Update on the Management of Musculoskeletal Pain: Where the Research is Leading Us

The course will cover a global update on the current research theories and therapy concepts relative to assessment and management of musculoskeletal pain. Additionally, the update will include modern pain science with applicable concepts to daily practice. A focus of the course will be the integration of current research and pain science into your own model of treatment to enhance therapeutic outcomes.

Above are some of the 23 Alumni who participated in Alumni Weekend 2015
Update on the Management of Musculoskeletal Pain

COURSE INSTRUCTORS

Spencer J. Muro, DPT
Outpatient physical therapist at Sentara Hilltop Therapy in Virginia Beach, VA. Writer and contributor, PTBrainTrust.wordpress.com. Clinical interests in chronic pain and the neuro-orthopedic population. Research interests in placebo and nocebo effects, cognitive biases and their effect on patient care, biopsychosocial model for patient care with emphasis on patient education and communication.

Matt Dancigers, DPT
Outpatient clinician and Clinic Director at Southeastern Physical Therapy in Norfolk, VA. Writer and contributor at PTBrainTrust.wordpress.com and TheManualTherapist.com. Therapeutic treatment focus on biopsychosocial factors with special interest in pain processing and pathology, placebo/nocebo effects and communication and interaction aspects of treatment.

Moderator

Michael Tamburello, PT, PhD, ECS

COURSE OBJECTIVES

1) Compare and contrast patho-antomical / kinesiopathology with biopsychosocial approaches to patient care.

2) Express modern pain science concepts and apply them towards better understanding those in pain.

3) Be equipped with a framework to utilize current pain science concepts in daily practice towards improved outcomes.

4.0 Type I Continuing Education Credits Awarded

Ask a physical therapist about safe alternatives to addictive opioids. While the choice is in your hands. #ChoosePT MoveForwardPT.com
Thank-you to our Sponsor

Lifeworks Rehab, by Medical Facilities of America, is a faithful sponsor of ODU PT’s White Coat Ceremony and Alumni Weekend. With their ongoing support we are able to host this annual event.

To Register

1. **Save your spot** by calling 757-683-4519 and giving your name and contact information.

2. **Send a check** for $60 made out to **ODU Physical Therapy**
   
   Old Dominion University  
   School of Physical Therapy and Athletic Training  
   3118 Health Science Building  
   Norfolk, VA 23529

   Please include the following information

   Name ____________________________________

   Class Year _____________

   E-mail __________________________

   Phone # __________________________

   Address __________________________

   __________________________

   Lunch preference  veggie___  ham___  turkey___

   T-Shirt Size      XXL ___  XL ___  L___  M ___ S___

   Additional Lunches $10
   Additional T-shirts $10

   **Need Babysitting? _____# & ages of children**

   Current PT students can be available for babysitting if you tell us in advance how many children and what ages. This service is based on tipping the students.
In the few years since he graduated from Old Dominion University with a Doctorate in Physical Therapy Brett Carey has distinguished himself as a therapist and an entrepreneur who reaches out to patients and colleagues alike. A lot of people have ideas; Brett makes the ideas real. A lot of people have dreams; Brett transforms his dreams into workable plans and then follows those plans.

Rather than seeing technology as a disruptive force that interferes with the natural interaction of one person with another, Brett shows us uses of technology that extend the contact of heart and mind from one person to many, thus extending the beneficial influence of a therapist.

We welcome Brett back to ODU campus and honor him with the 2016 Outstanding Alumni Award. The award will be presented during the White Coat Ceremony Sept 16th, and at that time Brett will give a brief address to the students.