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WHY A NEW MUSEUM? The Barrys, who previously helped finance ODU’s Barry Arts Building, decided to establish a museum to share their extensive art collection with the public as well as a college community.

The couple had longtime ties to the University, where Richard Barry served as a member and rector of the Board of Visitors. President John R. Broderick sees multiple benefits – a cultural destination in Hampton Roads as well as a catalyst for education, and not just for art majors. “We believe the Barry Art Museum will serve as a muse as well as a place of escape, reflection, solace, joy and inspiration for the community,” he said at the opening.

A LEADER WITH GLASS

Laura Donefer, a glass artist and associate professor of studio arts at the University of Illinois, was part of the team that designed the Barry Art Museum in Old Dominion University’s University Center. Donefer, who was born in Germany and has lived in America for more than 30 years, has been a professor of art at the University of Illinois at Chicago since 2010. She is known for her work with glass and metal, and her pieces often incorporate elements of nature, such as mushrooms or seashells. Donefer’s work has been featured in exhibitions around the world, and she has received numerous awards for her contributions to the field of art.

Donefer worked closely with the Barry Art Museum’s design team to create a series of glass sculptures that would complement the museum’s architecture and artwork. She was asked to design a sculpture that would be placed in the museum’s entrance, and she decided to create a piece that would represent the history of the Barry family.

The sculpture, titled “Razzle Dazzle Monitor,” is a glass sculpture by Seattle-area artist Richard Marquis. The sculpture is a representation of an ironclad Civil War ironclad monitor, which was used by the Union during the Civil War. Donefer’s sculpture is intended to symbolize the strength and resilience of the Barry family, who have supported Old Dominion University for many years.

Donefer’s work has been featured in exhibitions around the world, and she has received numerous awards for her contributions to the field of art. She is known for her work with glass and metal, and her pieces often incorporate elements of nature, such as mushrooms or seashells.
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ON THE COVER
An automaton, tea service in hand, greets visitors to the new Barry Art Museum. The automaton was commissioned by the museum in 2018. Find out what an automaton is and see more striking objects from the collection on the inside cover. Photo by Roberto Westbrook.
Letter from the President

You’ve just seen the impressive pull-out cover of this issue of Monarch magazine. We’ve never had a cover like it before, but we believe the subject matter deserves special treatment.

Old Dominion’s new Barry Art Museum, which opened in November thanks to the generosity of Richard and Carolyn Barry, showcases an array of about 300 works, from glass sculptures to marine paintings to antique dolls. I overheard one museumgoer say, “I could spend six months in here.”

We envision the museum – which provides free admission and parking – as a cultural magnet for residents and tourists as well as an educational resource for our students. Teresa Annas’ article offers a fine snapshot of what’s inside. I encourage you to visit to see for yourselves.

The winter issue also highlights the notable careers and breakthroughs of alumni, faculty and staff. Here are four examples:

Betsy Duke (M.B.A. ’83), arguably the most prominent woman in banking today, rose through the ranks, starting as a teller and becoming the first woman to serve as chairman of a major bank. All the way through, she’s maintained her humble, down-to-earth personality and sharp sense of humor.

Natalie Diaz, who received both her bachelor’s and M.F.A. degrees here, is our first graduate to receive the coveted MacArthur “genius grant.” Natalie is a Native American poet and a former member of our women’s basketball team. (And you’ll find out what the two pursuits have in common when you read her interview.)

A handful of professors have been awarded prestigious Fulbright fellowships in the past year. You’ll learn about the experiences of two of them – Rodger Harvey in Norway and Deborah Gray in Botswana – through their blog posts and photos.

The health sciences expansion at our Virginia Beach Higher Education Center won praise from Gov. Ralph Northam, and for good reason. The creation of our telehealth center and the addition of high-tech simulated-patient equipment provide significant benefits not only for our students but also for citizens in Hampton Roads and beyond.

Finally, I appreciate the article on my 10th anniversary as president. But ODU’s success in the past decade was the result of our collective efforts. Let’s continue working together to help create more Old Dominion success stories.

John R. Broderick, President
Old Dominion University
Letter from the Editor

The thing you notice when you hit your late 50s is that more people around you are retiring. It’s hard to fight off the envy – and the urge to retire early.

Not that I don’t like my job. I love creating every issue of this magazine. But I sometimes fantasize: What if I could join my retired friends in a lunchtime game of pickleball or a weekday afternoon movie?

Some of the stories I edited or wrote for this issue made me think even more about the retirement question.

One of our highlighted articles is the excellent feature on tailgating by Lorraine Eaton ’85 (M.F.A. ‘99). It’s Lorraine’s first published piece since she retired in 2017 as The Virginian-Pilot’s food writer, and it proves she’s still got it. I’ve known Lorraine for 30 years, and she’s diving into early retirement the way she attacked food and education articles – embracing the variety of life with gusto.

Others profiled in this issue are working later in life. Betsy Duke (M.B.A. ’83), who is 66, last year took on the challenge of chairing the board at Wells Fargo, fulfilling what she saw as her duty to help the bank overcome its problems.

Or how about the featured professors, each with more than 45 years of teaching experience at Old Dominion, who are still at it? The passion with which Bob Ash, Nina Brown, Lytton Musselman and Wayne Talley describe their research is infectious. It seems to be slowing down their aging process. Lytton, by the way, doubled as an enthusiastic tour guide, showing me and my wife Blackwater Ecologic Preserve, which he founded.

This issue also includes a profile of Jermaine Jones (M.S. ’04), a scientist whose modesty downplays his leading role in substance abuse research. Jones is far from retirement age. But when I was in New York to interview him, I visited the Museum of Modern Art and saw paintings completed by Pablo Picasso and Georgia O’Keeffe in their 90s. They still had it, too.

I guess the bottom line is: If you enjoy your job, it can enrich your life – even past 65. So I won’t be retiring just yet. Those weekday afternoon movies will have to wait a little longer.

Philip Walzer
Monarch Magazine and University Editor
Comments and Letters

DON’T FORGET BIG SKY BEER

After reading Irv Harrell’s interesting article in the spring issue, “What’s Brewing across the Country,” I just have to exclaim: “What? No Missoula, Montana, breweries?”

Husband Jim and I spend part of our time in Montana when not in downtown Norfolk, and Missoula is a brewery center, with seven in a town of about 73,000 and several more nearby.

We’re way ahead of Norfolk on this. (Thank you, O’Connor Brewing Co., for finally setting Norfolk on the beer path!) Bayern Brewing began in Missoula in the mid-1980s.

Missoula also has iconic names for these beers, including Moose Drool (which sells almost as many T-shirts as beers) and Trout Slayer. KettleHouse Brewing even has a large amphitheater on the Blackfoot River.

Here’s hoping some of your readers come to the Big Sky and sample some of our finest.

Donna L. Koch (M.S. ’01)
Co-resident of ODU President’s House 1990–2001

Editor’s note: Irv Harrell recommends Big Sky Brewing’s Moose Drool.

‘SPORTSMEN OF THE HIGHEST ORDER’

On Pat Roessler (M.S.M. ’87) and Matt Quatro ro ’96 (“Season Brings New Challenges”): As an umpire who worked ODU games, I have many fond memories of Pat (called “6” for his jersey number) and Matt, who was an outstanding catcher.

Both were gentlemen and sportsmen of the highest order. I am extremely happy to see that both are successfully pursuing their dreams in the big league. During many high stress situations, “6” could always be counted on to be a calming voice and a source of both reason and humor. Working the plate behind Matty was a treat, every time. Over his years as a Monarch, we developed an easy, friendly rapport.

Monarch baseball has been extremely blessed with a long line of high quality people in the program. Thanks for highlighting these two.

Patrick Mileur ’75
Norfolk

DAYS GONE BY

A postcard printed by Ennis Paper Co. in Norfolk in the 1940s pictures a football game at Foreman Field, with cars parked nearby. Read more about Foreman Field on Page 46.

Postcard courtesy of Nancy Mueller

A ‘REFRESHING’ PERSPECTIVE

As a graduate of Vanderbilt University (B.S. ’95) and ODU (M.B.A. ’98), I have to say that ODU’s Monarch magazine soars above the Vandy magazine.

While I applaud Vanderbilt’s efforts at “diversity” and “inclusion,” I appreciate the fact that those things happen naturally at a school like ODU. Instead of focusing on those topics (as the Vanderbilt magazine seems to do each month), the ODU magazine focuses on what various groups of students and alumni are doing and not the identity politics involved... and that’s refreshing.

Despite popular myth, most conservatives don’t care about skin color. We care about people doing awesome things in the world and making the most of their education. Your magazine does a great job highlighting that, and I look forward to reading it each quarter!

Tracey Brownlee (M.B.A. ’98)
Kennesaw, Georgia

ALBERT’S NEWEST FAN

I just wanted to shoot you a short message and share how much I loved the story about Albert Doug (the turtle) in Gornto’s pond in the fall issue of Monarch Extra. I always wondered about the little guy (now girl?) and the story behind the Duck Inn. Now all my questions have been answered!

Judia Griner ’19
Graphic Design Student Assistant
Center for Teaching and Learning

To read the last issue of Monarch Extra and for future issues, go to www.odu.edu/monarchmag
Tailgaters

REVEL IN SLIDERS, CRUSHES AND FUN!

By Lorraine Eaton ’85 (M.F.A. ’99)
Photos by Roberto Westbrook
On a Saturday afternoon in October, as a sweltering summer ceded to fall, blue sky stretched over Foreman Field. On the gridiron, ODU’s marching brass warmed up with slow, moody scales. Beyond the stadium, SUVs and trucks queued up to enter parking lots where tents sprouted from the asphalt. Tailgates were lowered, coolers unpacked, tables set. Neon-vested officers staffed every corner. The entire campus seemed poised to party.

And why not? After all, at ODU, we’ve got game. Finally.

For nearly seven decades, there was little reason to come to campus on a Saturday afternoon. The stadium, sadly, sat dormant.

“When I went here, we came and went to class and got out as quick as we could,” said Richard Ray ’79. These days, Ray travels to campus from the Eastern Shore for every home game. He has ever since ODU’s football team first suited up and sprinted onto Foreman Field 10 years ago.

He’s one of thousands of alumni, students and fans who have unleashed decades of pent-up school spirit.
They arrive as many as four hours before kickoff, cramming more than a dozen parking lots on and around campus with pregame spreads that spill from pickup truck tailgates, SUVs and million-dollar RVs. Eats range from hot-off-the-grill burgers to whole pig to lobster rolls.

As staff epicure at The Virginian-Pilot, I investigated the boisterous tailgate scene during that first home game in 2009, when waves of Monarch pride spread from the stadium like a sonic boom. A few years later, while writing my “Tidewater Tailgate” cookbook, I investigated pre-football game festivities at every local college and university, from William & Mary to Christopher Newport to Norfolk State, and again found ODU tailgaters at the top of their game.

This past fall, when the Monarchs hosted Marshall University’s Thundering Herd, the first home game following the stunning upset victory over Virginia Tech, photographer Roberto Westbrook and I hopped on a golf cart to survey the 10th anniversary tailgate scene.

We found more than a party. We found tradition. **First stop: the Blue Lot,** on the east side of Hampton Boulevard, behind Rogers Hall.

With kickoff still three hours away, square-tipped tents pop up with Monarch flags fluttering in a light breeze and SUVs and pickups spilling all manner of hospitality.

It’s hard to miss Glen Knutson ‘89, a tailgate veteran, wearing — as always — a worn but kingly velvet crown. He’s poised to grill some “horsemeat,” aka steaks, renamed to mock Marshall’s Thundering Herd. It’s a game day tradition, he says, like the Panther Piss he and his wife, Marilyn, poured a few weeks back for the East Carolina matchup.

“We get here four hours before the game so we get in all the tailgating we can get,” Knutson says. “That’s more fun than the game.”

Across the way, a string of six tents beckons with the aroma of sizzling burgers, which Gary Masterson ’90 flips with a spatula with ODU stamped onto the business end. He’s part of a group of about 40 season ticket holders who never miss a home game.

Nearby, Scott Bracken ’88, in an ODU T-shirt and ball cap, stands at a table where their pal John Escuadra (not an alumnus, but “all Norfolk, all ODU”) presses juice from freshly cut citrus halves to make orange and grapefruit crushes, presented properly in plastic cups, complete with crushed ice. For this crowd, it’s a game day staple.

They offer, I accept, and while sipping the sweet, stealthy drink, I eye trays of warmed chunks of pork, smoked kielbasa, ham biscuits and smoked mackerel pate.

“We’ve been here since ground zero,” says Bill Fentress ’87. “We’re pretty die-hard.”

Reminiscing, a hallmark of every tailgate everywhere, turns this crew’s talk from food to ODU’s powerhouse women’s basketball teams of the ’80s, the original 4400 Club, the Rathskeller and the 35-cent tacos at Speedy’s.

Dean Gray ’85 offers up one of his seasonal Pumpkin Spice Shots, a potent blend of vodka and pumpkin liqueur that’s well known in the Blue Lot.

**Thankyouverymuch, Dean.** But with less than three hours and hundreds of tailgates to go, we must press on.

**Back in the golf cart,** we cross Hampton Boulevard, bump along past a queue of cars waiting to enter the stadium parking deck, skirt past Webb Center, where white-tented VIP lounges dot the lawn, and then over to the Green

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**Want to tailgate?**

Plan early. The deadline to reserve a spot is May 1. Go to olddominionaf.com or call 757-683-6963.

**Tailgate spaces** are provided to members of the Old Dominion Athletic Foundation based on annual donations ranging from $100 to more than $7,500.

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**Lots open 4**
Lot, near the Oceanography Building. Here we find Jim and Donna LaBruno (‘94 and ‘92, respectively). Live entertainment makes it hard to miss this group.

Jim, who has brought his guitar and a speaker mounted on a stand, perches on a stool and ad-libs a ditty about the Thundering Herd, how it’s favored to win, but how he guesses it won’t. Amid a smattering of applause from fellow tailgaters for his talent, we climb back in the golf cart and head to the White Lot, a triangular area at the west end of campus, bordered by dorms and the Sailing Center.

Here, two hours before kickoff, country music blares, American and ODU flags fly, teens skateboard across the parking lot and children kick soccer balls while parents fling Frisbees across the wide, grassy field bordered by a double-deep line of blue-and-silver tents.

This tribe has more than 50 season ticket holders, obvious pros, 10-year tailgating veterans whose snaking spread features a big “Monarch Tailgate” sign, custom tablecloths embroidered with the school’s insignia, Monarch cornhole boards and a meandering smorgasbord of barbecue, beef brisket sliders, deviled eggs, jalapeño poppers, tacos, fried chicken, sweet potato biscuits and pimento cheese. For the Tech game, someone even brought a whole smoked pig.

“It’s a different vibe, family style,” said Billy Dull ’96, who’s sipping a can of Natural Lite while tossing a Frisbee and keeping an eye on the kids.

Finley Reed, 7, informs us that she’s been tailgating here and attending games “since I was 6 weeks old.” Her mother, Kelly Reed ‘03 (M.S. Ed. ’08), confirms this, and anticipates that each of the dozen or so children posing for a photo – all dressed in ODU garb, right down to the little girls’ hair ribbons – will one day be attending ODU.

Finley’s sister, Piper Laine Reed, 4, offers this prediction with authority: “ODU is going to win.”

And then asks her mother, “How do you spell ODU?”

Soon we’re back on the golf cart, fistfuls of fried chicken in hand, moving in closer to the stadium. With an hour till kickoff, a sense of urgency builds as football fans begin migrating to the stadium on foot to watch the teams warm up.

Along a tree-lined stretch at 49th Street and Powhatan Avenue near the Student Recreation Center, a life-sized statue of whiskey legend Jack Daniels beckons, his formal suit painted vintage Monarch blue.

It’s the signature feature of a tight-knit group spread across the Beige Lot offering a decidedly more grown-up vibe.
Historians disagree on the date of the first tailgate. It could have been at an Ivy League football game in 1869 – or at the Battle of Bull Run near Manassas in 1861, when Union supporters arrived with picnic baskets to cheer on the troops.

Well, except for Steve Hardt’s collection of nearly life-size stuffed Monarch lions, lionesses and cubs, all artfully arranged on the roof and hood of an SUV. The license plates sport the number “083119” – the date, Hardt ’83, explains, of the first game that will be played next season in the renovated stadium.

Here, under shady maples, a candelabra sits atop a table, fans sip wine from stemmed goblets and several men draw on cigars. The Italian-themed feast, long since devoured, featured sausage and peppers, baked ziti, a special bread from Long Island and, of course, lots of Jack Daniels.

Throng of fans are funneling into the stadium’s main gate as we arrive to scope out the Silver and Black lots, the ones closest to Foreman Field. In the Black Lot, we find Rob Grandon ’10 looking a bit harried. As fast as he can, he’s concocting signature drinks with seriously naughty names for the merry-makers crowding around his infamous Chariot Bar, a fully stocked affair that he wheels out for every home game.

Next door in the Silver Lot is where local banks and businesses host over-the-top tailgates, many catered, one with living room furniture arranged around a big-screen TV, another stocked with a many-tiered bar and bistro tables.

With just 20 minutes to kickoff, the marching band’s drumbeat emanates from the stadium like a quickening pulse, upping excitement and urgency. SUVs are packed up. Tents dropped. Drinks drained and cups tossed in the trash.

Except for Kevin Riggins ’81, who’s cooking one last pizza on his enormous Big Green Egg grill. Riggins, a partner with the Norfolk accounting firm BDO, is another die-hard tailgater.

“Ten years, right here, since the opening game with Chowan,” he says, opening the lid of the grill and sliding a perfectly cooked pie from the pizza stone.

Today, with BDO’s fall recruiting season well underway, Riggins is mixing business with pleasure. The pizzas are a sort of lure for ODU senior accounting majors who have aced initial interviews on their way to postgraduate jobs. Pizza paves the way, Riggins says, “to see how they interact in a casual environment.”

On this fall day, as sunlight sends slanted shadows across Foreman Field, the Monarchs won’t rule the gridiron. No matter. Next home game, Glen Knutson will be wearing his majestic crown and serving up something to mock Middle Tennessee’s Blue Raiders, and the Reed kids and best friends will be back wearing full ODU garb.

These days, there’s a king-sized reason to come to campus on a Saturday afternoon, and thousands do. Like Gary Masterson said while flipping burgers back over at the Blue Lot, “Nobody takes this for granted.”

Lorraine Eaton (’85, M.F.A. ’99) recently retired as staff epicure of The Virginian-Pilot. She has written two cookbooks, “Tidewater Table” and “Tidewater Tailgate,” and co-authored “Food Lovers’ Guide to Virginia.”
Cajun Beef Stew
Yield: 4 to 5 gallons

Got a crowd to feed? Mike Hall '94, part of that Jack Daniels crew over in the Beige Lot, turned out gallons of this for the Monarchs' inaugural tailgate, where the spread won top honors in The Virginian-Pilot's tailgate contest.

2 cups canola oil
½ cup all-purpose Cajun seasoning
10 pounds chuck steak, fat trimmed and diced into 2-inch cubes
5 pounds yellow onions, peeled and diced
2 pounds sliced mushrooms (optional)
3 large green bell peppers, cut in 1-inch dice
4 cups celery, cut in 1-inch pieces
1 pound andouille sausage, cut into½-inch dice
½ cup minced garlic
2 gallons water or beef stock (and another gallon in case you need it)
2 pounds carrots, peeled and coarsely chopped
2 14-ounce cans stewed tomatoes
2 pounds fresh whole okra
2 cups brown roux (recipe follows)
½ cup pickled sliced jalapeños
Bay leaf and thyme
Salt, pepper and hot sauce to taste

Heat oil in a 5-gallon heavy-duty braiser.
Season beef cubes with Cajun seasoning.
Brown beef cubes in oil over medium heat. The beef will release water; let this boil off and continue browning. Add onions and brown. Add mushrooms, bell peppers, celery, garlic and andouille. Simmer for 10 minutes. Add 2 gallons water or stock and medium-boil for one hour, reducing liquid.
Add stewed tomatoes and brown roux and simmer (at slow boil) for another hour. Add carrots, bay leaf, thyme and okra. Simmer for 30 minutes. Skim off some of the fat that boils to the top. Add more water or stock if it is too thick, or continue reducing if too thin. Season to taste with salt, pepper and/or hot sauce.

Brown Roux
1½ cups canola oil
2 cups all-purpose flour

Heat oil until almost smoking. Add flour and whisk briskly and continuously. Be sure to get the flour mixture into the corners of the pan or it will burn.
Whisk until roux is a light-medium brown. Turn off heat and keep whisking until it cools. It will continue to brown. Use your hood vent; it will be smoky.

Blue Lot Shots
I met Richard Ray '79 in the Blue Lot at ODU's very first football tailgate, where he was pouring these potent Blue Lot Shots from a silver martini pitcher.

3 parts Jose Cuervo 1800 tequila
1 part peach schnapps
Drop of blue food coloring

Just chill in a cocktail shaker, strain and shoot.

Crack Pretzels
Here’s a recipe I acquired from an avid NASCAR racing tailgater. Batches are best made a day or two ahead of time, and unless you want to eat 100 or so before the game, don’t even get started. Thus the name.

2 pounds Rold Gold pretzels
1 bottle Orville Redenbacher popcorn oil
2 teaspoons garlic powder
1 teaspoon dill weed
1 pack dry ranch dressing mix

Mix the oil, garlic powder, dressing mix and dill weed together. Put it all in a 2-gallon Ziploc bag. Add the pretzels, shake and let sit for a few hours.

Like fine wine and my best girlfriends, they get better with age.
– Lorraine Eaton
Betsy Duke (M.B.A. ’83) graduated from the University of North Carolina at Chapel Hill in 1974 with a drama degree, dreaming of a life in acting.

She came home to Virginia Beach and won a couple of parts in local productions. None of them paid much, but at least they didn’t involve singing. “I can’t carry a tune.”

To stay solvent until her career took off, Duke got a job as a part-time teller at a small bank. “The hours were great,” she recalled. “I could audition after work.”

Turned out, she liked being a teller: “You saw the same people every week and you got to know them. I also liked balancing accounts every day – that appealed to me.”

Broadway never called. So she ditched drama for banking.

Fifteen years later, when the CEO of that small bank, Burt Harrison, a mentor she still speaks about with emotion, died, Duke succeeded him. And so began her rise in the upper vaults of banking, first locally, then nationally.

Along the way, she developed the reputation as a premier crisis controller.

She led her first bank, Bank of Tidewater, during the savings and loan mess of the early ’90s and served on the Federal Reserve Board during the 2008 economic implosion. Since January 2018, she’s been chairman of the board of Wells Fargo, helping extricate the bank from a tangle of regulatory and public relations embarrassments.

Duke, 66, the top woman in American banking, describes hers as “a very accidental career. I just pursued the things I enjoyed doing and was interested in.”

That characteristically understates her strengths, said Bob Aston, the executive chairman of TowneBank, where Duke was chief operating officer from 2005 to 2008. Her success, Aston said, is built on her “extraordinary intellect” and “constant thirst for knowledge. She always wants to learn something new.”

Plus, “nothing about her has changed in all of those years,” Aston said. “She’s still humble. She likes to have a good time, and she likes to laugh” – a big, boisterous laugh that is often directed at herself.

Duke was born in Portsmouth. Her family moved to Virginia Beach when she was in elementary school.
A LOT OF FIRSTS

Throughout Betsy Duke's career, the phrase “first woman” has been appended to her title.

First woman to lead a Hampton Roads bank.

First woman to serve as chair of the Virginia Bankers Association. Of the American Bankers Association.

First woman to be elected chairman of a major international bank.

“I was very uncomfortable with it at first,” she said. “I wanted to be seen as an accomplished businessperson in my own right, not as a woman. But men would start asking me to meet their daughters. That’s when I realized how important this is as a symbol for other people.”

She had thought a woman would have been appointed CEO of a major bank by now. But Duke speculated that shakeups in bank management after the 2008 crisis probably slowed women’s progress up the ladder.

“All four of the largest banks have women in top management roles,” she said. “It’s only a matter of time.”
She started college at North Carolina State, planning to major in physics, which she'd loved in high school. But she caught the acting bug and transferred to Chapel Hill, where she could get a drama degree.

That didn't thrill her father, who owned Duke Construction in Virginia Beach. “He was appalled,” she said. “He said, ‘What about accounting?’ But he knew it was something I really wanted to do.”

In retrospect, her drama background came in handy. “When you act, you think a lot about how people react and interact,” Duke said. “At its core, banking is a people-to-people business.”

Duke tried to immerse herself in all aspects of banking, drawing on expertise from all sources. “The first loan I made, the customer helped me fill out the forms,” she said.

To expand her knowledge and career potential, Duke decided to get her M.B.A. at Old Dominion. First, though, she had to take several business prerequisite classes she had bypassed as a drama major.

For about five years, “I was just working and going to school,” Duke said. “It was totally submerging.”

Her connection with Old Dominion didn’t end after she received her diploma.

In the late ’80s, Duke became a member of the Educational Foundation’s investment committee. “She was always well-prepared, open to discussing the issues and brought a good deal of lighthearted levity to the discussion,” said fellow member Bruce Rubin, an associate professor of finance.

Duke later served as executive-in-residence at ODU in 2014 and 2015.

When President George W. Bush first wanted to appoint Duke to the Federal Reserve Board, which sets the country’s monetary policy, she said no.

Duke was happy at TowneBank. Besides, attending meetings every six weeks to decide whether to move the federal funds rate a fraction of a point “sounded as exciting as watching paint dry,” Duke said.

In 2007, the Office of Presidential Personnel called again. Duke wanted to make sure the White House understood the limits of her capabilities. “You know I’m not an economist?” she asked. The response: “We need someone with banking experience.”

She relented, and in August 2008 Duke joined the Fed. Less than six weeks later, the nation’s economy began to cave in. Lehman Brothers declared bankruptcy and the Fed lent $85 million to keep AIG afloat. Billions in bailout money followed.

“I got beaten up in Congress numerous times,” Duke said – and even on a sightseeing bus she and her sister took in Washington. The driver, passing the Fed’s headquarters, announced: “That’s the Fed, who gave away all our money to AIG.”

“There was a lot of anger at the Fed,” she said. “People said we bailed out all the big banks and left the people to suffer.” But “it
was the only way to save our financial system, and our economy is so dependent on the financial system.”

Her experience at the Fed, Duke said, provided her with “the equivalent of a Ph.D. in economics.” In a speech in 2011 at Chapel Hill, she praised the Fed’s employees, who “worked around the clock to craft creative solutions to every financial market challenge.”

The respect was mutual. When Duke left in 2013, Fed Chair-

man Ben Bernanke said in a statement: “She brought fresh ideas grounded in her deep knowledge of the banking industry and the real-world dynamic between borrowers and lenders.”

Duke did that, in part, by holding monthly phone calls with small bankers, including Aston.

“That’s so indicative of her style,” he said. “She got good boots-on-the-ground information to supplement the analy-
tics, which doesn’t always provide a true feel for what’s actually happening.”

Duke returned to Virginia Beach, ready to retire. “I didn’t think I had another crisis left in me.”

She began to do everything she never had time for. She went to the gym. She cooked.

She didn’t set her alarm. She was disappointed the days she had to wear dress shoes.

Duke re-entered the banking world in 2015, when she was appointed to the board of Wells Fargo, a bank she’d long ad-
mired. “Every time I ran into somebody from Wells Fargo, they were a cut above professionally.”

In October 2016, she was elected vice chair of the board, one month after the bank reached settlements with federal regu-
lators regarding improper sales practices and the opening of unauthorized accounts.

As bank officials probed more deeply, they uncovered ad-
ditional issues, including unnecessary auto insurance policies. When Stephen Sanger, the chairman of the board, approached retirement, Duke was asked to succeed him.

She wasn’t sure.

“It was not something I felt qualified to do,” she said. “I was new to corporate governance. I was only in my second year of being on the board.”

The bank’s problems, though, persuaded her to step up as chair-

man in January 2018. “When you’re in the middle of a crisis, you can choose either to get out now or step up and do whatever you can to add to the effort.”

Her job, Duke said, is “to communicate what I know to everybody who needs to know it.” That includes meeting inves-
tors and “listening to what’s being said by the public and the regulators.”

She works most days, though it’s not supposed to be a full-
time job. Sometimes, she acknowledged, she can think through issues while she’s on the beach.

Duke emphasized that CEO Timothy Sloan runs the bank. “I don’t think he sleeps,” she said.

Their relationship is “completely frank. Sometimes I’ll say, ‘I don’t think you ought to do this.’ But he has to make the decisions, and I think he’s done the job better than anybody else could.”

Wells Fargo, she said, “is in the process of being entirely re-

constructed. We also are thinking about what other things can go wrong and how to catch them before they become large.”

Duke pointed to overwhelming support of board members in last year’s shareholders election as a sign of renewed confidence in the bank. She also cited a reduction in the attrition rate for employees and customers, but she acknowledged less momen-
tum in attracting new customers.

“I don’t think we’re at the point where we can declare victory,” Duke said. “It’s taken us longer than I would have hoped, and it’s a bigger job than I had expected. But I think we’re on the road.”

She’s dead set on getting to the final destination. “I’m focused on making sure we do the right thing.”
Since the last issue of Monarch magazine, John R. Broderick celebrated his 10th anniversary and began his 11th school year as president of Old Dominion University, far exceeding the average president’s tenure.

A Q&A with Broderick and a survey of major University supporters offer insight into the factors accounting for his success and longevity. They include strong communication skills, an unpretentious, modest personality, a commitment to connecting with students and attending their activities, and a knack for fundraising.

Broderick also revealed the strangest moment he’s experienced in the President’s House, and what his middle initial stands for.

**Q** What would your 20-year-old self have said if he had been told one day he’d end up becoming a college president? Significant disbelief. It just wasn’t in my DNA. My 20-year-old self envisioned that he was going to be a sportswriter somewhere in New England, covering either college or professional sports. That was going to be my livelihood through retirement.

**A** The average college president lasts for 6.5 years. What’s the key to your staying power? I’ve been fortunate to have supportive board members. That is essential to any president’s tenure. I have also spent lots of time trying to ensure that I maintain good relationships with a variety of important constituents, including elected officials, alumni, the Faculty Senate and student government. I pride myself on communication, and I try to ensure as few surprises as possible.
**What’s one part of the job you never expected you’d have to do?**

We’ve had two or three students in the last 10 years who have passed as a result of illness or a car accident. These are moments you might be able to anticipate, but nothing prepares you for the raw emotion that they hold – not only for the family, but also for yourself.

**What’s the nicest thing about living in the President’s House?**

The proximity that allows Kate and me to attend so many events here. We can walk to a women’s soccer game or go to a student activity in Webb Center. And there’s something to be said for being able to sit on your back porch and watch the sailing team compete. Many nights, as we walk our dog, we run into students and alumni who are so proud of the remarkable things that continue to happen at the University.

**And the weirdest moment you’ve had in the President’s House?**

In my first or second year, there was a knock on the door one Saturday afternoon. A couple stood there and asked me what the hours of the museum were. I thought they were referring to the Gordon Galleries. But they thought the Jacobson House (the formal name of the President’s House) was some type of museum, and they wondered if there were any tours that afternoon.

**What do you consider the greatest moment in your tenure as president?**

Every graduation. There’s something special about looking in the eyes of hundreds and hundreds of men and women at every ceremony and recognizing how unique so many of their journeys were to the finish line. Nothing equals the thrill of sharing in somebody else’s most remarkable and happiest moment.

**Biggest surprise?**

I believe it would be how rapid our growth has been in STEM-H areas, as well as our transformation into a residential campus.

There was a time when Old Dominion had 2,000 beds, and we rented out several hundred to Johnson & Wales University. Today, we have over 5,000 beds, and with the addition of the Hugo Owens House, we will be approaching 6,000. Plus, another two or three thousand students live in walking distance of the campus.

**Biggest disappointment?**

We don’t always have enough resources to support all the deserving students who either are in attendance or want to attend Old Dominion.

**What’s on top of your presidential agenda as you start your second decade?**

We need to continue to attract and retain good students, faculty and staff. So finding the facilities and resources to ensure that happens is a must. Construction of the new Chemistry Building and Health Sciences Building are good steps in that direction.

I’m also pleased that the Commonwealth and the Board of Visitors are equally committed to investing to keep and attract the best faculty and staff.

Another area of concern is the spiraling cost of higher education across the country.

We take great pride in the fact that we have the most affordable education in the Commonwealth among doctoral institutions. I spend time every day ensuring that we maintain our guarantee to students and families that we will offer a quality education at an affordable price.

**Finally, why do you use your middle initial? What does it stand for?**

My middle initial stands for Ryan. That was my mother’s maiden name. It became my oldest son’s first name.
WHAT THEY’RE SAYING ABOUT PRESIDENT BRODERICK

Under his leadership, Old Dominion’s expansion has been explosive, with growth in facilities, fundraising, community engagement, inclusion and diversity, and curriculum development.

NORFOLK MAYOR KENNETH COOPER ALEXANDER ’90

Unlike most university presidents, John is refreshingly modest and low-key in his leadership style. He puts ODU ahead of his own ego. And that makes him approachable and effective throughout the campus. Using the common touch, he connects effectively with students and all aspects of university life.

RICHARD BARRY, PHILANTHROPIST AND FORMER RECTOR OF THE BOARD OF VISITORS

John Broderick and his wife, Kate, have been a perfect team for promoting our University to our community. The good work that he’s done with our legislature is one of his least publicized successes. Not only does he get a lot of positive things done with the General Assembly in Richmond that nobody ever hears about, but he and Kate have been some of our greatest fundraisers, always doing things behind the scenes and getting spectacular results.

CARLTON BENNETT, FORMER RECTOR, BOARD OF VISITORS

Right from the start, John wanted to make a difference in student lives. He believed the University needed to elevate its commitment to student retention and graduation. As a result, the SEES division was created after a collaborative discussion with faculty, staff and students. Now, 11 years later, we encourage students who visit the Jacobson House to share their thoughts and experiences. We both want them to feel valued and know they are an integral part of the University community and our family.

FIRST LADY KATE BRODERICK

It’s hard to name a president of a major research university who is more involved with and engaged in the classroom than President Broderick. Once a week, he gives students in our program an up-close-and-personal view of the job of a university president. The president’s combination of authenticity and thoughtfulness – along with his natural wit and sense of humor – makes him connect well with students.

CHRIS R. GLASS, ASSOCIATE PROFESSOR AND GRADUATE PROGRAM DIRECTOR, HIGHER EDUCATION

President John R. Broderick is a kind, considerate human being. He always has a kind word for everyone he sees during the day – whether they are faculty, staff, students or community members. He goes out of his way to make folks feel welcome and important.

SHERRY DAVIS, EXECUTIVE SECRETARY TO THE PRESIDENT
My interactions with President Broderick have been very inspirational. He’s very supportive. He’s like a dad. The other day, I had my monthly meeting with him. We were getting ready for Homecoming. He asked me, “Do you have any Homecoming shirts?” I said, “I have some, but they’re not very presidential.” He reached into his drawer and gave me three ODU polos.

ISAIAH LUCAS, STUDENT BODY PRESIDENT

I want to congratulate President Broderick on over a decade of strong and innovative leadership at Old Dominion. During your tenure, Old Dominion has bolstered its role as a job creator, educating tomorrow’s leaders and preparing them for successful careers in high-demand sectors. Under your leadership, Old Dominion has become a model institution. I anticipate many more successes.

VIRGINIA GOV. RALPH NORTHAM

John’s success at ODU can be attributed to his thoughtful and forward-thinking leadership. He is approachable, a good listener and welcomes diverse viewpoints. He has earned the respect of local and state leaders because he is a straight shooter. I pretty much know when I have offered a suggestion or an observation with which John does not agree. First, his eyes dance, and then he smiles, and then he patiently explains why I might want to rethink my position.

LISA SMITH, RECTOR, BOARD OF VISITORS

Because of his gregarious style, the community has come to embrace Old Dominion as their school. He is sincere and real, unpretentious and down-to-earth. That comes across when people meet him. That certainly makes my job easy when I make introductions or talk about him in the community.

CECELIA TUCKER, ASSISTANT TO THE PRESIDENT FOR COMMUNITY RELATIONS

During his tenure

ODU graduated
50,000
students

Added nearly
150
faculty positions

Reduced the student-to-faculty ratio from
21:1 to 18:1

Increased public and private funding by more than
$800 M

Increased its endowment by $71 million to
$250 M
A modest scientist tackles a big issue

By Philip Walzer
Photos by Jennifer McClure

OPIOID ABUSE RESEARCHER
JERMAINE JONES (M.S. ’04) has co-written about 40 papers in his 38 years.

That sounds impressive, but he shrugs off any glory. Plenty of scientists his age have written even more, he admits.

Jones recently was promoted to associate professor of clinical neurobiology at Columbia University Medical Center in New York. He also is a research scientist at the New York State Psychiatric Institute.

“The people in this division are amazingly successful and so detail-oriented,” Jones said. “They make me work harder and not settle where I am.”

His goal is to “try to be better. I always want to have something I can work towards and achieve.”

To get a less understated view of Jones, talk to his former doctoral adviser, Anthony Riley, a psychology professor at American University in Washington.

“He is simply one of our best,” Riley said. “His work in the genetics of addiction, the treatment of abuse and the basic behavioral underpinnings of abuse vulnerability are important and major contributions to the field.

“He is exactly what we wanted in a student and is what we want and need in a colleague.”

Jones’ group has found, for instance, that taking naloxone, which is used to counteract an opioid overdose, does not lead to increased drug use, as critics had feared. That could persuade more addicts to use naloxone and save their lives.

Other results have ruled out potential leads. That’s OK, Jones said: “Research builds on itself. It’s a process of standing on the shoulders of others.”

He offered a characteristically modest assessment of the state of substance abuse research: “Some approaches have shown promise, but nothing to the extent of a eureka breakthrough.”

And he shared a discouraging statistic: The number of overdose deaths rose to 72,000 in the United States in 2017.
But “I feel like we have developed a really comprehensive view of substance abuse.” Plus “you definitely see an increasing acceptance of substance abuse as a mental disorder that needs to be treated as such.”

Shuffling addicts into detox or toughening drug laws isn’t the answer, he said. “We can’t criminalize our way out of this problem.”

Jones grew up in Texas, influenced by people who cherished education. His mother worked for a bridge program that smoothed the path to college for low-income students. His aunt, Johnnie Jones, was dean of sciences at Hampton University.

Jones and his family moved to Hampton to live with his aunt when he was in high school. From there, he attended the University of Virginia.

“I had to play catch-up for the first two years,” he said. “I came from a small town in Texas. I didn't know what AP classes were.”

Jones pressed on, securing an undergraduate research fellowship every summer he was at U.Va. and graduating in 2002 with a major in psychology and minor in biology. From then on, he has merged the two disciplines.

In his master’s program at Old Dominion, Jones worked with Perry Duncan, an associate professor of psychology, on such research as examining the effect of Pfiesteria toxin on learning and memory in rats.

ODU didn’t have a doctoral program in biological psychology, so Jones attended American University for his Ph.D. He’s been at Columbia, first as a postdoctoral fellow and then a faculty member, since 2008.

Jones said he was attracted to substance abuse research because of the interplay of factors, including psychopharmacological, behavioral, environmental and social.

His work has also introduced him to the personal factors. One of Jones’ subjects died of an overdose a year ago.

“If you don’t know them, it’s easy to lump them all together as ‘drug fiends’ or ‘robbers.’ It helps when you can look at people and talk to them. You can easily see how one or two circumstances might lead them to self-medicate with drugs.”

What makes Jones such a strong researcher? “Being very inquisitive about things. I love the process of coming up with questions and trying to find the answers to solve the unknown.”

He describes his job as “a little bit of everything,” which is fine with him. “I don’t like spending all of my time behind a computer.”

He can bounce from screening potential subjects to analyzing results to helping research assistants surmount obstacles to drafting grant proposals. Jones’ job doesn’t include teaching, but on the side he teaches courses on substance abuse at City College of New York and St. John’s University.

He also visits Washington to remind politicians of the gravity of the opioid epidemic.

The result there, he said, has been positive. Federal funding has increased, and in September the U.S. Department of Health and Human Services awarded more than $1 billion in grants to address the opioid crisis.

That, Jones said, might reflect the fact it’s not just “a big-city problem.” It plagues all regions, all races, all ages.

Looking ahead, he hopes to launch a collaborative effort with African-American churches to increase awareness about drug abuse. Because, ultimately, part of the solution has to come from outside the lab, Jones said.

“I think we will make great strides in developing more efficacious medications. But solving the problem of substance use disorders involves a much greater understanding of what drives people to use drugs. To really address these issues would involve tackling much bigger societal issues.”

A SURPRISING RESULT
Jones was featured last March in The Scientist, a magazine for life-sciences professionals. In the article, he recalled a potentially nauseating high school science project. He tested toilet water and a toilet seat for bacteria. He found more types of bacteria on the seat.
Poet Natalie Diaz ’00 (M.F.A. ’07) last fall was named one of 25 recipients of the MacArthur Foundation’s “genius grants.” Diaz, 40, who was raised in the Fort Mojave Indian Village in California, is an associate professor at Arizona State University. “If our leaders were poets, if our soldiers were poets, America would be a much better place right now,” she said recently.

WHAT WAS YOUR INITIAL REACTION WHEN YOU LEARNED THAT YOU HAD WON A MACARTHUR FELLOWSHIP?
I was shocked. I am still shocked. It is like a giant wind rushes through and messes up your hair and thrashes the trees outside, and then suddenly it’s quiet, and you’re still fearful of the same things and hopeful for the same things and wondering what is possible, the way you were before the wind rushed in.

THE FELLOWSHIP PROVIDES $625,000 OVER FIVE YEARS. THAT SOUNDS LIKE A LOT OF MONEY. WHAT ARE YOU GOING TO DO WITH IT?
It doesn’t just sound like a lot; it is. It’s so much that I am still trying to imagine it in terms of time and possibility.

WHEN DID YOU FIRST KNOW YOU WANTED TO BE A POET?
I found out I wanted to be a poet at Old Dominion. I learned so many things about the world and life and myself while I was there. I came there for basketball and found poetry.

DO YOU THINK BEING A BASKETBALL PLAYER MADE YOU A BETTER POET AND BEING A POET MADE YOU A BETTER BASKETBALL PLAYER?
They are both a type of language, a type of text. You can read a basketball game the same way you can read a poem. There is an energy you tap into, a physical language, of body and sound and rhythm and texture. I can’t imagine separating them in my understanding of myself, of the way I move through the world and express myself.

I’VE READ THAT YOU’VE BEEN WRITING MORE ABOUT WATER THESE DAYS. WHY? DOES WATER HAVE A SPECIAL SIGNIFICANCE IN THE MOJAVE TRADITION?
Water has a significance in our human tradition. God didn’t even make it on any of the seven days — it was already here, before us. We cannot exist without it. It is one way of communication, a way we recognize one another, because of water and its emotions, memories and stories.

TELL US ABOUT YOUR NEXT COLLECTION OF POETRY, “POST-COLONIAL LOVE POEM.”
The book will be out in 2020 from Graywolf Press. It is a leap toward love. Love was present in the first book, but this book has devoted itself to treating every body in the book as if it were the body of the beloved. It is one of my ways of resistance. What better way to live than to say, I was born and raised on a reservation, and I still love, and I still deserve.

Read Natalie Diaz’s poem “These Hands, If Not Gods” at www.odu.edu/monarchmag

Native American poet wins ‘genius’ grant

“It’s so much that I am still trying to imagine it in terms of time and possibility,” Diaz says of the MacArthur Fellowship.
From one-liners to Thin Brew Line  By Tom Robotham

When Jay Gates was a kid, he had a knack for making his friends laugh — so much so that they told him he should become a comedian. They were onto something.

Gates, who graduated from ODU in 2003, started doing standup as a freshman. Before long, he was performing in clubs all over the country.

The 39-year-old from Virginia Beach continues to do standup. But his latest venture — launched with his brother, Mike, a Virginia Beach police officer — is Thin Brew Line, a brewery and bar that will cater to first responders. It is scheduled to open by spring.

“I came up with the name, and everybody loved it,” Gates says. “Then I started riffing on all kinds of possible names for beers, like ‘Hops and Robbers.”

The brewery’s décor will also reflect the theme. One bathroom will be decorated like a lineup room, with a height chart on one wall and a mirror on the other.

After graduation, Gates worked at Pancho Villa in Virginia Beach as bar manager while pursuing standup. That led to acting gigs and, subsequently, to opportunities to do voiceovers and direct and produce videos. Gates is producer and director of safety and training films for DuPont Sustainable Solutions.

These days he speaks most passionately about Thin Brew Line. The venture brings together Gates’ many skills, including his knack for engaging with people, his desire to give back to the community and his love of good beer, which he started brewing himself when his brother gave him his first kit at age 21.

The plan for Thin Brew Line took root when his friend Bobby Winn announced that he was retiring from the police department with the goal of having a second career as a master brewer. Meanwhile, Gates learned that the Fraternal Order of Police was looking for a venue to host events such as fundraisers and retirement parties.

The brewery will donate a percentage of great beer and offering it at a reasonable price, Gates says.

“We want to create a welcoming environment for the entire community. But we’re devoted to being a special place for first responders. I don’t think they get enough credit. They’re our heroes.”

Tom Robotham is a freelance writer and adjunct instructor of communication.
There’s no sign out front at Patchwerk Recording Studios in Atlanta, gray and unassuming next to a McDonald’s. Otherwise, fans would flock, and stars don’t like that.

Beyoncé found it just fine, showing up with one bodyguard and zero attitude. She called Missy Elliott on speakerphone, and the two chatted like normal people with Mike Wilson ’89, chief engineer and co-owner of the place, before Beyoncé recorded her part on Elliott’s 2002 hit, “Nothing Out There for Me.”

Another hot star (whom Wilson chose not to name) would purse his lips – the cue for an assistant to rush up to apply lip balm. But most who have made it are humble, knowing it’s a collaboration. They recognize that without that sound engineer and everyone else on the team, they may as well be singing in the shower.

Wilson is sitting at a console, gliding faders up a quarter inch here, a smidge there. He’s been doing this for 25 years, bringing up the snare, moderating the kick and the hat, with a client list that began with hip-hop artists like Outkast and Ludacris and expanded to include Toni Braxton, Snoop Dogg and the Atlanta Symphony.

He’s been nominated for 13 Grammys and has won two – for Beyoncé’s 2003 album “Crazy in Love” and BeBe & CeCe Winans’ 2009 single “Still.” He’s been to the ceremony a couple of times, once photographed on the red carpet in a snazzy black tux with a blue satin vest that matches his eyes. Only the nominees get to tread the red, so his wife had to walk behind the backdrop and rejoin him on the other side.

Patchwerk is the biggest studio in Atlanta’s hot music scene. It was founded in 1993 by Bob Whitfield, an offensive tackle for the Atlanta Falcons, and a childhood friend, Curtis Daniel. They grew up in California, in a neighborhood next to the cabbage patch that gave the studio its name.

Whitfield was busy and left Daniel in charge of pretty much everything at Patchwerk. Wilson, meanwhile, was working as a freelance sound engineer, shifting more of his work to Patchwerk and bringing with him established relationships with artists and producers throughout Atlanta. Daniel brought Wilson in-house, eventually making him chief engineer.

When it came time to build a new studio, Daniel took him to fly out to meet with architects. “He was the one who decided...
where the walls would go,” Daniel says.

In 2009, Whitfield needed out of the business, so Daniel invited Wilson to partner with him in buying it. Wilson takes care of things as small as mowing the lawn and as big as engineering TLC’s 1995 hit “Waterfalls,” which sold more than 13 million copies.

The platinum record in the hallway is hard to find amid the constellation of gold and platinum albums, most with cover photos of girls and grills and guns, even though the artists were nice as a next-door neighbor while they were working with Wilson.

“Mike has more plaques on the wall than anyone can imagine, but you’d never know that meeting him; he’s just humble, generous and kind,” says Marshall Manning, a performer turned producer who has known Wilson for nearly a decade.

**Early on, Wilson worked with reel-to-reel,** timing his splices to correspond with the snap of a snare, to hide the inevitable tick of the tape. Now the engineers who work for him do their mixing on computers, trained by him since they were interns.

It’s an art, engineering music, and each artist has a distinctive voice. Once, Wilson put an echoing delay on a percussive sound called the snap and created a subgenre of rap called snap music. That brought a parade of artists into the studio, wanting to work with the guy who’d come up with the idea.

Wilson, who grew up in Hampton Roads, came to ODU to study business. He spent two semesters in a sound engineering course, working in a doublewide with a tape recorder, rudimentary sound effects machines and some briefly cutting-edge equipment.

“It was the coolest thing on the planet ever,” Wilson says. “We’d go in there and make sounds and create stuff.”

He decided he didn’t want to do business anymore; he wanted to make music. He played piano and guitar with friends and briefly shaved off his trademark curls so they wouldn’t block his sight while he was surfing.

After he graduated from ODU, he moved to Atlanta and earned an associate degree in recording arts/management at the Art Institute of Atlanta. He answered an ad for a guitarist in the back of the Creative Loafing artsy paper, played electric guitar, jumped around on stage, met his wife, and stayed.

**In both his marriage and business partnership,** he finds success in the synergy. At Patchwerk, Daniel is the idea and people guy and Wilson is the details guy.

“I’m very OCD-ish, so I make sure things are done right,” Wilson says. “It’s great that neither of us wants to be in the average the other wants to be in.”

The business – like great music – requires a team.

“I see a real disconnect with today’s youth about what it takes to get somewhere. It’s not about you, and you’re not going to get there by yourself,” he says. “That’s the hardest part to get some people to understand. It’s a team effort. You need to get on the bus.”

Janine Latus is a writer living in Chapel Hill, N.C., who geeked out over the engineering for Wilson’s sound studios. She is still obsessed with the physics of sound.

**Mike Wilson has been nominated for 13 Grammys and has won two.**

Janine Latus is a writer living in Chapel Hill, N.C., who geeked out over the engineering for Wilson’s sound studios. She is still obsessed with the physics of sound.

**WILSON RECEIVED A DISTINGUISHED ALUMNI AWARD FROM ODU LAST FALL.**
A floating concrete canoe?

A team, led by civil engineering majors Sarah Bohn and Kent Andrews, came in 22nd in last summer’s National Concrete Canoe Competition. ODU was the only Virginia school invited to participate. Students designed the 310-pound canoe and hauled it cross-country to the event in San Diego. (The canoe floats because it’s less dense than water.)

People

STEPHANIE ADAMS, dean of the Batten College of Engineering and Technology, received the Harriet Tubman Award from the American Society for Engineering Education. Adams was recognized for promoting gender and racial diversity.

RAUL BRICEÑO, an assistant professor of physics, received an Early Career Research grant from the U.S. Department of Energy. Briceño was among 84 scientists across the country to win the award. He also is a staff scientist at the Jefferson Lab.

LARRY “CHIP” FILER has been named executive director of ODU’s new Institute for Innovation and Entrepreneurship, which coordinates entrepreneurship, economic development and other programs.

ELLEN NEUFELDT, vice president for student engagement and enrollment services, has won the Melvene Draheim Hardee Award from the Southern Association for College Student Affairs. Neufeldt was cited for such initiatives as last year’s Social Mobility Symposium and the Mane Connect academic coaching program.

GYMAMA SLAUGHTER was appointed executive director of Old Dominion’s Frank Reidy Research Center for Bioelectrics. She had been director of the bioelectrics laboratory at the University of Maryland, Baltimore County.

ERIC WEISEL was named executive director of Old Dominion’s Virginia Modeling, Analysis and Simulation Center. Weisel, also an associate vice president for applied research, had been interim director since June 2017.

Briefs

The education college has been renamed the Darden College of Education and Professional Studies. The addition of “professional studies” to the title acknowledges the growth and depth of academic programs in the college.

The University recently received a Higher Education Excellence in Diversity award from INSIGHT into Diversity. The magazine’s publisher said the award goes to institutions where “diversity and inclusion are woven into the work being accomplished every day.”

Koch Hall, the main administration building, emptied out in the winter for a yearlong renovation. The occupants, including President John R. Broderick’s office, moved to new locations, including the Visual Arts Building and Spong and Monarch halls.
Last summer, Old Dominion opened the new Children’s Learning & Research Center on 47th Street. The 6,800-square-foot building, which serves children from 8 weeks to 2 years old, has five classrooms, a playground and two bioretention ponds outside.

Election roundup

ELAINE LURIA (M.E.M. ’04), a business owner and Navy veteran, was elected to represent the 2nd Congressional District of Virginia in the U.S. House.

Luria, who served as second in command of a guided missile cruiser and later opened Mermaid Factory, received her master’s in engineering management.

“Elaine looks forward to continuing the conversation with ODU on research projects related to sea-level rise, renewable energy and how resiliency infrastructure can be utilized to grow our regional economy here in Hampton Roads,” said her campaign manager, Kathryn Sorenson.

Luria, a Democrat, is believed to be the first Old Dominion graduate elected to Congress. But she isn’t the first person connected with Old Dominion to represent the district.

G. William Whitehurst left his position as dean of students when he was elected in 1968. Whitehurst, a Republican, served in the House until 1987. He continues to teach at Old Dominion as the Kaufman Lecturer for Public Affairs.

Luria defeated Republican U.S. Rep. Scott Taylor. Taylor’s communications and political director, Scott Weldon ’08 (profiled in the winter 2017 magazine), could not be reached after the election.

On the Senate side, Democrat Tim Kaine was re-elected. His chief of staff, Mike Henry ’90 (also profiled in winter 2017), said he “gladly and full-heartedly” accepted Kaine’s request for him to continue in that role.

“The campaign is in the rear-view mirror,” Henry, a member of ODU’s Board of Visitors, said the day after the election. “Now it’s important to roll up our sleeves and get things done, and that means working in a collaborative fashion with our colleagues, no matter what their party.”

Outside Virginia, Beth Griffin (M.S. Ed. ’96), a Republican, was re-elected to the Michigan House of Representatives.

Griffin, a former English and special education teacher, had said she supported “keeping taxes low, supporting our job creators, investing in our children’s education and fighting to lower auto insurance rates.”

WE’RE HALF-WAY THERE.

As of Jan. 7, Old Dominion University had raised $130 million toward the $250 million goal of its fundraising initiative, which will go toward scholarships, faculty research, student internships, athletics and other areas.
Think older workers are going through the motions? Here’s what four professors, all of whom have been at ODU for at least 45 years, are doing these days. “Everything has changed in the world,” said one of them, Nina Brown, “and I hope ideas about age and competence will also change.”

**ROBERT ASH**, the University’s most senior full-time professor, is still here 51 ½ years after he started in 1967. “It keeps me from getting old,” Ash, 76, says.

“I like to think my biggest contribution is teaching,” says Ash, a professor and Eminent Scholar of mechanical and aerospace engineering. He recalls a student who nearly failed – but later thanked Ash for being the first professor who got him to think like an engineer.

Ash has an unfulfilled goal: “I want to help ODU become the leading space-faring university.” Along with Associate Professor Dimitrie Popescu, he supervised more than 50 students who designed a cube-sat (measuring 10 centimeters on each side). It will be sent into orbit from the International Space Station this year.

A serious outdoorsman, Ash got into a whitewater rafting accident in 2017, breaking his neck and injuring his spine. He was initially paralyzed. Now “I can’t write as clearly as I used to. Other than that, I have no complaints.”

On the research side, Ash is working on four articles seeking to explain how tornadoes and hurricanes depart from accepted fluid-mechanics equations.

He thinks he’s more of a “plow horse than a racehorse.” But with the University’s support, “I can keep my ideas alive long enough to make a contribution.”

**NINA BROWN**’s 24th book, “Effective Psychoeducational Groups,” was published last year. She’s working on the third edition of another, “Children of the Self-Absorbed,” while writing a new one, “Your Anxiety Is Driving Me Crazy.”

Her books have been translated into five languages.

“I’m trying to explain some of the intangibles that may have shaped so many of our clients,” said Brown, a professor and Eminent Scholar of counseling, who began here in 1968.

In the classroom, she launched a new course, Creative Techniques for Group Therapy, a couple of years ago. In other words, she’s busy. “I enjoy learning new things and being creative. All of that is enriching and exciting to me.”

Brown also pursues nonacademic paths to put her research to use. She was on a podcast last year with the singer Alanis Morissette, who told Brown, “You’ve helped me enormously.” And roughly every quarter she writes a column for Psychology Today, offering tips, for instance, on dealing with a “charming narcissist.”

Brown is also a fixture on ODU’s Faculty Senate, having served as chair for four years and now as vice chair. “It gives faculty an organized voice and involves them in decision making, and it encourages their attention to student matters and concerns.”
LYTTON JOHN MUSSELMAN’s view of life is simple: “Plants are such fabulous organisms. If you can deal with plants and humans, what more do you need?” Musselman, 75, Eminent Scholar and Mary Payne Hogan Professor of Botany, came to Old Dominion in 1973. His eighth book, “Wildflowers of the Adirondacks,” co-written with New York ecologist Donald Leopold, will be published by Johns Hopkins University Press this year. “I just fell in love with the place,” Musselman says. “The diversity, the glistening lakes, the magnificent storms thundering across the mountains.” Musselman, a leading expert in plants mentioned in the Bible, was quoted in August in the Washington Post debunking a theory that manna was a type of lichen. “I’m an old scientist now,” he says. “I want to leave something in the hands of the public that draws on my expertise and love of plants.” Last summer, he underwent surgery to remove a benign brain tumor. “I don’t have the energy and drive and strength that I once had,” Musselman says. It’s hard to tell. Musselman recently visited Tanzania for a conference and the state of Georgia for field work with a doctoral student. And he manages the 319-acre Blackwater Ecologic Preserve in Isle of Wight County, which he founded. “It’s so good to be a botanist,” he says. “So many plants, so little time.”

WAYNE TALLEY coined the phrase “maritime and supply chain management.” His 14 books include the first textbook on port economics, and Old Dominion has become a leader in maritime business, with undergraduate and master’s programs.

The 76-year-old, who joined Old Dominion in 1972, last year won the international Onassis Prize in shipping, which he calls the industry’s equivalent of the Nobel Prize. The prize came with $100,000. His walls in Constant Hall speak of plenty more honors: Distinguished speaker at the University of Hong Kong. Honorary professor for life at Shanghai Maritime University. Old Dominion University Research Award.

Talley, Eminent Scholar and Beazley Professor of Economics, thrives on collaboration. “It’s good to work with other faculty to use the expertise you don’t have,” he says. That has propelled work to predict, for instance, how the makeup of a crew shapes the likelihood of a tanker oil spill. He speaks excitedly about his newest research: Examining the port as a “spatial network with nodes and links.” That, he says, provides a sharper understanding of port congestion. “Until two years ago, people would only look at congestion at the gate. Now it is obvious that congestion can occur throughout a port.” He has no interest in retiring. “My research is my passion,” Talley says.

Robert Ash's father-in-law was a notable figure in Old Dominion history – Lewis Webb Jr., the school’s first president, for whom Webb University Center was named. Learn about Webb's legacy in the upcoming issue of Monarch Extra, at www.odu.edu/monarchmag

Nina Brown’s research into the “self-absorbed” was sparked years ago by her frustrations with a difficult faculty member. To relatives and friends of the self-absorbed, she offers this advice: “I’m not saying they’re not going to change. But give up the fantasy that anything you do or say is going to make them change.”

Lytton Musselman also creates cordials and cocktails from wild roots, berries and other things he finds outdoors. He spoke about his pursuit with former Monarch magazine editor and wine connoisseur Jim Raper on the radio show “With Good Reason.” Listen to the episode at https://www.withgoodreasonradio.org/episode/foraging-for-cocktails/

Wayne Talley wore “white tie and tails” to the Onassis Prize reception last year in London. He was accompanied by his wife, children and grandchildren.
A FULL LIFE FOR FULBRIGHT SCHOLARS

Nearly 50 Old Dominion University faculty members and students have received prestigious Fulbright fellowships, including five in the past year.

Lately, they’ve been posting blogs and photos on the Office of Research’s webpage, offering a glimpse of their work and extracurricular discoveries. Here’s a sampling from two professors about their experiences in Botswana and Norway.

DEBORAH GRAY
Nursing lecturer and director of family nurse practitioner program

Location: Botswana
Duration: August 2018-May 2019
Mission: Increase access to health care and number of advanced practice nurses

“Gaborone isn’t what you typically picture when thinking of Africa. It’s in the southern part of Botswana in the Kalahari Desert, so it’s a semi-arid region, very dry, with lots of red rock formations and red dust everywhere. Driving at night can be dangerous from cows wandering down major streets even here in the capital. We almost hit one the other evening...

“We took a side trip for a long weekend with another Fulbright couple to the very north of Botswana. In Moremi National Park, we saw up close and personal two different prides of lions, as well as a leopard lounging under a tree with the remnants (just skin, bones and antlers) of his antelope meal still hanging from the branch above.”

RODGER HARVEY
Professor of ocean, earth and atmospheric sciences

Location: Norway
Duration: January-June 2018
Mission: Study sea ice and serve as Norway’s Distinguished Arctic Chair

“On Thursday morning, over 20 of us loaded our snowmobiles and, pulling sleds with gear, traveled over the ice and snow 30 km to Svea. Working in this environment is extreme: Where else do you travel to your field site wearing an avalanche beacon strapped to your chest so they can find you if there is a slide? As if that’s not enough, once we reached the ice-covered fjord, I hung ice spikes on a line around my neck to pull myself out of the sea in case the ice gives way as we travel over it.

“The last two days we barely saw the sun, and 22 inches of snow fell in Tromsø. Despite this, the roads were cleared every morning like magic and, just as important, the cross-country ski trails were groomed!”

Read more about the journeys of ODU’s Fulbright fellows – and Rodger Harvey’s discovery of the unusual Norwegian spectator sport of reindeer racing – at https://sites.wp.odu.edu/research/
‘A little pop’ didn’t keep Sabatini from the gold

HOW TOUGH IS PHIL SABATINI?

So tough that the lecturer in exercise science shrugged off injury to take the silver overall and the gold in the clean-and-jerk competition during last summer’s National Weightlifting Championships in Kansas.

During the first snatch, “I felt a little pop,” Sabatini, 35, recalled. He couldn’t lift his arms afterward to celebrate.

Sabatini managed to complete the rest of his lifts, including a 420-pound clean-and-jerk. Less than 10 minutes after his routine, he was immersed in “excruciating pain.” He had suffered a tear in the rotator cuff of his left arm – his first injury in 12 years of competition.

Sabatini underwent surgery a few weeks later. His rehabilitation prevented him from participating in the winter championships, but late last year he said he was two months ahead of pace in his recovery program and eager to compete in this summer’s event.

Sabatini ranked fifth in the United States in the 2012 Olympic trials and is president of East Coast Gold Weightlifting, one of the country’s top training teams. When he lifts, he said, “you just get locked in the moment. It actually feels much lighter than it does in training.”

Three gym do’s and don’ts from Sabatini:

STRETCHING IT OUT
Do you bend down to touch your toes before a workout? Don’t bother. “Static stretching is often thought of as a ‘warm-up,’ but it does very little warming.” Instead, “Move!” Do a walking lunge or lift each leg high as you walk and touch it with your opposite hand.

SQUATTERS’ RIGHTS
Don’t believe the myth that deep squatting is bad for your knees. “What’s bad for you is not squatting, but incorrect squatting.” So make sure your knees track over your toes and don’t move between your feet during the squat.

TO BELT OR NOT TO BELT
Don’t count on a weight belt to prevent injury if you’re doing an exercise incorrectly. But it can “provide cues to properly engage the musculature of the core.”
n the fast-moving world of health care, a doctor or nurse can take a patient’s blood pressure or go over test results with him—even if they’re hundreds of miles apart.

The trend is known as telehealth or telemedicine, and Old Dominion University has taken a big step in boosting its leadership role in the field. Last fall, it opened the Center for Telehealth Education and Research at the Virginia Beach Higher Education Center.

The creation of the telehealth center is part of the College of Health Sciences’ expansion in Virginia Beach and the relocation of its School of Nursing there.

Gov. Ralph Northam offered an enthusiastic endorsement at an event christening the expansion in October.

“What will bring this commonwealth and the country to its knees if we don’t wrap our arms around it is the cost of health care,” he said, “and what a great way to address cost by promoting telehealth. Telehealth is the future.”

With the advent of telehealth, doctors and nurses can connect more frequently with patients using video and other technology for everything from follow-up visits to pre-screenings.

The advantages are substantial. Among them: Telemedicine provides health care to rural and other patients whose access was previously limited. It cuts down on ever-expanding costs, and it makes efficient use of time for both patients and providers.

The location of the telehealth center in the Princess Anne Commons biotechnology corridor also provides multiple synergy possibilities with such bioscience and healthcare giants as LifeNet Health, Operation Smile and Sentara Health.

Tina Gustin (Ph.D. ’11), who directs ODU’s telehealth program, said it previously was housed off-site in Norfolk, where technical capabilities were limited.

“We have the bandwidth and we don’t have the firewalls that existed in our other facility,” Gustin said. “Now that the equipment is here, we can incorporate this into the curriculum for undergraduate nursing students, which wasn’t previously possible.”

That equipment includes a $25,000 telemedicine cart outfitted with attachments for stethoscopes, ophthalmoscopes, an oral scope and cameras; a VGo robot that can substitute for a person in a distant location, and multiple telehealth adaptors such as EKG, otoscope and ophthalmoscope for the iPhone.

But Karen Karlowicz, the chair of the School
of Nursing, said the key to the center’s success is the human touch. “Our expanded education program will assure that providers learn not only how to use various technologies in delivering patient care, but how to do it in a way that makes the patient feel as if they are sitting face-to-face with the provider.”

In 2016, the American Medical Association approved a policy recommending that medical students be trained to use telemedicine.

Dr. Bruce Britton, the associate chair of undergraduate education at Eastern Virginia Medical School’s Department of Family and Community Medicine, is setting up opportunities at the center with all of EVMS’s medical students, as well as those in other health professions.

“It is developing as a wonderful way of bringing care to patients where they are living, not just in the office or hospital setting,” Britton said. “Telehealth is the perfect platform for health professions students to learn about each other’s professions and interprofessional teamwork in a new and exciting way.”

The telehealth center will also train students from other universities, including doctoral students in pharmacy at Hampton and undergraduates in social work at Virginia Wesleyan. “The goal from the beginning is to teach students from a variety of health professions to learn and see the value of working together to deliver health care access,” Karlowicz said.

According to the American Hospital Association, 65 percent of hospitals in the United States connect with patients or practitioners through the use of video or other technology. “Since 2008, telehealth has been a part of our curriculum,” Gustin said. “Because we started so long ago, it has become deeper and richer as years have gone by.”

**THE RECENT HEALTH SCIENCES EXPANSION** at the Virginia Beach Higher Education Center added more than the telehealth center. The new features include:

A **simulation living room/bedroom**, which represents a realistic home environment where nursing students can practice caring for patients after they have left the hospital. That scenario will become more common as baby boomers grow older.

“It’s very different taking care of someone at home than in a hospital,” said Kay Palmer, an associate professor of nursing who helped create the school’s RN-to-BSN online program. “In a hospital, you have much more support. It’s very important to be able to help maximize what an individual can do.”

The room, Palmer said, will foster collaborations with other disciplines, such as physical therapy. It could also benefit nonprofit organizations such as the Parkinson’s Foundation, “which could use this environment to train people to care for others in the home.”

A **new neonatal simulation lab**, which will make the neonatal nurse practitioner program more attractive to students, said its director, Susan Braid.

“We have all new mannequins, the sim lab is much bigger, and the neonatal simulation is much more realistic,” said Braid, an assistant professor of nursing.

“Students can work with umbilical lines (which provide quick access to the central circulation of premature infants), chest tubes (which help drain fluids) and intubation (which opens the airway so a patient can be placed on a ventilator to assist with breathing).”

The simulations prepare students for rare scenarios involving some of the most vulnerable patients, Braid said. “These are situations students will probably not be exposed to during clinical practice.”

**Irvin B. Harrell** (M.A., ’18) is coordinator of strategy and marketing for the College of Health Sciences.
Diving into the MOST CONTROVERSIAL issue everywhere

By Aaron Karp

HOW DO YOU GET DIPLOMATS from 193 countries to pay attention to academic research? Make it about guns, maybe the most controversial issue everywhere. In June 2018, I was at the United Nations in New York, presenting the results of the most comprehensive global survey of gun ownership ever, the culmination of two years of work.

The results, covering 1 billion firearms in 230 countries and territories, show gun ownership going up in most countries. In many, there is no clear relationship between gun numbers and violence. But the few where gun numbers are going down also are those with the lowest crime rates.

Since I began researching gun policy in 2000, the focus of international concern has changed a lot. Back then, the fear was proliferation of guns and ammunition to dealers and groups bent on mayhem. We were scared of freight planes landing — as they did time and again — and countries instantly disintegrating into civil war.

The international community got a lot better at managing those problems. We haven’t stopped all the stupid arms deals, but the rogue arms dealers are mostly gone. International terrorists find it a lot harder to get guns. States are back in control, even if what they do sometimes disgusts us.

That means it hinges more on domestic policy, especially for the United States, home to the world’s largest gun market. Of the 857 million firearms estimated in public hands globally, more than 393 million – or 46 percent – are in the United States. That makes America – not Somalia or Syria – the world’s biggest gun laboratory.

Changes in the types of guns have also had a big effect. Stephen Paddock’s massacre in Las Vegas in October 2017 – killing 58 and injuring 851 – was made possible by the spread of automatic weapons. The biggest wave of global gun proliferation ever is happening in the United States, where an average of 14 million new civilian guns arrive annually, including an unprecedented 2.3 million assault rifles.

Virtually every government wrestles with gun policy. All over the world, criminologists and public health specialists are hungry for guidance. The database unveiled at the UN is all about making their work more available and more conclusive.

One thing I’ve learned from this exercise is how precious data is. Good data doesn’t just happen. Surveying 230 countries and territories requires a team. When students stop by my office, they usually see me, back to the door, emailing like mad all over the world to keep that team at it.
Last year, for the first time, a majority of Old Dominion students took at least one online class. The percentage of students enrolled in online courses has jumped 46 percent in the past five years. Here’s more:

11,692 online students enrolled in fall 2017
24,082 total online course registrations in spring 2018

- 52% of online students are under the age of 26
- 63% are female
- 61% work at least 30 hours a week
- 97% of seniors say they were satisfied or very satisfied with their education
- 49% of all students took only on-site classes
- 25% took only online classes
- 26% of students took on-site and online classes in fall 2018

Source: ODUOnline
Illustrations by Seth Patrick
She ‘learnt a few spells’

Renee Olander’s poetry collection, “American Dangerous,” published in September by Backlash Press, explores breaking the silences about the experience of being female. Olander (M.A. ’87) is associate vice president for regional higher education centers. Here’s a look at one of her poems, “Grace of Sherwood, Witch of Pungo, Advanced in Age”

How it came to her:
“Around the time that Belinda Nash, a member of the Old Donation congregation that had tried Grace Sherwood for witchcraft in 1706, was leading fundraising efforts to cast a bronze statue honoring Sherwood at the site of her ducking, I had been named interim director of ODU’s Virginia Beach Higher Education Center.

“I was also in the home stretch of an M.F.A. program in poetry, struggling with a poem exhuming the lost voices of accused and condemned witches around the world. Driving to work one morning, reflecting on my mentor’s suggestion to focus on one accused witch, I turned onto Witchduck Road. I realized that Grace Sherwood was the one.”

FACULTY AND ALUMNI AUTHORS

Tidewater Lowlands, by Cindy M. Amos (Winged Publications). Amos, daughter of Patsy Parker Meekins ’68, has written a romance featuring two fictional former ODU basketball players.

Mobile Learning and Higher Education, co-written by Helen Crompton (Routledge). Crompton offers case studies showcasing the transformative effect of mobile devices on undergraduate and graduate education. The associate professor of teaching and learning received the state’s Outstanding Faculty Award last year.

Critical Infrastructures, Key Resources, Key Assets: Risk, Vulnerability, Resilience, Fragility, and Perception Governance, co-written by Adrian Gheorghe (Springer Publishing). Gheorghe, who holds the Batten chair of system of systems engineering, provides models and tools for predicting the behavior of complex techno-socio-economic systems.

Sissi’s World: The Empress Elisabeth in Memory and Myth, co-edited by Maura Hametz (New Directions in German Studies). The history professor probes the myths, legends and misrepresentations of the Habsburg empress, who served for nearly 45 years.

The Buddha Wonders If She is Having a Mid-life Crisis, by Luisa Igloria (Phoenixia Publishing). A collection of “Buddha poems” written by the professor of English and creative writing.

Daisy’s Choice, by Mike Owens (M.F.A. ’11) (The Wild Rose Press). Owens’ novel poses the question: When death seems the only alternative to a life of pain and suffering, who gets to choose?
On Smithfield Foods, unions and the environment

In “Hog Wild: The Battle for Workers’ Rights at the World’s Largest Slaughterhouse” (University of Iowa), Lynn Waltz (M.F.A. ’11), an assistant professor of journalism at Hampton University, chronicles the almost two-decade-long struggle to unionize workers at Smithfield Foods’ largest pork-processing plant, in Tar Heel, North Carolina.

What was the most surprising thing you learned in your research?

How devastating the industrialization of meat processing has been to our society. To the animals, to the workers, to the consumers and to the environment. While it has created cheap meat, the true costs of production have been outsourced to citizens.

Does the successful unionization effort at Tar Heel provide any lessons for the future of unions in the United States?

It was a huge win for 5,000 workers, but it came at great cost and is not easily replicat-
ed. It took 16 years, millions of dollars and countless hours of union workers’ time to get a union vote. During that time, people’s lives were ruined, and the company was found to have illegally fired union supporters. So this is not a model that entices people to join in a union fight.

What is Smithfield’s current record in terms of the environment?

The dangers of the lagoon system were never more obvious than during Hurricane Florence, when as many as 40 lagoons overflowed or breeched in North Carolina, spilling toxic fecal matter into the flood waters. On Oct. 25, the company announced it would cover 90 percent of its own lagoons in North Carolina to capture methane greenhouse gas. While that promises to improve water and air quality in some regions, many would say it is too little, too late.

How did this book affect your pork consumption?

I have vastly reduced meat consumption, but that is mostly due to the environmental impact. It takes far more land and water to grow food for livestock than for humans. Also, cows produce methane, a greenhouse gas. And pigs are prodigious producers of poop, which contaminates our waterways.
In 1958, 17-year-old Barry Carp was excited about becoming a senior at Maury High School in Norfolk, anticipating the last homecoming dance, class rings, prom and more. But on Sept. 27, Maury was closed – and would remain closed for nearly five months.

Carp was among 10,000 white students caught in a standoff between the federal government and Virginia’s “massive resistance” to integration. Gov. Lindsay Almond had ordered the closing of seven secondary schools in Norfolk to avoid complying with the U.S. Supreme Court’s Brown v. Board of Education ruling, ending “separate but equal” education.

Carp got a part-time job at a confectionery business. He didn’t appreciate the time off school.

“It was an annoyance,” he says of the break in his studies. “It interrupted a process, and I don’t like the interruption of a process, especially when it’s unexpected. Based on the students I knew, they all shared that same feeling.”

Paradoxically, his experience being shut out of high school expedited his long-deferred dream of getting a bachelor’s degree. In December, at the age of 76, Carp received a political science degree from Old Dominion University.

The group of seniors locked out of school during the 1958-59 school year became known as the Lost Class of ’59 since they didn’t have enough credits to graduate in 1959.

“When they closed the schools, I and a lot of my classmates said, ‘Well, this is the last gasp of those politicians in the South trying to resist integration,’” Carp recalls.

When schools reopened on Feb. 2, 1959, one black student was assigned to his high school. “I’m happy to say that I never saw any problems between any of the students,” Carp says.

He went to summer school in 1959 to catch up and finished classes in the fall. He graduated in 1960 and soon after married his high school sweetheart, Martha Beasly.

Carp worked at various jobs until he had saved enough money to begin taking classes part time at ODU in 1967. In 1971 he was offered a job with the state Health Department. With his growing family, he decided to put his education on a shelf. Carp held a series of other positions until he retired in 2002.

Bored, he went back to work part time in 2006 for the City of Norfolk. It was there he learned from his boss, then-Commissioner of the Revenue, Sharon McDonald, about a special state program that covered tuition and books for the Lost Class of ’59.

Carp applied, was accepted and returned
to school part time in 2012. He took four courses a year.

“I enjoyed every minute of it,” he says. “The first several weeks in class was a little bit trying until I really got into the rhythm and flow of it and I got comfortable using the computer.”

And he got comfortable in the classroom: “When I had something to say, it was not based on hearsay. I lived it. When they talked about Massive Resistance, yeah, I know about Massive Resistance. I was there.”

One of Carp’s professors, Jonathan Leib, calls him “an excellent student and a delight to have in class.

“As an older student, Barry provides perspectives that are both different and very welcomed in a class where the majority of students are in their teens and twenties,” says Leib, chairman of the Department of Political Science and Geography.

Carp and his wife have four children and 10 grandchildren. “It helps to inspire the grandchildren because I can say, ‘Hey, look, you don’t ever have to give up; just stay with it, stay focused.’”

Carp doesn’t plan to retire to his armchair. His next step: Get a master’s degree in history and teach at ODU.

“My whole work experience was teaching the proper way to do this or that,” he says. “I’ve been an avid history reader all my life, and I feel a great enthusiasm for teaching history.”

And, Carp says, “I’ve grown to appreciate the fact that I was part of history. Being a member of the Class of ‘59 only motivated me more as an individual to do what I’m doing right now.”

Gail Kent (M.F.A. ’08) is a freelance writer in Newport News. She grew up in North Carolina during segregation. Her high school was not integrated until after she graduated in 1970.

STUDENT SPOTLIGHT
Antony Mondragon
Senior, 22, from Arlington, Virginia

Major: Speech-language pathology and audiology. “I want to help bilingual children. I experienced and saw how difficult pronunciation and articulation was for some children who have Spanish as their primary language.”

Extracurriculars: Treasurer and former president, Latino Student Alliance (which has doubled in size since his involvement); president, Lambda Upsilon Lambda fraternity; secretary and co-founder, Brother2Brother (“I wanted to create a safe space for first-generation students like myself”).

How he juggles it all: “I describe it as chaotic organization. My room and my backpack might look messy, but I know where things are. Checking my emails and calendar a lot kept me sane last year.”

Most satisfying moment: Helping lead two campus events in 2017 - a drive to collect food, clothes and blankets for victims of Hurricane Maria and a march and information session in support of the DACA program. “Those two events made me feel like the campus cared.”

What he’s learned at ODU: “You need to provide motivation to get people out to do things. A lot of times it’s food. I also bug people a lot. I text them, ‘You coming to the event?’”

How he’s changed: “I feel comfortable talking to administrators and faculty. I never did that in high school. It doesn’t have to be about academics. I’ll ask them about their day.”

His reputation: “Antony serves as an integral part of the Hispanic/Latino student body. Antony has been recognized as a student leader others turn to when issues need to be discussed or addressed.” - Denisse Thillet, director of student outreach and support
I had just finished interviewing the grandchildren of A.H. Foreman, the man who helped found the school that would become Old Dominion University and obtained federal funding to build the stadium that bore his name for 82 years.

In a small room under the west side stands, Peggy Bartlett and Herbert Foreman Hargroves twisted the key to turn off the old lights at Foreman Field for the final time.

I rushed back outside to see the final minutes of a celebration of the last game played at the stadium.

ODU had crushed VMI, 77-14, but the football game was secondary to the festivities. Fireworks shot through the air as Semisonic’s song “Closing Time” played over the loudspeakers.

After a few minutes, I headed to the handicapped ramp. I didn’t want anyone to see a 65-year-old man shedding tears.

But I wasn’t the only one who lost it. I turned to look at the 4,000 or so people behind me. This wasn’t a group hug. It was a group cry. Many couples swayed back and forth to the music and dabbed their eyes with hankies.

Two days later, S.B. Ballard Construction would begin tearing down the stadium, where I’d seen and covered hundreds of games since 1966. Dozens stood outside the construction site, getting misty-eyed all over again as they watched the old girl succumb to giant cement and brick grinders.

“I’m more emotional now seeing the stadium go down than I was during the ceremony,” said longtime fan Ilana Davlin ’17. “Seeing my family seats not there anymore really made it hit home.”

On Aug. 31, a new S.B. Ballard Stadium will open, appropriately, with a game against crosstown rival Norfolk State, which played more football games at the stadium than any other team.

We loved Foreman Field, but it had to go.

The stadium looked majestic from the outside. It had classically arched doorways and Norfolk’s city seal etched into the brickwork. John Grisham thought enough of it that he included a sketch of the stadium in his 2003 novel “Bleachers.”

Yet it was coming apart at the seams. Stephen Ballard, whose company is rebuilding the stadium, said the concrete was so soft that demolition was a breeze.

The stadium is now gone, but the memories still burn strong.

Foreman Field hosted NFL exhibitions – where Sammy Baugh, Johnny Unitas, Sonny Jurgensen and Joe Namath threw the ball – and the Oyster Bowl, which grew into a nationally prominent event.

And, of course, ODU played its first 10 seasons of football in the modern era at Foreman Field, winning 47 of 66 games there.


Yet by far the biggest game in ODU history came on Sept. 22, 2018, when 0-3 ODU rattled the college football world by stunning No. 13 Virginia Tech, 49-35. A

Tear-stained memories flood Foreman Field before the tear-down

By Harry Minium ’77
Here are more memories of Foreman Field, from Jugs to Jumps and More

The Norfolk Neptunes, a minor league professional team with a rabid following, played there in the 1960s and early 1970s. Orion Waterfield never missed a game.

When his daughter, Cindy, was born in August 1967, a nurse told him he could see her in an hour or so. Instead, Waterfield got into the car with his brother, Charles, to go to a Neptunes game. “My Mom never let him forget it,” said Waterfield’s son Rusty, now an associate vice president at Old Dominion.

Shep Miller, a fifth-generation Larchmont resident, recalls jumping the 7-foot-high brick wall surrounding the stadium’s north end zone to get into some football games in his younger days. But it wasn’t as easy as it looked.

The builders had installed a painful deterrent to climbers: The cement on top of the wall covered shards of glass as sharp as knives.

Mike Morgan, a recent graduate of Norfolk Catholic High School, attended the legendary 1974 concert by Crosby, Stills, Nash and Young, which drew a crowd announced at 33,043. Beer bottles and cans were prohibited. But a grocer on Hampton Boulevard was selling gallon jugs. Morgan wasn’t the only one who bought a jug and filled it with beer.

“It was so hot and the concert was so long,” said Morgan, now a Norfolk therapist. “I remember the fire department hosing down people with water to help them cool off.”

–Harry Minium '77 worked for The Virginian-Pilot for 39 years. He is now senior executive writer at Old Dominion University, writing about athletics and academics.

ENJOY MORE FOREMAN FIELD MEMORIES AT WWW.ODU.EDU/MONARCHMAG
‘No finer human’ than Anne Donovan

By Harry Minium ’77
Old Dominion University paid tribute to a pioneering figure in women’s basketball during a memorial service on July 29 at the Ted Constant Convocation Center. Anne Donovan, who led ODU to a national championship in 1980, died of a heart condition at the age of 56 on June 13.

The 6-foot-8 All-American was the tallest women’s basketball player and the most highly recruited high school student in America when she signed with Old Dominion in 1979. She went on to win gold as both a player and coach in the Olympics and later played and coached professionally. Donovan became the first woman and youngest person (at age 42) to coach a team to a WNBA title, leading the Seattle Storm in 2004.

She grew up the youngest of eight children in Ridgewood, New Jersey, in a Catholic family of modest means that emphasized discipline. Donovan was shy and humble and known as a player who never complained. As a coach, she built close relationships with her players.

“There was no finer human being than Anne Donovan,” said former ODU coach Marianne Stanley. “She had so much decency and was so compassionate. She was a friend to everyone she met.”

Stanley, who coached ODU to three national championships, was presented the first Anne Donovan Memorial Award at the ODU women’s basketball gala on Oct. 30.

Donovan waves after coaching the 2008 U.S. Olympic team to the gold medal in Beijing, China. She also won gold medals as a player in the 1984 and 1988 Olympics.

Donovan (above) with USA Basketball president Val Ackerman and executive director Jim Tooley in 2006 after she was named head coach for Women’s National Team.

**DONOVAN’S ODU RECORDS**

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A YOUNG VISITOR to the Bud Metheny Baseball Complex on 43rd Street might wonder: “Who was Bud Metheny?”

During World War II, he played outfield for the New York Yankees and was the last Yankee to wear Babe Ruth’s No. 3 before it was retired. In 1948, Metheny came to what was then the two-year Norfolk Division of the College of William and Mary to coach baseball and men’s basketball.

Over the next 32 years, he helped lay the foundation for Old Dominion University’s modern athletic programs.

Arthur “Bud” Metheny coached baseball during the entire span. For two of those years – from 1963 to 1965 – Metheny coached both teams and served as athletic director. The NCAA named him national Baseball Coach of the Year in 1964.

Metheny attracted top athletes despite the lack of scholarships in the early years. The baseball team – known as “Bud’s boys” – won the NCAA College Division Eastern Regional championships in 1963 and 1964 and was a finalist in 1965. Debbie White, a former associate athletic director, said Metheny also was a “huge proponent of women’s athletics.”

Leo Anthony, who played baseball and basketball from 1957 to 1961 and was the school’s first All-American, recalled Metheny with fondness. “He was a good coach and he treated me real well,” he said. But Metheny would not tolerate laxity in academics. “He would be all over you” if your grades slipped, Anthony recalled.

Born in St. Louis in 1915, Metheny moved to Virginia’s Shenandoah Valley with his family. While a student at William and Mary, Metheny signed a contract with the Yankees.

As Metheny’s playing career approached its end, he received a call from Joseph “Scrap” Chandler, the Norfolk Division’s athletic director, who had taught Metheny at W&M. Chandler offered his former student a teaching position in the Department of Physical Education, which included coaching the two teams.
Bud was no stranger to Norfolk. He had lived there off-season, and his wife, Frances, was a native. He also had played for the minor league Norfolk Tars in 1938 and coached Maury High School’s boys’ basketball team.

The college job dovetailed with his interests, he told an interviewer years later. “I’ve always wanted to deal with young people and develop them,” he said.

When Metheny arrived at the Norfolk Division, the men played basketball in the school’s 500-seat gym in what is now Rollins Hall. In an interview in 1975, Metheny recalled spending “many an hour sanding the floor, refinishing it, to save money.” The Braves played baseball at Larchmont Field directly behind the neighborhood’s elementary school.

He constantly strived to improve the quality of competition, seeking to play only four-year schools and gaining entry into the NCAA and an official conference. In 1962, the Norfolk Division gained its independence as Old Dominion College, adopted the name Monarchs for its teams, and joined the Mason-Dixon Conference.

Bud Metheny’s first love was baseball, and Old Dominion’s baseball teams enjoyed a golden era in the mid-1960s. At one point they won 26 consecutive games. As former third baseman Wayne Parks ’64 told Jay Ingram, the son of former pitcher John Ingram ’65, who is writing a history of the 1964 team, “We just never felt we were out of any game.”

The 1970s offered new challenges. Recruiting became much more competitive, and many talented players left school to sign professional contracts. Metheny retired in 1980 after coaching the baseball team to victory over the University of Virginia for the state Division I championship.

Metheny’s legacy lives on not just in the name of the stadium complex, but also in the Monarchs’ Yankee pinstripe uniforms and, most important, in the lives of the hundreds of athletes he coached.

“That’s what was important to Bud, that he had guys having an influence in the community,” Leo Anthony told The Virginian-Pilot in 2003. “He’s the reason I went into coaching and teaching.”

On Jan. 2, 2003, Metheny died of heart disease and diabetes in a nursing home in Virginia Beach. About two hours earlier, his beloved Fran lost a long battle with cancer at their home in Sandbridge. They would have been married 61 years that Valentine’s Day.

James Sweeney is an associate professor emeritus of history and former University archivist at Old Dominion University.

Fred Kovner ’65 was one of Bud Metheny’s star baseball players. But Kovner had many talents off the diamond: He was a math major who also played cello with the Norfolk Symphony.
From Athletic Director Wood Selig

A sneak peek at Kornblau Field at S.B. Ballard Stadium

WE BID FAREWELL TO FOREMAN FIELD at S.B. Ballard Stadium three months ago with a victory over VMI, a fireworks display, a tribute to former football players and an emotional “turning out the lights” ceremony.

The old stadium has already been demolished – all of the bricks and mortar have been hauled away – and S.B. Ballard Construction is working on the foundation for a new stadium.

We’re focused now on basketball and March Madness, but I want to give you a first look at what you’ll see on Aug. 31, when we open the $67.5 million S.B. Ballard Stadium in our game against Norfolk State.

Regardless of where you sat last season, you’ll almost certainly have far more comfortable seats and will definitely have better amenities this season.

The sight lines will be greatly improved, and there won’t be a bad seat in the house. Every one of the 15,000 new seats will have back support; one-third will be full chair-backs. Fans will also have far more leg room.

No longer will fans have to use portable toilets or strain to understand public address announcer Jack Ankerson. They will enjoy modern concessions stands and restrooms, a high-tech sound system and much-improved lighting.

The new S.B. Ballard Stadium will be one of the most intimate and comfortable facilities in the Football Bowl Subdivision.

We were committed to not increasing student fees to pay for a new stadium, so we have raised significant support from the private sector.

Barry Kornblau, an ODU alumnus from Richmond, recently made another substantial donation to his alma mater.

Accordingly, the field will be known as Kornblau Field at S.B. Ballard Stadium.

There will be ample space to pay homage to A.H. Foreman, the businessman who helped found the Norfolk Division of the College of William and Mary and procured funding for the stadium that held his name for 82 years.

In October, the state gave ODU permission to add a luxury stadium club, which will cost $2.5 million. It will be named the Priority Automotive Club and will have 400 midfield sideline seats and an exclusive high-end internal seating and dining area.

We appreciate the generosity of Dennis Ellmer and his team at Priority Automotive, who donated $1.5 million to the project.

We have others to thank as well. Without the support of President John R. Broderick, ODU would not have football or a new stadium. David Harnage, ODU’s former chief operating officer, did most of the planning for the stadium.

So many others contributed significantly, including David Robichaud, Bob Fenning, Rusty Waterfield, Bruce Stewart, Dale Feltes, Willie Spencer, Rick French, Greg Smith, Alonzo Brandon, Jena Virga, Drew Turner, Greg Dubois and Ellen Neufeldt. There’s not room here to thank them all.

Regardless of where you sit, the new Kornblau Field at S.B. Ballard Stadium will provide a dramatically upgraded game-day experience. That’s something worth cheering about.

Wood Selig (left) with Barry Kornblau (second from right) and Kornblau’s family.
Dr. Lee Kastner, a 94-year-old retired pediatrician, doesn’t want his brain to slow down. “I’ve always been interested in learning and advancing my knowledge and bettering myself,” Kastner says.

That’s why he’s taken nearly 10 history, geography and political science classes at Old Dominion in the last few years – all for free.

Kastner, a Chesapeake resident who served in World War II and the Korean War, has benefited from Virginia’s 45-year-old senior citizen tuition waiver policy. All Virginians 60 and older do not have to pay tuition to audit any class at a state-supported university that is not full.

About 75 to 80 senior citizens take classes at ODU under the tuition waiver every year, said Humberto Portellez, the University registrar. For Kastner, “It stimulates my brain and I enjoy it and it fills my days quite nicely.”

His fellow students have been “courteous to helpful,” Kastner said. Though he doesn’t have to submit papers or take exams, “I make notes and review them every now and then.”

Senior citizens like Kastner aren’t the only students who benefit. Michael Allen, an assistant professor of geography, recalled having Kastner in his environmental geography class earlier this year.

“Newspaper in hand, Dr. Kastner shared his stories and posed thought-provoking questions to me and the entire class,” Allen said. “While he came to gain knowledge, Lee’s life experiences captivated everyone in the room. The tuition waiver helps create a rich, diverse learning environment predicated on lifelong learning.”

Richard Cooper, a retired chemical engineer who lives in Virginia Beach, estimates he’s taken more than a half-dozen classes at ODU – from Shakespeare to Criminal Procedure – using the waiver.

“I was interested in broadening my outlook,” said Cooper, who is 79. “As an engineer, I took a lot of math and science and engineering stuff, so I didn’t get to take a whole lot of humanities courses.”

The policy makes sense to Cooper: “A well-educated citizenry is good for the Commonwealth.”

**MORE GUIDELINES ON TAKING CLASSES**

Virginia also allows citizens 60 and older to take courses for credit without paying tuition if their annual taxable income does not exceed $23,850 a year.

Whether or not seniors take the courses for credit, they may enroll only if space is available in a class.

For more information or to register for a class, contact the University Registrar’s Office at (757) 683-4425.

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Since the ODU Alumni Association was established in 1957, its mission has been to support the University and enhance our academic departments and non-academic programs by enriching the experience of students, alumni and the entire ODU community.

One way the association achieves this mission is through our Alumni Programs Grants initiative, which provides financial support for activities that increase interaction between students and alumni, enhancing the alumni experience, reconnecting them to Old Dominion and promoting the association as an integral part of the University community.

With these collaborations, the association has made a greater impact with alumni, faculty/staff and students alike.

Just in the last year, the association awarded 13 grants supporting departments and programs across campus. The beneficiaries include the Departments of English, History, Music and Women’s Studies; Schools of Dental Hygiene and Public Service; Higher Education Graduate Program; ODU Model UN; the men’s wrestling program; ODU Online, and WODU radio station. The events that we supported included talks by sporting experts, galas and conferences.

Outside of this program, the association continues to develop collaborative partnerships with academic colleges, athletics and campus student groups that have an active alumni base. Those partnerships have played a pivotal role in bringing more students and alumni together.

The opportunities are endless, and, to our delight, we have been very busy engaging and connecting with alumni while demonstrating Monarch pride and commitment. Throughout the year, the association has sponsored department anniversaries, alumni cultural excursions, dinner and discussion events pairing students with alumni, professional speed networking sessions, Adulting 101 experiences, career networking receptions and community service activities.

The Alumni Association believes a strong alumni base is fundamental to a strong Old Dominion. With your involvement, together we will continue to create a more vibrant and competitive University for our region, state and nation.

Joy L. Jefferson
Associate Vice President of Alumni Relations

For more information about getting involved with the Alumni Association, please visit odualumni.org

1970s

Jamie Maughan ’71 is adjunct professor in the Environmental, Earth and Atmospheric Department at the University of Massachusetts Lowell. The Virginia transplant has dedicated his life to protect and preserve the environment. A career highlight was his participation on a commission in the 1980s to clean up the Boston Harbor, which reduced its dumps of untreated sewerage into the water from 600 million gallons a day to nearly zero.

J. Morgan Davis ’72 advanced to No. 2 on the Inside Business Power List announced in May, moving up from No. 3. Davis was founding president and CEO of Princess Anne Commercial Bank in 1985, and later became a founding employee of TowneBank, where he now is president and CEO.

Joanne Renn ’76 retired in April after 11 years as executive director of intercollegiate athletics at Virginia Wesleyan University. During a quarter-century of service at the university, Renn was an administrator, head women’s coach for Marlins tennis and basketball teams and the steady force behind numerous NCAA Division III accomplishments.

Sgt. Major Jesse Branch ’77, U.S. Marine Corps (Ret), was named 2018 Veteran of the Year for the 11th Assembly District in California. He was recognized for his military service of more than three decades, along with his community service to Solano Community College, youth athletics, and his role on the city planning commission in Fairfield, Calif.

Muriel Frasher (M.P.A. ’77) retired from the New York State Office of Mental Health’s fiscal division in January 2018 after working there for 20 years. Pretty soon after, she “missed working with my brain.” Frasher, 71, became town justice for Rensselaerville, N.Y., in April, and plans to administer justice with compassion, built on her experiences starting a battered women’s shelter in Hampton Roads in 1979 and her career in the mental health field.

Richard Giacolone ’79 (M.P.A. ’84) was appointed by President Donald Trump to become acting director of the Federal Mediation and Conciliation Service in June 2018. Giacolone began his career in Chesapeake in 1995 and has since mediated thousands of labor disputes during a decades-long career, for cases coast-to-coast in the United States and in 14 countries.
He also taught in higher education classrooms at ODU and other Virginia schools on topics such as collective bargaining and arbitration.

1980s

Cathy Dalton ’81 was promoted to executive vice president of credit administration and support at TowneBank in the summer of 2018. She has worked for 37 years in the banking industry, including more than 19 with TowneBank.

Portsmouth native Sylvia E. Lyles ’82, director of academic improvement and teacher quality programs for the U.S. Department of Education, came home in October as keynote speaker for the Educational Services of Hampton Roads Inc.’s third Public Education Conference. The conference gathers public school stakeholders to identify issues and seek solutions to improve public schools.

Jennifer Kerpelman ’83, ’84 (M.S. ’90) was promoted to interim vice president for research at Auburn University, effective June 1. She is a professor and associate dean of research, graduate studies and outreach in the College of Human Services.

Gale Allen (M.S. ’84) retired as acting chief scientist at NASA headquarters in April 2018. In May, she became executive director of the American Society for Gravitational and Space Research. The ASGSR cited her expertise in space research policy and knowledge of bioastronautics (human research and life support) research.

Ross Mugler ’84 (M.P.A. ’03), member and former rector of the ODU Board of Visitors, was appointed in May to the board of directors for the national Association of Governing Boards of Universities and Colleges. Mugler has been Hampton’s commissioner of the revenue since 1992, and is a former president of the Commissioners of the Revenue Association of Virginia.

They don’t just deliver the mail

Carroll Harris III ’92 remembers his grandmother in Portsmouth giving people who knocked at her door nearly everything they asked for – money, food, clothing. “I know she was scammed numerous times,” Harris said. His job now is to publicize and fight off scams that victimize elderly people like his grandmother and veterans like himself.

Harris, 48, is in charge of the communications office of the U.S. Postal Inspection Service in Washington. For the past year, one of his tasks has been to promote Operation Protect Veterans, a joint venture with AARP’s Fraud Watch Network to alert veterans to fraudulent schemes.

“Veterans,” Harris said, “are targeted at a higher rate than the general populace.” Some scams involve buying out their pensions or charging them thousands of dollars to process their disability claims.

Harris, who majored in psychology, served full time with the Marines as an officer from 1990 to 2000. He helped maintain and repair aircraft and certify their safety, among other jobs. Now a lieutenant colonel in the Marine Corps Reserves, Harris works as a field historian, helping write the official histories of the Marine Corps, as well as panels and exhibits at the National Museum of the Marine Corps in Quantico.

In 2000, Harris moved from the Marines to the Drug Enforcement Administration, serving as a special agent. “I did undercover operations, cases on cartels, cocaine, methamphetamine – you name it.” He regularly collaborated with inspectors from the U.S. Postal Service, which he joined in 2008, continuing to target criminals.

“More often than not, people have no idea about the mission or contribution of this organization,” Harris said. “They would never guess I’m executing search warrants or arresting people for drugs or homicide. This is a humble organization that serves an incredibly vast mission, and they do it well.”

Off work, he, his wife and three sons love “kayaking, hunting, camping – anything that involves the outdoors and enjoying each other’s company.”

- Philip Walzer
Kay Brown ’13 is a vegan vet who’s sharing her passion for healthy eating with youngsters and adults — and hoping to make a growing profit from it.

Brown spent 13 years in the Marines, leaving in 2015 as a second lieutenant. In 2012, she became a vegan. “I wanted to be faster, have a better body, eat cleaner and feel better,” she said. It worked. She found herself speeding past younger guys on obstacle courses.

At Old Dominion, she majored in dance and theater. She started a personal training business, Sweat N Swag Fitness, in 2014. “I was working them into the ground,” she said. “But they would say, ‘My diet is terrible.’”

So she recently switched to food.

Health Is Wealth, which she launched in 2017, targets very young eaters. At 10 schools in Newport News, students are growing fruits and vegetables through aeroponics: Plants sit on towers without soil, their roots dangling in midair. Brown has aligned the program with the state’s biology curriculum. Best of all, students and their families get to eat the results.

“They love it — the freshness, the fact they get to grow it in five weeks,” said Brown, 36, who spoke about the program in a TEDx talk last year.

Brown’s newest initiative, Plant-Based Eatz, markets her culinary specialties, including “zoodles,” with zucchini noodles, cherry tomatoes and basil in a vegan pesto sauce. ODU’s THE Monarch Way carries some of her items. Eventually, she’d like to sell them nationwide at “on-the-go kiosks.”

She’s also been busy in the classroom, finishing a master’s in nutrition from Adelphi University and recently earning a food and beverage certificate from Cornell University’s hospitality program.

Perhaps Brown’s most important converts: her husband and daughter, who went vegan three years ago after relishing a meatless Christmas feast. Their stomachs haven’t looked back.

— Philip Walzer
School graduate and former teacher and administrator for the system, Cotton had been superintendent of Henry County Public Schools since 2012.

Melissa George ’93 built a career as a popular English teacher in Norfolk’s Maury High School before she transferred to posts in Virginia Beach classrooms and administration. In July, George became principal at Kempsville High after working as assistant principal there since 2012.

Kelly Girtz ’96 was elected to a four-year term as mayor of Athens, Ga., in May. A former hospital homebound teacher and public high school teacher, Girtz has been an Athens-Clarke County District 9 commissioner since 2007. He was a founder of In Support of Children, an ODU student initiative to call attention to child abuse. Not surprisingly, Girtz emphasized the value of service and work-based learning to his students.

Calvin D. Farr Jr. ’96 became director of Richmond’s Department of Public Utilities in May. He previously worked with the Atlanta Department of Watershed Management.

Cheryl Rosenbloom Levet (M.A. ’96) published her first children’s book, “Hillary Hallah Untied the Knot: A Rosh Hashanah Treat You Are Bound to Repeat,” to introduce the magic of the Jewish holiday to children. Levet lives in Norfolk and has taught for 22 years; she now teaches first-graders. The book is available through Balboa Press Online Bookstore, Amazon and Barnes & Noble.

Angela Leverse (M.S. Ed. ’98) was named teacher of the year in the spring for Greenbrier Middle School in Chesapeake. She is a special education teacher at the school.

2000s

Karen Archambault (M.A. ’00) began a one-year term as president of the National Academic Advising Association in October. She previously served on the board and as vice president for the nonprofit, which promotes student success in higher education. Archambault’s day job is dean of enrollment management for Rowan College at Burlington County (New Jersey).

Karen Oaks ’00 (M.S.N. ’07) joined the Sovah Advanced Wound Center in Danville, Va., in May. After finishing studies at Danville Regional School of Nursing, she added bachelor’s and master’s degrees from ODU and became a family nurse practitioner through East Tennessee State University. She also gives back to the profession as a clinical instructor at Averett University.

Christy L. Murphy ’01 came on board Bischoff Martinagyle P.C. as a partner in May. She has focused her practice in civil, family and commercial litigation and is based in the law firm’s Norfolk office.

Heidi Peelen ’01, local multimedia artist and CEO of Watershed Art House in Norfolk, sees art as “a group activity, something you create together!” Her new nonprofit venture stages themed activities to coax artists out of their “solitary practice” while supporting local contemporary arts through classes and leased work spaces for artists. It’s at watershedarthouse.org.

Debra Shapiro (M.S. Ed. ’01), technology education teacher at Forrest Glen Middle School in Suffolk, received state honors in May as a Distinguished Technology and Engineering Professional by the International Technology and Engineering Educators Association.

Cheryl White ’03 (M.A. ’06) was named executive director of the Elizabeth River Trail Foundation in May. The Elizabeth River Trail runs 10.5 miles along Norfolk’s riverfront, from Norfolk State University north to Norfolk International Terminals. It is designed for walking, running and biking.

Dameon M. Rivers ’04, with a concentration on construction and permanent finance transactions, has been elected partner at Ballard Spahr LLP in its Washington, D.C., office.

Cmdr. Emily Klauser Bassett (M.E.M. ’05), a native of Seattle, became the inaugural commanding officer of the USS Manchester at the ship’s commissioning ceremony in Portsmouth, N.H., on May 26. The 608-ton, 418-foot littoral combat ship is based in San Diego. Bassett has made five deployments, including a tour as executive officer on USS Arlington for its maiden training cycle and deployment.

Patricia Bear Huber (Ph.D. ’06), president of New River Community College, was honored with the Carl and Ruth Looney Humanitarian Award at Emory & Henry College’s Founders’ Day in May. The award is given for outstanding leadership and service to the community. She graduated in 1976 from Emory & Henry.

Claude E. “Ed” Elkins (M.B.A. ’07) began work at Norfolk Southern Corp. in 1988 as a road brakeman and advanced to conductor, engineer and pricing coordinator before landing his current job as vice president of industrial products in the intermodal and automotive group.

Malone

Jordan H. Harris ’07, associate director of community relations for the University of North Carolina Charlotte, received a 2018 Employee of the Year award.
She provides punch for Parkinson’s patients

“Jab. Cross. Hook.” Wendy Wilkerson ’06 (M.S. ’16) recently guided her 16 clients through a boxing drill, though none of them will ever punch professionally. All have Parkinson’s disease.

Wilkerson owns a Virginia Beach affiliate of Rock Steady Boxing, which helps stabilize people with Parkinson’s. “Boxers train for agility, motion and flexibility,” she said. “That targets the symptoms of Parkinson’s, as well. It is a degenerative disease, but with exercise you can help delay the disease.”

Some, for instance, have regained the ability or the confidence to hold their grandchildren.

Tim Scott, a retired Virginia Beach firefighter, has attended Wilkerson’s classes for two years and helps as a volunteer. He recently did a 5-minute plank. “The more active you are, it helps slow it down,” he said.

Wilkerson, he added, “is a very passionate coach who really cares about her people.” But she’s no softie, pushing them, no matter their level, to challenge themselves.

Wilkerson, who received her degrees in exercise science, began teaching Rock Steady classes in 2015, while she was working with Sentara Healthcare. She launched the affiliate on Princess Anne Road in 2017. She has also started a business, Empowerment! Wellness, offering more exercise classes to people with Parkinson’s and other diseases.

The Rock Steady classes go for 90 minutes. People take two to three a week. A recent class began with 13 men and three women sitting in a circle, kicking a large ball to one another.

A few more exercises – including stretching their fingers and high-stepping while seated – and then came boxing. They put on gloves. Some went to the punching bags and started jabbing, with varying degrees of speed and power. Others remained seated and sparred with volunteers.

A man who had not moved until that point was wheeled to the bags and began extending his arms in a punching motion.

Wilkerson said she was drawn to Parkinson’s patients because “nobody’s the same. It’s like putting a puzzle together and trying to see what fits right with each person.”

–Philip Walzer

For more information on Wilkerson's classes, email wendy.wilkerson@empowerment-wellness.com
Narcrisha Norman (Ph.D. ’12), a U.S. Army veteran and assistant professor in the College of Aeronautics for Embry-Riddle Worldwide, was selected for a 2018-19 Fulbright scholar award at the University of Trinidad and Tobago. Over a six-month span, she and two colleagues will develop, implement and assess a senior design course for UTT’s aviation program. Norman is also a NASA Solar System Ambassador.

Wanda Bishop ’13 brought her dream to own a restaurant back to her hometown in April, when she opened the Dutch Market Eatery at 6713 S. Quay Road in Holland, Va. Armed with degrees in culinary arts and entrepreneurship, Bishop focuses on a family-friendly atmosphere and frequent menu changes to please patrons and staff. The eatery’s operating hours are posted on Facebook.

Peter T. Anderson (Ph.D. ’17) of Blacksburg became vice president for instruction and student services at New River Community College in November. He had held the interim position since July.

Maurizio Geri (Ph.D. ’17) published his first book, “Ethnic Minorities in Democratizing Muslim Countries: Turkey and Indonesia” (Palgrave Macmillan 2018), born from his doctoral dissertation in international studies. He works as a research analyst at ACT/NATO in Norfolk. Find him at linkedin.com/in/mauriziogeri/

Adam Hutchison (Ph.D. ’18) of Elm Mott, Texas, the provost of Texas State Technical College- Waco, was appointed by Texas Gov. Greg Abbott to the Texas Workforce Investment Council in 2018, to serve until September 2021. The council is tasked with promoting pathways to develop a well-educated, skilled workforce for the state.

Alex Sheppard (M.B.A. ’18), after working for two global heavy equipment companies, has returned to his roots — literally — as production supervisor for Sheppard Farms. The farm is the primary grower of asparagus, bell peppers, cucumbers, green squash, lettuce, tomatoes and various organic produce that is packed and sold by his family’s business, Eastern Fresh Growers Inc., based in Cedarville, N.J. Sheppard’s dad and uncle, who run the company, are in their 60s and eager to break in a new generation of managers.

WEDDING BELLS
Benner Cristobal Espiritu ’06 and Algen Fontecha Canonizado ’97 were married March 3, 2018, at Holy Spirit Catholic Church in Virginia Beach. Benner is a registered dental hygienist at Konikoff Dental Associates’ Lynnhaven office and Al is a civil engineer working in the Public Utilities Engineering Division for the city of Virginia Beach. Congratulations!

Faith Victoria Jones ’15 and Dalton L. Glass ’09 joyfully announce their engagement. Plans call for a June 2019 wedding at The Greenbrier resort in West Virginia. Faith Victoria is a nurse at Riverside Partners in Women’s Health. Dalton is an attorney at GEICO.

Autumn Bailey ’15 (M.S. Ed. ’16) and Ryan Collins ’15 of Chesapeake announce their engagement. The wedding will be June 22, 2019, in Bermuda. Autumn teaches first grade and Ryan is working on his teaching certification. In addition to music studies as an undergraduate, Ryan was the ODU mascot from 2013 to 2015. No word yet on whether Big Blue will attend the wedding.

FUTURE MONARCH
David M. Asbury ’12 and Kirstie A. Asbury ’17 of Norfolk are proud to announce the birth of their first child, Charlotte Joye Asbury, on Aug. 2, 2018. David says they are raising a proud Monarch but Charlotte can go to college wherever she wants.
OBITUARIES

Samuel Bieber, who served as provost from 1980 to 1982, died on Jan. 4, 2017. He was 91.

Then-President Alfred B. Rollins praised his “very substantial contributions” as provost. Bieber later returned to teaching biology. He retired in 1995.

Declan De Paor, a retired professor of geophysics and former director of ODU’s Pretlow Planetarium, died on May 30. De Paor, who taught at ODU from 2008 to 2017, specialized in digital mapping.

“He was passionate about both research and teaching, and he embraced innovation, using Google Glass in the classroom in its early years,” ODU President John R. Broderick said.

Michael Dingerson, a former associate vice president for research and graduate studies and chair of the Department of Educational Leadership and Educational Psychology, died on July 30. He was 75.

“Michael was respected and beloved by students as an excellent instructor,” said Dana Burnett, professor of practice emeritus. Dingerson was at ODU from 1999 to 2005.

Imtiaz Habib, a professor of early modern English literature, died on Aug. 27. He was 69. Habib, who joined Old Dominion in 1995, researched black life in Shakespeare’s time.

“Imtiaz was a passionate soul who loved his work, loved his students and colleagues, and held us all to very high standards,” said Sheri Reynolds, chair of the English department. A former student wrote on Facebook: “He was tough, but I learned more than I thought I would (or thought I wanted).”

Jane Hager, a former associate and acting dean of the Darden College of Education, died on March 16. She was 71. Hager retired in 2010 after 33 years at Old Dominion.

Hager specialized in reading and championed diversity and women's equality at Old Dominion. “She had a knack for finding and grooming talent,” said KaaVonia Hinton, professor and chair of the Department of Teaching & Learning.

Paul Heine, a former associate dean of the Darden College of Education, died on June 1. He was 75. Heine joined the physical education department in 1972 and retired in 2005. Steve Tonelson, a professor of communication disorders and special education, said, “He modeled the importance of communication and integrity.”

Gerald Levy, a professor emeritus of biological sciences, died Aug. 12. He was 80. Levy taught at Old Dominion from 1967 to 2001. Lytton John Musselman, a professor of biological sciences, said, “He had a real passion for teaching and for plant ecology. He established what he called the Dismal Swamp program. He would get kids in that swamp, and they would love it.”

Richard Rutyna, an associate professor emeritus of history, died on March 13. He was 80. Rutyna joined Old Dominion in 1963 and retired in 1992.

“He was a major innovator in curriculum,” said James Sweeney, associate professor emeritus of history. “His two-semester course on American cultural history was so good that I audited it.”

Judith Schapiro, a professor emerita of child study and special education, died on Feb. 24. She was 89. Schapiro taught at Old Dominion from 1973 to 1993 and served as chair of the early childhood department.

“Judith was very supportive of … exploring different course options and outreach opportunities with the community,” said Robert Gable, professor and Eminent Scholar of communication disorders and special education.

Carole Seyfrit, a former professor of sociology and assistant vice president for research and graduate studies, died on March 20 in Radford. She was 66.

Seyfrit joined ODU in 1992 and left in 2002 for Radford University, where she became dean of the graduate school. “She pulled students into research and literally changed their lives,” said Mona Danner, chair of the Department of Sociology and Criminal Justice.

OTHER NOTABLE PASSINGS

Marc Jacobson, a retired Circuit Court judge and former rector of Old Dominion University’s Board of Visitors, died on April 5. He received an honorary degree in 2016. Jacobson was not an alumnus, but “people often told me he would never stop talking about his love for ODU,” President John R. Broderick said.

Jacobson and his wife, Connie, made several gifts to ODU, including for the annual Marc and Connie Jacobson Raoul Wallenberg Humanitarian Lecture.

Anne Shumadine, a financial executive who served as rector of Old Dominion University’s Board of Visitors, died on July 24.

Shumadine also led the boards of Eastern Virginia Medical School and ACCESS College Foundation. “Anne exemplified what entrepreneurial spirit and public service are all about,” President John R. Broderick said.
In Memoriam

Received Jan. 1-July 31, 2018

Marion Olive Kiligas ’44 of Norfolk, 3/21/18
David J. Day Sr. ’46 of Virginia Beach, 4/4/18
Kenneth H. Todd ’46 of Virginia Beach, 5/3/18
Jack G. Barr ’47 of Norfolk, 3/29/18
Wallace E. Brinkley ’47 of Stafford, Va., 4/30/18
Richard A. Royer ’47 of Norfolk, 6/26/18
Julia C. Rush ’47 of Virginia Beach, 12/14/17
William A. Thrasher ’47 of Norfolk, 7/25/18
Robert F. Boyd ’48 of Norfolk, 4/7/18
Claude R. Miller ’48 of Norfolk, 6/6/18
Winifred Leary Roughton ’48 of Norfolk, 5/3/18
Eugene N. Strohkorb ’48 of Henri-co, Va., 2/6/18
Jack O. Summs Sr. ’48 of Virginia Beach, 7/22/18
Arthur D. Cross ’49 of Chesapeake, 7/26/18
Eugenia J. Jett ’49 of Norfolk, 3/14/18
Adeline West Savage ’49 of Chesapeake, 12/31/17
Jack I. Halprin ’50 of Norfolk, 5/21/18
George H. Stroud Jr. ’50 of Suffolk, 8/6/18
Harriett H. Williams ’50 of Virginia Beach, 6/13/18
Betty S. Moore ’51 of The Villages, Fla., 1/18/18
J. Riley Johnson Jr. ’52 of Norfolk, 7/3/18
Thomas I. Miller ’52 of Hampton, 5/27/18
John B. Richardson ’52 of Chesapeake, 3/1/18
Robert V. Stewart ’52 of Norfolk, 6/6/18
David A. Hilton ’53 of Chesapeake, 5/3/18
Thomas M. Hitchings, USAF (Ret) ’54 of Chesapeake, 3/25/18
Lylia Rubin Longman ’54 of Virginia Beach, 5/10/18
CWO4 M. Kelly Deans Jr., USNR (Ret) ’55 of Virginia Beach, 5/10/18
Reva F. Kelberg ’55 (M.A. ’80) of Newport News, 12/31/17
William Wall Jr. ’56 of Norfolk, 6/6/18
Robert C. Lumber ’56 of Portsmouth, 6/20/18
Charles M. Harman ’59 of Newport News, 3/5/18
Frances M. Facchini ’60 of Norfolk, 2/15/18
John L. Hood ’60 of Chesapeake, 7/13/18
Willard G. Humphries ’61 (M.S. Ed. ’78) of Chesapeake, 6/25/18
Joan B. Caldwell ’62 (M.S. Ed. ’71) of Virginia Beach, 7/1/18
John N. Kerlin ’62 of Williamsburg, 3/4/18
Donald G. Martin ’62 of Virginia Beach, 2/3/18
Betty J. Ricks ’62 of Virginia Beach, 3/18/18
William K. Tuttle ’62 of Norfolk, 2/27/18
William P. Hodgson ’63 of Chesapeake, 3/22/18
Camilla F. Hoffler ’63 of Norfolk, 7/14/18
Kevin Kent ’63 of Virginia Beach, 5/25/18
Leonard Schlain ’63 of Sarasota, Fla., 6/29/18
Emma E. Bowen ’64 of Portsmouth, 12/31/17
Alvin W. Anderson Sr. ’65 of Suffolk, 7/21/18
Jeanne T. Bachmann ’66 (M.S. Ed. ’73) of Newport News, 12/31/17
James C. Creasy ’66 of Winston-Salem, N.C., 1/11/18
Ellen Bradford Dixon ’66 of Newport News, 6/5/18
Linda C. Phillips ’66 of Norfolk, 4/19/18
Edward A. Staylor Jr. ’66 of Portsmouth, 4/15/18
Joshua C. West IV ’66 of Suffolk, 5/2/18
Lt. Cmdr. Thomas H. Cave, USN (Ret) (M.S. Ed. ’67) of Virginia Beach, 6/14/18
Richard E. Lawson ’67 of Columbus, Ind., 3/21/18
William C. Smith ’67 of Portsmouth, 1/28/18
Helen H. Swan ’68 of Virginia Beach, 4/23/18
Jamie H. Cason ’69 of Rowell, Ga., 2/23/18
Ronald S. Jacobson, USCG (Ret) ’69 of Virginia Beach, 5/11/18
Emma Jean Westcot (M.A. ’69) of Kitty Hawk, N.C., 5/17/18
Charles A. Wrenn (M.E. ’69, M.B.A. ’73) of Franklin, Va., 6/8/18
George Y. Ballentine Jr. (M.A. ’70) of Venice, Fla., 6/3/18
LaVonne Parker Ellis (M.S. Ed. ’70) of Chesapeake, 2/8/18
Lubertha A. Fleming (M.S. Ed. ’70) of Baltimore, Md., 4/14/18
Lynn R. Lindberg ’70 of Poquoson, 6/10/18
Wendy M. Taylor ’70 of Virginia Beach, 6/14/18
David O. Brandt ’71 (M.B.A. ’76) of Virginia Beach, 3/1/18
Edward F. Germain (M.E. ’71) of Newport News, 2/3/18
Maj. Willard E. Granger, USAF (Ret) ’71 of San Antonio, Texas, 4/11/18
Sheryl G. Hamberg ’71 of Norfolk, 5/30/18
George R. Griffin (M.S. Ed. ’72, C.A.S. ’83) of Portsmouth, 4/22/18
Ruth E. Hart (M.S. Ed. ’72) of Norfolk, 2/24/18
James A. Hundley ’72 of Newport News, 3/24/18
Ralph P. Maggolus ’72 of Christiansburg, Va., 3/8/18
Sharon W. Mills ’72 (M.S. Ed. ’76) of Norfolk, 5/15/18
James M. Sereno (M.S. Ed. ’72) of Virginia Beach, 1/28/18
Stephen J. White ’72 (M.S. Ed. ’79) of Virginia Beach, 2/7/18
Elliot E. Whitehurst ’72 of Chesapeake, 4/3/18
Terry R. Bacon ’73 of New York City, N.Y., 4/18/18
Betty F. Broyles ’73 of Virginia Beach, 5/7/18
Thomas A. Dail ’73 of Norfolk, 5/2/18
Winter 2019

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Stuart Cake ’74 was the kind of guy who “never met a stranger,” says his wife, Bet. “He spoke to and loved everyone equally, from janitors to CEOs.”

But his love for Old Dominion University might have shined brightest.

Cake, who died at the age of 67 on April 6, 2018, served two terms as Town-N-Gown president, from 1994 to 1995 and from 2013 to 2015. In 2017, Cake received ODU’s Rita M. Costello Town-N-Gown Community Service Award. The Cakes also created the Stuart and Bet Cake Endowed Business Scholarship to benefit business students.

“Stuart was an ardent supporter of Old Dominion who helped strengthen our connection with the community and provided local residents with a varied menu of opportunities to get more involved on campus,” ODU President John R. Broderick said.

Cake was an engineering technician with the Naval Facilities Engineering Command for three decades before retiring in 2015. He served as president of several other organizations, including the Virginia Aquarium and Marine Science Center, Tidewater Toastmasters and Oceanfront Jaycees. He volunteered for countless more.

For instance, Cake was on the board of the Tidewater Winds Concert Band and did everything from hand out programs to play Santa Claus at holiday concerts.

Michael E. Kleopfe (M.B.A. ’73) of Louisville, Ky., 3/21/18
Richard A. Phillips ’73 of Virginia Beach, 5/10/18

Stephen E. Smith ’73 of Roanoke, Va., 1/30/18
Lynn Tarkenton ’73 of Virginia Beach and Sun City Center, Fla., 7/18/18
Catharine S. Umbarger ’73 of Norfolk, 3/4/18
Leonard E. Walton ’73 of Chesapeake, 7/22/18
William T. Welch ’73 of Chesapeake, 5/16/18
Beverly G. Bryant ’74 of Norfolk, 2/7/18
Luvella C. Bryant ’74 of Newport News, 7/17/18
Margaret A. Burdette ’74 of Kingston, Tenn., 2/6/18
Loretta W. Ellis ’74 of Suffolk, 1/7/18
Billy L. Polley (M.S. Ed. ’74) of Virginia Beach, 6/15/18
Margaret Thiele (M.S. Ed. ’74) of Birmingham, Ala., 4/28/18
Elizabeth J. Witt (M.S. Ed. ’74) of Virginia Beach, 6/18/18
Lt. Lloyd C. Davis, USN (Ret) ’75 (M.S. Ed. ’77) of Norfolk, 12/22/18
Philip B. Moser III ’75 of Franklin, Va., 4/24/18
Maryellen R. Woolard ’75 of Virginia Beach, 6/5/18
Patricia A. Fitzgerald (M.S. Ed. ’76) of Hampton, 5/8/18
George K. Hicks Sr. ’76 of Yorktown, Va., 6/18/18
Margaret V. Savin ’76 of Virginia Beach, 1/11/18
Edward L. Shackelford Jr. ’76 of Kansas City, Mo., 7/15/18
John H. Stone ’76 of Portsmouth, 6/28/18
Emma T. Wade ’76 of Garland, Texas, 7/17/18
Nancy E. Wall (M.S. Ed. ’76) of Chesapeake, 12/27/17
Elizabeth A. Day ’77 of Richmond, Va., 4/12/18
Carlton T. Goodwin ’77 of Virginia Beach, 1/23/18
George D. Ogden (M.S. ’77) of Newport News, 1/9/18
Catherine McKee Polchroni (M.S. Ed. ’77) of Virginia Beach, 5/29/18
Patricia F. Putt ’77 of Williamsburg, 5/9/18
Cmdr. Walter A. Schriever, USN (Ret) (M.S. Ed. ’77) of Virginia Beach, 4/27/18
Judith H. Carter ’78 (M.A. ’81) of Norfolk, 1/7/18
Diane D. Cauthen (C.A.S. ’78) of Virginia Beach, 3/1/18
Paul W. Cerny Jr. ’78 of Prince George, Va., 4/13/18
Jill D. Dixon ’78 of Charles City, Va., 3/29/18
Jeanine L. Dobbins (M.S. Ed. ’78) of Lake St. Louis, Mo., 7/14/18
Cindy G. Ewell ’78 of Suffolk, 1/7/18
Kathryn Kipka Jones (M.S. Ed. ’78) of Machesney Park, Ill., 2/11/18
Raymond C. Levesque ’78 of Bossca, Mm., 1/12/18
CWO Carl W. Matthews, USN (Ret) ’78 of Virginia Beach, 3/19/18
Phyllis Prybys Noonan ’78 of Virginia Beach, 3/15/18
Cynthia M. Smith ’78 of Virginia Beach, 2/24/18
Lenora G. Antley ’79 of Chesapeake, 1/25/18
Nancy K. Baylor (M.S. Ed. ’79) of Norfolk, 3/12/18
Karín W. Hogge (M.S. Ed. ’79) of Williamsburg, 5/26/18
Gaither E. Spaugh Jr. ’79 of Hampton, 1/30/18
Capt. Carlton L. Lavinder Jr., USN (Ret) ’80 of Virginia Beach, 7/10/18
Renae D. McCormick ’80 (M.S. Ed. ’90) of Rockingham County, Va., 4/16/18
William D. Sparks ’80 of Fredericksburg, Va., 2/10/18
Susan King Totty ’80 of New Madrid, Mo., 5/19/18
Susan Adomaitis Armstrong (M.A. ’81) of Norfolk, 1/2/18
Claudine T. Austin (M.S. Ed. ’81) of Norfolk, 1/2/18
Mittie Matthewson Coleman (M.S. Ed. ’81) of Norfolk, 4/30/18
Ronald W. Kirkland ’81 of Virginia Beach, 6/19/18
Alyce VanWie ’81 of Moorhead, Minn., 2/22/18
Jo Ellen Watson (M.S. Ed. ’81) of Virginia Beach, 2/22/18
Elizabeth J. Clifford (M.S. Ed. ’83) of Louisville, Ky., 9/1/17
Grace M. VanDerveer ’83 of Norfolk, 3/7/18
Dean S. Powell (M.S. ’84) of Lake Worth, Fla., 5/26/18
Raymond L. Weaver ’84 of Barbourville, W.Va., 5/1/18
Jacob A. Dabney (M.S. Ed. ’85) of Little Plymouth, Va., 3/20/18
Terry L. Karaoglan ’85 of Chicago, Ill., 4/13/18
Caroline J. Chasse (M.S. Ed. ’86) of The Villages, Fla., 1/31/18
Andrew H. Gray (M.S. Ed. ’86) of Chesapeake, 1/27/18
Susan S. White ’86 of Oneida, WIs., 6/25/18
Ernest W. (Pierce) Farr III ’87 of Orlando, Fla., 1/9/18
Dru Sykes Ford ’87 (M.S. Ed. ’91) of Chesapeake, 3/23/18
John J. Kelly IV ’87 of Virginia Beach, 6/20/18

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Jimmie J. Boston ’89 of Norfolk, 6/4/18
Barry F. Durham ’89 of Virginia Beach, 4/6/18
Neal J. Murray ’89 of Virginia Beach, 1/10/18
Christopher P. Ross (M.A. ’89) of Durham, N.C., 5/14/18
Helene N. Cartwright ’90 of Chesapeake, 1/1/18
Walter H. Pollard ’90 of Virginia Beach, 5/17/18
Steven M. Strunk ’90 of Newport News, 6/26/18
Ellis Q. Youngkin (Ph.D. ’90) of The Villages, Fla., 1/31/18
Gelon S. "Trip" Hobbs III (M.S. Ed. ’91) of Kill Devil Hills, N.C., 5/7/18
Kimberly E. McMillin ’91 of Virginia Beach, 7/12/18
Patricia Ann T. Schmidt ’91 of Virginia Beach, 5/8/18
Douglas R. Chambers ’92 of Louisville, Ky., 6/10/18
Caroline M. Hendrix ’92 of Norfolk, 12/31/17
Lt. Cmdr. John J. Schultz Jr., USN (Ret) ’92 (M.S. Ed. ’97) of Virginia Beach, 4/30/18
Donald J. Stumpf ’92 of Jacksonville, Fla., 3/31/18
Paul C. Walker ’92 of Portsmouth, 7/12/18
Lt. Cmdr. George V. Bryson, USN (Ret) (M.S. Ed. ’93) of Caliente, Nev., 3/6/18
Manuel V. Calayo ’93 of Virginia Beach, 5/27/18
Martin J. Eisenbraun ’93 of Chesapeake, 3/28/18
Robert D. Howerin ’93 of Boydton, Va., 1/8/18
Donna D. Morrison (M.A. ’93) of Cambridge, Md., 5/10/18
Lance G. Bellamy ’94 of Virginia Beach, 1/23/18
Mary Louise Sales ’94 of Orange Park, Fla., 7/5/18
Thomas C. Sloan ’94 of Bedford, Ind., 4/14/18
Robert C. Tanner II ’94 of Virginia Beach, 4/9/18
Stephen L. Baird ’95 (M.S. ’01) of Virginia Beach, 6/15/18
Vernon G. Harrison ’95 of Virginia Beach, 2/13/18
Louise T. Jones ’95 of Suffolk, 12/7/17
Cmdr. Vernon B. Millsap Jr., USN (Ret) (M.S. Ed. ’95) of Mobile, Ala., 3/19/18
Toni Sylvester Gillette (M.S. Ed. ’96) of Chesapeake, 4/28/18
Susan E. Miller (M.S. Ed. ’98) of Hampton, 5/2/18
Sean P. Kelley ’99 of Hampton, 1/16/18
Genevieve C. Brown ’00 of Amherst, Va., 3/25/18
Master Chief James W. Lambert, USN (Ret) (M.S. Ed. ’01, Ed.S. ’09) of Christiansburg, Va., 3/17/18
Karen E. Reiter ’01 of Virginia Beach, 4/9/18
Deborah A. Saunders ’01 of Suffolk, 3/20/18
Donna L. Sorey ’02 (M.P.A. ’06) of Chesapeake, 5/13/18
Jennifer K. Trujillo ’02 of Hampton, 7/7/18
Robert J. Kerwin ’05 of Middletown, Pa., 7/9/18
Colleen C. Morse ’05 of Virginia Beach, 4/8/18
Jeffery A. Upkes (M.S. Ed. ’05) of Portland, Ore., 4/2/18
Stephen M. Mobley ’06 (M.B.A. ’09) of Virginia Beach, 6/30/18
Daniel R. Wallis ’09 of Chesapeake, 1/7/18
Anne T. Frommelt (M.A. ’11) of San Diego, Calif., 1/9/18
Kyle D. Trax ’11 of Virginia Beach, 4/15/18
Korrina Duprey (M.S. Ed. ’12) of Virginia Beach, 5/23/18
Shawn M. Mullen ’13 of Norfolk, 2/17/18
Brian Hough ’97, an assistant professor of geology at the State University of New York Oswego, died Oct. 6 in the limousine crash in New York that killed 20 people. He was a pedestrian near the site of the accident.

Hough’s doctoral dissertation adviser, Carmala Garzione, a professor at the University of Rochester, said Hough was ”a very dedicated teacher who wanted to show students how exciting it is to study geology.” Hough, 46, also was “a professional bear-league hockey player,” according to his obituary.

Brent M. Lewis (M.S. Ed. ’97) of Virginia Beach, 5/19/18
Joyce O. Carlisle ’98 of Chesapeake, 4/11/18
H. Wayne Grigg (M.S. Ed. ’98) of Hampton, 2/25/18
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FREE DESSERT with this ad*
Miracles do happen. Sometimes they happen twice. Less than three months after Old Dominion stunned No. 13 Virginia Tech in football, the men’s basketball team upset No. 25 Syracuse, 68-62, on Dec. 15, at Syracuse. It was the team’s first win over a ranked opponent since Nov. 19, 2014.

Lucien Lombardo, professor emeritus of sociology and criminal justice, was there. He also attended Old Dominion’s 68-67 at-the-buzzer victory against Syracuse in 1980 at Scope. “So happy I could witness both great ODU wins!” Lombardo said.

Photo by Nick Lisi/Associated Press
You may be wondering how you might make a difference to the organizations that are important to you in a more tax-efficient way. You may want to consider making a charitable rollover gift from your IRA to Old Dominion University. With your help, we can continue to support future Monarchs.

If you are 70½ or older, you can take advantage of a simple way to benefit Old Dominion University and receive tax benefits in return. You can give up to $100,000 from your IRA directly to a qualified charity, such as Old Dominion University’s Educational or Athletic Foundation, without paying federal income taxes on the withdrawal or RMD penalties. This has proven to be an important philanthropic opportunity resulting in increased gifts to educational organizations like ODU. This law no longer has an expiration date so you are free to make annual gifts to ODU this year and well into the future.

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- Your gift will be put to use today, allowing you to see the difference your donation is making.
- You pay no income taxes on the gift. The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your deductions.
- If you have not yet taken your required minimum distribution for the year, your IRA charitable rollover gift can satisfy all or part of that requirement.
- The transfer is simple and we are here to help. Your gift can make an impact in many ways, including funding a scholarship to help future students receive an excellent education at ODU.

Please contact us. We can help you with the request to your IRA company, and answer any questions you may have.

If you’ve been considering an estate plan that includes ODU, or you have already done so, we welcome you to join us in the 1930 Society, where your gift will assist future students with their educations through scholarships or program support.

To learn more about how you can create a named scholarship in your name or to honor a loved one, simply contact a member of the Gift Planning team today.

plannedgiving.odu.edu
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251

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