

20 Ways to Maintain A Healthy Level Of Insanity

- At lunch time, sit in your parked car with sunglasses on and point a hair dryer at passing cars to see if they slow down.
- Page yourself over the intercom. Don't disguise your voice.
- Every time someone asks you to do something, ask if they want fries with that.
- Put your garbage can on your desk and label it, "In."
- Put decaf in the coffee maker for 3 weeks. Once everyone has gotten over their caffeine addictions, switch to espresso.
- In the memo field of all your checks, write "For sexual favors"
- Finish all your sentences with "in accordance with the prophecy."
- Don't use any punctuation
- As often as possible, skip rather than walk.
- Ask people what gender they are; laugh hysterically after they answer.
- Specify that your drive-through order is "To Go."
- Sing along at the opera.
- Go to a poetry recital and ask why the poems don't rhyme.
- Put mosquito netting around your work area and play tropical sounds all day.
- Five days in advance, tell your friends you can't attend their party because you're not in the mood.
- Have your co-workers address you by your wrestling name: "Rock Hard".
- When the money comes out the ATM, scream, "I Won! I Won!"
- When leaving the zoo, start running towards the parking lot, yelling "Run for your lives, they're loose!"
- Tell your children over dinner, "Due to the economy, we are going to have to let one of you go."
- Send this to someone to make them smile. It's called therapy