

# *Reflections*

The Department of  
Counseling & Human Services

## *Newsletter*



2023-2024



# Greetings to our Readers!

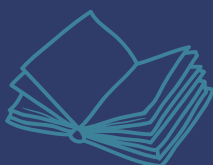
AS WE PREPARE TO EMBARK ON A NEW SCHOOL YEAR, LET'S  
TAKE A MOMENT TO LOOK BACK AND REFLECT ON ALL THE  
WONDERFUL ACHIEVEMENTS HIGHLIGHTED  
IN THIS ANNUAL REVIEW.

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EDITOR:  
DR. LAUREN ROBINS

ASSISTANT EDITORS:  
JILL KIVIKOSKI &  
DANIELLE RODGERS







# Department Chair Address

## Dr. Mark Rehfuss

THANK YOU FOR YOUR SERVICE.

Dear Students, Alumni, Staff and Faculty of CHS,

We're excited to start a new year, especially with some fantastic updates for you. This year, we're launching our *online counseling program in Clinical Mental Health* and hope to try out an *accelerated option for the Human Services distance learning program* in the spring or next fall, making your education even more accessible and flexible.

We're also thrilled to introduce several new faculty members who will be key to our students' journey:

- **Tom Seguin**, Clinical Professor of Counseling, who will bring his real-world experience into your coursework.
- **Maggie Grindrod** and **Pe'Atra Wilson**, Lecturers in Human Services, both dedicated to your success and ready to share their expertise.

Students, as you dive into your studies, remember that whether you're learning online or in person, our commitment to your growth and future remains strong. This year is all about innovation, opportunity, and making an impact—both in your education and in the lives of those you'll serve.

Here's to a great year ahead! We're so glad to have you with us.

Best regards,

Dr. Rehfuss

# *Leading By Example*

## 2024 DIVERSITY CHAMPIONS



Dr. Judith Wambui Preston, Dr. Shuntay Tarver  
& Travis Jacobs, M.S.Ed

### THE DARDEN COLLEGE OF EDUCATION & PROFESSIONAL STUDIES DIVERSITY, EQUITY & INCLUSION STATEMENT

"The Darden College of Education & Professional Studies is dedicated to engaging in intentional and ongoing efforts to create a culturally sustaining climate that is committed to equity, inclusivity, and diversity. We are devoted to fostering a diverse community of faculty, staff, and students in uncovering and addressing systemic barriers, promoting an inclusive and equitable community, and supporting social justice in our programs and in the professional disciplines for which we prepare our students. Such dedication includes aligning our efforts with the university's strategic plan, evaluating our progress and adjusting our efforts to meet our evolving goals.

The Darden College of Education & Professional Studies strives to build a culture of inclusivity which helps our faculty and students thrive in scholarship, knowledge generation and community engagement. We believe these efforts will assist our university in meeting the needs of a rapidly changing world and our success depends upon the robust exchange of ideas across cultures."

# NOTEWORTHY

## *Accomplishments*

### DCEPS 2024 OUTSTANDING STUDENT AWARDS



Dr. Betsy Perez  
Awarded the  
*Dr. Jane S. Bray  
Student of the Year Award!*

## Stellar Human Services!

Frank Scaringello,  
Jamie Hartsfield,  
Annika Tan,  
Courtney Abston,  
Madison Stevens,  
& Dr. Kevin Snow





# NOTEWORTHY

## *Accomplishments*

DCEPS 2024 OUTSTANDING STUDENT AWARDS



Annika Tan  
*Outstanding Human Services  
Student*



Madison Stevens  
*Outstanding  
Human Services  
Intern*

Courtney Abston  
*Awarded the Jill C. Dustin  
Excellence in Service and  
Leadership Award!*





# NOTEWORTHY

## *Accomplishments*

### DCEPS 2024 OUTSTANDING STUDENT AWARDS

Kacey Bunting  
*Outstanding Master's  
Student – Mental Health  
Counseling*



Charnita Clements  
*Outstanding  
Master's Student –  
School Counseling*



Dr. Betsy Perez  
& Dr. Nicholas D. Schmoyer  
*Outstanding Doctoral Student in  
Counseling*

# NOTEWORTHY

## *Accomplishments*

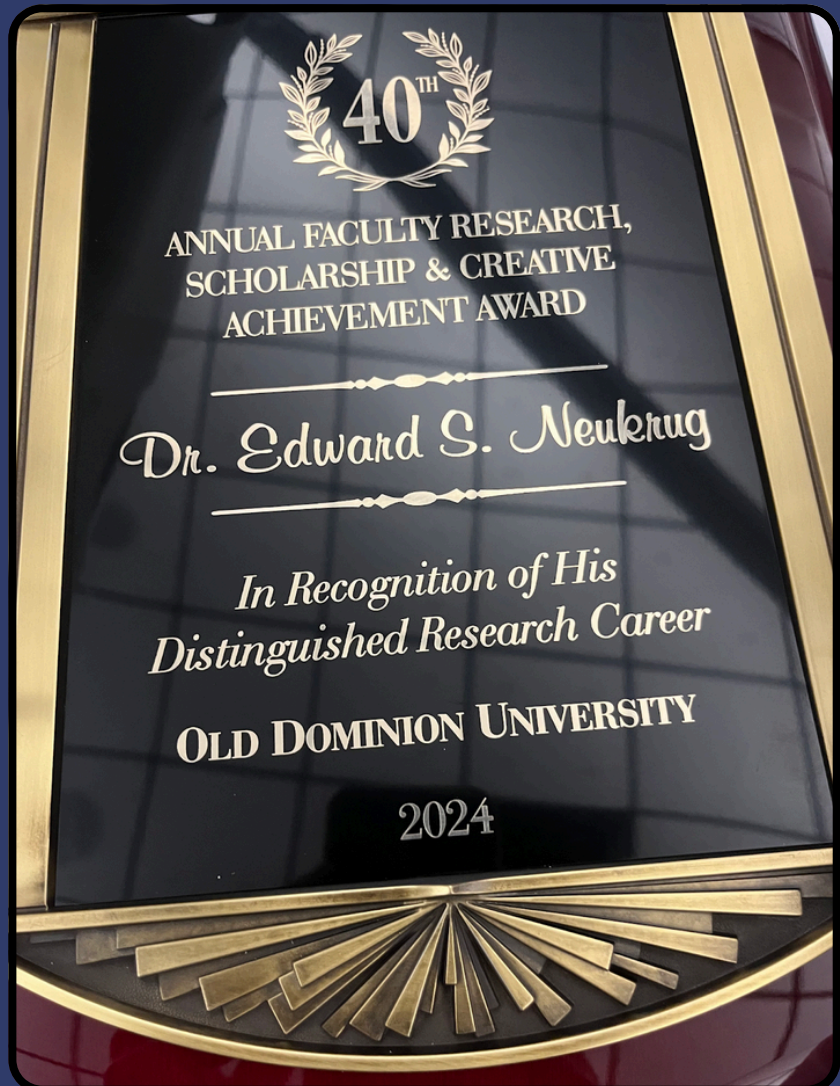
IN RECOGNITION OF A DISTINGUISHED RESEARCH CAREER



Dr. Ed Neukrug  
Awarded the  
*40th Annual Faculty  
Research, Scholarship, and  
Creative Achievement Award!*

2023-24 Faculty and  
Administrator Awards and  
Service Recognition  
35 Year Service Award

Dr. Neukrug's 44 years of teaching have been dedicated to enhancing counseling skills and theory as well as assessment. He was named the Batten Endowed Chair of Counseling and helped found the International Institute for the Advancement of Counseling Theory.





# Noteworthy Accomplishments

WHAT A FABULOUS DEPARTMENT!

## JESSICA HUFFMAN

Winfield, C., Hughes, K., & **Huffman, J.** (2023). Non-Traditional Adult Learners After COVID-19: Applying National Standards for Online Teaching in Human Service Education. *Journal of Human Services*, 42(2).

<https://doi.org/10.52678/001c.91200>

**Recognized as NAMI Virginia's Young Leader of the Year!**

**LPC Licensure and NCC Credentials in January 2024**

Started a position as the Chief Wellness Officer for the Virginia Beach Police Department (& was in the news about it!)

<https://www.wtkr.com/virginia-beach-police-hires-new-wellness-coordinator-to-assist-with-officer-mental-health-needs>

**CHECK IT OUT**



**VACES GRANT AWARDED TO HANK CROFFORD, AJAYLA EVINS & JILL KIVIKOSKI**



You have to create your own path and I'm up to the challenge.  
Octavia Spencer

# Faculty Feature:



## Dr. Jeffry Moe

A LIFETIME OF ACHIEVEMENT

## 2024 ACA FELLOWS AWARD



The American Counseling Association Fellows Award acknowledges ACA members of professional distinction for significant and unique contributions to the counseling profession on a national level. ACA Fellows have a record of demonstrated success, and their work has an enduring impact. This award recognizes those who have gone beyond quantity and provided quality work that has influenced, changed, and significantly advanced the counseling profession and/or counselor practices through their professional practice; scholarly achievement; leadership and governance; and/or teaching, training, supervision and mentoring.

Throughout his career, Dr. Moe's main scholarship focus has been LGBTQ issues in Counseling. His scholarship has appeared in numerous journals. He has served as president of the Virginia Association for LGBT Issues in Counseling, and in 2022, Dr. Moe began serving as the Editor in Chief of the Journal of LGBTQ Issues in Counseling, an international peer-reviewed journal. In the Spring of 2017, Dr. Moe received the Old Dominion University President's Diversity Award for advocacy with and on behalf of LGBTQ communities.





# Faculty Feature...

## Dr. Jeffrey Moe



### Presentations:

**Moe, J.**, & Barburoglu, Y. (2023). Reclaiming Evidence-Based Practice for International LGBTGEQIAP+ Liberation. Educational Session for the Society for Sexual, Affective, Intersex, and Gender Expansive Identities 2023 Virtual Conference.

McKinney, R., **Moe, J.**, Bell, T., & Rheineck, J. (2023, October). Next Steps: A Panel Discussion. Live Panel for the Society for Sexual, Affective, Intersex, and Gender Expansive Identities 2023 Virtual Conference.

Pope, A., & **Moe, J.** (2023, October). Strategies to Integrate LGBTGEQIAP+ Affirming Counseling and Promote Allyship across Master's Program Curricula. Educational Session for the Society for Sexual, Affective, Intersex, and Gender Expansive Identities 2023 Virtual Conference.

### Publications:

Sparkman-Key, N., **Moe, J.**, Augustine, B., & Belcher, T. (2023). Human service student's preparedness for assessing suicidality: Recommendations for human services education. *Journal of Human Services*, 42(2), <https://doi.org/10.52678/001c.90175>

Holland, D., **Moe, J.**, Schwitzer, A., Pribesh, S. and Franklin, J. (2023) Counselors' perceptions of their preparedness for telemental health services: A phenomenological examination. *Telemedicine Reports*, 4(1), 279-285. <http://doi.org/10.1089/tmr.2021.0011>

**Moe, J.**, Perera, D., & Rodgers, D. (2023). Promoting wellness at the intersections of gender, race and ethnicity, and sexual-affectual orientation identities. *Journal of Mental Health Counseling*, 45(3), 231-246. <https://doi.org/10.17744/mehc.45.3.04>

**Moe, J.**, Sparkman-Key, N., Gantt-Howery, A., Augustine, B., & Clark, M. (2023). Exploring the relationship between minority stress, hope, and suicidal behavior across diverse LGBTQ populations. *The Journal of Lesbian, Gay, Bisexual, Transgender, & Queer Issues in Counseling*, 17(1), 40-56. <https://doi.org/10.1080/26924951.2022.2105773>

# Faculty Feature...



## Dr. Chaniece Winfield

LEADING THE WAY

### MULTI-AWARD WINNER!



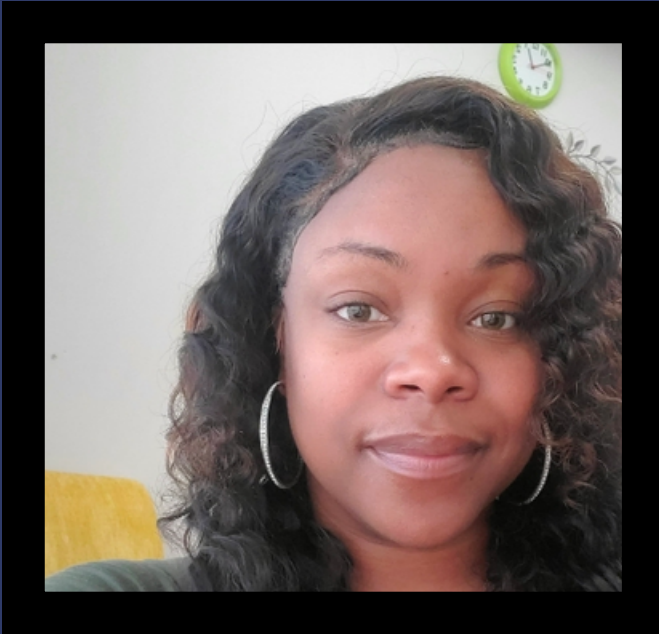
- Recognized as Inside Business Top 40 under 40
- Recognized as Inside Business Women in Business awardee
- Recognized as National Association for Addiction Professionals (NAADAC) William F. Callahan Leadership Award recipient
- Recognized as one of the 100 Women to KNOW in America awardee by the KNOW women

- Received the DCEPS Faculty Service Award
- Received Provost's Initiative for Retention of Underrepresented Faculty (PI-RUF) award
- Recognized by Pearson Higher Education as an excellence in higher education award finalist for Community advancement, Trailblazing innovation, Transforming student experiences



# Faculty Feature...

## Dr. Chaniece Winfield



### Publications:

**Winfield, C.J** & Sawyer, J.M (2024) "Understanding the addiction recovery experience: The use of experiential learning in undergraduate human services," *Journal of Human Services: Training, Research, and Practice*. 10(2).

**Winfield, C.**, Hughes, K., & Huffman, J. (2023). Non-Traditional Adult Learners After COVID-19: Applying National Standards for Online Teaching in Human Service Education. *Journal of Human Services*, 42(2).  
<https://doi.org/10.52678/001c.91200>

### Presentations:

**Winfield, C.** (2023, November). Experiential learning in addiction education using Virtual Reality. Educational Session presented at the 2023 Annual Conference of the National Organization for Human Services [NOHS] Alexandria Virginia.

Carlisle, K., **Winfield, C.**, & Snow, K. (2023, November). Integrated Behavioral Health, Interprofessional Collaboration and Interprofessional Education. Educational Session presented at the 2023 Annual Conference of the National Organization for Human Services [NOHS] Alexandria Virginia.

**Winfield, C.** (2023, October). Experiential learning in addiction education using Virtual Reality. Educational Session at the 2023 Annual Conference of the National Association for Addiction Professionals [NAADAC]. Denver, Colorado.



# Faculty Feature...

## Dr. Kristy Carlisle

Awarded The Professional Counselor (TPC) Outstanding Scholars Award for Quantitative Research. (2023)



### DR. CARLISLE, YOU'VE ACCOMPLISHED A GREAT DEAL!

#### Position:

##### **Advisory Board Member of:**

Interprofessional Healthcare, Education, Practice, and Research (I-hear) and **Faculty Supervisor** at Free Interprofessional Healthcare Clinics, as part of Advanced Practice Registered Nurse Mobile Health Clinics. U.S. Public Health Service: Health Resources & Services Administration (HRSA): (\$954,608).

#### Invited Presentation:

**Carlisle, K.**, & White, K. (2024, January) *Trauma-informed pedagogy*. School-University Partnership, Norfolk Public Schools, Norfolk, VA.

#### Peer-Reviewed Presentations:

**Carlisle, K.**, Winfield, C., & Snow, K. (2023, November). Integrated Behavioral Health, Interprofessional Collaboration, and Interprofessional Education. National Organization for Human Services (NOHS) Annual Conference, Alexandria, VA.

Ramrakhiani, S., **Carlisle, K.**, & Chavez, M. (2023, October). Preparing counselor educators to support BIPOC students: Lessons from BIPOC counseling graduate students. Association for Counselor Education and Supervision (ACES), Denver, CO.

#### Student-Lead Presentation:

Dubois, R., & **Carlisle, K.** (faculty supervisor). (Fall, 2023). Health parent-child relationship-building. Board of Visitors, Old Dominion University, Norfolk, VA.

#### Editorship:

**Carlisle, K.** (Ed.). (2023) Journal of Human Services Scholarship and Interprofessional Collaboration, 1(1), 1-40.  
<https://digitalcommons.odu.edu/jhssic/>

#### Publications:

Moran, D., **Carlisle, K.**, Yaghoobi, S., Snider, C., & Acree, J. (2024). A call for school counselors to rethink strengths-based assessments for Hispanic students. Journal of Latinos and Education, 23(1), 1-13.  
<https://doi.org/10.1080/15348431.2024.2318333>

Brown, E., Burgess, M., **Carlisle, K.**, Welch, M., & Davenport, F. (2024). Adverse and positive childhood experiences of professional school counselors as predictors of compassion satisfaction and fatigue. The Professional Counselor.



JOURNAL OF HUMAN SERVICES SCHOLARSHIP  
AND INTERPROFESSIONAL COLLABORATION

[HTTPS://DIGITALCOMMONS.ODU.EDU/JHSSIC/](https://digitalcommons.odu.edu/jhssic/)



# Faculty Feature...

## Dr. Stephanie Smith-Durkin

DR. SMITH-DURKIN, YOU'RE EXCEPTIONAL IN YOUR PROFESSION !

### Position:

- Assistant Professor
- Ed.S. Program Coordinator

### Publications:

#### Peer Reviewed Journals:

Donahue, P., **Smith-Durkin, S.** & Frank, A. (2024). Strategies to enhance implementation fidelity in school counselor-led culturally affirming Tier 2 groups. *Professional School Counseling*, 28(1a).

#### Textbook Chapters:

Mayes, R. D., Shell, E. M. K., & **Smith-Durkin, S.** (2023). An antiracist approach to counseling gifted Black boys with disabilities. In *Black Males in Secondary and Postsecondary Education*. (Vol. 9, pp 123-140). Emerald Publishing Limited.

Bettters-Bubon, J., **Smith-Durkin, S.**, & Kortemeier, H. (2023). Culturally affirming and antiracist MTSS: Advocating for equity for every student. In *The School Counselor's Guide to Multi-Tiered Systems of Support* (pp. 61-93). Routledge.

### Presentations:

Perez, B. & **Smith-Durkin, S.** (2024, March). Social justice in urban charter schools: What do we know? Presented at the virtual Evidence-based School Counseling Conference.

Rutledge, M. & **Smith-Durkin, S.** (2023, December). Utilizing an antiracist school counseling framework. Presented at the ASCA@Home: Systemic Change in Action virtual conference.

**Smith-Durkin, S.** & Goodman-Scott, E. (2023, October). Training school counselors to use an antiracist lens to data and MTSS. Presented at the Association of Counselor Education and Supervision, Denver, Colorado.

**Smith-Durkin, S.**, Goodman-Scott, E., & Nwosu, J. (2023, July). An antiracist lens to data and MTSS. Presented at the American School Counselor Association Conference, Atlanta, Georgia.

Donohue, P. & **Smith-Durkin, S.** (2023, July). Creating effective and equitable tier 2 groups within MTSS. Presented at the American School Counselor Association Conference, Atlanta, Georgia.

Rutledge, M., Jamison, R., & **Smith-Durkin, S.** (2023, July). Utilizing an antiracist school counseling framework. Presented at the American School Counselor Association Conference, Atlanta, Georgia.



Systemic Change in Action  
**ASCA@home** DECEMBER 7-8, 2023

## The Anti-Racist School Counseling Framework



Dr. Marsha Rutledge &  
Dr. Stephanie-Smith Durkin



December 7, 2023 @3:00 p.m. EST



# Faculty Feature...

## Dr. Emily Goodman-Scott

Director of the Holmes Scholar Program, Darden College of Education & Professional Studies

Research Fellow, The Ronald H. Fredrickson Center for School Counseling Outcome Research & Evaluation (CSCORE), Fall 2023.

Co-Organized *Every Brilliant Thing*- theater production at ODU (spring 2024)

Organized VSCA & VASC State-Zoom Discussion on *Supporting the Needs of LGBTQIA+ Students in the Current Climate* (spring 2024)

2025 SCHEV Virginia Outstanding Faculty Awards Program

### Holmes Scholar Program



Congratulations to new director, Dr. Emily Goodman-Scott!

#### ABOUT THE PROGRAM:

This fully-funded program is dedicated to supporting students who self-identify as racially and ethnically diverse, are pursuing a doctoral degree in an education-related field, and who are interested in pursuing a career in academia. Holmes Scholars have access to a national network of faculty & peers, professional development, and more.

#### QUESTIONS?

Contact  
[DCEPSHOLMESScholarProgram@odu.edu](mailto:DCEPSHOLMESScholarProgram@odu.edu)





# Faculty Feature...

## Dr. Emily Goodman-Scott

DR. GOODMAN-SCOTT, YOU'VE ACHIEVED SO MUCH!

### Book:

**Goodman-Scott, E.**, Betters-Bubon, J., & Donohue, P., Olsen, J. (Eds.). (2023). *A School Counselor's Guide to Multi-tiered Systems of Support* (2nd ed.). Routledge.

### Journal Articles:

\*Roberts, A., **Goodman-Scott, E.**, & Edirmanasinghe, N. (2023). The experiences of school counselors providing virtual services during Covid-19: A phenomenological investigation. *Professional School Counseling*, 27(1), 1-10. <https://doi.org/10.1177/2156759X231199738>

**Goodman-Scott, E.** & \*Perez, B. (2023). "In spite of the storm, I saw bright spots:" School counselors experiences during COVID-19. *Professional School Counseling*, 27(1), 1-14. <https://doi.org/10.1177/2156759X231199724>

### Book chapter:

**Goodman-Scott, E.**, & Cholewa, B. (2023). Research design: Qualitative approaches. In B. Zyromski & C. Dimmitt (Eds.), *School counseling research: Advancing the professional evidence base* (1st ed., 192-236). Oxford University Press.

**Goodman-Scott, E.** (October, 2023). Podcast for the Military Child Education Coalition [MCEC] Global Training Summit [podcast to accompany invited preconference session for global conference serving K-12 military-connected educators in the continental U.S. and Department of Defense Schools abroad]. Retrieved from: <https://podcasts.apple.com/us/podcast/multi-tiered-systems-of-support/id1386801038?i=1000630028617>

Smith-Durkin, S. & **Goodman-Scott, E.** (2023, October). Training school counselors to utilize an anti-racist lens to MTSS data. Association for Counselor Education and Supervision, Denver, CO.

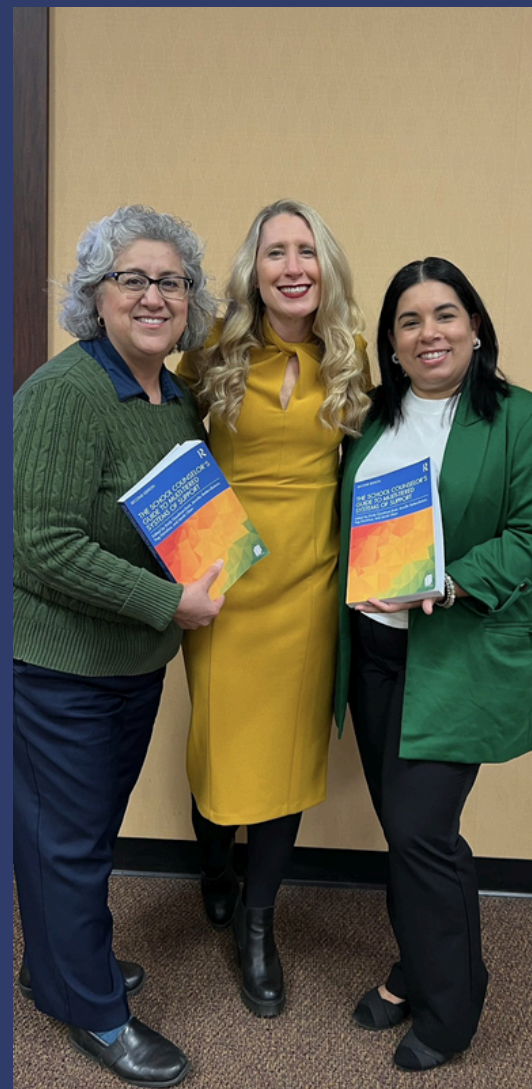
Betters-Bubon, J., Chan, C., Dari, T., Gallo, L., Gibson, D., **Goodman-Scott, E.**, McKibben, B., Purgason, L., Watcher Morris, C. A., Gay, J. (2023, October). Suicide risk assessment and intervention in school counselor training panel. Association for Counselor Education and Supervision, Denver, CO.

Goodman-Scott, E. (2024, February). MTSS: Breaking Down Barriers. Character Strong Summit: Bridging Silos, Unlocking Synergy, Integration is Key [invited presenter at national virtual summit].

Rheineck, J., **Goodman-Scott, E.**, & Bounds, P. (2023, December). *LGBTQ+ youth: Current needs and practical recommendations for counselors and counselor educators*. National webinar sponsored by the Association for Counselor Education and Supervision and Chi Sigma Iota [invited webinar].

**Goodman-Scott, E.** (2023, November). Using MTSS to serve every student: Background, tips, tricks, and strategies. Texas Region One Education Service Center workshop [invited keynote speaker].

Goodman-Scott, E. (2023, August). MTSS scholarship: Where we have been and where we are going. National School Counselor Education Summit: Center for School Counseling Outcome Research and Evaluation: University of Massachusetts Amherst.



“  
new episode

**MULTI-TIERED  
SYSTEMS  
OF SUPPORT**

”  
**WITH DR. EMILY GOODMAN-SCOTT**

ASSOCIATE PROFESSOR, GRADUATE PROGRAM DIRECTOR, AND  
SCHOOL COUNSELING COORDINATOR AT OLD DOMINION UNIVERSITY



# Faculty Feature...

## Dr. Lauren Robins

DR. ROBINS, YOU'RE ESTEEMED FOR YOUR EXPERTISE!

### New Position:

Counseling Online Program Coordinator

### Accomplishments:

Began development of the new Online MEd in Counseling program in Summer 2023; First cohort in Spring 2024

### Grants:

Addressing Social Determinants of Health through Cognitive Behavioral Therapy: A Supervised Training Program



### Presentations:

**Robins, L.B.** & Johnson, K.F. (July, 2024). The Adultspan Journal Fellowship Program: A Structured and Mentorship-Based Experience. Educational session presented at the Association for Adult Development and Aging in Atlanta, Georgia.

Johnson, K.F., **Robins, L.B.**, Clemons, K. (February 2024). Social Determinants of Mental Health: Outcomes From Assessing and Addressing The First Layer of Diversity. Educational session presented at the American College Counseling Association (ACCA) Annual Conference in Orlando, Florida.

Brookover, D.L., **Robins, L.B.**, Johnson, K.F., Gantt-Howrey, A., & Clemons, K. (October, 2023). Anti-racist health equity focused school counseling internship: Process and outcomes. Presented at the Association for Counselor Education and Supervision in Denver, Colorado.

## OLD DOMINION UNIVERSITY ONLINE M.S.ED IN COUNSELING

NOW REVIEWING APPLICATIONS  
FOR SPRING 2025!

NO GRE REQUIRED!

DON'T MISS OUT!  
APPLY NOW!



 Dr. Lauren Robins | Distance Learning Coordinator | LRobins@odu.edu

 <https://www.odu.edu/academics/programs/masters/mental-health-counseling>





# Faculty Feature...

## Dr. Lauren Robins



Johnson, K.F., Gantt, A.C., Duyile, B.E., **Robins, L.B.**, & Dockery, N. (2023). Career Counselors Addressing Social Determinants of Mental Health in Rural Communities. *The Professional Counselor*.

Johnson, K.F., Clemons, K., **Robins, L.B.**, Gantt-Howrey, A. Shaikh, A., & Jones, H. (2023). Experiences of school counseling trainees in a primary care integrated behavioral health care practicum. *Teaching and Supervision in Counseling*.

Jones, J. Lancaster, J., **Robins, L.B.**, & Duyile, B. (2023). Utilization of the Social Determinants of Mental Health Framework with Older Adults for Assessment, Case Conceptualization, and Treatment Planning. *Adultspan Journal*.

**Robins, L. B.**, Johnson, K. F., Duyile, B., Gantt-Howrey, A., Dockery, N., Robins, S. D., & Wheeler, N. (2023). Family counselors addressing social determinants of mental health in underserved communities. *The Family Journal*, 31(2), 213-221.  
<https://doi.org/10.1177/10664807221132799>

### Publications:

Gantt-Howrey, A., Brookover, D. L., & **Robins, L.** (in press). Addressing social determinants of mental health through cognitive behavioral therapy. *Journal of Counseling & Development*.

Gantt-Howrey, A., **Robins, L.B.**, Dockery, N., Brookover, D., & Johnson, K.F., (In Press). Health care supervisors in training SDOH competence and motivation to address SDOH. *Counselor Education and Supervision*.

**Robins, L.B.**, Rodgers, D. Barburoglu, Y., Griffith, J.A., & Arnold, C. (2024). Unlocking adolescent mental health: Exploring social determinants and depression with the social ecological model. *Journal of Human Services*.

**Robins, L.B.**, Schmoyer, N., Clemons, K., Smith, A., & Kivikoski, J. (2024). The hidden impact of social determinants of health in adolescence. *The Journal of Human Services Scholarship and Interprofessional Collaboration*

Schmoyer, N., Corbin, L., & **Robins, L.B.** (2024). Integrated behavioral health training in counselor education: A call to action. *The Journal of Integrated Primary Care*.

Gantt-Howrey, A., Park, C. J., Griffith, J., Jones, J., **Robins, L.B.**, & Johnson, K. (2024). Addressing social determinants of health: Supporting ex-offenders' employment through use of the systems theory framework. *Journal of Employment Counseling*.





# Faculty Feature...

## Mr. Frank Scaringello

MR. SCARINGELLO, YOU ARE A DEDICATED CHAMPION OF THE COMMUNITY!

Raised money to benefit Here 4 the Girls, a local non-profit organization that assists women diagnosed with breast cancer. Coordinated faculty and family attendance (21 people) at Lady Monarchs game to raise awareness about breast cancer.



Coached young runners (age 5 to 13) for the Tidewater Striders New Energy Program. Selected as Coach of the Year.

Raised \$230 to support Djimon Hounsou Foundation which promotes a connection through running to heal the wounds of slavery





# Faculty Feature...

## Dr. Gülşah Kemer

### DR. KEMER, YOU'RE AN ALL STAR!

#### **Presentations:**

Neuer Colburn, A., Li, C., **Kemer, G.**, Sunal, Z., & Toscano, M. Supervision experiences and strategies affirming LGBTGEQIAP+ identified persons. Education session presented at the Association for Counselor Education and Supervision Conference, Denver, CO, October 11-15, 2023.

**Kemer, G.** Cohesive Model of Supervision: An evidence-based approach. Education session presented at the Association for Counselor Education and Supervision Conference, Denver, CO, October 11-15, 2023.

**Kemer, G.**, Wambui Preston, J., Şchmoyer, N., & ŞAkpakir, Z. Supervision of residents in counseling: What are seasoned supervisors' supervision considerations? Poster presented at the Association for Counselor Education and Supervision Conference, Denver, CO, October 11-15, 2023.

#### **Publications:**

Howrey-Gantt, A., Wood, E., & **Kemer, G.** (2024). Counselor trainee cognitive complexity: Peer interactions and assessments. *Teaching and Supervision in Counseling*, 6(1), 91-106.

Giresunlu, Y., **Kemer, G.**, & Akpınar-Elçi, M. (2024). Supervision of counselor trainees in Integrated Behavioral Health (IBH) settings. *Counselor Education and Supervision*, 1-14.

Micallef Marmara', S., & **Kemer, G.** (2024). An investigation of healthcare professionals' perspectives on the tasks of mental health counselors in hospital settings. *Journal of Counseling and Development*, 102, 82-95.

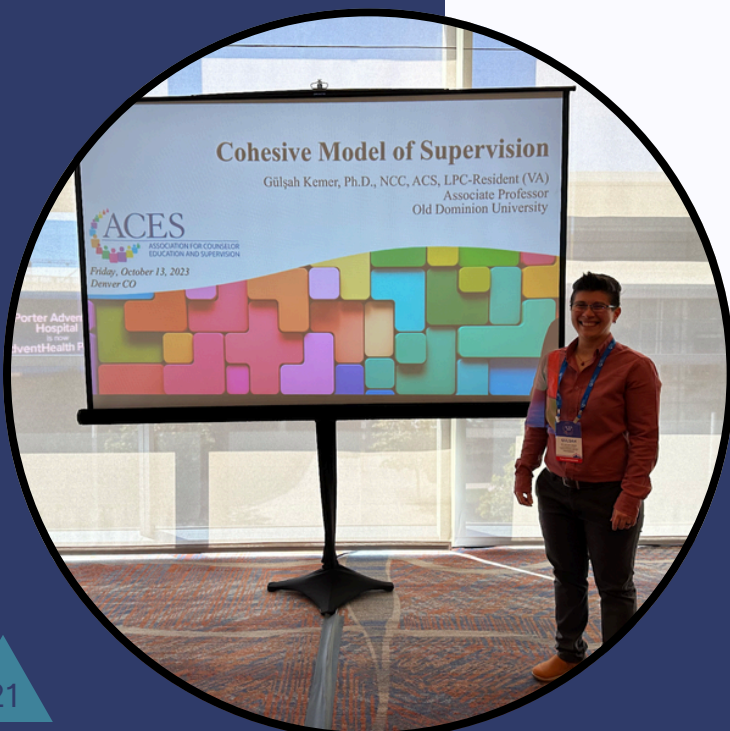
Gantt-Howrey, A., & **Kemer, G.** (2023). Counselor educators' views on cognitively complex trainees: A QMethod study. *Counselor Education and Supervision*, 1-14.

Burgess, M., Goodman-Scott, E., **Kemer, G.**, Carlisle, K., & Carlisle, R. (2023). Development and evaluation of the School Counseling Internship Competency Scale. *Professional School Counseling*, 27, 1-11. *Supervisor*, 42(1), 96-122.

Aladağ, M. & **Kemer, G.** (2023). Clinical supervision of individual counseling practicum in Turkey: Counselor educators' experiences with structuring and conducting the supervision process. *The Clinical Supervisor*, 42(1), 96-122.



**Doctoral Mentorship  
Award – Old  
Dominion University**





# Student Feature...

## Melanie Agustin



**2024 Doctoral Student Professional Development Award, Darden College of Education and Professional Studies, Old Dominion University**

**LPC Licensure - January 2024**

**NCC - June 2024**

### **Presentations:**

Agustin, M., (2024, April), Mental Health Counselors and DBT Skills Groups in Pediatric Acute Inpatient Setting. Invited speaker/Conference Presentation 2024 International Family Therapy Congress Conference hosted by the International Family Therapy Association, Toyoma, Japan.

Agustin, M., (2024, April), Mental Health Counselors and DBT Skills Groups in Pediatric Acute Inpatient Setting. Invited speaker Group-A-Rama hosted by the Virginia Association for Specialists in Group Work, Reston, Virginia.

Agustin, M., (2024, November), Mental Health Counselors and DBT Skills Groups in Pediatric Acute Inpatient Setting. Invited/ Poster Presentation The SACES 2024 Conference hosted by the Southern Association for Counselor Education and Supervision, Dallas, Texas.

# Student Feature...

## Danielle Rodgers



**Recipient of the  
2024 Darden College of Education and  
Professional Development  
Doctoral Dissertation Fellowship**

**Recipient of the  
2024 Virginia Counseling Association  
Pete Warren Student Fellows  
Scholarship**

### **Presentations:**

Amirova, N. & **Rodgers, D.G.** (December, 2023). Navigating intersections: Creating awareness and systems of support for LGBTGEQIAP+ youth experiencing homelessness. Society for Sexual, Affectional, Intersex, and Gender Expansive Identities webinar series.

Akpakir, Z. & **Rodgers, D.G.** (July, 2024). Demystifying Counseling Education: Removing Barriers to Academia Through Peer Mentorship. Association for Humanistic Counseling (AHC) 2024 virtual conference. Education Session.

LaLonde-Pittman, M., **Rodgers, D.G.**, Amirova, N., Akpakir, Z., Barburgolu, Y., & Grothaus, T. (2023, October). Co-creating counselor education courses: Striving towards culturally sustaining practices. Association for Counselor Education and Supervision (ACES) national conference in Denver, Colorado. Education Session.

**Rodgers, D.G.** (July, 2024). Integrating antiracism and social determinants of mental health into counseling supervision. Association for Humanistic Counseling (AHC) 2024 virtual conference. Poster Presentation.

### **Publications:**

Moe, J., Perera, D. M., & **Rodgers, D. G.** (2023). Promoting wellness at the intersections of gender, race and ethnicity, and sexual-affectational orientation identities. *Journal of Mental Health Counseling*, 45(3), 231-246. <http://dx.doi.org/10.17744/mehc.45.3.04>

Robins, L.B., **Rodgers, D. G.**, Barburgolu, Y., Griffith, J.A., & Arnold, C. (2024). Unlocking adolescent mental health: Exploring social determinants and depression with the social ecological model. *Journal of Human Services*.



# Shoutout to School Counseling

YOUR EFFORTS DON'T GO UNNOTICED.



CONGRATS MASTER'S GRADUATES!







# Shoutout to School Counseling

YOUR EFFORTS DON'T GO UNNOTICED.



INTRODUCING OUR FIRST  
EDS ADVANCED SCHOOL  
COUNSELING COHORT!

&

SCHOOL COUNSELING  
PHD GRADUATES WHO  
ACCEPTED FACULTY  
POSITIONS!



DR. CHELSEA HILLIARD, LOYOLA UNIVERSITY, MARYLAND &  
DR. BETSY PEREZ, CALIFORNIA STATE- FULLERTON





# Shoutout to School Counseling



@VSCA!



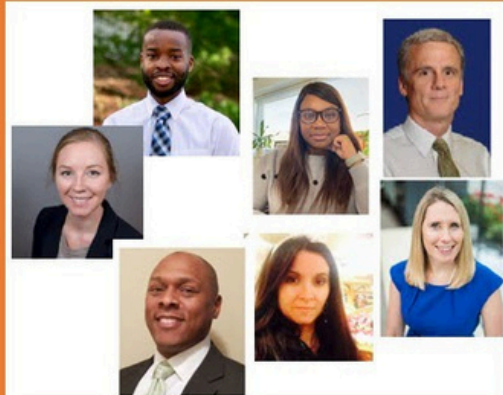
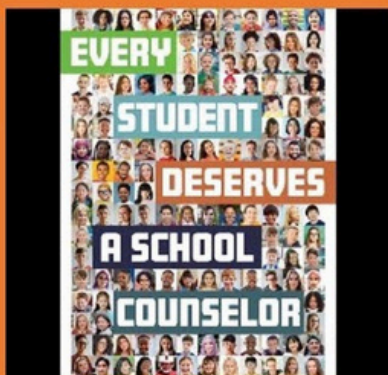
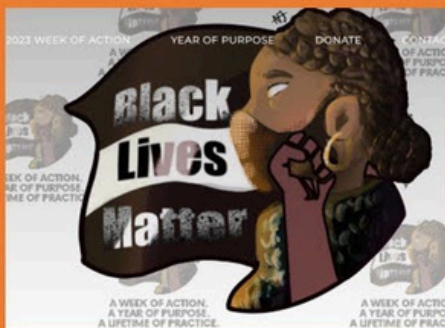
**NATIONAL  
SCHOOL  
COUNSELING  
WEEK**

FEBRUARY 5-9, 2024

SCHOOL COUNSELING:  
STANDARDS-BASED,  
STUDENT-FOCUSED



**SCHOOL COUNSELING:  
BETTER TOGETHER**



From us at ODU  
we acknowledge

**NATIONAL SCHOOL COUNSELING WEEK & BLACK LIVES MATTER AT SCHOOL WEEK**

Full-Time & Adjunct School Counseling Faculty (in alpha order):

Dr. Bruce B. Baker, Dr. Emily C. Gardner, Scott D. Tim Gardner, M. Robert Harrison, M. Justin Harrison, M. Robert Harrison, Dr. Stephanie Smith, Dr. Kevin J. Smith, & Dr. Allison R. Smith

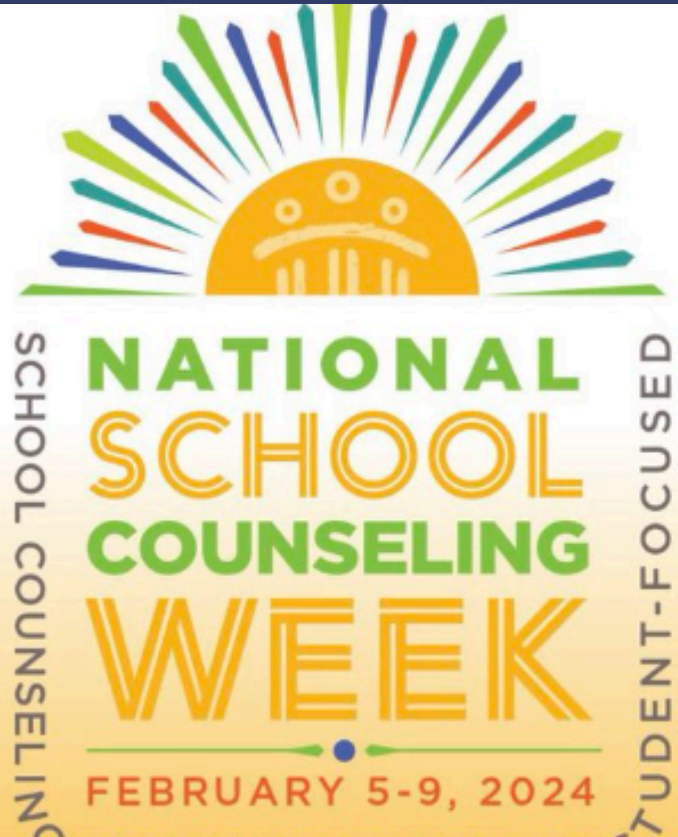




# Shoutout to School Counseling



TRAINING FOR NORFOLK  
PUBLIC SCHOOLS  
COUNSELORS







# *Building Our Community*

We're Strongest When We're Together







# Building Our Community

We're Strongest When We're Together



WELCOME NEW FALL 2024  
DOCTORAL COHORT!



# Presenting... Emerging Leaders!

CAN'T WAIT TO SEE WHAT YOU'LL DO NEXT



**OLD DOMINION UNIVERSITY**

Darden College of Education and Professional Studies



**Congratulations Melanie Agustin:  
2024-2025 Emerging Leader!!**



Association for  
Child and Adolescent  
Counseling

Ms. Agustin is a 2021 graduate of our Counseling master's program and is entering a third year in our Counseling PhD program. She brings 15 years serving children and families, and is currently working as an LPC at CHKD's Children's Pavilion.

Through this national and competitive recognition, she looks forward to working closely with ACAC board members and the organization, sharing and deepening her expertise.

**Melanie, from your CHS family: CONGRATS!**

ACAC is a national division of the American Counseling Association:  
serving school counseling and clinical mental health counseling specialties



JILL KIVIKOSKI

Selected for the  
2024-2025 Chi Sigma  
Iota Leadership in  
Counseling Fellowship



"YOU MUST BE THE CHANGE YOU WISH TO  
SEE IN THE WORLD." — MAHATMA GANDHI





# Presenting... Emerging Leaders!

CAN'T WAIT TO SEE WHAT YOU'LL DO NEXT



**Zübeyde Akpakır**



Awarded  
*Virginia  
Counseling  
Association*  
Pete Warren  
Student Fellows  
Scholarships!



**Danielle Rodgers**



**Congratulations to Büşra Vurkun for  
being selected as a  
2024-2025 Emerging Leader with the  
Association for Child and Adolescent  
Counseling!!**

Büşra Vurkun is a first-year doctoral student in the ODU Counselor Education and Supervision PhD program. She is originally from Turkey but identifies as a global citizen, having spread her expertise and passion for child mental health across the globe. She earned both her B.A. and M.A. in Psychological Counseling from Turkey and has studied in Portugal and Romania through the Erasmus scholarships. With four years of professional experience as an international school counselor, her research surrounds positive body image development in children and adolescents as well as and multicultural school counseling.

Her time at ODU has included co-teaching school counselor preparation courses as well as developing our one-of-a-kind Advanced School Counseling Ed.S. program. Through the ACAC Emerging Leaders program, Büşra will contribute to ACAC's journal and research efforts. Congratulations Büşra! We are proud of you and the work you do to support children and adolescents!

# Conferences are for *Learning, Inspiring, Showcasing, & Networking*

ACES Conference October 2023

## ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION





# Conferences are for *Learning, Inspiring, Showcasing, & Networking*

ACES Conference October 2023

ASSOCIATION FOR COUNSELOR  
EDUCATION AND SUPERVISION

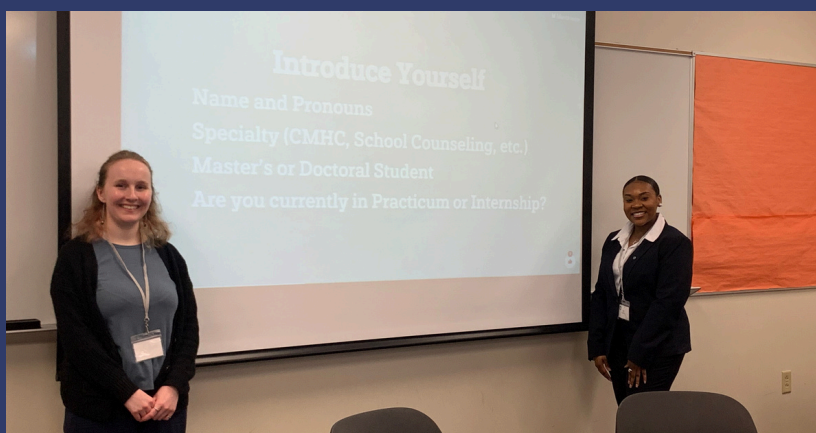
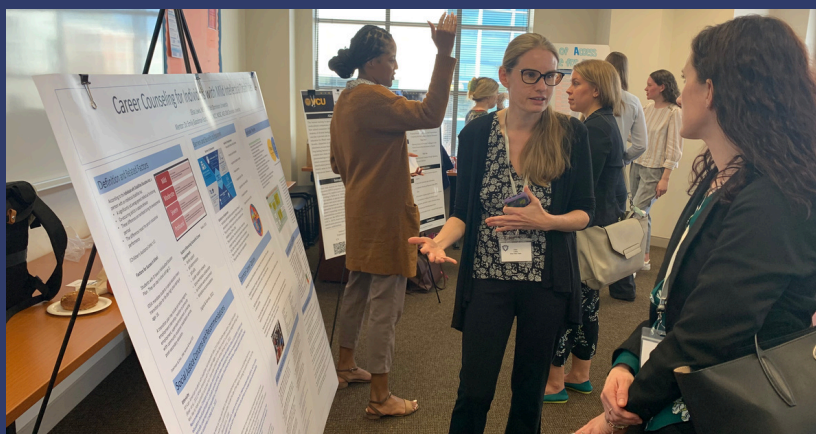
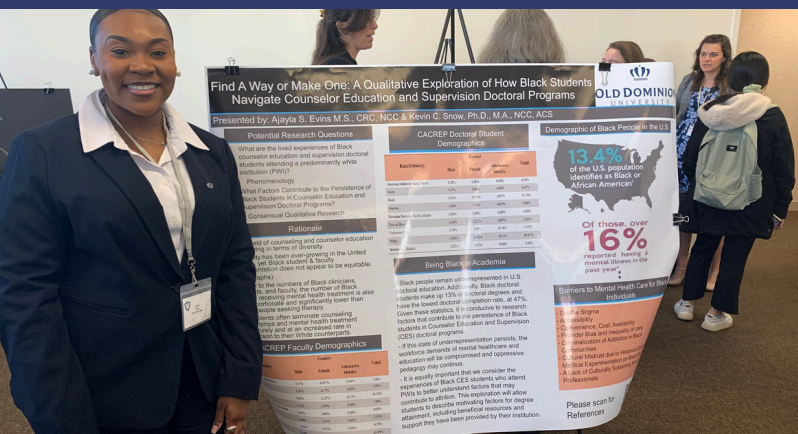




# Conferences are for Learning, Inspiring, Showcasing, & Networking

VACES Conference March 2024

## VIRGINIA ASSOCIATION FOR COUNSELOR EDUCATION AND SUPERVISION





# Chapter Updates...



## CHI SIGMA IOTA

EXTENDING A WARM WELCOME TO ALL OF OUR NEW MEMBERS!



NARGIZA AMIROVA, DEJA ANDERSON,  
SHIRLEY BROOM, AJAYLA EVINS,  
CRYSTAL HOWARD, CATALINA KRAFT,  
RICHARD KUBILUS, DANIELLE  
LEVERICH, KAYLA LITTLE, WHITNEE  
RAWLES, MARIELA ROMERO,  
ADRIENNE ROOF & HAYLI STONE



# CSI MENTORSHIP PROGRAM

WAY TO BUILD COMMUNITY!

### Key Highlights:

- 30 pairs were matched across Human Services and Counseling programs
- We received a developmental grant from CSI to host a mentorship soiree.
- We invited esteemed Dr. Bianca Augustine from William & Mary to share her experiences as an alumna and mentor.

JOIN THE 2024-2025 MENTORSHIP COHORT BELOW:



**Mentor**



**Mentee**



*Let's Take A Moment...*

# TO HONOR OUTSTANDING WORK

WE CELEBRATE YOUR CONTRIBUTIONS!



## OUTSTANDING FACULTY MEMBER AWARD

.....  
DR. STEPHANIE  
SMITH-DURKIN  
.....



## OUTSTANDING DOCTORAL STUDENT

.....  
KATHERINA NAKO  
& DANIELLE  
RODGERS  
.....



## OUTSTANDING MASTER'S STUDENT

.....  
DESTINY  
HODGSON  
.....



AWARDS  
SPONSORED BY  
ODU'S CHAPTER  
OF CHI SIGMA  
IOTA



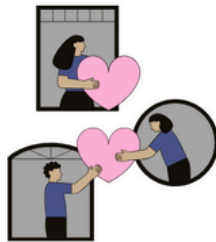
# Chapter Updates...

## Tau Upsilon Alpha

### JOIN THE HSA AT ODU

HUMAN SERVICES ASSOCIATION

MEMBERSHIP IS OPEN TO ALL MAJORS AND MINORS!



- Are you looking for ways to get more involved during your time at Old Dominion?
- Do you need volunteer hours for a course or need an internship placement?
- Do you like giving back to your local community through acts of service?
- Are you interested in collaborating with other Monarch's to explore career opportunities and build your professional resume?



This student-based organization is rebuilding itself from the ground up. Our main mission is to get Monarch's out into their local communities to provide quality acts of service for those in need. We will also be facilitating one major service project each semester, starting in Fall 2024, and we need **YOUR** help to make it happen.



- Current areas of interest include, but are not limited to:
- Mental Health Awareness
  - Domestic Violence Awareness
  - Food Insecurity
  - Elderly Care
  - Substance Use Awareness
  - Youth Education
  - Health Care Accessibility
  - Disability Awareness



Join us for one of our three virtual informational sessions on:

- Tuesday, August 27th from 6:00-7:00PM,
- Thursday, August 29th from 6:00-7:00PM, or
- Friday, August 30th from 12:30-1:30PM

RSVP by scanning the QR code with your camera or by clicking the link below.



Connect with us by scanning the QR code with your phone camera, or by pressing + holding the link below. If you have additional questions, comments, or concerns, please email HSA president, Madison Stevens, at [mstev031@odu.edu](mailto:mstev031@odu.edu)

<https://forms.gle/w3yP3hVurjBtqBVR6>





# Multi-Level Research Team

Our department is proud to highlight the work of the Multi-Level Research Team, a dynamic group comprising master's students, doctoral students, and professors. This team exemplifies our commitment to research excellence and mentorship. With a strong focus on developing research skills and guiding students through the publication process, the team provides an invaluable platform for academic growth. Mentorship is at the core of this initiative, fostering an environment where students at various stages of their academic careers collaborate, learn, and thrive. The team's goals include producing high-quality research that contributes to the field, while also preparing students to become the next generation of scholars and educators. Recent outcomes have included several published articles and conference presentations, reflecting the team's dedication to research and professional development.

Robins, L. B., Schmoyer, N., Smith, A., Clemons, K. L., & Kivikoski, J. (2024) The hidden impact of sociocultural determinants in Adolescence. *Journal of Human Services Scholarship and Interprofessional Collaboration*, 1(1), 52-68.

Robins, L.B., Rodgers, D. Barburoglu, Y., Griffith, J.A., & Arnold, C. (2024). Unlocking adolescent mental health: Exploring social determinants and depression with the social ecological model. *Journal of Human Services*.



# Chapter Updates...



## COUNSELORS FOR SOCIAL JUSTICE- OLD DOMINION UNIVERSITY

Thank you to our outgoing Chairperson, Dr. Betsy Perez, for sowing the seeds of change in this chapter. We wouldn't be CSJ-ODU without you!

### *Past events*

- Keep Norfolk Beautiful Cleanup w/ CSI
- Trans Day of Visibility Panel
- Let's Talk Facts: A Mental Health dialogue with Law Enforcement

### *Future Events*

- First Generation Resource Fair (Fall)
- Advocacy Day (Spring)
- CSJ-ODU Book Club

### *2023-2024 Board*

Chairperson: Dr. Betsy Perez  
Chair-Elect: Danielle Rodgers  
Secretary: Destiny Hodgson  
Treasurer: Jalaia Hazel  
Membership Chair: Nic Schmoyer  
Doctoral Student Representative: Katherina Nako

### *2024-2025 Board*

Chairperson: Danielle Rodgers  
Chair-Elect: Elisa Lewis  
Secretary: Catalina Kraft  
Treasurer: Vacant  
Communication Chair: Kailey Hills  
Membership Chair: Ajayla Evins

Interested in joining? Contact Danielle Rodgers at [drodg009@odu.edu](mailto:drodg009@odu.edu)!



CSJ-ODU PRESENTS

# THE JUSTICE SHELF:

## COUNSELORS, CHAPTERS, AND CHATS

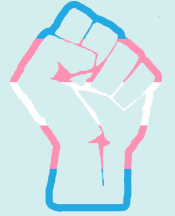
Need some time to reconnect with non-academic stories? Join our book club for lively discussions, new friendships, and unforgettable literary journeys! Whether you're a bookworm or just starting your reading adventure, all are welcome! Use the QR code or link below to join!



<https://forms.gle/ydUGGogbwJtdswup8>



# Trans Day of Visibility Resources



## BOOKS

- *Somatic Healing in Social Justice* by Staci Haines
- *The Care We Dream Of* by Zena Sharman
- *Queer Magic: LGBTQ+ Culture from Around the World* by Tomas Power
- *Decolonizing Therapy* by Jennifer Mullan
- *Decolonizing Trauma Work: Indigenous Stories and Strategies* by Renee Linklater

## TDOV CSJ-ODU Panel Recording



## SOCIAL MEDIA ACCOUNTS

- **@Pink Manta Ray - Schuyler Bailar**
- **@mattxiv - Matt Bernstein**
- **@themrmilan - Tiq Milan**
- **@raquel\_willis - Raquel Willis**
- **@steroidbeyonce - Devin-Norelle**
- **@everywhereisqueer**

## WEBSITES

- <https://www.qtifs.com/>
- <https://nqttcn.com/en/>
- <https://openpathcollective.org/>
- <https://tapvirginia.org/>
- <https://www.stonewallsportsnorfolk.org/>
- <https://www.thetrevorproject.org/blog/learn-from-lgbtq-young-people-with-episode-2-of-sharing-space/>

## ARTICLES

- [Queering Counselor Education: Situational Analysis of LGBTQ+ Competent Faculty](#) by Jennifer M. Gess & Elizabeth A. Doughty Horn

## Special thanks to our amazing panelists who suggested these resources!

- **Dr. Ana Guadalupe Reyes**, PhD., LPC, NCC, CHST(elle/they/them/theirs)
- **Ericka Harrison-Bey**, M.S.Ed. (she/her, they/them)
- **Peighton Corley**, M.S.Ed. (they, them, theirs)



# CHS HAS A NEW PARTNERSHIP!

## *Collaboration with Mountain Seed Foundation Healing Base Camp*

The DCEPS Department of Counseling and Human Services will be providing several different forms of support to the camps this summer, including the following:

- Two faculty will be developing and implementing (on site) program evaluations and assessments (Dean Dr. Tammi Dice and Dr. Mark Rehfuss).
- Two ODU DCEPS alumni and adjunct instructors will be providing therapeutic interventions to camp participants (Dr. Tony Dice and Dr. Traci Richards).
- One Counseling PhD student will be obtaining field experience under the supervision of Dr. Mark Rehfuss (Jill Kivikoski).





# CHS HAS A NEW PARTNERSHIP!

*Collaboration with Mountain Seed  
Foundation Healing Base Camp*





▲  
DON'T MISS OUT...  
*keep up with the department!*

ALL THINGS SOCIAL.

**FOLLOW US ON  
FACEBOOK, TWITTER  
& INSTAGRAM!**



**ODU COUNSELING GRADUATE PROGRAMS**



**@ODUCOUNPROGRAMS**



**@ODUCOUNGRADPROGRAMS**

Thank you to our faculty, staff, and learners for making this year one of the best yet in the CHS department!

We invite you to join us on our journey of forward thinking, embracing your authentic selves. Together, we remain dedicated to the mission of diversity, equity, inclusion, and belonging at the Darden College of Education and Professional Studies.





