

20 Steps to a Personal Statement

Your Journey: Which six things that lead you here?

1. I decided to be a doctor when...

2.

3.

4.

5.

6.

You're Unique: Name six things that make you stand out from other candidates. This could include extracurricular activities, artistic abilities, community service, work, etc.

7.

8.

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12.

You Have Experience: Describe six, powerful experiences that relate to the healthcare field.

13.

14.

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16.

17.

18.

You Apply Your Knowledge: Describe two experiences that have strongly impacted your decision to pursue medicine. Also, describe what those experiences taught you about yourself.

19a. Experience:

19b. What did this experience teach you about yourself?

20a. Experience:

20b. What did this experience teach you about yourself?