

ODU-Virginia Beach Spring 2012 Co-Curricular Events Bulletin Board

Enjoy a delicious beverage or snack before or after the event -
visit our Waves Express Café.

Spring Semester Hours: Monday-Friday 8:00 am-7:30 pm



"Hollywood and Aging" Film Series
Mondays
Feb 6, 13, 20, and 27
5 to 7pm
Room 244
Hosted by Dr. Kyle Nicholas
(See reverse for film titles
and more information)



Women's History Month Lecture
"Living In Lola's House"
AWP Award Winning Author-Evelina Galang
Thursday, March 15
12:30 to 2pm
Room 244
(Book sales provided by University Village
Bookstore)



National Poetry Month Celebration
Featuring Natalie Diaz, Winner of the Nimrod/Hardman Pablo Neruda Prize for Poetry
Thursday, April 19
12 to 1:30pm Room 244
(Book sales provided by University Village Bookstore)



SPRING 2012 WELLNESS WAVE FITNESS CLASSES at ODU-VIRGINIA BEACH

Dive into the Wellness Wave for the spring semester. **Free** fitness classes will be offered through ODU Recreation and Wellness will meet at **12:30pm Wednesdays** on **January 11, February 1** and **29**, and **April 1** in **room 251**. Past semester schedules included **Jazzercise, Zumba, Pilates** and **Yoga** sessions.

There will also be a **free blood pressure screening in the atrium prior to each class**. Please join us for the many great activities planned for you this upcoming semester. Check the ODU-VB webpage (www.odu.edu/vbhec) for the schedule of fitness classes and look for an email regarding wellness opportunities here at ODU-VB.



The journey towards health
and wellness begins today!

We invite you to take advantage of the multiple
co-curricular programs available at ODU-Virginia Beach.



***Free blood
pressure
screening in
atrium prior
to each
class***

**SPRING 2012 FILM SERIES:
HOLLYWOOD & AGING**
INTERGENERATIONAL RELATIONSHIPS
IN MODERN CINEMA

**Film Screenings & Lectures
with Dr. Kyle Nicholas**

Mondays, 5-7pm Lecture Hall 244 Free and Open to the Public

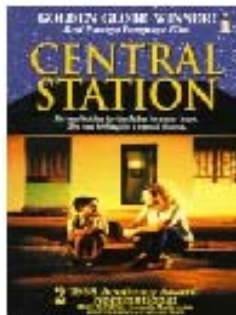
February 6:

Central Station (Brazil)

When his mother dies, Josue seeks out Dora. She takes him on a trip to find the father he's never met.

Oscar Nominee, Best Foreign Language Film.

"As beautiful as it is wrenching." ~Kevin Thomas, Los Angeles Times

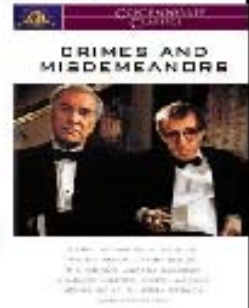


February 13:

Crimes and Misdemeanors (USA)

"The movie generates the best kind of suspense, because it's not about what will happen to people - it's about what decisions they will reach." ~Roger Ebert, Chicago Sun-Times

Oscar Nominee, Best Actor, Best Director, Best Screenplay

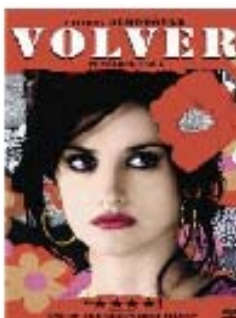


February 20:

Volver (Spain)

The maddening wind of La Mancha blows through lives of three generations of women in this comedy with dark twists.

"Volver is rich, crazy, ambitious and filled with heaven and earth..." ~Tom Long, Detroit News

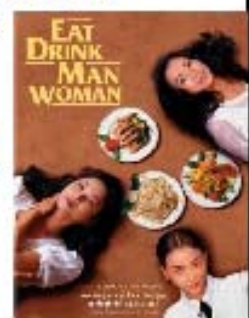


February 27:

Eat, Drink, Man, Woman (Taiwan)

A widower and chef tries to stay in his daughters' lives. But busy schedules threaten the family tradition of Sunday dinner. His daughters conspire to find him a new wife; he has ideas of his own.

"A spicy, well-written comedy about family, food and independence." ~Edward Guthman, SF Chronicle



Dr. Kyle Nicholas earned his PhD in 2000 from the University of Texas at Austin. He is a professor of Communications at ODU Virginia Beach, who focuses on the impacts of various media technologies in society. He has published many chapters and articles on issues ranging from distance learning technologies to Napster.

ODU Virginia Beach
1881 University Drive
Virginia Beach, VA 23453
757-368-4100
www.odu.edu/vbhec