

2014 - 2015 Old Dominion University Catalog
Bachelor of Science in Physical Education
Exercise Science Concentration
Preventive/Rehabilitative Exercise Option
w/ VCCS Equivalencies

This is a sample four year curriculum with a suggested ordering of courses. Students have the flexibility of re-ordering as needed.
** Indicates not automatically waived with transferrable associate's degree. C or better required for transfer.*

YEAR 1 - FRESHMAN (32 CREDITS)

FALL SEMESTER (16 credits)

<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>
ENGL 110C	ENG 111*
MATH 102M, 103M or 162M	Transfer Guide*
Oral Communication	Transfer Guide
Human Behavior: PSYC 201	PSY 200, 201 or 202*
BIOL 121N & 122N	Transfer Guide*

SPRING SEMESTER (16 credits)

<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>
Literature	Transfer Guide
Human Creativity	Transfer Guide
Interpreting the Past	Transfer Guide
BIOL 123N & 124N	Transfer Guide*
<u>Major Course:</u>	
EXSC 225	

YEAR 2 - SOPHOMORE (32 CREDITS)

FALL SEMESTER (16 credits)

<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>
BIOL 250	BIO 141, 231 or NAS 161*
ENGL 211C, 221C or 231C	Transfer Guide*
Language & Culture I (may be waived)	Transfer Guide
<u>Major Courses:</u>	
EXSC 250	
Minor or Upper Division General Education	

SPRING SEMESTER (16 credits)

<u>General Education Courses:</u>	<u>VCCS Equivalency:</u>
Information Literacy & Research	Transfer Guide
BIOL 251	BIO 142, 232 or NAS 162*
Language & Culture II (may be waived)	Transfer Guide
<u>Major Courses:</u>	
EXSC 240	
Minor or Upper Division General Education	

YEAR 3 - JUNIOR (32 CREDITS)

FALL SEMESTER (15 credits)

<u>Major Courses:</u>	<u>VCCS Equivalency:</u>
CHEM 121N/122N	CHM 111*
PHYS 111N	PHY 111 or 201*
<u>Major Courses:</u>	
EXSC 322	
EXSC 326	
EXSC 366	

SPRING SEMESTER (17 credits)

<u>Major Courses:</u>	<u>VCCS Equivalency:</u>
CHEM 123N/124N	CHM 112*
Philosophy & Ethics	Transfer Guide
<u>Major Courses:</u>	
EXSC 327	
EXSC 415	
Minor or Upper Division General Education	

YEAR 4 - SENIOR (28 CREDITS)

FALL SEMESTER (13 credits)

<u>Major Courses:</u>	<u>VCCS Equivalency:</u>
EXSC 428	
EXSC 431	
EXSC 417W	
EXSC 408	

SPRING SEMESTER (15 credits)

<u>Major Courses:</u>	<u>VCCS Equivalency:</u>
EXSC 368 (Internship)	
Minor or Upper Division General Education	

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a grade of C or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.