## Bachelor of Science in Exercise Science - Scientific Foundations of Exercise w/ VCCS Equivalencies

Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed.

* indicates not automatically waived with transferrable associates degree; C or better required for transfer.

Courses in **green** are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees).

### 2021-2022 Old Dominion University Catalog

**Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C, and a writing intensive (W) course in the major with a grade of C (2.0) or better, and completion of Senior Assessment.**

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### Year 1 - Freshman (36 Credits)

#### FALL SEMESTER (16 credits)
- General Education Courses: ENGL 110C
- VCCS Equivalencies: ENGL 111*

#### SPRING SEMESTER (16 credits)
- General Education Courses: MATH 102M, 103M or 162M
- VCCS Equivalencies: Transfer Guide

#### SUMMER SEMESTER
- General Education Courses: ENG 112, 210, 115, or 131*
- VCCS Equivalencies: Transfer Guide

### Year 2 - Sophomore (30 Credits)

#### FALL SEMESTER (13 credits)
- General Education Courses: CHEM 121N/122N (4 credits)
- VCCS Equivalencies: CHM 111*

#### SPRING SEMESTER (13 credits)
- Major Courses: EXSC 250
- VCCS Equivalencies: EXSC 240

#### SUMMER SEMESTER
- Minor or Upper Division General Education**

### Year 3 - Junior (27 Credits)

#### FALL SEMESTER (13 credits)
- Major Courses: PHYS 111N (4 credits)
- VCCS Equivalencies: PHYS 112N (4 credits)
- Minor or Upper Division General Education**

#### SPRING SEMESTER (14 credits)
- Major Courses: EXSC 240
- VCCS Equivalencies: EXSC 417 (4 credits - Satisfies Impact of Technology)

#### SUMMER SEMESTER
- Minor or Upper Division General Education**

### Year 4 - Senior (27 Credits)

#### FALL SEMESTER (13 credits)
- Major Courses: EXSC 428
- VCCS Equivalencies: EXSC 431W

#### SPRING SEMESTER (14 credits)
- Major Courses: EXSC 415 (4 credits)
- VCCS Equivalencies: Electives**

#### SUMMER SEMESTER
- Electives**

**Consult catalog and advisor.