Student’s Guide to My Advisor on ODU Portal

1.) Log on to myODU using your MIDAS ID and password. Locate and select the My Advisor icon from the drop-down list options below My Systems.

![My Favorite Apps](image)

2.) Select Schedule an advising appointment from the options listed below.

![Schedule an advising appointment](image)

3.) Next, select the location from where you are currently taking classes.
4.) Select the advising option from the drop-down menu. (i.e., If the student is taking ODU Online classes, select the option for ODU Online Advising, etc.)

5.) Select “Darden College of Education Career and Advising Resource Center...” from the drop down menu.
6.) Select the appropriate advisor for your appointment needs.

**If you major is:**
- Exercise Science
- Fashion Merchandising
- Health and Physical Education
- Industrial Technology
- Marketing Education
- Parks and Recreation Management
- Speech-Language Pathology and Audiology
- Sport Management
- Technology Education
- Therapeutic Recreation
- Tourism Management
- Training Specialist

**All Human Services Majors and Minors (On-Campus Students):**

<table>
<thead>
<tr>
<th>Last Name</th>
<th>Advisor</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-C (Human Services Only)</td>
<td>Ms. T’Airra Belcher</td>
</tr>
<tr>
<td>D-F (Human Services Only)</td>
<td>Ms. Sonja Lund</td>
</tr>
<tr>
<td>G-I (Human Services Only)</td>
<td>Mr. Alex Whitney</td>
</tr>
<tr>
<td>J-M (Human Services Only)</td>
<td>Ms. Teonna Thompson</td>
</tr>
<tr>
<td>N-Q (Human Services Only)</td>
<td>Ms. Sara Dzurilla</td>
</tr>
<tr>
<td>R-U (Human Services Only)</td>
<td>Mr. Nick Ketchum</td>
</tr>
<tr>
<td>V-Z (Human Services Only)</td>
<td>Mr. George Wilson</td>
</tr>
</tbody>
</table>

**Distance Learning Students for Human Services (i.e., all online) will meet with Distance Learning Advisors:**

**Last Names/Advisor:**
- A-L – Ms. Hannah Guarino - hguarino@odu.edu
- M-Z – Ms. Kim Cochran - kcochra@odu.edu
7.) Use the arrows to navigate, then select an available time slot for advising.

8.) Student/advisor appointment details will be displayed, however the student MUST confirm appointment before leaving the page. **If you will be conducting a phone appointment, please be sure to include your phone number in the comments box.**
9.) Advising appointment setup is complete once the student has received the message below. A confirmation email will be sent to the student’s ODU email.