

**2019-2020 Old Dominion University Catalog**  
**Bachelor of Science in Health and Physical Education-**  
**PK-12 Teaching Licensure w/ VCCS Equivalencies**

*Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed.*  
*\* indicates not automatically waived with transferrable associates degree, C or better required for transfer.*  
*Courses in green are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees).*

**YEAR 1 - FRESHMAN (32 CREDITS)**

**FALL SEMESTER (16 credits)**

General Education Courses:

ENGL 110C  
 Nature of Science I (BIOL 117N/118N recommended)  
 Information Literacy & Research  
 Human Creativity  
 Oral Communication: COMM 101R required

VCCS Equivalency:

ENG 111\*  
[Transfer Guide](#)  
[Transfer Guide](#)  
[Transfer Guide](#)  
 CST 100, 105 or 110\*

**SPRING SEMESTER (16 credits)**

General Education Courses:

ENGL 211C, or 221C or 231C  
 Nature of Science II (BIOL 121N/122N recommended)  
 MATH 102M, 103M or 162M  
 Interpreting the Past  
Major Courses:  
 HPE 200

VCCS Equivalency:

ENG 112, 210, 115, or 131\*  
[Transfer Guide](#)  
[Transfer Guide\\*](#)  
[Transfer Guide](#)

**YEAR 2 - SOPHOMORE (29 CREDITS)**

**FALL SEMESTER (15 credits)**

General Education Courses:

Literature  
 Philosophy & Ethics  
Major Courses:  
 HPE 218  
 HPE 220  
 BIOL 240 or 250

VCCS Equivalency:

[Transfer Guide](#)  
[Transfer Guide](#)  
 BIO 141 or 231\*

**SPRING SEMESTER (14 credits)**

General Education Courses:

Human Behavior: PSYC 201S required  
Major Courses:  
 HPE 222  
 HPE 224  
 HPE 230  
 HPE 301W

VCCS Equivalency:

PSY 200 or 201\*  
 HLT 100, 119, RPK 230 or 160\*

**YEAR 3 - JUNIOR (31 CREDITS)**

**FALL SEMESTER (16 credits)**

Major Courses:

EXCS 322  
 TLED 430 (satisfies Impact of Technology)  
 HPE 317  
 HPE 404  
 Major Elective\*

VCCS Equivalency:

Major Courses:

TLED 408  
 HPE 318  
 HPE 402  
 HPE 324  
 HPE 409

VCCS Equivalency:

**SPRING SEMESTER (15 credits)**

**YEAR 4 - SENIOR (28 CREDITS)**

**FALL SEMESTER (16 credits)**

Major Courses:

HPE 400  
 HPE 406  
 HPE 430  
 HPE 369  
 HPE 480  
 Major Elective\*\*

VCCS Equivalency:

Major Courses:

HPE 485 (12 Credits)

VCCS Equivalency:

**SPRING SEMESTER (12 credits)**

\*\* Consult with Chief Departmental Advisor

Does not include the University's General Education *Language and Culture Requirement*. Additional Hours may be required. See catalog.

Upper Division General Education is satisfied by the required minor in health education included in the program (Option A) and completion of professional education courses (Option C).

Teacher candidates seeking a Coaching Education minor will need SMT/PE 415, SMT/PE 456, and PE 368 (Coaching Internship). Consult with advisor and University Catalog.

Requirements for graduation include a minimum cumulative grade point average of 2.75 overall and in the major, a grade of C (2.0) or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment. Assessments prescribed by the Virginia Department of Education are also required for licensure. Please see the catalog for details.