Honors Courses

Four Honors Courses (Either Honors General Education or Honors Contract Courses)

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Experiential Learning Component (Select HNRS 387 and 1 of the other 2 requirements):

- HNRS 387 (1 credit) Honors Civic-Learning Project  Semester
- Study Abroad  Semester
- Teacher Preparation, Practicum, or Internship  Semester

Capstone Requirement:

- Colloquium, Thesis, or Departmental Capstone Course  Semester

Undergraduate Research (Select 2 of the following):

- HNRS 226 Research Apprenticeship (3 credits)  Semester
- Out of Class Educational Poster or Oral Presentation  Semester
- Successful app. for and completion of an Undergrad Res Grant Proj.  Semester
- Publication of an article in a research journal  Semester
- HNRS 200 Peer Education and Leadership (3 credits)  Semester
- HNRS 201 Monarch Think Tank I (3 credits)  Semester
- HNRS 301 Monarch Think Tank II (3 credits)  Semester
- HNRS 497 Independent Study (3 credits)  Semester
- HNRS 498 Independent Study (3 credits)  Semester
- HNRS 499 Senior Honors Thesis (3 credits)  Semester

Campus Events (one per semester)

Honors College students are required to attend one campus event per semester. Campus events may not include an athletic event (i.e. Football game). To receive credit for attendance, please email the Honors College at (honorscollege@odu.edu) with the title of the event, the name of the presenter or department/group hosting the event, and a short description of what you learned from the event.

1. ___________________________________  2. ___________________________________

3. ___________________________________  4. ___________________________________

5. ___________________________________  6. ___________________________________

7. ___________________________________  8. ___________________________________

E-Portfolio:

Set-up E-Portfolio in System: ________________________________  Given Access to HC: ________________________________

Reviewed E-Portfolio (once each meeting): ________________  ________________  ________________  ________________  ________________