1. What are the DSM-5 diagnoses for the client in your case presentation based on your assessment of the client? Include the F codes and specifiers for the diagnoses. The primary diagnosis should be listed first, if the client has more than one diagnosis.

2. For each diagnosis, detail how the client meets the criteria for that diagnosis, based on client’s report, others’ reports, and your observations as the counselor.

3. Discuss differential diagnosis. How did you rule out the following to conclude the diagnoses listed in Question 1 are the most accurate?
   - To what extent signs and symptoms may be intentionally produced
   - To what extent signs and symptoms are related to substances
   - To what extent signs and symptoms are related to another medical condition
   - To what extent signs and symptoms are developmentally normal
   - Whether no mental disorder is present

---

**667 Instructors: Rate Assignment #1 on a 1-10 scale at time of case presentation.**

<table>
<thead>
<tr>
<th>10</th>
<th>9</th>
<th>8</th>
<th>7</th>
<th>6</th>
<th>5</th>
<th>4</th>
<th>3</th>
<th>2</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exceeds (Above Competency)</td>
<td>At Level (At Competency)</td>
<td>Near (Developing Competency)</td>
<td>Below (Insufficient in Demonstrating Competency)</td>
<td>Very Below (Unacceptable)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Rating:**

**Instructor Feedback:**
## COUN 667: Sample Treatment Plan
### CMHC Portfolio Assignment #2

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Short-term Goals</strong></td>
<td></td>
</tr>
<tr>
<td>Accomplishable in less than 3 months time. Should be written as SMART Goals.</td>
<td>1.</td>
</tr>
<tr>
<td></td>
<td>2.</td>
</tr>
<tr>
<td></td>
<td>3.</td>
</tr>
<tr>
<td><strong>Long-term Goals</strong></td>
<td></td>
</tr>
<tr>
<td>Accomplishable in 3-6 month time. Should be written as SMART Goals.</td>
<td>1.</td>
</tr>
<tr>
<td></td>
<td>2.</td>
</tr>
<tr>
<td></td>
<td>3.</td>
</tr>
<tr>
<td><strong>Proposed Interventions</strong></td>
<td><strong>Intervention 1:</strong></td>
</tr>
<tr>
<td>Interventions should be directly tied to Goals.</td>
<td></td>
</tr>
<tr>
<td><strong>Theoretical Basis for Intervention (e.g., CBT, SFBT)</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Reference</strong></td>
<td></td>
</tr>
<tr>
<td>Where did you learn about the intervention? Use APA format.</td>
<td></td>
</tr>
</tbody>
</table>
Instructors: Rate Assignment #2 on a 1-10 scale at time of case presentation.

<table>
<thead>
<tr>
<th>Rating</th>
<th>10</th>
<th>9</th>
<th>8</th>
<th>7</th>
<th>6</th>
<th>5</th>
<th>4</th>
<th>3</th>
<th>2</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exceeds (Above Competency)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>At Level (At Competency)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Near (Developing Competency)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Below (Insufficient in Demonstrating Competency)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very Below (Unacceptable)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Rating:**

**Instructor Feedback:**

1. Identify the ethical problem.

2. Apply the 2014 ACA Code of Ethics, citing the specific standards involved in the problem.

3. Determine nature and dimensions of dilemma (including considering implications for the foundational principles and consultation).

4. Generate potential courses of action.

5. Consider potential consequences of each course of action for all parties involved.

6. Select and evaluate a course of action.

7. Detail how you implemented (or plan to implement) your course of action.

| 667 Instructors: Rate Assignment #3 on a 1-10 scale at time of case presentation. |
|-----------------------------------|----------------|----------------|----------------|----------------|
| 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 |
| Exceeds (Above Competency) | At Level (At Competency) | Near (Developing Competency) | Below (Insufficient in Demonstrating Competency) | Very Below (Unacceptable) |

Rating:

Instructor Feedback:
COUN 667: Application of Current Research
CMHC Portfolio Assignment #4

Identify an article published in a peer-reviewed American Counseling Association-affiliated journal within the last 5 years that informed your work with a client this semester.

1. Reference (in APA format):

2. In the format of an annotated bibliography, briefly describe and evaluate the research article (~150 words).

3. Identify three main ideas of the article that you utilized to inform your work with this client.

4. Provide a concrete description of how you utilized the information in the research article to inform your work with the client in your case presentation.

5. Attach a copy of the research article to this assignment.

667 Instructors: Rate Assignment #4 on a 1-10 scale at time of case presentation.

<table>
<thead>
<tr>
<th>10</th>
<th>9</th>
<th>8</th>
<th>7</th>
<th>6</th>
<th>5</th>
<th>4</th>
<th>3</th>
<th>2</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exceeds (Above Competency)</td>
<td>At Level (At Competency)</td>
<td>Near (Developing Competency)</td>
<td>Below (Insufficient in Demonstrating Competency)</td>
<td>Very Below (Unacceptable)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Rating:

Instructor Feedback:
COUN 667: Counseling Assessment  
CMHC Portfolio Assignment #4

1. Brief case summary of client (~150 words):

2. Name of assessment instrument used with client:

3. Rationale for utilizing this assessment with the client:

4. Multicultural considerations in choosing this assessment for the client:

5. Number of times you used this assessment with the client*:
   *If you used the assessment more than once, provide the data for the change in the scores on the major scales of the assessment over time.

6. Description of how you utilized this assessment to inform the counseling process:
Primary theoretical orientation used with clients

Your rationale for utilizing selected theoretical orientation

Describe the limitations of the theoretical orientation

<table>
<thead>
<tr>
<th>Name of interventions (corresponding with theoretical orientation) utilized with clients during 667</th>
<th>Intervention 1:</th>
<th>Intervention 2:</th>
<th>Intervention 3:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brief, concrete description of how intervention was utilized with a client</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Evaluation of utilization (i.e., How did the client respond to the intervention? Did it work as you expected? What could you do differently to use the intervention more effectively in the future?</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

References

*Use APA format.*
Include documentation in the final submission of your electronic portfolio, showing membership in a professional organization (other than ACA*) or attendance to a counseling-related conference, workshop, or training that you attended during the semesters you were enrolled in COUN 667.

*CMHC students who join ACA to obtain professional liability insurance can also ACA’s free or low-cost professional development member benefits to complete Assignment #7 of the CMHC Portfolio.

Follow the directions below to access ACA’s Professional Development Center.

- Login as a member to the ACA website. Go to *Professional Development Center* under the *Continuing Education* tab.
- In your Professional Development Center, you can access:
  - The free CE of the month course (ACA informs you on the CE topic each month in their Member Minute email). The free CE is typically a new publication that you are asked to review and take a short quiz to test your knowledge of the material. You need to register for this product during the month the CE course is available, but you will have access to the materials to complete the CE up to a year.
  - Under the *Shop CE Products* tab, ACA currently offers two free online courses, one on LGBTQ-affirmative counseling and the other on private practice business protocols.
  - Also under the *Shop CE Products* tab, ACA offers recorded sessions from the annual ACA conference, webinars, and other education sessions for low cost (typically $15-30 for each product) on a variety of topics, if you want to pick something more in line with your specific interest area.
COUN 667: Plan for Continued Professional Development
CMHC Portfolio Assignment #8
*Counts for 20 points of total Portfolio Grade

1. **Plan for Licensure**
   Review the LPC requirements for Virginia (https://www.dhp.virginia.gov/counseling/) or the state in which you will be pursuing licensure.
   - Identify the main tasks in obtaining licensure (including taking the exam) in a timeline below.
   - Include the month/date of that you expect to complete each task.

   One of the first tasks you need to complete is provided as an example for you below.

   January 2019 – After graduation, request completion of the LPC Coursework and Internship Verification form from the Clinical Coordinator by emailing the completed form and an unofficial copy of my transcript to clinicalcoord@odu.edu.

2. **Plan for Additional Certification**
   Identify at least one additional certification you would like to pursue related to a specialty area that you would like to develop besides the LPC (e.g., Trauma-Focused CBT, play therapy, Emotionally Focused Therapy for couples, Certified Sexual Addictions Counselor [CSAT], etc.).
   - Provide the website address that details the information for the certification
   - Identify the first step you need to take in obtaining the certification
   - Provide a brief description as to what interests you about obtaining this certification

3. **Professional Counseling Organizations**
   Identify at least two professional counseling organizations that you would like to join and become involved in within the next two years. For each organization:
   - Provide the website address
   - List the membership fee
   - Provide a brief description as to what interests you about each organization
   - Identify a way you could be involved in the organization beyond being a professional member.

4. **Professional Training**
   Identify at least two conferences, workshop, or other professional training that you would like to attend in the next two years. For each conference, workshop, or other professional training:
   - List the dates the conference/workshop will be held
   - List the cost to attend (if posted)
   - Provide a brief description as to what interests you about attending these conferences/workshops.