DEPENDENT RESPONSIBILITIES FORM

for F-1 & J-1 Visa Holders

HEALTH INSURANCE: Due to the extremely high cost of care in the American medical system, Old Dominion University **EXPECTS** you ensure your dependents have insurance that covers major medical expenses for accident or illness. The plan currently endorsed by the university has a plan for dependents and, if you wish to purchase that plan, please see VISA. **WE STRONGLY ENCOURAGE** you to purchase a health insurance plan for your family.

ARRIVAL NOTIFICATION: Within one week of your dependents' arrival in the U.S., you must submit the following documents to our office.

Passport, Dependent I-20, and I-94 arrival record

DEPARTURE NOTIFICATION: If your dependents decide to return to your country permanently while you are still here, please email intlstu@odu.edu so your record can be updated accordingly.

PASSPORT UPDATES: If you receive a passport update (e.g. passport extension, etc.), submit a copy to our office.

SUPPORT FOR YOUR DEPENDENT: Please be sure your dependents know that **they are welcome to come to VISA for assistance**. We may not always be able to help them, but we are happy to point them in the right direction.

VOLUNTEERING: Volunteering can offer your dependents a chance to meet people and learn more about the U.S. However, there are specific Immigration and Department of Labor regulations for volunteer work with regard to F or J visa status. It is a good idea to check with VISA first via e-mail.

STUDIES: An F-2 spouse or F-2 Child may enroll in a degree seeking undergraduate or graduate program but cannot engage in full course of study. Your dependents can take a maximum of 8 credits (graduate) and 11 credits (undergraduate). F-2 children in K-12 schools can study full-time with no restrictions.

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