

# Check List for The First Week at ODU

- **Get to know your hall mates and suitemates.** Introduce yourself and learn about each other. Remember, everyone is brand new to ODU and eager to meet new freshmen students too!
- **Discuss expectations and responsibilities with your roommate.** Can you share food? What about having guests in the room or what time you usually go to bed and wake up for classes? Sign your roommate contract so you get off on a good start.
- **Explore the dining options at ODU and surrounding campus.** Get a good understanding of how your meal plan works.
- **Attend the Involvement Fair in early September on the Kaufman Mall.** Sign up on list serves for clubs and organizations that sound interesting to you at this campus wide event. By signing up for a list serve you will get information regarding events, free food, and places to meet new friends straight to your email. You can decide after attending a few meetings whether you want to be a part of the club or find others that best suit you.
- **Visit the Student Rec Center:** there is a pool, free gym classes, cardio and weight equipment, basketball and racquetball courses, as well as free bike and kayak rentals in the Outdoor Adventures Office. You can find the Rec Center here: 1207 Student Rec Center, 4700 Powhatan Ave., Ste. 1207
- **Locate all your classes BEFORE the first day of class!** Walk to each classroom so you feel comfortable navigating classes-bring a hall mate or a suitemate with you. You can log into LEO ONLINE and print your “Week at a Glance” schedule with classroom locations and times.
- **Log into your My ODU Portal** (my.odu.edu) and access your email and Blackboard BEFORE the first day of classes. Syllabi are located on Blackboard when you log into my.odu.edu.
- **Sync your official ODU email to your phone!** This email is the one professors will use to communicate with you. Here is an easy tutorial on how to do this: [Email to phone at ODU](#)

- **Print and review all the syllabi for your classes BEFORE the first day of class.** Remember, you may have reading due for the first day of class.
- **Obtain all your books for each class.** You can often find the book list on the syllabi for each class. You can look up what books are required for each class through the ODU Bookstore link:  
[http://www.bkstr.com/olddominionstore/home/en?cm\\_mmc=Redirect- -VanityURL- -odu.bkstr.com- -14928](http://www.bkstr.com/olddominionstore/home/en?cm_mmc=Redirect--VanityURL--odu.bkstr.com--14928)
- **Locate a quiet place to study on campus.** This may be the library, a study room in your Residence Hall, a coffee shop, or a sunny part of campus. Begin developing the habit of reading and studying in this quiet place.
- **Get organized!** Buy a planner or put all your assignments in the syllabus into your phone or a calendar on your wall so you know when you will be busy.
- **Get familiar with campus.** Take a walk around campus and find the Rec Center, the Library, the Webb Student Center, The Student Success Center, the Bookstore, Financial Aid office, your advisors office, the Dining Halls.
- **Double Check your Financial Aid.** If the financial aid office needs a copy of something, you have a question about your loans, or you need to sign some documents, make sure you go to financial aid office sooner rather than later. The Financial Aid Office is located at 2002 Rollins Hall and can be reached by phone at: 757-683-3683. You can also reach them by email at [finaid@odu.edu](mailto:finaid@odu.edu).