

**SEPTEMBER 16 & 17**

## **Update on the Management of Musculoskeletal Pain: Where the Research is Leading Us**

The course will cover a global update on the current research theories and therapy concepts relative to assessment and management of musculoskeletal pain. Additionally, the update will include modern pain science with applicable concepts to daily practice. A focus of the course will be the integration of current research and pain science into your own model of treatment to enhance therapeutic outcomes.

### **Times / Events**

**Friday Sept 16th 5:00—6pm**

White Coat ceremony  
Outstanding PT Alumni Award  
University Theatre  
Followed by brief reception  
**FREE**

**Friday Sept 16th 6:30 PM**

All PT alumni, faculty & students  
invited to casual gathering at Mon-  
arch Grill, Springhill Suites Hotel,  
next to the Health Sciences Bldg.

**Saturday Sept 17 9:00—1:30**

Continuing Education Course  
Rm. 2000 Health Sciences  
Followed by box lunch  
\$60 per attendee (see next page)



***Above are some of the 23 Alumni who participated in Alumni Weekend 2015***

# Update on the Management of Musculoskeletal Pain

## COURSE INSTRUCTORS



**Spencer J. Muro, DPT**

Outpatient physical therapist at Sentara Hilltop Therapy in Virginia Beach, VA. Writer and contributor, [PTBrainTrust.wordpress.com](http://PTBrainTrust.wordpress.com). Clinical interests in chronic pain and the neuro-orthopedic population. Research interests in placebo and nocebo effects, cognitive biases and their effect on patient care, biopsychosocial model for patient care with emphasis on patient education and communication.



**Matt Dancigers, DPT**

Outpatient clinician and Clinic Director at Southeastern Physical Therapy in Norfolk, VA. Writer and contributor at [PTBrainTrust.wordpress.com](http://PTBrainTrust.wordpress.com) and [TheManualTherapist.com](http://TheManualTherapist.com). Therapeutic treatment focus on biopsychosocial factors with special interest in pain processing and pathology, placebo/nocebo effects and communication and interaction aspects of treatment.

## Moderator



**Michael Tamburello, PT,  
PhD, ECS**

## COURSE OBJECTIVES

- 1) Compare and contrast patho-anatomical / kinesiopathology with biopsychosocial approaches to patient care.
- 2) Express modern pain science concepts and apply them towards better understanding those in pain.
- 3) Be equipped with a framework to utilize current pain science concepts in daily practice towards improved outcomes.



**4.0 Type I Continuing Education Credits Awarded**

## Thank-you to our Sponsor

Lifeworks Rehab,  
by Medical Facili-  
ties of America, is a  
faithful sponsor of  
ODU PT's White  
Coat Ceremony and  
Alumni Weekend.  
With their ongoing  
support we are able  
to host this annual  
event.

## To Register

1. **Save your spot** by calling 757-683-4519 and giving your name and contact information.
2. **Send a check** for \$60 made out to **ODU Physical Therapy**

Old Dominion University  
School of Physical Therapy and Athletic Training  
3118 Health Science Building  
Norfolk, VA 23529

**Please include the following information**

Name \_\_\_\_\_

Class Year \_\_\_\_\_

E-mail \_\_\_\_\_

Phone # \_\_\_\_\_

Address \_\_\_\_\_

Lunch preference   veggie\_\_\_ ham\_\_\_ turkey\_\_\_

T-Shirt Size    XXL\_\_\_ XL\_\_\_ L\_\_\_ M\_\_\_ S\_\_\_

Additional Lunches \$10

Additional T-shirts \$10

**Need Babysitting? \_\_\_\_\_# & ages of children**

Current PT students can be available for babysitting if you tell us in advance how many children and what ages. This service is based on tipping the students.





## WHITE COAT CEREMONY



## Outstanding PT Alumni Award 2016 Brett Carey, DPT

In the few years since he graduated from Old Dominion University with a Doctorate in Physical Therapy Brett Carey has distinguished himself as a therapist and an entrepreneur who reaches out to patients and colleagues alike. A lot of people have ideas; Brett makes the ideas real. A lot of people have dreams; Brett transforms his dreams into workable plans and then follows those plans.

Rather than seeing technology as a disruptive force that interferes with the natural interaction of one person with another, Brett shows us uses of technology that extend the contact of heart and mind from one person to many, thus extending the beneficial influence of a therapist. We welcome Brett back to ODU campus and honor him with the 2016 Outstanding Alumni Award. The award will be presented during the White Coat Ceremony Sept 16th, and at that time Brett will give a brief address to the students.

**Brett Carey, DPT**



**Vice President Board  
of Directors at West  
Hawaii Community  
Health Centers**

**Clinical Director of  
Physical Therapy at  
Therapydia Kona**