

**2015-2016 Old Dominion University Catalog
Bachelor of Science in Exercise Science - Option A
For Students Pursuing Physical Therapy**

This is a sample four year curriculum with a suggested ordering of courses. Students have the flexibility of re-ordering as needed.

| YEAR 1 - FRESHMAN (31 CREDITS) | | | | | |
|--|----------------------|--|----------------------|------------------------------------|--|
| FALL SEMESTER (12 credits) | | SPRING SEMESTER (15 credits) | | SUMMER SEMESTER (4 credits) | |
| <u>General Education Courses:</u> | <u>Credit Hours:</u> | <u>General Education Courses:</u> | <u>Credit Hours:</u> | BIOL 250 | |
| ENGL 110C | 3 | Literature | 3 | | |
| MATH 102M, 103M or 162M | 3 | Human Creativity | 3 | | |
| Oral Communication | 3 | Interpreting the Past | 3 | | |
| Human Behavior: PSYC 201 | 3 | Information Literacy & Research | 3 | | |
| | | <u>Major Course:</u> | | | |
| | | EXSC 225 | 3 | | |
| YEAR 2 - SOPHOMORE (33 CREDITS) | | | | | |
| FALL SEMESTER (13 credits) | | SPRING SEMESTER (16 credits) | | SUMMER SEMESTER (4 credits) | |
| <u>General Education Courses:</u> | <u>Credit Hours:</u> | <u>General Education Courses:</u> | <u>Credit Hours:</u> | BIOL 251 | |
| Nature of Science: Biol 121N/122N | 4 | Nature of Science: Biol 123N/124N | 4 | | |
| ENGL 211C, 221C or 231C | 3 | STAT 130M | 3 | | |
| Language & Culture (may be waived) | 3 | Language & Culture (may be waived) | 3 | | |
| <u>Major Courses:</u> | | <u>Major Courses:</u> | | | |
| EXSC 250 | 3 | Minor/Elective* | 3 | | |
| | | EXSC 240 | 3 | | |
| YEAR 3 - JUNIOR (35 CREDITS) | | | | | |
| FALL SEMESTER (13 credits) | | SPRING SEMESTER (14 credits) | | SUMMER SEMESTER (8 credits) | |
| <u>Major Courses:</u> | <u>Credit Hours:</u> | <u>Major Courses:</u> | <u>Credit Hours:</u> | <u>Major Courses:</u> | |
| CHEM 121N/122N | 4 | CHEM 123N/124N | 4 | PHYS 111N | |
| EXSC 322 | 3 | Philosophy & Ethics | 3 | PHYS 112N | |
| EXSC 326 | 3 | <u>Major Courses:</u> | | | |
| Minor or Upper Division General Education* | 3 | EXSC 327 | 3 | | |
| | | Minor or Upper Division General Education* | 3 | | |
| | | EXSC 366 | 1 | | |
| YEAR 4 - SENIOR (27 CREDITS) | | | | | |
| FALL SEMESTER (12 credits) | | SPRING SEMESTER (15 credits) | | SUMMER SEMESTER | |
| <u>Major Courses:</u> | <u>Credit Hours:</u> | <u>Major Courses:</u> | <u>Credit Hours:</u> | | |
| EXSC 428 | 3 | EXSC 417W | 4 | | |
| EXSC 431W | 3 | EXSC 415 | 4 | | |
| EXSC 420 | 3 | Minor/Elective* | 3 | | |
| EXSC 408 | 3 | Electives* | 4 | | |

* Consult with Chief Departmental Advisor

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a grade of C or better in some major-specific courses (refer to catalog), 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.