

VOLUNTEERS NEEDED

Youth Basketball, Soccer, or Volleyball Athletes Needed for a Sports Medicine Study at Old Dominion University!

GET INVOLVED IN A STUDY AIMED AT TRYING TO REDUCE KNEE INJURIES IN YOUTH ATHLETES

This study analyzes the forces that occur on your lower extremity - knees - during jump-landing tasks.

If you are a Youth athlete involved in either club/recreational or school sponsored basketball, soccer, OR volleyball then

YOU can be involved in the study.

Interested? Want to find out how you can minimize the impact of landing on your ankles and knees to potentially reduce knee injuries?

If **YES**, for more information or to set up a time please call (757) 683-4351 and/or send an e-mail to

Dr. James Oñate at jonate@odu.edu

Only one short visit (~60-90 minutes) needed at ODU HPE Building!

Get PAID \$20 For Your Participation! AGES 10-17 years old