



COLLEGE OF HEALTH SCIENCES NEWSLETTER

VOLUME 11, ISSUE 10

OCTOBER 2014

DEAN'S MESSAGE

October is Breast Cancer Awareness month, calling on each of us to show our support for friends and loved ones through donation and or participation in area awareness events. As a college with a central focus on health and wellness, we owe it to ourselves to actively engage in prevention and health promotion practices. In Virginia, the breast cancer incidence and mortality is highest among African American women 127.3 and 33.2 per 100,000 respectively*. Excluding cancers of the skin, breast cancer is the most common cancer among women in the U.S., accounting for 29% of newly diagnosed cancers. This month's newsletter will shine a light on our friends and colleagues in the college who have been affected. I challenge each of you to show your support for all women in the college. Those of you over 40 years of age schedule a mammogram and others of you perform monthly breast self-examinations. Lifestyle-related factors associated with breast cancer include; obesity and weight gain, lack of physical activity, alcohol consumption and tobacco use. A special shout out to Dr. Scott Sechrist and the other students from the School of Medical Diagnostic and Translational Sciences and the School of Dental Hygiene who participated in the Susan G. Komen Race for the Cure in support of our colleagues in the College of Health Sciences. Let's make Hampton Roads a healthier place for everyone.



Sincerely,

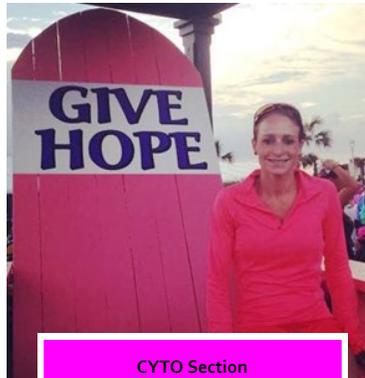
Richardean Benjamin, RN, PhD
 Associate Dean

*American Cancer Society. Breast Cancer Facts & Figures 2013-2014. Atlanta: American Cancer Society, Inc. 2013.

SHARON'S STRIDERS 2014



Nuclear Medicine Technology Section
 L-R: Andrew Dynan, Savanna Hartman, Scott Sechrist, Anna Pham and Frank Nguyen.



CYTO Section
 Kelli Askam

Medical Diagnostics and Translational Sciences students and faculty participated in the Susan G. Komen 14th Annual Race for the Cure on Oct. 11, 2014 at Virginia Beach, the Sharon's Striders raced in support of Sharon Stull, a Dental Hygiene faculty, who is also a survivor.

INSIDE THIS ISSUE:	
BONNIE VAN LUNEN	2
WHITE COAT CEREMONY	2
AUTISM SPECTRUM DISORDER	3
ODU NAME "WITH DISTINCTION"	4
PRESENTATIONS	5
MONARCH PHYSICAL THERAPY DEDICATION	5
GLOBAL HEALTH UPDATES	6
IPE CORNER	7
CALENDAR OF EVENTS	8

VAN LUNEN RECEIVES ATHLETIC HALL OF FAME HONOR

Bonnie Van Lunen was inducted into the Athletic Hall of Fame at Castleton State College in Vermont on Sept. 20. She received the Alumni Award for her extraordinary efforts on and off the softball field. Bonnie lettered in softball for four years as the third baseman, serving as the team captain in her final year. Dr. Van Lunen earned her bachelor of science in physical education in 1990 from Castleton, completed a master's degree in athletic training in 1991 and earned her doctorate in sports medicine from the University of Virginia. She has co-authored more than 55 articles, received National Institutes of Health funding, and has been the program director for the post-professional athletic training program for 15 years at ODU. She is currently a full professor and the Chair of the School of Physical Therapy and Athletic Training. Dr. Van Lunen has received several national awards from the National Athletic Trainers' Association, including the Service Award in 2010, a Fellows Designation in 2012, and was the recipient of the Distinguished Educator Award in 2014. Dr. Van Lunen resides in Southern Shores, N.C., with her husband John, and children Alivian, Brady and Cameron.



SCHOOL OF PHYSICAL THERAPY AND ATHLETIC TRAINING ADHERE TO TRADITION WITH WHITE COAT CEREMONY

The White Coat Ceremony for the Class of 2017 was held on Saturday, Sept. 27. More than 150 family members and friends came out to support the First Year DPT students who took this important step as future health professionals. The 43 students in the class each received their White Coats from their second year mentor in this official ceremony that originated in 1993 at Columbia's University College of Physicians and Surgeons. Dean Mishoe welcomed all guests and congratulated students. Two speakers provided inspiring words about professional commitment and responsibility. Jamie Smiley, OTR, from Medical Facilities of America, the corporate sponsor of the White Coat Ceremony, spoke about the role the students could play in the future by providing care to the growing population of older adults. She reflected on her own satisfaction and interest in caring for this population. Dr. Amir Kazemi, PT, t-DPT, OCS, a graduate of the program from the Class of 1999, received a special invitation to speak. Dr. Kazemi runs a successful private outpatient physical therapy practice in Houston, Texas. His three clinics serve as clinical internship sites for the ODU PT program and Dr. Kazemi has remained a strong supporter of physical therapy



Dr. Kazemi (center) and Dean Mishoe with the Physical Therapy faculty.



education for years. For his contribution to educational opportunities and commitment to the profession, Dr. Kazemi received the Outstanding DPT Alumni Award of 2014. His moving and thought-provoking speech included reflections on responsibility, professional integrity, and the value of a good work ethic. Both Ms. Smiley's and Dr. Kazemi's comments reminded all the students and faculty of their reasons for selecting physical therapy as a career choice. The program was followed by a reception where faculty members were able to meet the friends and families of the first year students. Congratulations to the Class of 2017!

ODU, DOMINION PHYSICAL THERAPY JOIN FORCES TO SHARE AUTISM EXPERTISE ABROAD

BY IRVIN B. HARRELL

From an article published in the Oyster Pointer's September issue.

One in 68 children in the U.S. struggles with autism spectrum disorder (ASD), a group of developmental deficits that can cause significant social, communication and behavioral problems.

The disorder, which cuts across racial, ethnic and socioeconomic groups, is also a persistent global problem.

But through a recent partnership, Dominion Physical Therapy & Associates Inc. (DPT) and Old Dominion University used their expertise to tackle ASD abroad.

Patronato Cibo de Rehabilitacion, a large outpatient hospital in the Dominican Republic, invited a six-person team of therapists and faculty to spend three days in the Caribbean nation meeting with parents of children with ASD and training its staff.

Under the guidance of the ODU Center for Global Health, Dr. Gail Grisetti from the College of Health Sciences, Dr. Jonna L. Bobzien from the Darden College of Education and four therapists representing DPT headed to the city of Santiago this past May. The four therapists were Cathie Barker, Michelle M. Donnelly, Stephanie K. Roach and Beverly S. Khabo.

Bobzien, an assistant professor at ODU, is the mother of two sons with autism. May's trip was her second to the Dominican Republic.

"Talking with the parents from a mom's point of view -- sharing stories and answering their questions was one of the most moving moments of being there," said Bobzien, who teaches all the content for the Autism Certification Program at ODU.

Grisetti, an associate professor for ODU's School of Physical Therapy and Athletic Training, agreed.

"The faces of the parents showed such concern, hope for and interest in everything the team had to share. One can see in their eyes and in their faces their profound wishes for their children and for the future," she said.

Dr. Allen R. Jones Jr., president of Dominion Physical Therapy, provided the bulk of the financing to make the trip possible.

"As a business owner, community servant and practicing physical therapist, I was touched on all three levels to support the autism spectrum disorder training program because of the commitment level of the professionals involved to teach others to make a difference in the lives of others," he said. "This program enabled me to support the motto 'reach one teach one,' which embodies the quintessential spirit of helping others."

ASD begins before age 3 and lasts throughout a person's life, although symptoms may improve over time, according to Centers for Disease Control and Prevention. Some with ASD seem to develop normally until they are 18 to 24 months old and then they stop gaining new skills, or lose the skills they had.

The participants in the training program from the Dominican Republic included rehabilitation therapists, psychologists and doctors who anticipate being able to better meet the needs of the many families and children who make up a waiting list in the hundreds.

ODU's School of Physical Therapy and Athletic Training has been a long-term partner with the Santiago facility and has participated in a number of programs, one of which included hosting a pediatric physical therapist in Norfolk for six weeks.

During the three-day visit, there were lectures, videos, PowerPoint presentations, tests, assignments and some materials developed by Bobzien. The training culminated in a graduation ceremony where participants were awarded certificates of completion.

Were the children with autism in the Dominican Republic any different than those in the United States?

"Every child with autism spectrum disorder is different," Bobzien said. "There is a saying when it comes to autism: If you've met one child with autism, then you've met *one* child with autism."

Irvin B. Harrell is the Coordinator of Strategy & Marketing for ODU's College of Health Sciences.



ODU NAMED 'WITH DISTINCTION' TO PRESIDENT'S COMMUNITY SERVICE HONOR ROLL

Old Dominion University was named this week to the 2014 President's Higher Education Community Service Honor Roll. The award marks the third consecutive time the University has been honored for its commitment to community engagement; however, this year the award was issued in the "With Distinction" category.

The honor roll "With Distinction" is given to applicants that "display strong levels of institutional commitment, provide a compelling case for partnerships that produce measurable impact in the community, and have a federal work-study community service percentage of 15 percent or above," according to a program description on the Corporation for National and Community Service's website. The award was announced Tuesday, Sept. 23, during the Fourth Annual President's Interfaith and Community Service Campus Challenge Gathering, at the George Washington University, in Washington D.C.

The President's Higher Education Community Service Honor Roll "highlights the role colleges and universities play in solving community challenges and as a result, more students are likely to pursue a lifelong path of civic engagement that achieves meaningful and measurable outcomes in the communities they serve," a Corporation for National & Community Service statement said.

Five programs were highlighted in ODU's 2014 honor roll application. The College of Health Sciences included:

- Nursing and Physical Therapy Study Abroad Service Experience: Nursing and physical therapy students from the College of Health Sciences participated in a multidisciplinary, international outreach spring break trip after a semester-long planning project. Coordinated in collaboration with Physicians for Peace, this project bridged local clinical work with a study abroad service trip to teach Resource Mothers, also known as Madres Tutelares, perinatal health education in the Dominican Republic.



PRESENTATIONS

- ◆ C. Thomas Somma. 28 years AUX.VBPD, School of Medical Diagnostic and Translational Sciences and Linda K. Bennington, School of Nursing, who has worked in forensic Nursing, gave a presentation on Sept. 20 at the Hampton Roads Annual Writers Conference in Virginia Beach entitled, “**Homicide Investigation, Rape and Sexual Assault and, Forensic DNA Analysis**”.

MONARCH PHYSICAL THERAPY DEDICATION CEREMONY

A dedication ceremony was held Sept. 24, 2014 to mark the emergence of ODU Monarch Physical Therapy. Provost Simpson, Dean Mishoe, faculty, students, and COHS Advisory Board members spoke about how the vision of ODU Monarch Physical Therapy became a reality, and how the physical therapy clinic exemplifies the missions of the University, and the College of Health Sciences. Several patients also participated in the dedication, expressing their gratitude for the care they received at ODU Monarch Physical Therapy. ODU Monarch Physical Therapy is owned by the University and staffed exclusively by Old Dominion University personnel. For more information, please call (757) 683-7041 or visit our website at <http://www.odu.edu/partnerships/community/programs/health/monarchpt>.

Dr. Lisa Koperna, Director



Dr. Alicia Doolittle, Alumna



Luis Araizaga, patient



Deborah Bauman, Assistant Dean and patient



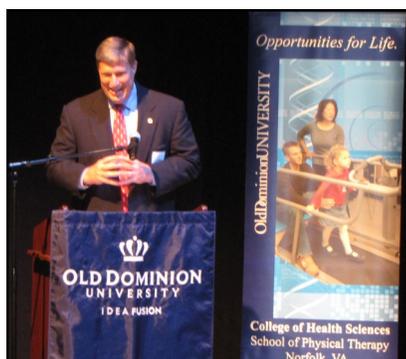
Shelley C. Mishoe, Dean, College of Health Sciences



Dr. Allen Jones, Jr., Owner and CEO, Dominion Physical Therapy



Earl Nance, Assistant Attorney General and General Counsel at ODU



UPDATES FROM THE CENTER FOR GLOBAL HEALTH

- On Oct. 2, 2014, the Center for Global Health facilitated a discussion with seven state and local public health department directors and environmental health managers about their current work on the effect of climate change on health and what research might inform their practice from Virginia Beach, Portsmouth, Norfolk, Chesapeake and the Peninsula. All of the participants shared their experiences about the public health impact of climate change in Hamptons Road. A discussion about ways to address these gaps highlighted the challenge of policy change, educating legislators, interstate or multi-jurisdictional efforts, and having policy champions as effective methods.
- The Let's Move project has been implemented and first step training completed; the program is off to a great start. Parents have been very receptive to the information that was shared with them and eager to enroll their child into the program. The program dubbed "Let's Move" aims to improve nutrition education, promote a healthy lifestyle and increase physical activities for school-age children. "Let's Move Virginia Beach," is a pilot partnership between the Old Dominion University Center for Global Health, School of Community and Environmental Health, the Virginia Beach Department of Health, and Virginia Beach Parks and Recreation.
- The graduate level online Certificate in Global Health classes began this fall. Classes are being offered in Epidemiology and Global Health. The program offers major benefits to many professionals such as health care, engineering, the sciences, education, business and the liberal arts professionals.
- The Center for Global Health has co-sponsored two events; the first—"Bio-Ethic Lecture Series" Religion, Ethics, and Dying, Controversies and Perspectives —was presented by Dr. Gerald Magill and Dr. Jonathan Crane. The event provided information on what patients and families can expect from medicine to support a good death. Second event—"This Chair Rocks", how ageism warps our view of long life—was presented by Ashton Applewhite. This talk was about ageing and myths of aging. Both events were well attendant.

IPE Corner

The faculty and students of the College of Health Sciences (COHS) are moving ahead to make Interprofessional Education (IPE) a reality at our College:

- On August 19, 2014, more than 60 faculty members gathered to explore possibilities and opportunities for facilitating the achievement of the IPEC competencies and plan for specific strategies/activities that might be most effective. College-wide IPE Grand Rounds, Evaluation and Monitoring of IPE across curricula Global Health and Study Abroad Courses, the College-wide Ethics and Entrepreneurship courses, Leadership in IPE, Modeling and Simulation, and IPE Teambuilding Methodology were among the topics discussed in roundtables. The beautiful setting provided by the Norfolk Yacht College really inspired all in attendance. The faculty groups sent forth several recommendations including 1) establishing an electronic repository of IPE-related activities and resources, “ROAR” (Repository of ODU Activities and Resources), 2) launching a college-wide IPE day, 3) creating an IPE award for faculty and students, 4) using standardized patient scenarios to help all college students to achieve the four IPEC competencies, and 5) developing a IPE certification program. The retreat really created momentum. Thanks to all who contributed to a very productive day!!
- At the conclusion of the retreat, faculty agreed to read Julia Fox Garrison’s book, “Don’t Leave Me This Way” and to consider including it in their various curricula as a strategy for teaching team and patient communication. Dean Mishoe has generously provided books for all fulltime faculty. Several faculty members have already integrated the book into their courses. Tina Haney, Karen Kott, Meg Lemaster, and Kaprea Johnson Hoque (clinical counseling) are using the book in their masters and doctoral course “Leadership and Practice in Healthcare”. Athletic Training faculty members, Johanna Hoch, Mathew Hoch, and Bonnie Van Lunen are leading seminar discussions that highlight the book in AT 623: Practicum I and AT 633: Practicum III. Several other faculty groups are assessing their curricula to determine which course would be the best fit for the book. The Dean’s office is currently planning for a Spring IPE day with Ms. Garrison where she will be the keynote speaker and also lead seminar discussions with graduate students.
- A group of faculty from the Community and Environmental Health, Dental Hygiene and Nursing Schools has just submitted a proposal entitled “Interprofessional Education through Community Service Engagement” to the Old Dominion University Office of Leadership & Student Involvement, to support a Spring 2015 IPE service learning opportunity. The goal of the project is to facilitate students’ understanding about the essential roles various health profession disciplines play in meeting the community’s health needs. Thus, students from Dental Hygiene, Nursing, and Community and Environmental Health/Masters of Public Health will be charged with working together to design and provide educational training for paraprofessionals who will be in attendance at the Spring 2015 Virginia Academy of Nutrition and Dietetics (VAND) conference. The students will help the paraprofessional to develop health literacy materials which meet the health promotion needs of maternal-child populations. Project faculty will include Linda Bennington, James Blando, Maureen Boshier, Denise Claiborne, Denise Isabel, and Sharon Stull.
- The COHS IPE Advisory Committee has begun meeting. The purpose of the committee is to facilitate IPE activities within the College of Health Sciences to include IPE learning opportunities for all college students and college-wide IPE programming for faculty, staff, and students. The committee is seeking to recruit student and community representatives. Please contact Kimberly Adams Tufts, Assistant Dean for IPE with the names and contact information for students and/or patients who may be interested in committee membership.

Have ideas for future “IPE Corners”. Please contact Kimberly Adams Tufts at 757-683-5011 or ktufts@odu.edu.

CALENDAR OF EVENTS

October

22 & 25 CE Course: Dental Radiation Safety Certification

November

4 Alpha Eta Induction Ceremony, 12:30-1:130 pm
Location: River Room. Webb Center

26 University Closes at 12:00 pm for Thanksgiving Holiday

27-28 Thanksgiving Holiday-University Closed



Finish Line:

I finished third in my age division! Ha! I am not fast; I just outlived my competition!-Scott Sechrist, Medical Diagnostic and Translational Sciences.
