Melissa Anninos DPT  Class of 2016
Melissa works at an outpatient orthopedic clinic in Richmond, VA. She sees a wide range of patients, from a 21-year-old athlete post ACL reconstruction to an 87-year-old grandmother with balance and fall risk issues. She enjoys the variety of patients and plans to pursue OCS certification in the near future.

Chris Anninos DPT, SCS  Class of 2011
Chris works for CHKD Sports Medicine PT where he created and runs a program for preventing and rehabbing shoulder, elbow and other throwing-related injuries for baseball and softball players. He credits fellow alum Andy Altman with mentoring him.

Brother and sister Chris and Melissa Anninos grew up in a military family, so they moved every 2-4 years, living in Hawaii, Rome Italy, San Antonio Texas, and Yorktown Virginia.

Chris was recruited to play baseball at St. John's University in Queens, NY, a Division 1 Big East school where he earned a degree in Biology. From there he came to ODU for PT school. He liked it so much he convinced his little sister to consider physical therapy for her career, and ODU for her graduate work. Five years behind Chris, Melissa completed her undergraduate degree in Human Nutrition, Foods and Exercise (HNFE) at Virginia Tech and then followed in Chris’ footsteps to ODU.

Chris says; "A major "aha!" moment I experienced after graduating was realizing how much knowledge there is to attain after school and to never be satisfied with what you already know. Continue to learn at all time and strive to be the best PT ODU intended you to be."