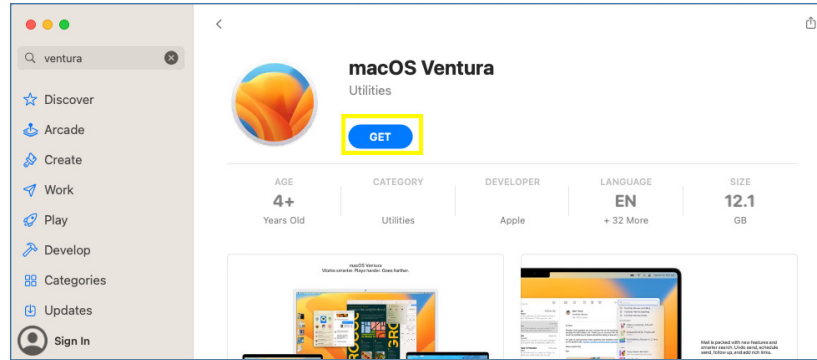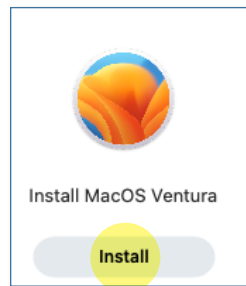# macOS Ventura Upgrade Procedures

Download Ventura

1. macOS Ventura should automatically download from the app store. (If not, open the **App Store**, find **macOS Ventura**, and click **Get**.)

Install macOS Ventura

Once the Ventura download is complete:

1. Launch the **Self Service** app from applications or the launchpad. (Make sure to save and close any documents you might have open.)

2. Find **Install MacOS Ventura** and click **Install**.

3. After the item installs, the computer will reboot and start the upgrade process.