1. Go to [https://midas.odu.edu](https://midas.odu.edu) and select **Forgot password?**

2. Enter your MIDAS ID and University ID Number (UIN), and click **Submit**.

*Note: Your University ID Number (UIN) is sent to you when you are admitted to Old Dominion University.*
Account Recovery: Step 1

The first step to recovering your password is to enter your PIN or token. You had the option to set up one or both of these methods when you created your MIDAS account. You will need to enter the PIN you set up or have a token emailed to you to proceed.

Emailed Token

Click on the **Request New Token** button to have a temporary token emailed to a third-party email address. (This email account will not be an @odu.edu address.) Once you receive the token, enter it into the box on the right and click **Submit**.

User Defined PIN

If you set up a 6-digit PIN when you created your security profile, you can enter that number and click **Submit**.
Account Recovery: Step 2
The next step is for you to verify your identity. You had the option to set up one or more of these methods when you created your MIDAS account.

Question and Answer
Answer two security questions that you set up when you created your MIDAS account. Enter your answers and click Submit.

Color Grid
Verify your identity by re-creating the color pattern you created when you first set up your MIDAS account. Fill in the color blocks and click Submit.

Friend Assistance
Ask a friend to confirm your identity. Follow the instructions on the page and click Submit.
MIDAS Account Update Process

Once you have successfully completed your recovery, you will be brought to the MIDAS Account Update Process to change your password. If you have any expirations on your account, you will be allowed to update these in the process as well. Click Next to proceed.

Create Your New Password

Once necessary updates have been made, you will create your new MIDAS password. The password will have to contain the requirements on the right side of the page. Once the password meets requirements, you will see green check marks. Click Finish when complete.
If you’re successful, you’ll see the MIDAS overview page. Please allow between 15 minutes and 2 hours for new passwords to fully synchronize with all services.

![MIDAS Overview Page](Image)