

## Exercise

- Write the name of a person of your own age whom you like.
- Write a short description of the person.
- Write the name of a person of your own age whom you do not like.
- Write a description of this person.
- Write a brief description of yourself.

## Cognitive Complexity and Constructivists (Applegate, Burleson, Delia) Personal Construct Theory (Kelly)

- Werner's Orthogenetic principle: "Whenever development occurs, it proceeds from a state of relative globality and lack of differentiation to states of increasing differentiation, articulation, and hierarchical integration."

-		

# Cognitive Complexity (Applegate, Burleson, Delia) Interpersonal cognitive complexity is a measure of the relative state of organization of a person's interpersonal constructs. Differentiation-- The total number of available constructs used to describe a person. Abstractness-- Varies from concrete physical qualities to abstract personality qualities

## ARARARARA

## Cognitive Complexity (Applegate, Burleson, Delia)

- ▶ Five level of abstraction---
- ▶ 1. Physical descriptions
- ▶ 2. Role constructs (name, age, sex)
- ▶ 3. Descriptions of general behaviors of other
- ▶ 4. Specific other's general beliefs/attitudes
- ▶ 5. Abstract dispositional/abstract constructs



## Scoring

- ▶ 1. Identify constructs
- ▶ 2. Count and total.
- ▶ 3. Rate each construct by level.
- ▶ 4. Determine an average level of construct system abstractness

# Links to Interpersonal Communication • Person-Centeredness/Self-Centeredness of messages • Comforting • Persuading, • Behavior regulating • Informing • Overall communication appropriateness and effectiveness

-	