Undergraduate Honors Courses

-Four Honors Courses (Either Honors General Education or Honors Contract Courses)

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<tr>
<th>Course</th>
<th>Semester</th>
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Upper-Division Undergraduate Courses

-HNRS 387 (1 credit) Honors Civic-Learning Project
Semester___________________

- Capstone Course (Colloquium, Thesis, or Departmental Capstone Course)
Semester___________________

Undergraduate Research or Experiential Learning Component – Select 4 of the following:

- HNRS 226 Research Apprenticeship (3 credits) _______________ (semester taken)
- Out of Class Educational Poster or Oral Presentation _______________ (date/name of conference)
- Successful app. for and completion of an Undergrad Res Grant Proj. _______________ (title of project/semester awarded)
- Publication of an article in a research journal _______________ (name of publication)
- HNRS 200 Peer Education and Leadership (3 credits) _______________ (semester taken)
- HNRS 201 Monarch Think Tank I (3 credits) _______________ (semester taken)
- HNRS 301 Monarch Think Tank II (3 credits) _______________ (semester taken)
- HNRS 497 Independent Study (3 credits) _______________ (semester taken)
- HNRS 498 Independent Study (3 credits) _______________ (semester taken)
- HNRS 499 Senior Honors Thesis (3 credits) _______________ (semester taken)
- Study Abroad _______________ (semester taken)
- Teacher Preparation, Practicum, or Internship _______________ (semester taken)

Campus Events (one per semester)

Honors College students are required to attend one campus event per semester. Campus events may not include an athletic event (i.e. Football game). To receive credit for attendance, please email the Honors College at (honorscollege@odu.edu) with the title of the event, the name of the presenter or department/group hosting the event, and a short description of what you learned from the event.

1. ___________________________________________  2. ___________________________________________
3. ___________________________________________  4. ___________________________________________
5. ___________________________________________  6. ___________________________________________
7. ___________________________________________  8. ___________________________________________

E-Portfolio:
Set-up E-Portfolio in System: ________________________  Given Access to HC: ________________________
Reviewed E-Portfolio (once each meeting): __ __ __ __ __