## 2024-2025 Old Dominion University Catalog

### Bachelor of Science: Exercise Science - Preventive/Rehabilitative w/ VCCS Equivalencies

Sample four year curriculum with a suggested ordering of courses based on placement into BIOL 121N/122N and MATH 162M or higher. Students may re-order as needed. * Indicates not automatically waived with transferrable associates degree, C or better required for transfer. Courses in green are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees). AS in Health Science or Science recommended for ease of transfer.

<table>
<thead>
<tr>
<th>General Education Courses:</th>
<th>VCCS Equivalencies:</th>
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<th>VCCS Equivalencies:</th>
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<tbody>
<tr>
<td>ENGL 110C: English Composition I</td>
<td>ENG 111*</td>
<td>EXSC 225: Intro to Exercise Science</td>
<td>HLT 206</td>
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<tr>
<td>MATH 102M, 103M or 162M: Algebra or Precalculus</td>
<td>MTH 158, 161 or 163</td>
<td>BIOL 123N/124N: General Biology II</td>
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<td>BIOL 121N/122N: General Biology I</td>
<td>BIO 101*</td>
<td>Interpreting the Past</td>
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<td>Oral Communication</td>
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<td>Literature</td>
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<td>Human Behavior</td>
<td>Transfer Equivalency Guide</td>
<td>Information Literacy &amp; Research</td>
<td>Transfer Equivalency Guide</td>
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</table>

### SUMMER SEMESTER (4 credits)

- BIOL 240 or 250: A&P I
- BIOL 141* (BIO 102)*

### YEAR 1 - FRESHMAN (36 CREDITS)

#### FALL SEMESTER (16 credits)

- General Education Courses: (16 credits)
- Major Courses: (12 credits)
- Elective or Language & Culture (May be waived; see catalog for details) (10 credits)

#### SPRING SEMESTER (16 credits)

- General Education Courses: (16 credits)
- Major Courses: (12 credits)
- Elective or Language & Culture (May be waived; see catalog for details) (10 credits)

### YEAR 2 - SOPHOMORE (31 CREDITS)

#### FALL SEMESTER (13 credits)

- General Education Courses: (13 credits)
- Major Courses: (12 credits)
- Elective or Language & Culture (May be waived; see catalog for details) (10 credits)

#### SPRING SEMESTER (14 credits)

- General Education Courses: (14 credits)
- Major Courses: (12 credits)
- Elective or Language & Culture (May be waived; see catalog for details) (10 credits)

### SUMMER SEMESTER (4 credits)

- BIOL 241 or 251: A&P II
- BIOL 142* (BIO 102)*

### YEAR 3 - JUNIOR (26 CREDITS)

#### FALL SEMESTER (13 credits)

- Major Courses: (12 credits)
- Elective or Language & Culture (May be waived; see catalog for details) (10 credits)

#### SPRING SEMESTER (14 credits)

- Major Courses: (14 credits)
- Elective or Language & Culture (May be waived; see catalog for details) (10 credits)

### YEAR 4 - SENIOR (25-27 CREDITS)

#### FALL SEMESTER (13 credits)

- Major Courses: (12 credits)
- Elective (2 credits if needed for 120)

#### SPRING SEMESTER (12 credits)

- Major Courses: (12 credits)

### Major Declaration Requirements:

Students must complete ENGL 110C, MATH 102M or 103M or 162M, BIOL 121N/122N, CHEM 121N/122N, BIOL 240 or 250 and EXSC 225 with grades of C or higher before officially declaring a major in Exercise Science. General Education and remaining science requirements may be in progress but should be completed before enrolling in 400-level EXSC major courses. Consult an advisor in the ODU Health Sciences Advising Center http://www.odu.edu/hs/advising

### Graduation Requirements:

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a minimum of 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program for Old Dominion University, completion of ENGL 110C and ENGL 211C or 231C, and the writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.