**COUN 667 Mental Health Counseling Internship**

**Case Presentation Guidelines**

Select a client you are currently working with to present in group supervision*.* It is suggested that you select a clientwith whom you are having some difficulty. The case presentation includes three components:

1. *Case Presentation Summary:* In a maximum of 2-pages (single-spaced), answer each area/question below, and bring a copy to distribute to your peers at the time of the presentation. Do not include identifying information (e.g., names) of the client. Use the headers below to organize the summary.
2. *Audio/Video Clip*: Pick a 10 minute audio/video clip to play in group supervision.
3. *Oral Presentation in Group Supervision:* Prepare to briefly (no more than 5 minutes) introduce your client, your work with the client, and feedback you want from your peers in group supervision.

Your Case Presentation Summary should include the following information:

**Client Demographics:**

* Age, race, ethnicity, culture, gender, gender identity, sexual/affectional orientation, ability
* Family information and background
* Educational/employment/SES information
* Any other relevant demographic (e.g., religion/spirituality, immigration status) or personality characteristics
* Contextual factors (e.g., What complicating factors exist in this client’s world?)
* Substance use/abuse

**Mental Status Exam**

* Appearance
* Observed behaviors
* Cognition (i.e., Oriented to time, place, person, & situation; thought processes; judgment; insight; concentration; memory; presence of hallucinations, delusions, or other derealization)
* Affect & Mood
* Suicidal/Homicidal Ideation
* Other safety or risk concerns (e.g., self-harm, psychosis)

**Diagnosis:**

* DSM-5 diagnoses\*, with information to support your diagnostic decision-making
  + *Diagnoses should be detailed and written in line with the DSM-5, using F- and Z-codes and specifiers.*
* Differential diagnosis: What other diagnoses or factors could explain the client’s presenting issues?

**Summarize Counseling History:**

* Number of sessions with client
* Client’s goals
* What led the client to seek counseling at this time?
* What are your general impressions of this client?
* What is your theoretical approach to working with this client?\*
* What interventions (related to theoretical approach) have you tried with this client?\*
* What progress have you made towards the client’s goal to this date?

**Other Aspects of the Counseling Process:**

* What relational/interpersonal processes have you been attending to with this client?
* What are the multicultural considerations in working with this client?\*
* What are the considerations related to social justice and advocacy work with this client?\*
  + How are you addressing racial inequities and/or inequities experienced by the client as a result of other marginalized identities in counseling?
* Are there any potential legal/ethical issues to date in working with this client?
* Based on these relational, multicultural, social justice/advocacy, and legal/ethical issues identified, how will you proceed in working with this client?

*Note: Relational/interpersonal processes, multicultural considerations, and social justice/advocacy issues are present with every client, even if the client has similar identities to your own as the counselor.*

**\*Utilization of Current Research**

* In addition to your case presentation, upload a journal article written within the last 5 years to support your work with this client.
* Identify journal articles related to the client’s diagnoses, the theoretical approach and interventions you are utilizing with this client, or multicultural/social justice/advocacy considerations with this client.

**Solicit Feedback**

* What particular difficulties are you having with this case?
* What kind of help/feedback would you like from this group?

*You need identify at least one difficulty and pick at least one area in which you want feedback. Leaving these questions open-ended or unanswered is not acceptable.*