of courses, providing participants with 15 CE hours. Courses are offered virtually, allowing attendees to engage in live and recorded webinars at their convenience.

Complementing the virtual offerings, an in-person Winter Weekend Exhibit Hall awaits attendees on February 24, 2024, at the Priority Club in S.B. Ballard Stadium from 6 p.m. to 8:00 p.m. This exclusive event provides a space for networking, exploration of exhibits, and gaining insights in a more interactive setting. [Event details and registration information can be found on the official website.](#)

## Featured Photo: 2024 3MT Competition



Five ODU students competed in the University's seventh annual 3-Minute Thesis (3MT®) competition on Jan. 19 at the University Theatre, including Emily Regan, a graduate student in dental hygiene.

## Recent Publications

### [Unlocking the Forensic Power of Dental Records](#)

Brenda Bradshaw, School of Dental Hygiene

Dental records are critical for forensic dentistry and human identification.

### [Populational Variations of Cheiloscopy Patterns: A cross-sectional observation pilot study](#)

Brenda Bradshaw, Emily Smith Regan, Ann Bruhn, Walter Melvin, School of Dental Hygiene

Lip print variations among populations are not affected by parafunctional oral habits.

[Dental hygiene students' matching accuracy when comparing antemortem dental radiographs and oral photographs to simulated postmortem WinID3® odontograms](#)

Brenda Bradshaw, Amber Hunt, Emily Ludwig, Tara Newcomb, School of Dental Hygiene

Dental hygiene formal education provides foundational skills that are transferrable for forensic odontology.

[Effectiveness of constraint-induced language therapy for aphasia: Evidence from systematic reviews and meta-analyses](#)

Anastasia Raymer, School of Communication Sciences and Disorders

Greater intensity of training in terms of dose frequency has a more potent effect than forced verbal language use during speech therapy for aphasia recovery following stroke.

[A dynamical systems approach to characterizing brain-body interactions during movement: Challenges, interpretations, and recommendations](#)

Christopher Rhea, College of Health Sciences

Voluntary human movement is controlled through coordination between the brain and body. However, the contribution of each of these entities is typically studied separately. In this paper, we present a theoretical framework for how (and why) to study brain-body coupling, along with presenting analytical tools to accomplish this task.

[Sensory reweighting system differences on vestibular feedback with increased task constraints in individuals with chronic ankle instability compared to healthy controls](#)

Christopher Rhea, College of Health Sciences

Chronic ankle instability causes a reorganization of how sensory information is used to control movement. In this paper, we explore the role of vestibular feedback and task constraints on neuromotor reorganization.

[Do attentional focus cues affect the type or number of explicit rules? Proof of concepts of the self-invoking trigger or explicit knowledge hypotheses](#)

Christopher Rhea, College of Health Sciences

The manner in which attention is focused during tasks can play a role in human movement performance. This study examined the role of attentional focus on attention and working memory during an upper limb task.

## Call for Stories, Publications

The College of Health Sciences will be listing recent faculty publications. If you've published a paper this semester, [click here to share your publications](#).

Share your stories about:

- Research
- Grants
- Teaching success
- Awards and honors
- Student success
- Alumni success
- Interdisciplinary collaboration
- Students getting experience in the field
- Community service
- Events
- Anything else that shows how unique our programs are and how great it is to be a Monarch!
- If you are featured in the media, please share that as well.

**Deadline to be featured in the next newsletter is February 16**, but the "call for stories" is constant. Please share your story ideas with Erica Howell at [ehowell@odu.edu](mailto:ehowell@odu.edu).

## Follow us on LinkedIn

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