

2016 - 2017 Old Dominion University Catalog
Bachelor of Science in Exercise Science - Option B
Preventive/Rehabilitative w/ VCCS Equivalencies

Sample four year curriculum with a suggested ordering of courses. Students may re-order as needed.
** indicates not automatically waived with transferrable associates degree, C or better required for transfer.*
*Courses in **green** are waived by the completion of an Associate degree (Not eligible for Applied Associate degrees).*

YEAR 1 - FRESHMAN (31 CREDITS)			
FALL SEMESTER (12 credits)		SPRING SEMESTER (15 credits)	
<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>
ENGL 110C	ENG 111*	Literature	Transfer Guide
MATH 102M, 103M or 162M	Transfer Guide*	Human Creativity	Transfer Guide
Oral Communication	Transfer Guide	Interpreting the Past	Transfer Guide
Human Behavior: PSYC 201	PSY 200, 201 or 202*	Information Literacy & Research	Transfer Guide
		<u>Major Course:</u>	
		EXSC 225	
YEAR 2 - SOPHOMORE (33 CREDITS)			
FALL SEMESTER (13 credits)		SPRING SEMESTER (16 credits)	
<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>
Nature of Science: Biol 121N/122N (4 credits)	BIO 101*	Nature of Science: Biol 123N/124N (4 credits)	BIO 102*
ENGL 211C, 221C or 231C	ENG 112, 210, 115, or 131*	Philosophy & Ethics	Transfer Guide
Language & Culture	Transfer Guide	Language & Culture	Transfer Guide
<u>Major Courses:</u>		<u>Major Courses:</u>	
EXSC 250		Minor/Elective**	
		EXSC 240	
YEAR 3 - JUNIOR (35 CREDITS)			
FALL SEMESTER (16 credits)		SPRING SEMESTER (15 credits)	
<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>
CHEM 121N/122N (4 credits)	CHM 111*	CHEM 123N/124N (4 credits)	CHM 112*
EXSC 322		<u>Major Courses:</u>	
EXSC 326		EXSC 327 (4 credits)	
Minor or Upper Division General Education**		Minor or Upper Division General Education**	
Minor/Elective*		EXSC 415	
		EXSC 366 (1 credit)	
YEAR 4 - SENIOR (28 CREDITS)			
FALL SEMESTER (16 credits)		SPRING SEMESTER (12 credits)	
<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>
EXSC 428		EXSC 368 (12 credits)	
EXSC 431W			
EXSC 420			
EXSC 408			
EXSC 417W (4 credits)			

****Consult with Chief Departmental Advisor**

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a grade of C or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.