

2019-2020 Old Dominion University Catalog
Bachelor of Science in Exercise Science (Pending approval from SCHEV)-
Preventive/Rehabilitative w/ VCCS Equivalencies

*Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed.
 * indicates not automatically waived with transferrable associates degree, C or better required for transfer.*

Courses in green are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees). AS in Science recommended for ease of transfer.

| YEAR 1 - FRESHMAN (36 CREDITS) | | | |
|---|---------------------------------|---|--------------------------------|
| FALL SEMESTER (16 credits) | VCCS Equivalencies: | SPRING SEMESTER (16 credits) | SUMMER SEMESTER |
| <u>General Education Courses:</u> | <u>VCCS Equivalencies:</u> | <u>General Education Courses:</u> | <u>VCCS Equivalencies:</u> |
| ENGL 110C | ENG 111* | Literature | Transfer Guide |
| MATH 102M, 103M or 162M | Transfer Guide* | Nature of Science: Biol 123N/124N (4 credits) | BIO 102* |
| Oral Communication | Transfer Guide | Interpreting the Past | Transfer Guide |
| Human Behavior: PSYC 201S | PSY 200 or 201* | Information Literacy & Research | Transfer Guide |
| Nature of Science: Biol 121N/122N (4 credits) | BIO 101* | <u>Major Course:</u> | |
| | | EXSC 225 | |

| YEAR 2 - SOPHOMORE (30 CREDITS) | | | |
|---|--------------------------------|---|--------------------------------|
| FALL SEMESTER (13 credits) | VCCS Equivalencies: | SPRING SEMESTER (13 credits) | SUMMER SEMESTER |
| <u>General Education Courses:</u> | <u>VCCS Equivalencies:</u> | <u>General Education Courses:</u> | <u>VCCS Equivalencies:</u> |
| ENGL 211C, 221C or 231C | ENG 112, 210, 115, or 131* | CHEM 123N/124N (4 credits) | CHM 112* |
| CHEM 121N/122N (4 credits) | CHM 111* | Philosophy & Ethics | Transfer Guide |
| Language & Culture (May be waived; see catalog for details) | Transfer Guide | Language & Culture (May be waived; see catalog for details) | Transfer Guide |
| <u>Major Courses:</u> | | <u>Major Courses:</u> | |
| EXSC 250 | | Minor/Elective** | |
| | | EXSC 240 | |

| YEAR 3 - JUNIOR (27 CREDITS) | | | |
|---|--------------------------------|---|----------------------------|
| FALL SEMESTER (12 credits) | VCCS Equivalencies: | SPRING SEMESTER (15 credits) | SUMMER SEMESTER |
| <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> | <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> |
| Human Creativity | Transfer Guide | PHYS 111N (4 credits) | PHY 111, 121 or 201* |
| EXSC 322 | | EXSC 327 (4 credits) | |
| EXSC 326 | | Minor or Upper Division General Education** | |
| Minor or Upper Division General Education** | | EXSC 415 | |
| | | EXSC 366 (1 credit) | |

| YEAR 4 - SENIOR (27 CREDITS) | | | |
|---|----------------------------|------------------------------|----------------------------|
| FALL SEMESTER (15 credits) | VCCS Equivalencies: | SPRING SEMESTER (12 credits) | SUMMER SEMESTER |
| <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> | <u>Major Courses:</u> | <u>VCCS Equivalencies:</u> |
| EXSC 428 | | EXSC 368 (12 credits) | |
| EXSC 431W | | | |
| EXSC 408 | | | |
| EXSC 417 (4 credits-Satisfies Impact of Technology) | | | |

**Consult catalog and advisor.

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C (2.0) or better, and completion of Senior Assessment.