

**2014 - 2015 Old Dominion University Catalog**  
**Bachelor of Science in Physical Education**  
**Exercise Science Concentration**  
**Scientific Foundations of Exercise Option**  
**w/ VCCS Equivalencies (Pre-Physical Therapy Track)**

*This is a sample four year curriculum with a suggested ordering of courses. Students have the flexibility of re-ordering as needed.*  
*\* Indicates not automatically waived with transferrable associate's degree. C or better required for transfer.*

**YEAR 1 - FRESHMAN (32 CREDITS)**

<b>FALL SEMESTER (16 credits)</b>		<b>SPRING SEMESTER (16 credits)</b>	
<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>
ENGL 110C	ENG 111*	Literature	<a href="#">Transfer Guide</a>
MATH 102M, 103M or 162M	<a href="#">Transfer Guide*</a>	Human Creativity	<a href="#">Transfer Guide</a>
Oral Communication	<a href="#">Transfer Guide</a>	Philosophy & Ethics	<a href="#">Transfer Guide</a>
Human Behavior: PSYC 201	PSY 200, 201 or 202*	Nature of Science II: BIOL 123N & 124N	<a href="#">Transfer Guide*</a>
Nature of Science I: BIOL 121N & 122N	<a href="#">Transfer Guide*</a>	<u>Major Courses:</u>	
		EXSC 225	

**YEAR 2 - SOPHOMORE (32 CREDITS)**

<b>FALL SEMESTER (16 credits)</b>		<b>SPRING SEMESTER (16 credits)</b>	
<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>
BIOL 250	BIO 141, 231 or NAS 161*	BIOL 251	BIO 142, 232 or NAS 162*
ENGL 211C, 221C or 231C	<a href="#">Transfer Guide*</a>	STAT 130M	MTH 146, 157, 240, 241 or 242*
Language & Culture I (may be waived)	<a href="#">Transfer Guide</a>	Language & Culture II (may be waived)	<a href="#">Transfer Guide</a>
<u>Major Courses:</u>		<u>Major Courses:</u>	
Minor or Upper Division General Education		Minor or Upper Division General Education	
EXSC 250		EXSC 240	

**YEAR 3 - JUNIOR (32 CREDITS)**

<b>FALL SEMESTER (15 credits)</b>		<b>SPRING SEMESTER (17 credits)</b>	
<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>
CHEM 121N/122N	CHM 111*	CHEM 123N/124N	CHM 112*
PHYS 111N	PHY 111 or 201*	PHYS 112N	PHY 112 or 202*
<u>Major Courses:</u>		Information Literacy & Research	<a href="#">Transfer Guide</a>
EXSC 322		<u>Major Courses:</u>	
EXSC 326		EXSC 327	
EXSC 366		Minor or Upper Division General Education	

**YEAR 4 - SENIOR (26 CREDITS)**

<b>FALL SEMESTER (12 credits)</b>		<b>SPRING SEMESTER (14 credits)</b>	
<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>
EXSC 428		EXSC 417W	
EXSC 431		EXSC 415	
EXSC 420		Interpreting the Past	<a href="#">Transfer Guide</a>
EXSC 408		Minor or Upper Division General Education	

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a grade of C or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.