

Exercise Science - Preventive/Rehabilitative (BS) Four-Year Plan

Exercise Science - Preventative/ Rehabilitative Option - Bachelor of Science 2022-2023 Four-Year Plan

Freshman

First Term	Hours	Second Term	Hours	Summer Term	Hours
ENGL 110C	3	Literature	3	BIOL 240 or 250	4
MATH 102M or 103M	3	Interpreting the Past	3		
Oral Communication	3	Information Literacy and Research	3		
Human Behavior	3	BIOL 123N	3		
BIOL 121N	3	BIOL 124N	1		
BIOL 122N	1	EXSC 225	3		
		16	16		4

Sophomore

First Term	Hours	Second Term	Hours	Summer Term	Hours
ENGL 211C	3	CHEM 123N	3	BIOL 241 or 251	4
CHEM 121N	3	CHEM 124N	1		
CHEM 122N	1	Philosophy and Ethics	3		
EXSC 250	3	Minor or Elective or Foreign Language (if required)	3		
Minor or Elective or Foreign Language (if required)	3	EXSC 240	3		
		13	13		4

Junior

First Term	Hours	Second Term	Hours
Human Creativity	3	PHYS 111N	4
EXSC 322	3	EXSC 327	3
EXSC 326	3	EXSC 415	4
Minor or Upper-Division General Education	3	EXSC 366	1
		Minor or Upper-Division General Education	3
		12	15

Senior

First Term	Hours	Second Term	Hours
EXSC 428	3	EXSC 368	12
EXSC 431W	3		
EXSC 417	4		
EXSC 408	3		
Elective	2		
		15	12

Total credit hours: 120

*The four-year plan is a suggested curriculum to complete this degree program in four years. It is just one of several plans that will work and is presented only as broad guidance to students. Each student is strongly encouraged to develop a customized plan in consultation with their academic advisor. Additional information can also be found in Degree Works.