

2017-2018 Old Dominion University Catalog
Bachelor of Science in Physical Education, Exercise Science Concentration - Option B (Preventive/Rehabilitative)

This is a sample four year curriculum with a suggested ordering of courses. Students have the flexibility of re-ordering as needed.

YEAR 1 - FRESHMAN (31 CREDITS)					
FALL SEMESTER (12 credits)		SPRING SEMESTER (15 credits)		SUMMER SEMESTER (4 credits)	
<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>Major Courses:</u>	
ENGL 110C	3	Literature	3	BIOL 240 or 250	
MATH 102M, 103M or 162M	3	Human Creativity	3		
Oral Communication	3	Interpreting the Past	3		
Human Behavior: PSYC 201	3	Information Literacy & Research	3		
		<u>Major Course:</u>			
		EXSC 225	3		
YEAR 2 - SOPHOMORE (33 CREDITS)					
FALL SEMESTER (13 credits)		SPRING SEMESTER (16 credits)		SUMMER SEMESTER (4 credits)	
<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>Major Courses:</u>	
Nature of Science: Biol 121N/122N	4	Nature of Science: Biol 123N/124N	4	BIOL 241 or 251	
ENGL 211C, 221C or 231C	3	Philosophy & Ethics	3		
Language & Culture (may be waived)	3	Language & Culture (may be waived)	3		
<u>Major Courses:</u>		<u>Major Courses:</u>			
EXSC 250	3	EXSC 240	3		
		Minor/Elective*	3		
YEAR 3 - JUNIOR (32 CREDITS)					
FALL SEMESTER (13 credits)		SPRING SEMESTER (15 credits)		SUMMER SEMESTER (4 credits)	
<u>Major Courses:</u>	<u>Credit Hours:</u>	<u>Major Courses:</u>	<u>Credit Hours:</u>	<u>Major Courses:</u>	
CHEM 121N/122N	4	CHEM 123N/124N	4	PHYS 111N	
<u>Major Courses:</u>		<u>Major Courses:</u>			
EXSC 322	3	EXSC 327	3		
EXSC 326	3	EXSC 415	4		
Minor or Upper Division General Education*	3	Minor or Upper Division General Education*	3		
		EXSC 366	1		
YEAR 4 - SENIOR (28 CREDITS)					
FALL SEMESTER (16 credits)		SPRING SEMESTER (12 credits)		SUMMER SEMESTER	
<u>Major Courses:</u>	<u>Credit Hours:</u>	<u>Major Courses:</u>	<u>Credit Hours:</u>		
EXSC 428	3	EXSC 368	12		
EXSC 431W	3				
EXSC 417W	4				
EXSC 408	3				
Minor/Elective*	3				

*Consult catalog and advisor for options.

Additional free elective hours may be needed to make 120 credits total. A minimum 2.00 grade point average is required in the major, minor and overall to meet graduation requirements. Other requirements include completion of a minimum of both 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or ENGL 221C or ENGL 231C, and the writing intensive (W) course in the major with a grade of C or better, and completion of the Senior Survey.